



First Aid, CPR and AED Classroom and Online Training

The National Safety Council, Nebraska (NSCN) has a proven history of First Aid, CPR and AED education. For decades, NSCN has helped organizations prepare their employees for emergency situations because we believe everyone should be able to save a life.

But not all training curriculum is alike. Our world-class first aid and CPR training is available at an affordable price and has been updated to meet or exceed the 2015 CPR and ECC Guidelines. From OSHA compliance to workplace wellness, effective first aid and CPR training is vital to your organization's safety.

The chart below represents some of the differences in our training compared to our competitors. Doesn't it just make sense to receive your training certification from the organization that is an expert in occupational first aid and CPR training?

OSHA Guidelines	National Safety Council, Nebraska	American Heart Assn.	American Red Cross
Teaching Method: Exposed to accurate injury & illness settings and appropriate response through video, slides	✓ Best Practice! Video, workbooks, slides, guides	✓ Video only	✗
Responding to a Health Emergency: Principles of triage	✓	✗	✗
Surveying the Scene and the Victims: Taking a victim's history, Secondary assessment	✓	✗ Incomplete	✓
Trainee Assessments: Includes observation of skills and written assessments. First aid skills/knowledge should be reviewed every 2 years.	✓ Best Practice! Beyond OSHA requirements	✓	✓
Program Update: Training program should be periodically reviewed with current techniques and knowledge. Outdated material should be replaced or removed.	✓ Best Practice! Developed by ER physician	✓	✗ Incomplete: does not follow ECC guidelines
Type of Injury Training Bleeding: Drug abuse (alcohol, narcotics, etc.)	✓ Best Practice! Goes beyond wound care	✗	✓
Poisoning: Exposed to accurate injury & illness settings and appropriate response through video, slides	✓	✗	✓
Burns: Assessing severity (first-, second-, third-degree burns)	✓	✗	✓
Musculoskeletal Injuries: Dislocations Muscle strains, contusions, and cramps	✓	✗	✓
Medical Emergencies Pregnancy: (appropriate care, abdominal injury, vaginal bleeding)	✓ Best Practice! Includes refresher DVD in all course materials	✗	✗ Only covers emergency childbirth

Comparison continued

First Aid, CPR, and AED Online Course Content	National Safety Council, Nebraska	American Heart Assn.	American Red Cross
Meets OSHA Best Practices Guide: Fundamentals of a Workplace First Aid Program	✓	✗	✗
Follows treatment recommendations in the latest First Aid/CPR Guidelines	✓	✓	✗
Course is available in Spanish	✓	✗	✗
AED use	✓ Best Practice! Includes 2-person AED use	✓	✓
Covers the Following Injuries: Dislocations, muscle cramps, and strains	✓ Best Practice! Includes broken ribs, sucking chest wounds, and abdominal injuries	✗	✗ Dislocations, sprains, and strains only
Allergic reactions to poison ivy, oak, and sumac	✓ Best Practice! Goes beyond Best Practices Guide to include this	✗	✗
How to triage in a mass casualty event	✓	✗	✗
Child and infant CPR and AED	✓	✓	✓
End of course exam	✓ Students must pass in 2 attempts with a score of at least 80%	✗	✗
In-depth skills testing	✓ Tests 13 skills	✓ Tests only 7 skills	Skills testing is not included with online classes
Course Elements			
Customized screen images to reflect the student's employment (school, office, manufacturing, or other)	✓	✗	✗
Every lesson includes video content	✓ Video is featured in each lesson, PLUS additional video demonstrations for maximum retention	✓	✗ There is no video content only animation
Interactive learning components	✓	✓	✓
Includes a comprehensive electronic quick guide with over 90 first aid situations	✓	✗	✗

Our training is:

- **Comprehensive.** The National Safety Council curriculum meets all OSHA guidelines where our competitors do not.
- **Customizable.** Our curriculum is designed so that instructors can tailor the presentation to our organization. Our world-class curriculum includes material that is industry specific to increase retention.
- **Convenient.** Training can be completed at any of our scheduled classes, your facility or online.
- **Become a Trainer.** Our comprehensive training materials provide thorough training and the most advanced teaching tools available. We even have an app that can be accessed via your phone.
- **We track it for you.** We'll track certification deadlines and notify you when it's time for your employees to complete their recertification. That's one less thing you have to worry about.



National Safety Council Nebraska

**Are your employees ready to save a life in a medical emergency?
Contact us today to schedule training for your team.**