

MIDWEST OSHA EDUCATION CENTER (MOEC)

**National Safety Council, Nebraska
St Louis University School of Public
Health**

Kirkwood Community College



Nebraska

Table of Contents:

OSHA Training Institute Courses	3
#2015 Hazardous Materials (S).....	3
#2045 Machinery & Machine Guarding Standards.....	3
#2225 Respiratory Protection.....	3
#2250 Principles of Ergonomics Applied to Work Related Muscular Skeletal Disorders.....	3
#2264 Permit-Required Confined Space Entry.....	3
#3010 Excavation, Trenching & Soil Mechanics.....	3
#3095 Electrical Standards.....	4
#3110 Fall Arrest Systems.....	4
#500 Trainer Course Construction.....	4
#501 Trainer Course General Industry.....	4
#502 Update for Construction Outreach Trainers.....	5
#503 Update for General Industry Outreach Trainers.....	5
#510 30-Hour OSHA Construction.....	5
#511 30-Hour OSHA General Industry.....	5
#521 Introduction to Industrial Hygiene.....	5
#5600 Disaster Site Worker Train-the-Trainer.....	6
#6000 Collateral Duty for Other Federal Agencies.....	6
#7000 OSHA Ergonomic Guidelines Training for Nursing Homes.....	6
#7005 Public Warehousing and Storage.....	6
#7100 Introduction to Machinery and Machine Guarding.....	6
#7105 Introduction to Evacuation and Emergency Planning.....	6
#7115 Lockout/Tagout.....	7
#7125 Introduction to Combustible Dust Hazards.....	7
#7200 Bloodborne Pathogens Control for Health Care Facilities.....	7
#7205 Health Hazard Awareness.....	7

#7300 Introduction to Permit Required Confined Space Rule.....	7
#7405 Fall Hazard Awareness for the Construction Industry.....	7
#7410 Managing Excavation Hazards.....	7
#7415 Construction Industry.....	8
#7500 Developing an Effective Safety & Health Program.....	8
#7505 Introduction to Accident Investigation.....	8
#7510 Introduction to OSHA for Small Business.....	8
#7600 Disaster Site Worker Training.....	8
#7845 Recordkeeping Rules.....	8
SSH & CSHO Certificate Programs	9
SSH Certificate.....	9
CSHO Certificate.....	10

REGISTRATION & CANCELLATION POLICY

Advance registration is required. Confirmation of most classes will be sent out 1-2 weeks prior to class. We understand that your schedule may change at the last minute, preventing you from attending a program, therefore, substitutions are acceptable. If you must cancel your registration, please call us at least three (3) business days prior to the event for a full refund. There will be a 25% charge on "no-shows" as well as cancellations and reschedules with less than three (3) business days notice prior to the event. Certificates are mailed after verification of attendance.

Please check on the cancellation policy when registering for a class. Some classes offered have different policies for Reschedules, No-Shows and Cancellations other than the one stated above.

All information in this catalog is subject to change.

Questions about our classes:

National Safety Council, Nebraska (NSCN) 1-800-592-9004 ext 341
St Louis University of Public Health (SLU) 1-800-592-9004 ext 341
Kirkwood Community College (KCC) 1-800-332-8833

OSHA Training Institute Course Offerings

**Midwest OSHA Education Centers (MOEC)
Course Description and Schedule
National Safety Council—Nebraska (NSCN)
St. Louis University of Public Health (SLU)
Kirkwood Community College (KCC)**

MOEC OSHA Course # 2015 Hazardous Materials

This shortened version of OTI #2011 covers OSHA general industry standards and integrates materials from other consensus and proprietary standards that relate to hazardous materials. Included are flammable and combustible liquids, compressed gases, LP-gases, and cryogenic liquids. Related processes such as spraying and dipping are covered, as well as electrical equipment.

Tuition: **\$749**

Time: 8:00am-5:00pm

Dates: May 7-10, 2012 @ NSC

MOEC OSHA Course # 2045 Machine Guarding and Machine Guarding Standards

This shortened version of OTI #2040 familiarizes the student with various types of common machinery and the related safety standards. Guidance is provided on the hazards associated with various kinds of machinery and the control of hazardous energy sources (lockout/tagout). The course presents an approach to machinery inspection that enables participants to recognize hazards and to provide options to achieve abatement. These hazards include mechanical motions and actions created by points of operation and other machinery processes. Also included is hands-on training in the laboratories.

Tuition: **\$749**

Time: 8:00am-5:00pm

Dates & Locations: June 18-21, 2012 @ SLU

November 12-15, 2012 @ NSC November 13-16, 2012 @ SLU

MOEC OSHA Course # 2225 Respiratory Protection

This course covers the requirements for the establishment, maintenance, and monitoring of a respirator program. Topics include terminology, OSHA standards, NIOSH certification, and medical evaluation recommendations. Course highlights include laboratories on respirator selection, qualitative fit testing, and the use of a large array of respiratory and support equipment for hands-on training.

Tuition: **\$749**

Time: 8:00am-5:00pm

Dates & Locations: February 21-24, 2012 @ NSC

July 9-12, 2012 @ SLU

MOEC OSHA Course # 2250 Ergonomics Applied to MSDs and Nerve Disorders

This course covers the use of ergonomic principles to recognize, evaluate, prevent, and control work place conditions that cause or contribute to musculoskeletal and nerve disorders. Topics include work physiology, anthropometry, musculoskeletal disorders, use of video display terminals, and risk factors such as vibration, temperature, material handling, repetition, and lifting and transfers in health care. Course emphasis is on industrial case studies covering analysis and design of work stations and equipment, laboratory sessions in manual lifting, and coverage of current OSHA compliance policies.

Tuition: **\$599**

Time: 8:00am-5:00pm

Dates & Locations: July 23-25, 2012 @ SLU

October 24-26, 2012 @ KCC

MOEC OSHA Course # 2264 Permit Required Confined Space Entry

This course is designed to enable students to recognize, evaluate, prevent, and abate safety and health hazards associated with permit-required confined space entry. Technical topics include the recognition of confined space hazards, basic information about instrumentation used to evaluate atmospheric hazards, and general permit space ventilation techniques. Course features workshops on permit entry classification and program evaluation.

Tuition: **\$599**

Time: 8:00am-5:00pm

Dates & Locations: April 4-6, 2012 @ SLU

August 13-15, 2012 @ NSCN November 19-21, 2012 @ SLU

MOEC OSHA Course # 3010 Excavation, Trenching & Soil Mechanics

This course focuses on OSHA standards and on the safety aspects of excavation and trenching. Students are introduced to practical soil mechanics and its relationship to the stability of shored and un-shored slopes and walls of excavations. Various types of shoring (wood timbers and hydraulic) are covered. Testing methods are demonstrated and a one-half-day field exercise is conducted, allowing students to use instruments such as penetrometers, torvane shears, and engineering rods.

Tuition: **\$599**

Time: 8:00am-5:00pm

Dates & Locations: February 22-24, 2012 @ SLU

September 26-28, 2012 @ SLU

MOEC OSHA Course # 3095 Electrical Standards

This shortened version of #3090 is designed to provide the student with a survey of OSHA's electrical standards and the hazards associated with electrical installations and equipment. Topics include single- and three-phase systems, cord- and plug-connected and fixed equipment, grounding, ground fault circuit interrupters, and safety-related work practices. Emphasis is placed on electrical hazard recognition and OSHA policies and procedures. Students will receive instruction on safe and correct use of their electrical testing equipment. NOTE: This course is available to non-compliance personnel only.

Tuition: **\$749** Time: 8:00am-5:00pm Dates & Locations: June 5-8, 2012 @ SLU
August 21-24, 2012 @ NSCN December 10-13, 2012 @ SLU

MOEC OSHA Course # 3110 Fall Arrest Standards

This course provides an overview of state-of-the-art technology for fall protection and current OSHA requirements. Topics covered include the principles of fall protection, the components of fall arrest systems, the limitations of fall arrest equipment, and OSHA policies regarding fall protection. Course features a one-day field exercise demonstrating fall protection equipment.

Tuition: **\$599** Time: 8:00am-5:00pm
Dates & Locations: June 11-13, 2012 @ SLU December 3-5, 2012 @ NSCN
December 5-7, 2012 @ SLU

MOEC OSHA Course # 500 Trainer Course in OSHA Standards for Construction

This course is designed for personnel in the private sector interested in teaching the 10- and 30-hour construction safety and health outreach program to their employees and other interested groups. Special emphasis is placed on those topics that are required in the 10- and 30-hour programs as well as on those that are the most hazardous, using OSHA standards as a guide. Course participants are briefed on effective instructional approaches and the effective use of visual aids and handouts. This course allows the student to become a trainer in the Outreach Program and to conduct both a 10- and 30-hour construction safety and health courses and to issue cards to participants verifying course completion.

NOTE: Students in course #500 who wish to participate as authorized trainers in the OSHA Outreach Training Program must prepare a one-hour presentation on an assigned OSHA Construction Outreach topic individually or as part of a group and successfully pass a written exam at the end of the course. Authorized OSHA Outreach trainers are required to attend Course #502 at least once every four (4) years to maintain their trainer status.

Prerequisites: Course #510 and five (5) years of construction safety experience. A college degree in occupational safety and health, a Certified Safety Professional (CSP) or a Certified Industrial Hygienist (CIH) designation, in the applicable training area may be substituted for two (2) years of experience.

Tuition: **\$749** Time: 8:00am-5:00pm
Dates & Locations: January 23-26, 2012 @ NSCN February 7-10, 2012 @ SLU
February 14-17, 2012 @ KCC April 2-5, 2012 @ NSCN April 24-27, 2012 @ SLU
May 22-25, 2012 @ KCC June 26-29, 2012 @ SLU July 16-19, 2012 @ NSCN
August 28-31, 2012 @ SLU October 2-5, 2012 @ KCC October 22-25, 2012 @ NSCN
November 6-9, 2012 @ SLU

MOEC OSHA Course # 501 Trainer Course in OSHA Standards for General Industry

This course designed for private sector personnel presents detailed information on how the provisions of the OSH Act may be implemented in the workplace. Rights and responsibilities under the OSH Act, the appeals process, and recordkeeping are covered. The course also includes an introduction to OSHA's general industry standards and an overview of the requirements of the more frequently referenced standards. This course allows the student to become a trainer in the Outreach Program and to conduct both a 10- and 30-hour general industry course and issue cards to participants verifying course completion.

NOTE: Students in course #501 who wish to participate as authorized trainers in the OSHA Outreach Training Program must prepare a one-hour presentation on an assigned OSHA Construction Outreach topic individually or as part of a group and successfully pass a written exam at the end of the course. Authorized OSHA Outreach trainers are required to attend Course #503 at least once every four (4) years to maintain their trainer status.

Prerequisites: Course #511 and five (5) years of general industry safety experience. A college degree in occupational safety and health, a Certified Safety Professional (CSP) or a Certified Industrial Hygienist (CIH) designation, in the applicable training area may be substituted for two (2) years of experience.

Tuition: **\$749** Time: 8:00am-5:00pm
Dates & Locations: January 3-6, 2012 @ SLU January 9-12, 2012 @ NSCN
March 6-9, 2012 @ KCC March 20-23, 2012 @ SLU April 16-19, 2012 @ NSCN
May 15-18, 2012 @ SLU June 12-15, 2012 @ KCC July 17-20, 2012 @ SLU
July 23-26, 2012 @ NSCN September 11-14, 2012 @ SLU October 8-11, 2012 @ NSCN
November 6-9, 2012 @ KCC December 4-7, 2012 @ SLU

MOEC OSHA Course # 502 Update for Construction Industry Outreach Trainers

This course is designed for personnel in the private sector who have completed #500 Trainer Course in Occupational Safety and Health Standards for the Construction Industry and who are authorized trainers in the OSHA Outreach Training Program. It provides an update on such topics as OSHA construction standards, policies, and regulations.

NOTE: Authorized OSHA Outreach Trainers are required to attend this course once every four years to maintain their trainer status. Prior to registration, students must provide a copy of their current trainer card for validation.

Prerequisites: Course #500

Tuition: **\$529**

Time: 8:00am-5:00pm

Dates & Locations: January 24-26, 2012 @ NSCN February 1-3, 2012 @ SLU
March 14-16, 2012 @ KCC April 3-5, 2012 @ NSCN April 18-20, 2012 @ SLU
June 6-8, 2012 @ KCC June 20-22, 2012 @ SLU July 17-19, 2012 @ NSCN
August 22-24, 2012 @ SLU October 23-25, 2012 @ NSCN October 31 – November 2, 2012 @ SLU
October 31 – November 2, 2012 @ KCC

MOEC OSHA Course # 503 Update for General Industry Outreach Trainers

This course is designed for private sector personnel who have completed course #501 Trainer Course in Occupational Safety and Health Standards for General Industry and who are authorized trainers in the OSHA Outreach Training Program. It provides an update on OSHA general industry standards and OSHA policies.

NOTE: Authorized OSHA Outreach Trainers are required to attend this course once every four years to maintain their trainer status. Prior to registration, students must provide a copy of their current trainer card for validation.

Prerequisites: Course #501

Tuition: **\$529**

Time: 8:00am-5:00pm

Dates & Locations: January 10-12, 2012 @ NSCN March 14-16, 2012 @ SLU
April 11-13, 2012 @ KCC April 17-19, 2012 @ NSCN May 2-4, 2012 @ SLU
June 20-22, 2012 @ KCC July 11-13, 2012 @ SLU July 24-26, 2012 @ NSCN
September 5-7, 2012 @ SLU October 9-11, 2012 @ NSCN November 28-30, 2012 @ SLU
November 28-30, 2012 @ KCC

MOEC OSHA Course # 510 Occupational Safety and Health Standards – Construction Industry

This course for private sector personnel covers OSHA policies, procedures, and standards, as well as construction safety and health principles. Topics include scope and application of the OSHA construction standards. Special emphasis is placed on those areas that are the most hazardous, using OSHA standards as a guide. This course is the prerequisite for the OSHA #500 Trainer course.

Tuition: **\$749**

Time: 8:00am-5:00pm

Dates & Locations: January 10-13, 2012 @ SLU February 6-9, 2012 @ NSCN
March 6-9, 2012 @ SLU April 17-20, 2012 @ KCC May 22-25, 2012 @ SLU
June 4-7, 2012 @ NSCN September 11-14, 2012 @ KCC September 18-21, 2012 @ SLU
September 24-27, 2012 @ NSCN November 27-30, 2012 @ SLU December 10-13, 2012 @ NSCN

MOEC OSHA Course # 511 Occupational Safety and Health Standards – General Industry

This course for private sector personnel covers OSHA policies, procedures, and standards, as well as general industry safety and health principles. Topics include scope and application of the OSHA general industry standards. Special emphasis is placed on those areas that are the most hazardous, using OSHA standards as a guide. This course is the prerequisite for the OSHA #501 Trainer course.

Tuition: **\$749**

Time: 8:00am-5:00pm

Dates & Locations: January 17-20, 2012 @ KCC February 13-16, 2012 @ NSCN
February 14-17, 2012 @ SLU April 10-13, 2012 @ SLU May 15-18, 2012 @ KCC
June 12-15, 2012 @ SLU June 18-21, 2012 @ NSCN August 14-17, 2012 @ SLU
September 10-13, 2012 @ NSCN September 18-21, 2012 @ KCC October 9-12, 2012 @ SLU
December 3-6, 2012 @ NSCN

MOEC OSHA Course # 521 OSHA Guide to Industrial Hygiene

This course addresses industrial hygiene practices and related OSHA regulations and procedures. Topics include permissible exposure limits, OSHA health standards, respiratory protection, engineering controls, hazard communication, OSHA sampling procedures and strategy, workplace health program elements and other industrial hygiene topics. The course features workshops in health hazard recognition, OSHA health standards and a safety and health program workshop.

Tuition: **\$749**

Time: 8:00am-5:00pm

Dates & Locations: March 12-15, 2012 @ NSCN July 16-19, 2012 @ SLU

MOEC OSHA Course # 5600 Disaster Site Worker Train-the-Trainer

This course prepares experienced trainers to present OSHA's 16-hour Disaster Site Worker Course. Trainers for this course need to be able to apply the elements of successful adult training programs, along with specific knowledge, skills, and attitudes to awareness training about safety and health standards at natural and man-made disaster sites. Trainers are given the opportunity to practice knowledge, skills, and attitudes through discussion, planned exercises, demonstrations, and presentations. Participants receive lesson plans and training materials for the Disaster Site Worker Course as well as information on training techniques and resources. Trainers will be expected to present a selected portion of the Disaster Site Worker Course and to use a "presentation evaluation" sheet to evaluate the other presenters. This course allows the student to become a trainer in the Outreach Program and to conduct the 16-hour Disaster Site Worker Course and to issue cards to participants after verifying course completion.

Prerequisite: OSHA #500 or #501, three years safety training experience, and completion of the 40-hour HAZWOPER training.

Tuition: **\$749**

Time: 8:00am-5:00pm

Dates: Call for dates

MOEC OSHA Course # 6000 Collateral Duty for Other Federal Agencies

This course introduces federal agency collateral duty safety and health personnel to the OSH Act, Executive Order 12196, 29 CFR 1960, and 29 CFR 1910. The training enables participants to recognize basic safety and health hazards in the workplace and to effectively assist agency safety and health officers with their inspection and abatement efforts.

Tuition: **\$749**

Time: 8:00am-5:00pm

Dates & Locations: March 27-30, 2012 @ SLU

May 21-24, 2012 @ NSCN

MOEC OSHA Course # 7000 OSHA Ergonomic Guidelines Training for Nursing Homes

The focus of this one-day course is to use OSHA's Ergonomics Guidelines for Nursing Homes to develop a process to protect workers in nursing homes. The course will focus on analyzing and identifying ergonomic problems, high-risk tasks, and practical solutions to address these problems. Featured topics include: Developing an ergonomics process; risk factors; identifying problem jobs; protocols for resident assessment; and the implementation of solutions through engineering and work practices.

Tuition: **\$225**

Time: 8:00am-5:00pm

Dates & Locations: March 9, 2012 @ NSCN

June 4, 2012 @ SLU

MOEC OSHA Course #7005 Public Warehousing and Storage

The course is designed as a training course for warehouse workers and will focus on many hazards and injuries that are likely to be encountered in warehouse operations. It has been shown that warehousing has become an increasingly hazardous area to work in. OSHA has identified Public Storage and Warehousing as one of seven industries with a high lost time claims rate. Injuries may occur from forklifts; material handling and lifting; exposure to hazardous substances; and slips, trips and falls. The course will discuss: powered industrial trucks; material handling/lifting/ergonomics; hazard communication; walking and working surfaces; and exit routes and fire protection.

Tuition: **\$225**

Time: 8:00am-5:00pm

Dates: March 19, 2012 @ SLU

June 5, 2012 @ KCC

July 10, 2012 @ NSCN

MOEC OSHA Course #7100 Introduction to Machinery and Machine Guarding

This one-day course is designed to increase the participant's knowledge and skill in proper machine safeguarding techniques, and to highlight the benefits of guarding various types of machinery. The target audience is the small employer, business owner, or supervisor, designated with the responsibility to develop a machine-safeguarding program. The training is also suitable for anyone who works with, or around, machinery and machine guarding.

Tuition: **\$150**

Time: 8:00am-5:00pm

Dates & Locations: February 27, 2012 @ SLU

July 11, 2012 @ NSCN

MOEC OSHA Course #7105 Evacuation and Emergency Planning

Evacuation and emergency planning focuses on OSHA requirements for emergency action plans and fire protection plans. Preparing for emergencies is a basic principle of workplace safety and health. Participants will learn: (1) reasons for emergency action plans and fire prevention plans and when they are required for a workplace; (2) elements of a good evacuation plan; and (3) features of design and maintenance of good exit routes. The optional session for this course will focus on assessment of risk for terrorist attack and how to utilize OSHA's two matrices, evacuation planning and fire and explosion, as tools in planning for emergencies.

Tuition: **\$150**

Time: 8:00am-5:00pm

Dates: February 2, 2012 @ KCC

April 9, 2012 @ SLU

June 29, 2012 @ KCC

MOEC OSHA Course #7115 Lockout/Tagout

This course will assist employers to protect employees from potentially hazardous energy. Employers are required by OSHA to develop programs to properly train all employees who may come in contact with hazardous energy and to record that training. Topics include: requirements of the OSHA standards 1910.147, essentials of the standard and its associated programs, how to develop, implement, and maintain a functional program, purpose and use of hazardous energy control procedures and method for retraining employees.

Tuition: **\$210** Time: 8:00am-5:00pm Dates: May 7, 2012 @ SLU October 1, 2012 @ SLU

MOEC OSHA Course #7125 Introduction to Combustible Dust Hazards

This focus of this course is to provide private businesses within general industry with an opportunity to enhance their awareness of the hazards posed by combustible dust. This course will help these industry leaders to gain the knowledge and strategies that can help them to assure employee safety while using or producing materials that generate combustible dust. The course will focus on recognizing the hazards and risks associated with combustible dust fires and explosions. Key topics include: combustible dust explosions as a national problem, recognized control and mitigation methods, and control of electrical

Tuition: **\$225** Time: 8:00am-5:00pm Dates: April 23, 2012 @ SLU

MOEC OSHA Course #7200 Bloodborne Pathogens Control for Health Care Facilities

The purpose of this one-day course is to develop a Bloodborne Pathogens Exposure Plan for healthcare facilities using a step-by-step approach. Featured topics include an Introduction to the Bloodborne Pathogens Standard, the Exposure Control Plan, Methods of Control, Vaccinations and Evaluations, Training and Information, and Recordkeeping.

Tuition: **\$225** Time: 8:00am-5:00pm
Dates & Locations: March 8, 2012 @ NSCN May 14, 2012 @ SLU

MOEC OSHA Course #7205 Health Hazard Awareness

The goal of this course is to assist participants with recognizing potential health hazards in the workplace and avoiding, minimizing, controlling or eliminating them whenever possible.

Tuition: **\$225** Time: 8:00am-5:00pm Dates & Locations: February 21, 2012 @ KCC
April 9, 2012 @ SLU December 12, 2012 @ KCC

MOEC OSHA Course #7300 OSHA's Permit-Required Confined Space Standard

This one-day course discusses the requirements of OSHA's permit-required confined space standard, 29 CFR 1910.146. It is designed for small employers or a designated representative (line supervisor or manager) with the responsibility to develop a permit space program. It covers OSHA's requirements but does not feature hand-on sections (instrumentation and control methods and testing) which are included in OSHA course #2260.

Tuition: **\$225** Time: 8:00am-5:00pm Dates & Locations: February 1, 2012 @KCC
April 4, 2012 @ KCC July 16, 2012 @ SLU September 6, 2012 @ NSCN October 17, 2012 @ KCC

MOEC OSHA Course #7405 Fall Hazard Awareness for the Construction Industry

This course provides construction employers and employees with information on recognizing potential fall hazards and methods to control or eliminate these hazards. The course focuses on falls to lower levels rather than falls from slips and trips.

Tuition: **\$225** Time: 8:00am-5:00pm Dates & Locations: March 2, 2012 @ SLU
March 28, 2012 @ KCC September 5, 2012 @ KCC September 28, 2012 @ SLU

MOEC OSHA Course #7410 Managing Excavation Hazards

This course presents the importance of and the requirements involving excavation competent persons. Topics include discussion of OSHA's Excavation Standard, excavation hazards, soil analysis techniques, protective system requirements and emergency response.

Tuition: **\$225** Time: 8:00am-5:00pm Dates & Locations: February 21, 2012 @ NSCN
May 25, 2012 @ KCC June 1, 2012 @ SLU September 5, 2012 @ NSCN October 5, 2012 @ SLU
December 18, 2012 @ NSCN

MOEC OSHA Course #7415 Construction Industry Requirements: Awareness of Major Hazards and Prevention Strategies

This course provides federal employees with pertinent information regarding OSHA requirements and guidelines applicable to construction industry activities and operations. The goal of the course is to help participants gain an awareness level necessary to be able to describe major construction hazards and prevention strategies. Topics include the recognition of major safety and health hazards in the construction industry, prevention strategies which include safety and health management systems, OSHA requirements and guidelines, and resources available.

Tuition: **\$335** Time: 8:00am-5:00pm Dates: January 16-17, 2012 @ NSCN
March 12-13, 2012 @ SLU September 24-25, 2012 @ SLU

MOEC OSHA Course #7500 Developing an Effective Safety & Health Program

The keys to an effective safety and health program include an on-site Safety Committee and a thorough job hazard analysis. Participants will learn a step-by-step procedure for forming and managing an effective Safety Committee. Other topics include program development, job hazard analysis, accident investigation, recordkeeping, and reporting requirements. This course is designed for safety and health professionals, managers, team leaders, and others responsible for developing workplace safety and health programs.

Tuition: **\$225** Time: 8:00am-Noon
Dates & Locations: March 7, 2012 @ NSCN March 26, 2012 @ SLU September 26, 2012 @ KCC
October 12, 2012 @ KCC

MOEC OSHA Course #7505 Introduction to Accident Investigation

This course provides an introduction to basic accident investigation procedures and describes accident analysis techniques. The goal of this course is to help participants gain the basic skills necessary to conduct an effective accident investigation at their workplaces. Topics include the primary reasons for conducting an accident investigation, employer responsibilities related to workplace accident investigations and a six-step accident investigation procedure. This course is set up as a facilitated, interactive training session focusing on class discussion and group activities.

Tuition: **\$335** Time: 8:00am-5:00pm Dates & Locations: October 10-11, 2012 @ KCC
November 12-13, 2012 @ KCC December 6-7, 2012 @ SLU

MOEC OSHA Course #7510 Introduction to OSHA for Small Business

This course assists small business employers in meeting the legal requirements of a small business to create and implement an Effective workplace safety and health management system. Topics include Federal and State safety and health requirements, Recordkeeping, training, hazard recognition, and suggested approaches or options for solving a safety and health hazard.

Tuition: **\$210** Time: 8:00am-5:00pm Dates & Locations: October 15, 2012 @ SLU

MOEC OSHA Course #7600 Disaster Site Worker Course

The goal of this course is to increase the participant's awareness of the safety and health hazards, including CBRNE agents that may be encountered at a natural or man-made disaster site. The importance of respiratory and other personal protective equipment and proper decontamination procedures that may be used to mitigate the hazards will be emphasized. Participants will support the use of an Incident Command System through the safe performance of their job responsibilities. They will be able to show awareness of effects of traumatic incident stress that can result from working conditions and measures to reduce this stress. In addition, participants will be able to perform the following specific tasks correctly: 1) inspection of an air-purifying respirator, 2) donning and doffing an air-purifying respirator, and 3) respirator user seal check.

The audience for this course is Disaster Site Workers who provide skilled support services (e.g., utility, demolition, debris removal, or heavy equipment operation) or site clean-up services in response to a disaster. Prerequisite: Completion of the OSHA Construction Outreach Training Course (10-hour) or equivalent.

Tuition: **\$335** Time: 8:00am-5:00pm Dates: Call for Dates

MOEC OSHA Course #7845 OSHA RECORDKEEPING

This course is designed to assist employers in identifying and fulfilling their responsibilities for posting certain records, maintaining records of illnesses and injuries and reporting specific cases to OSHA. Participants who successfully complete this course will be able to identify OSHA requirements and complete new OSHA's forms 300, 300A and 301.

Tuition: **\$110** Time: 8:00am-5:00pm
Dates & Locations: February 13, 2012 @ SLU May 3, 2012 @ NSCN May 8, 2012 @ KCC May 21, 2012 @ SLU
September 7, 2012 @ KCC September 17, 2012 @ SLU October 15, 2012 @ SLU November 19, 2012 @ SLU
November 27, 2012 @ KCC December 5, 2012 @ KCC

SSH: Specialist in Safety & Health or CSHO: Certified Safety & Health Official

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Advance your career in the safety and health profession by earning a valuable credential. With an industry recognized certification, you can be prepared for a promotion, earn more money and show you are committed to your industry

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There is a **\$75 application fee** that doesn't have to be paid to start and there is no time limit to complete the programs.

SSH: Specialist in Safety & Health?

- This is a fundamental certificate program requiring just four(4) OSHA Courses
- You can choose from General Industry or Construction Industry Career Certification Tracks
- Complete the OSHA 510 or 511 OSHA Standards Course and choose three (3) other courses from the list of available electives
- Courses can be applied toward advanced level certifications (CHSO)
- Transfer up to two (2) required courses from any OSHA Training Institute Education Center outside of OSHA Region VII

Specializing in General Industries:

Required:

OSHA 511 OSH Standards General Industry

Electives (Pick 3):

OSHA 521 Introduction to Industrial Hygiene

OSHA 2015 Hazardous Materials

OSHA 2045 Machinery and Machine Safeguarding

OSHA 2225 Respiratory Protection

OSHA 2250 Principles of Ergonomics

OSHA 2264 Permit Required Confined Space

OSHA 3095 Electrical Standards

OSHA 3110 Fall Arrest Systems

OSHA 501 Trainer Course for General Industry

OSHA 510 OSH Standards Construction

Specializing in Construction Industry: Required:

OSHA 510 OSH Standards Construction

Electives (Pick 3):

OSHA 2015 Hazardous Materials

OSHA 2225 Respiratory Protection

OSHA 2264 Permit Required Confined Space

OSHA 3010 Excavation, Trenching & Shoring

OSHA 3095 Electrical Standards

OSHA 3110 Fall Arrest Systems

OSHA 500 Train the Trainer

OSHA 511 OSH Standards General Industry

CSHO: Certified Safety & Health Official

- Requires six (6) OSHA Courses and two electives
- Nationally recognized professional safety and health certification
- You can choose from General Industry or Construction Industry Career Certification Tracks

- Transfer up to two (2) required courses from any OSHA Training Institute Education Center outside of OSHA Region VII

Specializing in General Industries:

Required Courses:

OSHA 501 Trainer Course for General Industry

OSHA 510 OSH Standards Construction

OSHA 2250 Principles of Ergonomics

OSHA 2045 Machinery and Machine Safeguarding

OSHA 2264 Permit Required Confined Space

OSHA 3095 Electrical Standards

Electives (Pick 2):

OSHA 521 Introduction to Industrial Hygiene

OSHA 2015 Hazardous Materials

OSHA 2225 Respiratory Protection

OSHA 3110 Fall Arrest Systems

OSHA 3010 Excavation, Trenching & Shoring

Seminars (2 seminars can be counted as 1 elective):

OSHA 7200 Bloodborne Pathogens

OSHA 7205 Health Hazard Awareness

OSHA 7845 Recordkeeping Rule Seminar

OSHA 7500 Introduction to Safety & Health Management

Specializing in Construction Industry:

Required Courses:

OSHA 500 Train the Trainer

OSHA 511 OSH Standards General Industry

OSHA 3010 Excavation, Trenching & Shoring

OSHA 3110 Fall Arrest Systems

OSHA 521 Introduction to Industrial Hygiene

OSHA 3095 Electrical Standards

Electives (Pick 2):

OSHA 2015 Hazardous Materials

OSHA 2225 Respiratory Protection

OSHA 2264 Permit Required Confined Space

OSHA 2250 Principles of Ergonomics

OSHA 2045 Machinery and Machine Safeguarding

Seminars (2 seminars can be counted as 1 elective):

OSHA 7105 Evacuation and Emergency Preparedness

OSHA 7500 Introduction to Safety & Health Management

OSHA 7300 OSHA's Permit-Required Confined Space Standards

OSHA 7505 Introduction to Accident Investigation

Standard First Aid/CPR

ADDITIONAL OCCUPATIONAL HEALTH AND SAFETY COURSES:

National Safety Council, Greater Omaha Chapter also offers the following OSHA courses, as well as a variety of other environmental health and safety courses. For a full list of available training available at each of the training centers, refer to our catalog, or to www.SafeNebraska.org
OSHA 10 Hour and OSHA 30 Hour Safety and Health for General Industry
OSHA 10 Hour and OSHA 30 Hour Safety and Health for Construction