

TRAINING OPPORTUNITIES
January-February 2012

OSHA Compliance Training

You can take these courses individually or work toward your **Certificate in OSHA Compliance**. To achieve this Certificate, you must successfully complete the Introduction to OSHA course and five elective seminars. If you have completed a 1910 or 1926 OSHA 10- or 30-hour course the introductory course is waived. Listed below are the seminars scheduled for January - February. Go online www.safenebraska.org for a complete listing of our elective seminars!

Introduction To OSHA: This course covers how OSHA's structured, its responsibilities, and the 1910 standards. January 17 (8:00am - Noon) Cost: \$142 (**\$99 Member Rate**)

Electrical Safety: This class details the protection of employees that work on or near electrical conductors and equipment. Meets requirements for OSHA regulation 29 CFR 1910.301-399. January 17 (1:00pm - 4:30pm) Cost: \$142 (**\$99 Member Rate**)

Hazard Communication: Learn OSHA regulations on establishing a Hazard Communication program, labeling hazardous chemicals, and Material Safety Data Sheets (MSDS) February 14 (8:00am - Noon) Cost: \$142 (**\$99 Member Rate**)

Personal Protective Equipment (PPE) Learn OSHA's PPE regulation, Hazard Assessments and Certification Statements for sites, types of PPE, and how to use them. February 14 (1:00pm - 4:30pm) Cost: \$142 (**\$99 Member Rate**)

Advanced Safety Certificate
This course is an Advanced Safety Certificate Elective

Ergonomics: Managing For Results (.6 CEUs, .6 COCs, 1 IH CMs) Repetitive motion and overexertion are the biggest risk factors facing American workers today. We'll show you how to reduce the number and severity of musculoskeletal injuries in your workplace with a practical and effective ergonomics program. January 18 (8:00 - 4:30pm) Cost: \$422 (**\$295 Member Rate**)

Fleet Safety Courses

Forklift Operator Training: Meets OSHA's formal training requirement. Jan. 31, Feb. 28, (8:00am - Noon) Cost: \$142 (**\$99 Member Rate**)

Forklift Train-the-Trainer: Save money and time while staying in compliance. This program provides you with everything you need to start and maintain an effective Forklift Training Program. January 12 (9:00am - 3:00pm) \$860 (**\$599 Member Rate**)

Coaching The Van Driver: This course shows drivers how to compensate for the differences in van driving. February 1 (8:00am - Noon) Cost \$84 (**\$59 Member Rate**)

EPA Initial Lead Renovator: Under the new EPA rules, contractors performing renovation, repair and painting projects that disturb lead, such as lead-based paint in homes, child care facilities and schools built before 1978 must be certified and must follow specific work practices to minimize occupant's exposure to lead hazards. January 25; February 15 (8:00am-5:00pm) **Cost: \$175**

Midwest OSHA Education Center

OSHA #501 – Trainer Course - General Industry: This course is designed for personnel in the private sector interested in teaching the 10- and 30-hour general safety and health outreach program to their employees and other interested groups. (*Prerequisite Course #511 & 5 yrs general industry safety*) January 9-12 (8:00am - 4:30pm each day) **Cost: \$749**

OSHA #503 – Update for General Industry Trainers: Outreach trainers are required to attend this course once every four years to maintain their trainer status. Students must bring their current trainer's card for validation. January 10-12 (8:00am - 4:30pm each day) **Cost: \$529**

OSHA #500 – Trainer Course - Construction Industry: This course is designed for personnel in the private sector interested in teaching the 10- and 30-hour construction safety and health outreach program to their employees and other interested groups. (*Prerequisite Course #510 & 5 yrs construction safety*) January 23-26 (8:00am - 4:30pm each day) **Cost: \$749**

OSHA #502 – Update for Construction Industry Trainers: Outreach trainers are required to attend this course once every four years to maintain their trainer status. Students must bring their current trainer's card for validation. January 24-26 (8:00am - 4:30pm each day) **Cost: \$529**

OSHA #510 Occupational Safety and Health Standards-Construction: This course for private sector personnel covers OSHA policies, procedures, and standards, as well as construction safety and health principles. Topics include scope and application of the OSHA construction standards. Special emphasis is placed on those areas that are the most hazardous, using OSHA standards as a guide. February 6-9 (8:00am-4:00pm) **Cost: \$749**

OSHA #511 Occupational Safety and Health Standards-General Industry: This course for private sector personnel covers OSHA policies, procedures, and standards, as well as general industry safety and health principles. Topics include scope and application of the OSHA general industry standards. Special emphasis is placed on those areas that are the most hazardous, using OSHA standards as a guide. February 13-16 (8:00am - 4:30pm) **Cost: \$749**

OSHA #7410 Managing Excavation Hazards: This course presents the importance of and the requirements involving excavation competent persons. Topics include discussion of OSHA's Excavation Standard, excavation hazards, soil analysis techniques, protective system requirements and emergency response. February 21 (8:00am-4:30pm) **Cost: \$225**

OSHA #2225 Respiratory Protection: This course covers the requirements for the establishment, maintenance, and monitoring of a respirator program. Topics include terminology, OSHA standards, NIOSH certification, and medical evaluation recommendations. Course highlights include laboratories on respirator selection, qualitative fit testing, and the use of a large array of respiratory and support equipment for hands-on training. February 21-24 (8:00am-4:30pm) **Cost: \$749**

OSHA #7415 Construction Industry Requirements: Awareness of Major Hazards and Prevention Strategies: This course provides federal employees with pertinent information regarding OSHA requirements and guidelines applicable to construction industry activities and operations. The goal of the course is to help participants gain an awareness level necessary to be able to describe major construction hazards and prevention strategies. Topics include the recognition of major safety and health hazards in the construction industry, prevention strategies which include safety and health management systems, OSHA requirements and guidelines, and resources available. January 16-17 (8:00am-4:30pm) **Cost: \$335**

ADDITIONAL TRAINING AND REGISTRATION FORM CONTINUED ON BACK

Hazwoper Courses:

8-Hour Hazwoper: 8-hour annual refresher. If you have been previously trained in HAZWOPER you are eligible to take this course. OSHA requires refresher training once every year. February 2 (8:00am – 5:00pm) Cost: \$256 (**\$179 Member Rate**)

~~~~~ First Aid & CPR/AED Training ~~~~~

Can you save a life?

A fellow co-worker has a heart attack or a client takes a fall. Every second is precious and you have to react! Be the hero who saves their life.

2012 Standard First Aid/CPR/AED Classes

January 3, 12, 18, 27, 30; February 1, 7, 16, 23, 28

Class	Times	Cost
First Aid Training:	8:00 – 11:30	\$52
CPR/AED Training:	12:30 – 4:00	\$60
First Aid & CPR/AED:	8:00 – 4:00	\$65

2012 Combo Standard & Pediatric First Aid/CPR/AED Classes

January 21; February 18

Class	Times	Cost
First Aid Training:	6:00 – 9:30	\$60
CPR/AED Training:	6:00 – 9:30	\$65
First Aid & CPR/AED	6:00 – 9:30	\$75

CERTIFICATE: First Aid (3 years), CPR/AED (2 years)

Basic Life Support Healthcare and Professional Rescuers

Full Class: January 5; February 2 Time: 8am-4pm Cost: \$65
Refresher: January 31; February 21 Time: 6pm-10pm Cost: \$50

Onsite Training Available!

Pediatric First Aid and CPR available!

Dates: January 7; 9 & 11; 23 & 25; or 28
February 4; 13 & 15; 25; or 27 & 29

Call for dates, times and prices: (420) 898-7369

30-Hour OSHA Construction Industry: This 4-day course provides an in-depth review of hazard awareness. Special emphasis is placed on areas in construction that most commonly result in worker injury or property damage. Additional topics are designed to provide attendees with a solid base of knowledge in hazard awareness and control measures to use to effectively manage safety and health on construction sites. You are also briefed on basic instructional approaches, improving compliance communication, and training at the work site. January 30-February 3 (8:00am – 4:30pm Mon-Thurs/ 8am-Noon Fri) Cost: \$610 (**\$425 Member Rate**)

10-Hour OSHA General Industry: Every employer is required to meet minimum federal workplace safety standards. Let our OSHA Outreach Instructor provide you and your workers with the knowledge, skills, and tools to help meet OSHA's requirements. Topics include: Introduction to OSHA; OSH Act; machine guarding, HazCom, walking/working surfaces; BBP; means of egress; lockout/tagout; record keeping; PPE; safety and health programs and more. January 18-19 (8:00am – 4:30pm first day, 8:00am - Noon Second Day) Cost: \$285 (**\$199 Member Rate**)

10-Hour OSHA Construction: This 10-hour workshop will provide the knowledge you need to meet the basic OSHA Construction workplace requirements. The course will include: instruction regarding control of construction hazards, ladders, scaffolds and stairwells, hazard communication, trenching and shoring, inspections and training requirements. All participants will receive a laminated certification card from the OSHA Training Institute. February 6-7 (8:00am – 4:30pm first day, 8:00am - Noon Second Day) Cost: \$285 (**\$199 Member Rate**)

Hazardous Materials Transportation: This course meets yearly training requirements of the Department of Transportation. Participants will learn to define the purpose, scope, and applicability of the DOT regulations; identify hazardous materials according to DOT criteria; identify packaging conditions which are acceptable for handling and transportation; determine marking requirements for packaged, non-bulk, non-radioactive materials; select and apply primary/subsidiary hazard labels to given packages; determine correct documentation requirements; and recognize appropriate safety practices. Includes newly required Security Awareness Training! January 19 (8:00am-4:30pm) Cost: \$328 (**\$229 Member Rate**)

We offer Custom Training to meet your Companies individual needs. Call us today!

FAX (402) 896-6331

or

MAIL

National Safety Council, Nebraska
11620 M Circle, Omaha, NE 68137
Phone: (402) 896-0454

REGISTRATION FORM

I plan to attend _____ on _____
(Course Name) (Date)

ATTENDEE: _____ Email: _____

Title: _____ Social Security # _____

Contact Person: _____ Email: _____

Company: _____ Phone: _____ Fax: _____

Address: _____ City: _____ State: _____ Zip: _____

ARE YOU A MEMBER? Member Rate \$ _____ Payment Enclosed \$ _____

YES! No Non-Member Rate \$ _____ Invoice my company PO# _____

Please contact me. I'm interested in becoming a member of the National Safety Council, Nebraska

VISA MasterCard American Express Credit Card Number: _____

Signature (as it appears on credit card): _____ Exp. Date: _____

Cancellation Policy - Advance registration is required. No confirmation will be sent. We understand that your schedule may change at the last minute, preventing you from attending a program, therefore, substitutions are acceptable. If you must cancel your registration, please call us at least three(3) business days prior to the event for a full refund. There will be a 25% charge on "no-shows" as well as cancellations and reschedules with less than three (3) business days notice prior to the event. Certificates are mailed after verification of attendance and payment in full.