



FREE Event! Something for Everyone!



Greater Omaha Chapter
a not for profit 501(c)(3) organization



SAFETY



WELLNESS



FUN FOR ALL

Community Safety & Wellness Festival

Sunday, October 9, 2011

11:00 a.m. - 4:00 p.m.

Embassy Suites/LaVista Conference Center

Presented by National Safety Council, Greater Omaha Chapter

**Free Food! Prize Giveaways! Face Painting! Balloon Artists!
Shriner Clowns! Temporary Tattoos! Interactive Exhibits!**



SPONSORS



Nash Finch Company
Omaha



Stage Schedule

Many shows and exhibits are interactive, so come dressed for physical activity and participate!

Mike Mennard Children's Concert (Mascots Dancing).....	11:00-11:30
The Amazing Arthur	11:30-12:00
Dr. Laura Jana, National Child Injury Prevention & Child Passenger Safety Expert	12:00 -12:30
Season 3 Biggest Losers: "Overcoming Life's Obstacles One Pound at a Time"	12:30-1:00
Ronald McDonald Magic Show.....	1:00-1:30
Women's Self Defense Clinic Shuurin Dojo, LLC Claudia Brown-Jackman	1:30-2:00
Try a Little Tai Chi National Safety Council-Chris Cady-Jones	2:00-2:30
Zumba Demonstration/Class Urban Active Fitness.....	2:30-3:00
The Incredible Jered	3:00- 3:30
50/50 Raffle Drawing.....	Directly following Jered!
Disney's Pumba & Timon "Safety Smart at Home"	3:30-3:45
Stage schedule subject to change.	

Hands-On Safety Fun!

All Day! - 11:00-4:00

- Easy CPR, be prepared for an emergency!
 - OPPD Respect Trailer, learn the importance of electrical safety!
 - FireGuard Fire Extinguisher Training, put out a simulated fire!
 - Stop, Drop and Roll, know what to do if your clothes catch fire!
 - Know Two Ways Out, make escape routes for your home!
 - Haunted Hazard House, can you find what careless ghosts left?
 - Safety Quiz Wheel with Prizes, answer safety questions, win big!
 - Bike Rodeo, know the rules of the road!
 - Distracted Driving Simulator, are you really a good driver?!
 - Dialing 911, know how to communicate your needs!
 - Personal Emergency Plans
 - Health Evaluations
- Blood Pressure Checks
Body Mass Index/ Percent of Body Fat Check
Brown Bag Medication Review