

NEWS RELEASE
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Free Community Safety and Wellness Festival
Hosted by National Safety Council
Interactive Exhibits and Seminars for All Ages

(OMAHA, Neb., August 9, 2010) -Join the Omaha community and surrounding areas for a day of fun, family friendly entertainment, and seminars for all ages at the free [Community Safety and Wellness Festival](#) hosted by the National Safety Council, Greater Omaha Chapter! The community event will bring together community organizations, service providers and entertainers for a fun day of safety and wellness education. More than 6,000 people are expected to attend the festival on Oct. 3, from 11 a.m. to 4 p.m. at the Embassy Suites Convention Center in LaVista.

"The goal of the Community Safety and Wellness is to educate community members, young and old, about injury prevention," said Kay Farrell, President/CEO, National Safety Council, Greater Omaha Chapter. "We hope by informing attendees about various safety and wellness issues the number of accidental life-threatening and fatal injuries will decrease."

In 2007, under the leadership of the National Safety Council, Greater Omaha Chapter, the greater Omaha area was designated a Safe Community by the World Health Organization because of community aspirations to safety and the collaborations in place that will help us reach that goal. The Community Safety and Wellness Festival is one of the Council's a Safe Communities projects.

The festival will cover a range of safety and health topics appealing to all age groups, such as fire safety, vision screenings, home safety, elderly fall prevention, child passenger safety, correct CPR methods and personal safety. Disney's Pumba and Timon, Ronald McDonald, and Mike Menard will be part of the continuous family friendly entertainment planned for the day. There will also be free food for those in attendance. Interactive exhibits and seminars include:

- * Fire extinguisher Training
- * Women's self-defense clinic
- * Movement Improvement Tai Chi clinics for the elderly
- * Akido clinic

- * Drunk driving simulating go-cart
- * CPR training
- * Car seat check-ups
- * Vision screenings
- * Balance tests
- * Body fat screenings
- * Bike rodeo to teach safe bike riding skills to children and adults

The event will host more than 50 exhibitors comprised of local businesses, fire, police and sheriff departments, hospitals and health and wellness organizations. Family Safety Day is free to the public and there are many prizes to be won. For additional information, please call the National Safety Council at (402) 896-0454 or visit www.safenebraska.org.

About the National Safety Council, Greater Omaha Chapter

Founded in 1924, the National Safety Council, Greater Omaha Chapter, is a private non-profit, community based organization that promotes safety and health by providing programs, resource services and education to individuals and organizations to prevent both the personal and economic loss associated with injuries, accidents and health hazards wherever they exist. For more information, visit www.safenebraska.org.

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