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NSCGOC

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*Nebraska*

# NATIONAL SAFETY COUNCIL NEBRASKA

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Of the National Safety Council.*

## **Video Catalog**

The Video Library's VHS videotapes and DVDs are available exclusively to the National Safety Council, Nebraska members. This membership benefit provides a cost-effective way to educate, update, and train employees.

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# ***ENGLISH LANGUAGE VIDEO TOPICS***

## **ACCIDENT REPORTS, INVESTIGATION & PREVENTION**

- VCS 1 Accident, Data Plus
- VCS 6 Job Safety Analysis
- VCS 127 Preventing Injury Incidents
- VCS 159 Accidents - It Can't Happen To Me
- VCS 166 Safety Is Your Responsibility
- VCS 208 Claims/Litigation Control for Workers' Comp
- VCS 243 Hazard Recognition
- VCS 272 Job Safety Analysis
- VCS 311 Wheel of Misfortune and Grave Remarks
- VCS 325 Dancing Alone
- VCS 373 Worker's Compensation Fraud
- VCS 376 Wheel of Misfortune and Grave Remarks
- VCS 432 Accident Avoidance: No Injury, No Accident?
- VCS 457 Supervisor's Role After an Accident
- VCS 478 OSHA Injury & Illness Prevention
- VCS 495 Preventing Injury Accidents
- VCS 548 Recordkeeping True to Form
- DVD 739 Accident Investigation

## **ASBESTOS**

- VCS 4 Asbestos: Understanding the Hazards
- VCS 5 Asbestos Alert: Proper Use and Disposal of Personal Protective Clothing
- VCS 076 History of Asbestos
- VCS 124 Home Asbestos Inspection
- VCS 259 Asbestos Awareness
- VCS 394 Asbestos: Awareness Exposure
- VCS 474 Asbestos Building Inspections
- VCS 475 Asbestos Cement Pipe Cutting
- VCS 592 Asbestosis
- VCS 636 The History of Asbestos

## **BACK/LIFTING SAFETY**

- VCS 23 Backfire
- VCS 31 Back Injury Prevention
- VCS 143 Lifting Safely In Construction
- VCS 154 Preventing Back Injuries Through Exercise
- VCS 163 Stretch & Flex
- VCS 210 Musculoskeletal Support Devices: Panacea, Placebo, or Pathogen
- VCS 234 Safe Lifting
- VCS 279 Back Safety
- VCS 338 Me and My Back
- VCS 405 Back Safety
- VCS 434 On the Road: The Lighter Side of Lifting
- VCS 552 Back: Strength and Fitness
- DVD 587 Kids Do It ...Naturally Child's Play
- VCS 599 A Bit About Backs: Prevention Strategies
- VCS 670 Back Safety: Belt Use
- DVD 714 Child's Play in the Office
- DVD 728 On the Road: The Lighter Side of Lifting
- DVD 733 Manual Handling
- DVD 749 Elements of Back Care: Healthcare Version

## **BLOODBORNE PATHOGENS**

- VCS 110 Overview of Bloodborne Pathogens
- VCS 119 "As It Should Be Done": Workplace Precautions Against Bloodborne Pathogens
- VCS 219 Hand & Finger Injuries
- VCS 271 Universal Precautions "A Personal Priority"
- VCS 319 Bloodborne Pathogens: Part I
- VCS 324 Bloodborne Pathogens: Part II
- VCS 400 Bloodborne Pathogens: What are They?
- VCS 578 Bloodborne Pathogens: Everyday Heroes, Everyday Risks

## **CHILDREN/TEEN SAFETY**

- VCS 12 Children In Crashes
- VCS 30 Kids Safety Quiz
- VCS 61 Choices: Learning About AIDS
- VCS 66 Staying Afloat
- VCS 81 Be Safe On Your Bike
- VCS 86 Sorting It Out/Drug Abuse
- VCS 87 Farm Safety for Kids
- VCS 95 The Smoke Detective – The 3 P's of fire Safety: Persuasion, Prevention, Protection

## **CHILDREN/TEEN SAFETY (cont'd)**

- VCS 109 Wash Your Hands
- VCS 115 Bicycle Safety Camp
- VCS 116 Youth Safety Seminar
- VCS 117 Going Riding
- VCS 120 Avoiding Collisions (Pre Teen - Early Teen)
- VCS 176 Why Wait?
- VCS 177 Sly Fox & Birdie
- VCS 183 The NE School Bus Safety Program
- VCS 281 Ready or Not: Talking With Kids About Alcohol
- VCS 346 Baby Safe
- VCS 347 "Are We There Yet?"
- VCS 348 Hidden Hazards In Your Home
- VCS 349 Sparky's ABCs of Fire Safety
- VCS 350 Scald Burn Prevention Video
- VCS 351 Jell-O In A Jar: Safe Kids- Cycle Smart
- VCS 352 Precious Cargo: Protecting The Children Who Ride With You
- VCS 450 Airbags and Children
- VCS 467 Drill Today - Survive Tomorrow: Disaster Preparedness for Schools
- VCS 499 Critical Incident Response Training - For Schools
- VCS 559 Don't Risk Your Child's Life VI
- VCS 678 Bicycle Safety Camp
- DVD 751 Bicycle and Pedestrian Safety Resource Guide
- DVD 752 Resource Guide on Laws Related to Pedestrian and Bicycle Safety
- DVD 753 Step to Safety with Asimo

## **CONFINED SPACE**

- VCS 28 Confined Space Entry
- VCS 136 Clearing The Air - Confined Space Entry
- VCS 138 Confined Space Entry
- VCS 158 Testing & Monitoring For Hazardous Gas
- VCS 195 Confined Space Entry
- VCS 228 Why Permits Are Important
- VCS 255 Entering Confined Spaces
- VCS 263 Working in Confined Spaces
- VCS 308 Air Monitoring: The Purpose
- VCS 406 Confined Space: Air Monitoring
- VCS 407 Confined Space: Using Chemical
- VCS 648 Once Too Many
- DVD 696 Confined Space Entry: Permit Required

## **CONSTRUCTION SAFETY**

- VCS 69 Trench Shields
- VCS 71 Personal Protective Equipment
- VCS 72 Jobsite Hazards
- VCS 104 Success at the Top
- VCS 127 Preventing Injuries On The Jobsite
- VCS 128 Housekeeping On The Jobsite
- VCS 129 Ladder Safety In Construction
- VCS 130 Caught In Time: Fall Protection In Construction
- VCS 143 Lifting Safely in Construction
- VCS 144 Slips & Falls In Construction
- VCS 145 Safety Guidelines For Frame Scaffold
- VCS 146 Swing Stage Basic Rigging & Operating Procedures
- VCS 156 Scaffold Safety
- VCS 157 General Safe Work Practices in Construction
- VCS 170 Call Before You Dig Anything
- VCS 198 Success at the Top: Stairway and Ladder Safety for the Construction Industry
- VCS 228 Why Permits Are Important
- VCS 249 Ladder Safety
- VCS 290 Highway Construction & Maintenance Safety
- VCS 295 Elevated Work Safety
- VCS 323 Pneumatic & Hydraulic Tools
- VCS 330 What To Do When The Sky Starts Falling
- VCS 333 It Always Happens to the Other Guy
- VCS 389 Elevated Work Safety
- VCS 395 Personal Fall Protection
- VCS 410 Fall Protection: The Basics
- VCS 429 If Only (Aerial Lifts)
- VCS 443 Arc Welding
- VCS 490 Frammer Safety
- VCS 494 Heat Stress for Construction
- VCS 550 Skid Steer 2001 Safety
- VCS 551 One Step from Death
- VCS 567 Wheel Loader Operating Techniques
- VCS 568 Wheel Loader Walk Around and Introduction
- VCS 571 Surveying Safety Highway Work Zone Safety
- VCS 572 Plant Site Safety Highway work zone
- VCS 573 Structures Safety Highway Work Zone
- VCS 574 Grading Safety – Highway Work Zone
- VCS 576 Flagging: You're the director

## **CONSTRUCTION SAFETY (cont'd)**

- DVD 582 Construction Safety Essentials
- DVD 585 ABC's of Your Personal Fall Arrest System
- DVD 678 Contractor Safety: It's Everybody's Business
- DVD 679 Asbestos in Construction
- DVD 680 HazCom for Construction
- DVD 681 Scaffolds: Safety at All Levels
- DVD 682 Trench Emergency
- DVD 683 Construction Forklifts: Extending Your Reach
- DVD 747 Safety Bob's Construction Safety Orientation

## **CRANE SAFETY**

- VCS 63 Crane Safety
- VCS 167 Crane Operator Safety
- VCS 321 Crane Operator Safety
- VCS 439 Cranes, Chains and Slings
- DVD 722 Safe Operation of Overhead Cranes

## **DRIVING SAFETY-GENERAL**

- VCS 20 Night Driving Tactics
- VCS 36 Caution: Battery on Board
- VCS 41 Children in Traffic: Why Are They Different
- VCS 47 Car Care, Automotive First Aid & Safety
- VCS 52 Smooth Running
- VCS 62 DDC... It's Good Business
- VCS 67 The Company Car
- VCS 77 Space Invaders
- VCS 78 Valvoline Driver's Test
- VCS 98 Helmet Laws: Whose Freedom
- VCS 120 Avoiding Collisions
- VCS 135 Ride of Your Life
- VCS 142 Vehicle Safety On The Road
- VCS 175 Grade Crossing Safety
- VCS 176 Why Wait?
- VCS 196 Van & Truck Driving
- VCS 215 On Country Roads
- VCS 253 Safe Driving
- DVD 762 "Binge" Hammered, Wasted, Plastered, Drunk

## **DRIVING SAFETY-GENERAL (cont'd)**

- VCS 277 Traffic Safety
- VCS 305 Driving Safety
- VCS 314 Defensive Driving
- VCS 328 Traffic Safety
- VCS 344 Don't Let Up: Anti-Lock Braking Systems
- VCS 436 The Hidden Danger: Low Water Crossings
- VCS 444 The PRO System for Accident Free Backing
- VCS 448 Driving in Bad Weather
- VCS 449 Parking Safely
- VCS 451 Entrance and Exit Ramps
- VCS 452 Right Turns
- VCS 453 Intersections
- VCS 454 Stopping on Shoulders
- VCS 455 Following Distance
- VCS 456 Lane Changes
- VCS 461 A Way To Live
- VCS 463 In Control: America's Driving Reference
- VCS 464 The Ultimate Driving Challenge
- VCS 465 Heads Up at the Wheel: Home Safe
- VCS 470 Driven to Extremes
- VCS 484 Safe Backing & Child Safety
- VCS 500 Road Rage
- VCS 505 Some Laws Can't be Broken
- VCS 506 Taming the Winter Road
- VCS 507 Low Visibility Driving
- VCS 677 Traffic Safety
- DVD 726 Crash Course: What to Know Before and After a Collision
- DVD 737 Bad Things Happen
- DVD 760 Winter Driving Safety
- DVD 765 Distracted Driving: At What Cost?
- DVD 766 Another Smash Hit

## **DRIVING UNDER THE INFLUENCE**

- VCS 13 Drinking & Driving - The Toll, The Tears
- VCS 48 The Decision
- VCS 354 The Game of Your Life
- VCS 445 Live and Let Live
- VCS 473 Drunk Driving: Real People/Real Tragedies

## **DRUGS/ALCOHOL IN THE WORKPLACE**

- VCS 8 Too Dangerous To Work With
- VCS 19 Monday Night & Tuesday Morning
- VCS 57 Drugs at Work
- VCS 58 Handle With Care
- VCS 59 Getting Help
- VCS 60 Finding Solutions
- VCS 85 Stay In Control
- VCS 86 Sorting It Out/ Drug Abuse
- VCS 165 Alcoholism In The Workplace
- VCS 194 Our Program
- VCS 206 Omnibus Transportation Act and Drug/Alcohol Testing
- VCS 281 Ready or Not: Talking With Kids About Alcohol
- VCS 408 Drug Use & Abuse
- VCS 420 Under the Influence: Alcohol in the Workplace
- VCS 431 America in Jeopardy: Drugs in the Workplace
- VCS 472 Get Real Jack
- VCS 631 Cocaine: The Ticking Clock
- VCS 633 Who's The Boss?
- VCS 634 Just A Little Nip
- DVD 740 Dealing with Drug & Alcohol Abuse for Employees

## **ELECTRICAL SAFETY**

- VCS 53 Low Voltage Safety
- VCS 126 Basic Electricity On The Jobsite
- VCS 214 It's a Matter of YOUR Safety
- VCS 220 Electromagnetic Field Awareness
- VCS 233 Electrical Hazards
- VCS 241 Electrical Hazards: Common Mistakes
- VCS 266 Electrical Safety Series: "Basic Principals of Electricity"
- VCS 267 Electrical Safety Series: "Safety Related Work Practices"
- VCS 268 Electrical Safety Series: "Electrical Test Equipment"
- VCS 270 Electrical Safety for Health Care Personnel
- VCS 276 Electrical Safety Series: "Common Violations of Electrical Standards"
- VCS 398 PPE Electrical
- VCS 409 Electrical Maintenance
- VCS 440 Basic Electrical Safety on the Job Site
- VCS 476 Battery Charging Safety
- DVD 626 Arch Flash Safety Awareness – English/Spanish
- VCS 653 A Shocking Experience
- DVD 687 Static Electricity

## **EMERGENCY RESPONSE**

- VCS 90 National Chemical Response & Info. Center
- VCS 94 The Emergency Response Guidebook: A Tool For Safety
- VCS 217 Bomb Threat Management
- VCS 260 HAZMAT Spills: Are You Ready?
- VCS 379 Lab Safety for Non-Lab Personnel
- VCS 466 Anhydrous Ammonia Incidents for Emergency Responders
- VCS 509 SEA-J Special Report: Disaster Preparedness
- DVD 741 Emergency Planning
- VCS 756 Emergency Procedures
- VCS 758 What to do About Work Place Emergencies

## **ERGONOMICS**

- VCS 16 VDT Video Display Terminal- The Human Connection
- VCS 111 Office Ergonomics
- VCS 189 Computer Fitness
- VCS 210 Cumulative Trauma Disorders - A Medical Nightmare
- VCS 248 Industrial Ergonomics
- VCS 280 Ergonomics: Job Safety Analysis
- VCS 357 Ergonomic Tools
- VCS 501 Basics of Ergonomics
- VCS 502 Office Ergonomics
- VCS 635 No More Mr. Mean Screen
- VCS 637 Repetitive Strain Injuries
- VCS 672 Ergonomic Tools
- VCS 728 Office Ergonomics
- DVD 704 Ergonomics: Solving the Puzzle English/Spanish

## **EXCAVATION SAFETY**

- VCS 51 Excavation Safety
- VCS 69 Trench Shields
- VCS 72 Jobsite Hazards
- VCS 170 Call Before You Dig Anything
- VCS 171 Backhoe/Loader Operations
- VCS 179 Trenching & Shoring
- VCS 442 Backhoe/Loader Operations

## **EYE PROTECTION**

- VCS 114 Eye Care & Safety
- VCS 140 Eye Protection
- VCS 261 Eye Protection
- VCS 360 Eyewash Showers and Stations
- VCS 479 Personal Protection Safety – Eye
- DVD 688 Prevention of Eye Injuries
- DVD 690 Eye Protection – See the Whole Picture (English/Spanish)

## **FARM SAFETY**

- VCS 87 Farm Safety For Kids
- VCS 88 Farm Safety: Facing The Challenge
- VCS 96 Safe Country: Farm Safety
- VCS 97 John Deere Consolidated Safety Video
- VCS 215 On Country Roads

## **FIRE SAFETY**

- VCS 33 Fire Extinguishers: Safety on the Job
- VCS 151 Fire Extinguisher Training
- VCS 161 Handling & Using Flammable Liquids
- VCS 162 Bonding & Grounding Flammable Liquids
- VCS 236 Fire Safety: Extinguishers
- VCS 237 Fire Safety Review
- VCS 282 American Heat: Fire Investigations
- VCS 284 Fire Safety
- VCS 304 Fire Hazard Recognition
- VCS 306 Fire Safety in the Home
- VCS 307 Hazard Alert: Fire Extinguishers
- VCS 334 Getting Out Alive
- VCS 337 Fire Extinguishers: First Line of Defense
- VCS 387 Fire Hazard Recognition
- VCS 388 Hazard Alert: Fire Extinguishers
- VCS 411 Fire Prevention
- VCS 428 Get Out Alive
- VCS 467 Drill Today - Survive Tomorrow: Disaster Preparedness for Schools
- VCS 600 Know Your ABC's – Fire Extinguishers
- VCS 660 The First Few Minutes
- VCS 674 Fire Prevention
- DVD 702 Fire Extinguisher: Your PASS to Safety English/Spanish
- DVD 734 OR Surgical Fire Training
- DVD 742 Fire Prevention & Safety
- VCS 757 Fire Extinguisher Training and Use

## **FIRST AID/ CPR**

- VCS 36 Caution: Battery on Board
- VCS 47 Car Care, Automotive First Aid & Safety
- VCS 181 Stress Relief: The Heimlich Method
- VCS 193 Winter Dangers
- VCS 219 Hand & Finger Injuries
- VCS 257 Basic First Aid
- VCS 412 CPR Review Program
- VCS 658 A Shock to the System
- DVD 716 Cardiopulmonary Resuscitation – CPR
- DVD 735 Cuts and Bleeding

## **FLEET/TRUCK SAFETY**

- VCS 14 Don't Blow It
- VCS 52 Smooth Running
- VCS 64 Fleet Safety: Protecting Your Profits
- VCS 65 Awareness for Initial Response to Hazardous Material Incidents
- VCS 67 The Company Car
- VCS 77 Space Invaders
- VCS 142 Vehicle Safety On The Road
- VCS 196 Van & Truck Driving
- VCS 197 Truck Driving: Controlling Skids
- VCS 206 Omnibus Transportation Act and Drug/Alcohol Testing
- VCS 446 Snowplow Safety
- VCS 447 Snowplow Safety: Parking Lots
- VCS 458 Driving Light/Empty Loads
- VCS 460 Speed Management
- VCS 562 Flatbed Cargo Securement

## **FORKLIFT SAFETY**

- VCS 7 Safe Forklift Operation
- VCS 229 Forklift Safety
- VCS 273 Warehouse Safety
- VCS 413 Forklift Loading
- VCS 476 Battery Charging Safety
- VCS 482 Propane Safety
- VCS 504 Forklift Operations: Carrying the load (Spanish)
- DVD 630 Aerial Platform Operator Training
- VCS 638 Forklift Safety
- VCS 755 Reach Truck Safety
- DVD 692 Forklift Basics: Safe From the Start
- DVD 700 Powered low-lift Trucks (Walkie & Walkie/Rider Safety) English/Spanish
- DVD 743 Operating Forklifts Safely

## **GENERAL SAFETY/ MISC.**

- VCS 15 Harm's Way
- VCS 66 Staying Afloat
- VCS 73 Good Housekeeping
- VCS 83 Protecting Life, Promoting Health
- VCS 99 Railroading: A Way of Life
- VCS 103 A Matter Of Seconds
- VCS 107 The Story of a Pipe Fitter
- VCS 134 OSHA At Work
- VCS 163 Stretch & Flex
- VCS 166 Safety & Your Responsibility
- VCS 170 Call Before You Dig Anything
- VCS 181 Stress Relief: The Heimlich Method
- VCS 202 OSHA Inspection - Overcoming the Fear
- VCS 204 Group Dynamics and Team Building
- VCS 208 Claims/Litigation Control With Workers Comp
- VCS 209 Discipline ...a Constructive Learning Tool
- VCS 211 Workplace Safety & Health & the A.D.A.
- VCS 211 Award Winning Safety Program - Arvada, CO.
- VCS 212 Diversity and the Communication Gaps
- VCS 212 Pay for Performance & Its Effects on Safety
- VCS 213 The Environmental Arena
- VCS 213 How to Develop a Written Safety & Health Program
- VCS 216 The Dirty Dozen
- VCS 221 Stress In The Workplace
- VCS 228 Why Permits Are Important
- VCS 239 Fall Arrest Systems
- VCS 249 Ladder Safety
- VCS 250 Grounds Keeping: Lawn Mower Safety
- VCS 272 Job Safety Analysis
- VCS 273 Warehouse Safety
- VCS 274 Combating Stress
- VCS 288 Grounds keeper Safety Including Pesticides
- VCS 309 Bicycle Safety in Plant and Facilities
- VCS 313 Custodial Staff Safety
- VCS 315 Hunting Safety
- VCS 316 Hunting Safety
- VCS 317 Prevention of Most Common Accidents
- VCS 318 Coaching Safe Behavior Part II
- VCS 332 Head Protection
- VCS 336 With Safety Everybody Wins

## **GENERAL SAFETY/ MISC. (cont'd)**

- VCS 341 Sexual Harassment
- VCS 358 Contingency Training
- VCS 361 Workplace Security
- VCS 368 What ISO Standards Mean to Safety Managers
- VCS 390 Custodial Staff Safety
- VCS 397 Materials Handling and Storage
- VCS 404 Work Surface Safety
- VCS 421 Working Mom's Survival Guide
- VCS 422 BUTT OUT!! The Proven Quit Smoking Plan
- VCS 423 Lead Exposure at Indoor Firing Range
- VCS 424 Powerful Communication Skills
- VCS 425 Listen Up—Hear What's Really Being Said!
- VCS 426 Stress Management
- VCS 430 Preventing Hantavirus Disease
- VCS 468 Safe for Life
- VCS 469 It Only Takes A Second
- VCS 485 Employee Safety for Retail
- VCS 487 Radiation Protection for Healthcare
- VCS 488 Hospital Fire Safety
- VCS 489 Sanitation in Healthcare Cafeterias
- VCS 493 Maintenance Person Safety
- VCS 498 Sexual Harassment - Serious Business
- VCS 503 Counter Attactics
- VCS 549 I Chose to Look the Other Way
- VCS 563 Box Cutter/Utility Knife Safety
- VCS 565 Toxic Mold
- VCS 566 Safety Awareness: Real Accidents, Real Stories
- VCS 575 Safety: The Good Fight
- VCS 577 Safety is No Accident: A Video Guide to Chain Saw Safety Highlights
- VCS 579 Occupational Dog Bite Safety Video "2002"
- DVD 598 Bucket Trucks: Extending Your Safety
- VCS 619 Chains and Safety
- DVD 627 Ladder Safety
- VCS 641 Cutting It Short – Part I
- VCS 642 Cutting It Short – Part II
- VCS 651 Fueling A Machine
- VCS 652 Danger: Hazardous Duty
- VCS 654 Indoor Air Pollution
- DVD 686 What Would You Say
- DVD 689 Lifting It Right (Automotive Lifting)
- DVD 691 The Line of Fire – English
- DVD 697 Warehouse Safety: It's No Mystery

## **GENERAL SAFETY/ MISC. (cont'd)**

DVD 701 OSHA Recordkeeping: True to Form English/Spanish

DVD 724 Managing Stress Before It Manages You

DVD 736 The First Step

DVD 744 Heat Stress

## **HAND/HAND TOOL SAFETY**

VCS 35 Hand Safety

VCS 101 Hand Tool Safety In The Workplace

VCS 132 Hand & Power Safety

VCS 218 Portable Hand Tools

VCS 219 Hand & Finger Injuries

VCS 265 Hand Protection

VCS 362 Carpal Tunnel Syndrome

VCS 384 Pneumatic & Hydraulic Tools

VCS 386 Hand, Wrist, & Finger Safety

VCS 480 Personal Protection Safety – Hand

VCS 650 A-OK: Finger Safety

DVD 684 High-Impact Hand Safety

DVD 746 Hand & Power Tools Safety

## **HAZARD COMMUNICATION**

VCS 10 Introduction To Hazard Communication Standard

VCS 17 Hazard Communication Program

VCS 42 Hazard Communication: What's It All About

VCS 43 The MSDS: Cornerstone Of Chemical Safety

VCS 112 Right To Know: Cleaning & Maintenance Personnel

VCS 113 Working Safely With Corrosive & Irritant Chemicals

VCS 207 Minimizing Hazardous Waste and Reducing Occupational Risks in the Workplace

VCS 226 Take Home Toxics

VCS 240 HAZCOM: Review

VCS 247 HAZCOM: Training

VCS 252 HAZCOM: Labels & MSDS's

VCS 287 HAZCOM: Acids & Caustics

VCS 380 Hazard Recognition

VCS 393 Common Toxicological Terms of an MSDS

VCS 492 Right-To-Know: Custodians/Maintenance

VCS 675 Job Safety Analysis

DVD 693 MSDS: Read It Before You Need It

DVD 706 Solvents

## HAZARDOUS MATERIALS

- VCS 34 Decontamination
- VCS 50 Radon: A Homeowner's Guide
- VCS 65 Awareness For Initial Response To HAZMAT Incidents
- VCS 90 National Chemical Response & Information Center
- VCS 91 Utilization of Chemical Protective Equipment & Decontamination Procedures
- VCS 92 Teamwork
- VCS 93 Poisons
- VCS 113 Working Safely With Corrosives & Irritants
- VCS 160 Using & Handling Compressed Gas Cylinders
- VCS 161 Handling & Using Flammable Liquids
- VCS 162 Bonding & Grounding Flammable Liquids
- VCS 164 Storing Compressed Gas Cylinders Safely
- VCS 182 Handling & Transporting Hazardous Material Safely
- VCS 207 Minimizing Hazardous Waste and Reducing Occupational Risks
- VCS 222 Handling Hazardous Materials
- VCS 224 Compressed Gas Cylinders
- VCS 227 Waste Minimization
- VCS 254 Lead Awareness
- VCS 258 Hazardous Waste Awareness
- VCS 260 HAZMAT Spills: Are You Ready?
- VCS 289 Proper Use of Compressed Air
- VCS 300 Lab Safety for the Non-Laboratory Personnel
- VCS 308 Air Monitoring: The Purpose
- VCS 327 Radon Doesn't Have To Be A Problem
- VCS 339 Drum and Other Small Spills: Control, Containment and Cleanup
- VCS 340 Decontamination
- VCS 356 HAZWOPER
- VCS 366 Resource Conservation & Recovery Act
- VCS 370 Small Spills Clean-Up
- VCS 371 Proper Use of Compressed Air
- VCS 383 HAZWOPER: Awareness Level
- VCS 391 Chemical Emergency Preparedness & Procedures
- VCS 414 HAZWOPER
- VCS 466 Anhydrous Ammonia Incidents for Emergency Responders
- VCS 482 Propane Safety
- VCS 486 Spill Clean-Up Exercises
- VCS 497 Orientation: Donning, Doffing, Decontamination
- VCS 673 Hazwoper: Role of the First Responder
- DVD 703 Hexavalent Chromium Awareness English/Spanish
- VCS 726 An Employee's Guide to Working with Hazardous Materials (Spanish)
- VCS 727 An Employee's Guide to Working with Hazardous Materials (English)
- DVD 723 Safe Handling of Gases
- DVD 738 Safety Videos 2005-2009

## HEALTH AND HYGIENE

- VCS 2 Smoking: The Road to a Smoke-Free Life
- VCS 39 AIDS: Can I Get It?
- VCS 61 Choices: Learning About AIDS
- VCS 109 Wash Your Hands
- VCS 163 Stretch & Flex
- VCS 194 Our Program
- VCS 203 “Hey Do I Need a Cigarette!”
- VCS 221 Stress in the Workplace
- VCS 226 Take Home Toxics
- VCS 269 Home Air Care: Indoor Air & Your Health
- VCS 278 Combating Stress
- VCS 312 Personal Health & Fitness
- VCS 343 Your Work & Your Health: The Role of Industrial Hygiene
- VCS 363 Medical Monitoring: How It Works
- VCS 364 Diet for Energy
- VCS 372 Good Manufacturing Practices
- VCS 385 Personal Health & Fitness
- VCS 392 Controlling High Blood Pressure
- VCS 402 Preparing for the Cold & Flu Season
- VCS 419 Making Healthy Choices: Safe and Healthy Lifestyles
- VCS 430 Preventing Hantavirus Disease
- VCS 435 Celebrate Living
- VCS 553 High Blood Pressure
- VCS 554 Preventing Burnout
- VCS 555 Stress Management
- VCS 556 Time Management
- VCS 557 Weight Management
- VCS 558 Wellness: Skills for a Lifestyle Change
- DVD 596 Avian Flu – What You Need to Know
- VCS 643 Lyme disease
- VCS 644 Diet Right
- VCS 645 Exercise Your Heart
- VCS 646 Protecting Against Aids in the Workplace
- DVD 727 Fatigue at work
- DVD 730 Working with Stress
- DVD 748 Needlestick Prevention
- DVD 749 Elements of Back Care: Healthcare Version
- DVD 750 BBP in Healthcare Facilities

## **HEARING CONSERVATION**

- VCS 18 Preserve Your Hearing
- VCS37 Hearing Protection
- VCS 155 Hearing Conservation
- VCS 264 Hearing Protection: HCP and PPE
- VCS 441 Hearing Conservation
- DVD 695 Hearing Protection: Sounds Good To Me

## **LOCKOUT/TAGOUT**

- VCS 137 Hazardous Energy Source/ LO/TO
- VCS 184 Lockout/Tagout 1992
- VCS 235 Lockout/Tagout: The Basics
- VCS 244 Lockout Tagout
- VCS 275 Lockout/Tagout: A Life is on the Line
- VCS 417 LO/TO: Just Do It!!
- DVD 597 LO/TO: Lightning in a Bottle
- VCS 649 Tag You're It
- VCS 676 Lockout/Tagout Affected Employees
- DVD 745 Lockout /Tagout: When Everyone Knows

## **MACHINE/TOOLS SAFETY**

- VCS 3 Everything to Lose
- VCS 22 Working With Machinery
- VCS 70 Heavy Equipment
- VCS 84 Multiple Choice
- VCS 101 Hand Tool Safety In The Workplace
- VCS 133 Powder Actuated Tools
- VCS 150 Portable Grinders & Abrasive Wheels
- VCS 201 Safety Is ...No Accident
- VCS 225 Machine Guarding
- VCS 251 Portable Power Tools
- VCS 297 Machine Shop Safety
- VCS 378 Portable Power Tools
- VCS 418 Machine Cutting, Grinding & Sanding

## **OFF-THE-JOB SAFETY**

- VCS 25 Safety Captain's Update # 16: Home Safety
- VCS 50 Radon: A Homeowner's Guide
- VCS 66 Staying Afloat
- VCS 124 Home Asbestos Inspection
- VCS 172 Scenarios For Self Defense - Your Early Options
- VCS 173 Scenarios For Self Defense - When An Acquaintance Becomes An Assailant
- VCS 174 Scenarios For Self Defense - Practical Physical Resistance
- VCS 226 Take Home Toxics
- VCS 250 Grounds Keeping: Lawn Mower Safety
- VCS 269 Home Air Care: Indoor Air & Your Health
- VCS 285 Home Safety
- VCS 286 Holiday Safety
- VCS 292 Off-the-Job Safety
- VCS 298 Recreational Safety
- VCS 326 Our House
- VCS 416 Housekeeping for Safety
- VCS 503 Counter Attactics
- VCS 569 Traveling Alone in America
- VCS 570 Make Your Home a Safe haven
- VCS 632 Handgun Safety
- VCS 656 Home Safety: Past, Present and Future
- VCS 659 Destination Safety: Part II

## **OFFICE SAFETY**

- VCS 16 VDT Video Display Terminal - The Human Connection
- VCS 32 It's A Jungle (Office Safety)
- VCS 49 VDT's - An Overview
- VCS 111 Office Ergonomics
- VCS 169 General Office Safety
- VCS 189 Computer Fitness
- VCS 483 Reducing Unsafe Acts of Office Employees
- DVD 725 Solving People Problems On the Job

## **PERSONAL PROTECTIVE EQUIPMENT**

- VCS 3 Everything to Lose
- VCS 5 Asbestos Alert: Proper Use & Disposal of Personal Protective Clothing
- VCS 18 Preserve Your Hearing
- VCS 45 Personal Protective Equipment
- VCS 71 Personal Protective Equipment
- VCS 75 Above All Keep Your Head
- VCS 91 Utilization Of Chemical Protective Equipment
- VCS 139 Personal Protective Equipment
- VCS 242 Foot Protection
- VCS 274 Protective Clothing
- VCS 294 Complete Line of Footwear
- VCS 374 The Complete Line of Footwear
- VCS 396 Protective Clothing
- VCS 398 PPE Electrical
- VCS 399 PPE: Just Put It On!
- VCS 415 Head Protection
- VCS 433 Uniform for Safety: Wearing Personal Protective Equipment
- VCS 479 Personal Protection Safety - Eye
- VCS 480 Personal Protection Safety – Hand
- VCS 481 Personal Protection Safety – Foot
- VCS 657 Protective Equipment
- VCS 671 Protective Clothing
- DVD 694 PPE: Don't Start Work Without It

## **RESPIRATORY PROTECTION**

- VCS 152 How To Fit Respiratory Protection
- VCS 153 Respiratory Protection
- VCS 232 Respiratory Protection
- VCS 256 Respiratory Maintenance
- VCS 320 Choosing The Correct Respirator
- VCS 322 Respiratory Care & Use
- DVD 705 Respiratory Protection: Another World English/Spanish
- DVD 731 Respirators: Your TB Defense
- DVD 761 Respirators: Your TB Defense / TB Respiratory Protection: Administrator's Review

## **SAFETY COMMITTEES**

- VCS 187 The Safety Committee: Problem or Solution
- VCS 204 Group Dynamics/Team Building for Your Safety Committees
- VCS 283 How to Conduct a Safety Meeting
- VCS 459 Establishing Safety Committees

## **SAFETY MANAGEMENT**

- VCS 6 Job Safety Analysis
- VCS 54 The Future Is Now
- VCS 99 Railroading: A Way of Life
- VCS 125 Sub Contractor Safety Orientation
- VCS 157 General Safe Work Practices
- VCS 204 Group Dynamics/ Team Building for Your Safety Committee
- VCS 209 Discipline ...A Constructive Learning Tool
- VCS 211 Award Winning Safety Program! Arvada, CO
- VCS 212 Diversity & the Communication Gaps!
- VCS 212 Pay For Performance & Its Effects on Safety
- VCS 213 Tips on How to Develop a Written Safety & Health Program
- VCS 227 Waste Minimization
- VCS 243 Hazard Recognition
- VCS 272 Job Safety Analysis
- VCS 273 Ergonomics: Job Safety Analysis
- VCS 296 Creating the Safety Plan (part one)
- VCS 299 Creating the Safety Plan (part two)
- VCS 310 Coaching Safe Behavior (part one)
- VCS 329 Workfit 2000
- VCS 335 Compliance Awareness For Managers & Supervisors
- VCS 365 The Importance of Safety
- VCS 367 Employee Performed Inspections
- VCS 369 The Supervisor's Role in Safety
- VCS 381 Industrial Hygiene for Safety Managers
- VCS 457 Supervisor's Role After an Accident

## **SEAT BELTS**

- VCS 9 It'll Never Happen To Me
- VCS 26 The Ride Of Your Life
- VCS 117 Going Riding
- VCS 178 Crash Course On Safety Belts
- VCS 199 Seat Belts and the Family: Shattering Some Myths
- VCS 215 On Country Roads
- VCS 331 The Ride of Your Life
- VCS 354 Safety Belts: For Dummies or People?
- VCS 427 Crash Course Safety Belts
- VCS 450 Airbags and Children
- VCS 462 Riding with Nothing but the Radio On
- VCS 508 Diana's Last Message

## **Security**

- DVD 707 Careless Keystrokes Can Kill
- DVD 708 Operation Safeguard: Hard Target
- DVD 709 Operation Safeguard: The Assessment
- DVD 710 Think Like the Wolf: Applying OPSEC to Military Operations
- DVD 711 Applying OPSEC to Criminal Investigations
- DVD 712 An introduction to OPSEC
- VCS 713 OPSEC: The Art of Working together

## **SLIPS, TRIPS AND FALLS**

- VCS 24 Anatomy Of A Fall
- VCS 144 Slips & Falls In Construction
- VCS 438 Employee Fall Protection
- VCS 477 Ladders, Poles & Scaffolds
- VCS 647 Falls
- DVD 720 Preventing Slips, Trips and Falls

## **WEATHER**

- VCS 29 Tornado: Plan to Survive
- VCS 193 Winter Dangers
- VCS 230 Cold Stress
- VCS 246 Heat Stress
- VCS 293 Heat Stress
- VCS 467 Drill Today - Survive Tomorrow: Disaster Preparedness for Schools
- VCS 471 Sun Safety: A Growing Health Concern
- VCS 560 Winter Walking
- VCS 561 Hypothermia & Frostbite
- VCS 593 Heat Hazards
- VCS 564 Severe Weather Alert: Are You Prepared?

## **WELDING SAFETY**

- VCS 82 Welding Safety
- VCS 105 Oxy-Fuel Safety - It's Up To You
- VCS 141 Health Factor In Welding Operations
- VCS 148 Gas Welding & Cutting Safety Factors
- VCS 168 Arc Welding Safety
- VCS 231 Welding & Cutting
- VCS 303 Welding & Cutting Safety
- VCS 375 Welding & Cutting Safety
- VCS 639 A Matter of Degree – Part I
- VCS 640 A Matter of Degree – Part II
- DVD 699 Welding Safety: Safe Work with Hot Work

## **WORKPLACE VIOLENCE**

- VCS 172 Scenarios For Self Defense - Your Early Options
- VCS 173 Scenarios For Self Defense - When An Acquaintance Becomes An Assailant
- VCS 174 Scenarios For Self Defense - Practical Physical Resistance
- VCS 191 Back With a Vengeance
- VCS 200 Tough Target
- VCS 205 Worksite Violence
- VCS 217 Bomb Threat Management
- VCS 301 Violence in the Workplace (part one)
- VCS 302 Violence in the Workplace (part two)
- VCS 333 It Always Happens To The Other Guy
- VCS 503 Counter Attactics
- VCS 655 Lone Driver
- DVD 729 Violence on the Job

# ***SPANISH LANGUAGE VIDEO TOPICS***

## **ACCIDENT PREVENTION**

- VCS 496 Preventing Injury Accidents
- VCS 539 Report to Work: Your Safety Responsibility

## **BLOODBORNE PATHOGENS**

- VCS 527 Bloodborne Pathogens Overview

## **CONSTRUCTION SAFETY**

- VCS 491 Frammer Safety
- DVD 594 ABC's of Your Personal Fall Arrest System

## **BACK /LIFTING**

- VCS 541 Back Injury Prevention

## **DRIVING SAFETY**

- VCS 192 Driving With Care
- VCS 437 The Hidden Danger: Low Water Crossings

## **FIRE SAFETY**

- VCS 519 Portable fire Extinguishers
- VCS 580 Fire Safety

## **HAZARD COMMUNICATION**

- VCS 185 Hazard busters
- VCS 726 An Employee's Guide to Working with Hazardous Materials

## **HAND SAFETY**

- DVD 685 High-Impact Hand Safety

## **LOCKOUT/TAGOUT**

- VCS 543 Lockout/Tagout

## **FORKLIFT TRAINING**

- VCS 504 Forklift Operations: "Carry the Load"

## **WEATHER**

- VCS 581 Working Safely in Hot Environments

# **VIDEO SOURCE GUIDE**

|      |  |
|------|--|
| AA   | Audiology Association                      |
| AAA  | AAA Foundation for Traffic Safety          |
| AABC | Alabama ABC 33/40                          |
| AGC  | Associated General Contractors of America  |
| AH   | American Heat                              |
| AIMS | Aims Media                                 |
| ALA  | American Lung Association                  |
| AP   | Aurora Pictures                            |
| ATA  | American Trucking Association              |
| ATF  | Bureau of Alcohol, Tobacco & Firearms      |
| BC   | Birko Corporation                          |
| BF   | Barr Films                                 |
| BH   | Bell Helmets                               |
| BP   | Buckley Productions                        |
| BPS  | BPS Communications                         |
| BRP  | Billy Robins Presentations                 |
| CAT  | Caterpillar Inc.                           |
| CC   | The Century Council                        |
| CCI  | Country Companies Insurance                |
| CDC  | Centers for Disease Control and Prevention |
| CLM  | Comprehensive Loss Management              |
| CMA  | Chemical Manufacturers Association         |
| CHP  | Children's Hospital of Philadelphia        |
| CSP  | Cinema Safety Productions                  |
| CV   | Coastal Video Communications               |
| CVC  | Cinema Video Center                        |
| CVM  | CorVision Media - ABC News                 |
| DBP  | Don Brown Productions                      |
| DOT  | US Department of Transportation            |
| ENT  | ENT/Gates Production                       |
| EPA  | Environmental Protection Agency            |
| FDE  | Florida Department of Education            |
| GM   | General Motors                             |
| GMC  | Geico Media Center                         |
| GSAS | Greater San Antonio Safety Council         |
| IAG  | Iowa Attorney General                      |
| IIHS | Insurance Institute for Highway Safety     |
| IMC  | Immanuel Medical Center                    |
| ITS  | Industrial Training Systems Corporation    |
| JDC  | John Deere Corporation                     |
| K&M  | Kenworth & Michelin                        |
| KETV | Channel 7                                  |

KMC Kennedy Media Company  
LCDR La Comunicacion De Riesgos  
LIA Lead Industries Association  
LIP Long Island Productions  
LM Liberty Mutual  
LMEF Lincoln Medical Education Foundation  
LVT Light Video Television Inc.  
ME Moeller Enterprises  
MEDC Medcom  
MESH MESH/Westcoast Communications  
MI Multivision Inc.  
MSBC Mississippi Seat Belt Coalition, Inc.  
NAFC Nebraska Association for Family & Community Education  
NAVC National Audio-Visual Center  
NC National Crane  
NFPA National Fire Protection Association  
NHTS National Highway Traffic Safety Administration/LETN  
NIDA National Institute on Drug Abuse  
NOAA National Oceanic and Atmospheric Association  
NOHS Nebraska Office of Highway Safety  
NRA National Rifle Association  
NSC National Safety Council  
NSF National Sleep Foundation  
NSK National Safe Kids Campaign  
NUS NUS Training Corporation  
OSU Oklahoma State University  
PP Parker Productions  
PVA Prevent Blindness America  
S&A Shimm & Associates  
SCSG Safety Council of Greater Houston & Southern Gas Assn.  
SD Square D - Group Schneider  
SIA Scaffold Industry Association  
STS Summit Training Source  
SVIA Specialty Vehicle Institute of America  
SW Safety Watch  
TIB The Idea Bank  
TABS The American Back School  
TAT Tel-A-Train  
TIPP TIPP/American Academy of Pediatrics  
UPRR Union Pacific Railroad  
USCT USC Telecommunications  
USDL U.S. Department of Labor  
VEC Victor Equipment Co.  
VPCP Virginia Power/North Carolina Power

VTS Video Training Source Inc.  
WETA Greater Washington Education Telecommunications Assn.  
WEVP West End Video Productions  
XEN Xenejenex Health Videos  
(NETS) Videos donated by Network of Employers for Traffic Safety

# VIDEO DESCRIPTIONS

VCS 1

***Accident, Data, Plus (NSC) 1982 23 min.***

Analysis, counter measures and control in a building safety program.

VCS 2

***Smoking: The Road to a Smoke-Free Life (ITS) 1992 10 min***

Awareness, knowledge and techniques to quit smoking. Includes getting ready, quitting, and staying free.

VCS 3

***Everything To Lose (UPRR) 1979 22 min***

Stresses safety in an industrial shop area. Emphasizes personal safety equipment.

VCS 4

***Asbestos: Understanding the Hazards (ITS) 1995 25 min***

Covers facts about asbestos, government regulations, describes long-term and chronic health hazards, and explains basic work practices for safe work.

VCS 5

***Asbestos Alert: Proper Use and Disposal of Personal Protective Clothing (ITS) 1989 9 min***

Informs about types and use of protective clothing and equipment required when working around or with asbestos materials and how to decontaminate them.

VCS 6

***Job Safety Analysis (NSC) 1981 20 min***

Detailed demonstrations of techniques used in performing job safety analysis.

VCS 7

***Safe Forklift Operation (NUS) 16 min***

Describes basic principles an operator must keep in mind to safely maneuver, load, lift, and stack materials.

VCS 8

***Too Dangerous To Work With (UPRR) 1984 24 min***

See how alcohol and drug use effects safety in the workplace. Stresses EAP.

VCS 9

***It'll Never Happen To Me (UPRR) 1983 22 min***

Answers most objections raised against seat belt use. Great emotional impact.

VCS 10

***An Introduction To The Hazard Communication Standard (NAVC) 1985 27 min***

Highlights major provisions of the "Right to Know" OSHA standards including MSDS, labels, training and trade secrets.

VCS 12

***Children In Crashes (IIHS) 1986 8 min***

Shows the dangers to children who travel unrestrained or in the arms of an adult.

VCS 13

***Drinking and Driving: The Toll, the Tears (WETA) 1986 60 min***

The hardships in dealing with drinking and driving.

VCS 14

***Don't Blow It (EPA) 1986 60 min***

Covers potential health hazards for brake and fleet mechanics on the job and in training.

VCS 15

***Harm's Way (PP) 1987 18 min***

Shows the effects of neck and head injuries and the prevention of these debilitating accidents.

VCS 16

***VDT Video Display Terminal-The Human Connection (CLM)***

Presents simple step-by-step guide to proper set up of a VDT station and basic ergonomic principles.

VCS 17

***Hazard Communication Program (CLM)***

Contains essential elements for a complete compliance program.

VCS 18

***Preserve Your Hearing (AA) 1987 13 min***

Assists employers in complying with the Department of Labor Occupational Noise Exposure Standards.

VCS 19

***Monday Night & Tuesday Morning (NSC) 1987 15 min***

How hangovers can seriously impair performance and create danger at work.

VCS 20

***Night Driving Tactics (AIMS) 1985 13 min***

The need to change driving habits from dusk to dawn.

VCS 21

***Slips, Trips & Falls (AIMS) 1985 17 min***

Teaches how, with awareness and a sense of responsibility, staff and supervisors can prevent slips, trips and falls.

VCS 22

***Working With Machinery (AIMS) 1986 17 min***

Personal protection of the worker and safeguarding machines.

VCS 23

***Backfire (PP) 1987 15 min***

Award winning film on back injury prevention.

VCS 24

***Anatomy Of A Fall (PP) 1984 15 min***

A practical, hard hitting video on preventing slips and falls.

VCS 25

***Safety Captains Update #16: Home Safety (UPRR) 1995 38 min***

Helpful tips regarding home safety from a panel of safety professionals.

VCS 26

***The Ride Of Your Life (UPRR) 23 min***

Seat belt safety.

VCS 27

***The ATV Rider's Guide To Safety (SVIA) 19 min***

Provides essential information needed to know when riding an all-terrain vehicle.

VCS 28

***Confined Space Entry (STS) 1988 30 min***

Discusses the two great dangers while working in a confined space—suffocation and burning.

VCS 29

***Tornado: Plan to Survive (NOAA) 1996 15 min***

Severe weather/tornado safety.

VCS 30

***Kids Safety Quiz (NSC -Safe Kids) 1988 (NSC -Safe Kids) 1988 30 min***

The official Kids Safety Quiz Game Show. Covers five areas: traffic, water, fire and bike safety and emergency response.

VCS 32

***It's A Jungle (VTS) 21 min***

Office safety including safety awareness, housekeeping, lifting, steps and ladders, slips, electricity, and machinery.

VCS 33

***Fire Extinguishers: Safety on the Job (AIMS) 21 min.***

Shows the importance of knowing how to use extinguishers. Explains the different types of fires, and different types of extinguishers. Shows which type of extinguisher should be used for each type of fire. Also explains the RACE procedure.

VCS 34

***Decontamination (VTS) 15 min***

Discusses decontaminating personnel and tools, equipment and protective apparel used at a site, including the decontaminating corridor.

VCS 36

***Caution: Battery on Board (PVA) 1995***

Educates motorists on auto battery safety, provides jump starting instructions and gives first aid information for treating injuries.

VCS 39

***AIDS: Can I Get It? (LVT) 1987 48 min***

Twelve renowned medical experts, people on the street, Friends With AIDS share their thoughts and questions on this life threatening disease.

VCS 42

***Hazard Communication: What's It All About? (ITS) 1992 11 min***

Introduces employees to the OSHA requirements for hazardous chemicals, warning labels, MSDS, written plan and work area specific training.

VCS 43

***The MSDS: Cornerstone Of Chemical Safety (ITS) 1988 19 min***

Overview of the basic elements of an MSDS. Defines many of the common terms.

VCS 45

***Personal Protective Equipment (NSC) 5 min***

Illustrates the importance of wearing protective gear. Humorous animation. Specifically for supervisors.

VCS 47

***Car Care, Automotive First Aid & Safety (AAA) 26 min***

Explains basic car care, safety and basic first aid.

VCS 48

***The Decision (NSC) 21 min***

Demonstrates that even moderate consumption of alcohol can effect driving ability.

VCS 49

***VDT's - An Overview (NSC) 10 min***

Explains how to reduce stress, eye strain and muscle tension when using a VDT.

VCS 50

***Radon: A Homeowner's Guide (NSC) 25 min***

Remedies for radon problems ...from the simple to the complex.

VCS 51

***Excavation Safety (SCSG) 20 min***

Demonstrates the importance of careful planning & follow through.

VCS 52

***Smooth Running (K&M) 15 min***

Straight talk about sharing the road safely with trucks. Emphasizes safe driving techniques every driver on the road should practice.

VCS 53

***Low Voltage Safety (NSC) 14 min***

Explains the potential dangers of working with 600 volts or less to employees.

VCS 54

***The Future Is Now (NSC) 24 min***

The need for safety programs from the top management viewpoint.

VCS 57

***Drugs At Work (NIDA) 24 min***

Overviews of drug testing and treatment programs. Employees share experiences on the effects of drug problems on their lives both on and off the job.

VCS 57B – for employee

VCS 57 C - for employer

VCS 58

**Drug Testing: Handle With Care (NIDA) 20 min**

Deals with the strategy of drug testing. Helps define the program, premise and purpose.

VCS 58 A - for employee

VCS 58 B - for employer

VCS 59

**Getting Help (NIDA) 20 min**

Explores the value of employee assistance programs to both employees and employers.

VCS 59 A or B - for employee

VCS 59 C - for employer

VCS 60

**Finding Solutions (NIDA) 20 min**

Portrays drug abuse in the work place as a community problem, with solutions offered through education and prevention.

VCS 61

**Choices: Learning About AIDS (NSC) 21 min**

Equips students to make smart caring decisions about sex and needle drugs.

VCS 62

**DDC... It's Good Business (NSC) 10 min**

Driver improvement programs.

VCS 63

**Crane Safety : Operation, Safety, and Maintenance (NSC) 75 min**

Stresses importance of proper maintenance and safety procedures to be used in operating a crane.

VCS 64

**Fleet Safety: Protecting Your Profits (NSC) 12 min**

Covers losses in human terms and communicates how profits can be protected with a new fleet safety program.

VCS 65

**Awareness For Initial Response To Hazardous Material Incidents (DOT) 6 min**

Reviews how hazardous materials are stored, transported, identified and what to do in a hazardous material accident.

VCS 66

**Staying Afloat (NSC) 10 min**

Alvin, a colorful character and narrator, demonstrates how simple flotation devices can be used for rescues.

VCS 67

**The Company Car (PP) 15 min**

Suggests an accident prevention program for drivers of company vehicles of all sizes and types.

VCS 68

**A New Way To Lift (NSC)**

Learn about the lifting techniques using the six major parts of the body that work together for a safe lift.

VCS 69

**Trench Shields (NSC) 12 min**

Targets sewer or water construction workers. Highlights ten guidelines on the safe use of trench shields.

VCS 70

**Heavy Equipment (NSC) 10 min**

Identifies 12 guidelines for safely operating heavy equipment.

VCS 71

**Personal Protective Equipment (NSC) 10 min**

Gives guidelines on how to use personal protection at an underground construction site.

VCS 72

**Jobsite Hazards (NSC) 10 min**

Points out key hazards found on almost every underground site. Demonstrates safety tips.

VCS 73

**Good Housekeeping (NUS) 12 min**

Presents common sense approach to keeping work area clean. Specific reference to maintenance shop.

VCS 75

**Above All, Keep Your Head (NSC) 10 min**

Shows workers how to protect the whole head. Encourages the use of Personal Protective Equipment and common sense.

VCS 77

**Space Invaders (NSC) 8 min**

For all professional drivers. Reviews key concepts of judging safe driving distances between vehicles.

VCS 78

**Valvoline Drivers Test (NSC) 48 min**

Statistics show most people could drive better. This video probes viewer's knowledge of defensive driving techniques and rules of the road.

VCS 81

**Be Safe On Your Bike (USCT) 12 min**

Tips for safe biking habits.

VCS 82

**Welding Safety (TAT) 24 min**

Reviews and explains cutting and welding safety.

VCS 83

**Protecting Life, Promoting Health Promoting Health (NSC) 12 min**

National Safety Council gives a brief history including: public services, materials & programs, operations, local council members & volunteers.

VCS 85

**Stay In Control (VPCP) 10 min**

Story of what can happen when drugs and alcohol take control of your body and life.

VCS 86

**Sorting It Out/Drug Abuse (NSC) 20 min**

Kids speak for themselves about their battles with substance abuse. A compelling glimpse of the struggles kids go through.

VCS 87

**Farm Safety For Kids (IAG) 18 min**

Safety tips for kids.

VCS 88

**Farm Safety: Facing the Challenge (IAG) 26 min**

Facing the challenge from Iowa Attorney General.

VCS 90

**National Chemical Response And Information Center (CMA) 12 min**

Explains the capabilities for various programs offered by chemical referral and emergency response centers.

VCS 91

**Utilization Of Chemical Protective Equipment And Decontamination Procedures (CMA) 24 min.**

Explains the importance of personal protective equipment.

VCS 92

**Teamwork (CMA) 36 min**

Safe handling of a hazardous chemical incident.

VCS 93

**Poisons (CMA) 60 min**

Understanding poisons and how to handle them.

VCS 94

**The Emergency Response Guidebook: A Tool For Safety (CMA) 33 min**

A guidebook for Emergency Response.

VCS 95

**The Smoke Detectives – The 3 P’s of Fire Safety: Persuasion, Prevention, Protection**

Teaching program for grades K-6. Fire safety is a lesson that must be reinforced and practices in order to become a habit that will be incorporated into daily behavior.

VCS 96

**Safe Country (CCI) 1990**

Testimonials & supporting safety tips dramatizing the hazard associated with agricultural equipment.

VCS 97

**John Deere Consolidated Safety Video (JDC) 80 min**

Eleven segments on farm equipment safety.

VCS 98

**Helmet Laws (IIHS) 1991 8 min**

Illustrates the consequences of riding without a helmet.

VCS 99

**Railroading: A Way of Life (UPRR) 31 min**

Complexities of operating around the clock. When schedules change, so must your body’s biological clock.

VCS 101

**Hand Tool Safety In The Workplace (ENT) 1992 29 min**

Explains the proper use of hand tools and how to use them safely.

VCS 103

**A Matter Of Seconds (IMC) 1986 8 min**

Time is the important factor in head and spinal injuries.

VCS 104

**Success At The Top (AGC) 15 min**

Explains proper procedures for stairway and ladder safety.

VCS 105

**Oxy-Fuel Safety- It's Up To You (VEC) 30 min**

Safety precautions to use when welding.

VCS 107

**The Story of a Pipe Fitter (UPRR) 9 min**

A comical look at the life of a waste facility installer and the joys of his job.

VCS 109

**Wash Your Hands (CVC) 1985 30 min**

Big Bird and the kids from Sesame Street talk about the importance of cleanliness.

VCS 110

**Overview of Bloodborne Pathogens (LIP) 1992 19 min**

Reviews the BBP standard for health care facilities.

VCS 111

**Office Ergonomics (LIP) 1992**

Provides basic education on adjusting your workplace for the least amount of stress.

VCS 112

**Right To Know-Cleaning And Maintenance Personnel (LIP) 1992 32 min**

What all maintenance personnel should know about hazardous chemicals.

VCS 113

**Working Safely With Corrosives & Irritants (LIP) 1992 11 min**

Explains the precautions when working with corrosive and irritant chemicals.

VCS 114

**Eye Care Safety (LIP) 1992 14 min**

Shows examples of proper eye care protection.

VCS 115

**Bicycle Safety Camp (TIPP) 1989 25 min**

Teaches grade school children from ages 5 to 9 to "ride safe and love it."

VCS 116

**Youth Safety Seminar (GSAS) 198**

Highlights from the 1987 Greater San Antonio Safety Seminar.

VCS 117

**Going Riding (S&A) 21 min**

Buckle Bear helps teach kids the importance of buckling up.

VCS 119

**As It Should Be Done: Workplace Precautions Against (NAVC) 1992 24 min**

Overview by OSHA on the procedures to follow for Bloodborne Pathogens.

VCS 120

**Avoiding Collisions (LM) 16 min**

How to survive the teenage driving years.

VCS 124

**Home Asbestos Inspection (ME)**

Explains how to inspect and analyze asbestos samples from your home.

VCS 126

**Basic Electrical Safety On The Jobsite On The Jobsite (DBP) 11 min**

Provides the basics in electricity.

VCS 127

**Preventing Injury Incidents (DBP) 1992 10 mi**

Explains how accidents are caused by unsafe acts.

VCS 128

**Housekeeping On The Jobsite (DBP) 10 min**

Covers basic housekeeping duties and their importance.

VCS 129

**Ladder Safety In Construction (DBP) 5 min**

Gives an overview of ladder safety.

VCS 130

**Caught In Time: Fall Protection In The Construction Industry (AGC)**

Assists in identifying hazards in fixed positions, and personal fall protection, positioning device systems & safety monitoring systems.

VCS 132

**Hand & Power Tool Safety (DBP) 14 min**

Overview of hand tool safety and the importance of proper procedures.

VCS 133

**Powder Actuated Tools (DBP) 10 min**

The importance of knowing how to operate & the precautions that should be taken.

VCS 134

**OSHA At Work (WEVP) 10\91 22 min**

Basic overview of what OSHA does and why.

VCS 135

**Ride of Your Life (GMC) 22 min**

Defensive driving techniques, are you responsible.

VCS 136

**Clearing The Air: Confined Space Entry (AGC) 22 min**

Stresses the importance of testing air before entering a confined space.

VCS 137

**Hazardous Energy Source Lockout/Tagout (DBP) 1990 13 min**

Explains the different type of energy sources.

VCS 138

**Confined Space Entry (DBP) 1992 11 min**

Gives basic understanding of potential hazards.

VCS 139

**Personal Protective Equipment (DBP) 7 min**

Protecting your health & safety on the job through use of PPE.

VCS 140

**Eye Protection Construction (DBP) 11 min**

Stresses the importance of safety glasses and goggles.

VCS 141

**Health Factors In Welding Operations (DBP) 30 min**

Health factors that affect the welding industry.

VCS 142

**Vehicle Safety-Driving On The Road (DBP) 17 min**

Safe driving on the highway for both cars and trucks.

VCS 143

**Lifting Safely In Construction (DBP) 10 min**

Proper lifting techniques.

VCS 144

**Slips & Falls In Construction (DBP) 9 min**

Educates on how to prevent these accidents in construction.

VCS 145

**Safety Guidelines For Frame Scaffolds (DBP) 19 min**

The safety guideline to building and working around scaffolds.

VCS 148

**Gas Welding And Cutting Safety Factors (DBP) 10 min**

Safety and personal protective procedures.

VCS 151

**Fire Extinguisher Training (DBP) 1992 10 min**

The four types of extinguishers and important basic information.

VCS 152

**How To Fit Test Respirators (DBP) 10 min**

Teaches the proper technique to fit respirators.

VCS 153

**Respiratory Protection (DBP) 10 min**

The importance of the use of respirators.

VCS 154

**Preventing Back Injuries (DBP) 6 min**

Some simple techniques to prevent back injuries.

VCS 155

**Hearing Conservation Construction (DBP) 1991 12 min**

Explains how to prevent hearing loss on construction sites.

VCS 156

**Scaffold Safety (DBP) 8 min**

The importance of proper training and basic safety skills.

VCS 157

**General Safe Work Practices In Construction (DBP) 10 min**

Demonstrates what happens when you don't take safety seriously.

VCS 158

**Testing & Monitoring For Hazardous Gases (DBP) 14 min**

Explains the importance of testing for potential hazards before entering confined spaces.

VCS 159

**Accidents - "It Can't Happen To Me!" (DBP) 8 min**

Accident prevention is each person's responsibility.

VCS 160

**Using and Handling Compressed Gas Cylinders (DBP) 9 min**

Explains the different types of gases & safety precautions.

VCS 161

**Handling & Using Flammable Liquids (DBP) 10 min**

Explains flash points, flammable range and auto ignition temperatures.

VCS 162

**Bonding & Grounding Flammable Liquids (DBP) 9 min**

Reducing the affects of static electricity when dispensing flammable liquids.

VCS 163

**Stretch & Flex (TABS) 28 min**

The importance of warming up before working. Exercises to reduce injuries.

VCS 164

**Storing Compressed Gas Cylinders Safely (DBP) 10 min**

Extreme caution must be taken when using and proper storage is required.

VCS 165

**Alcoholism In The Workplace (DBP) 7 min**

How alcohol can affect work, home and community.

VCS 166

**Safety Is Your Responsibility (DBP) 1992 13 min**

It makes sense to maintain a safe workplace and reduce health risks.

VCS 167

**Crane Operator Safety (DBP) 1992 14 min**

The importance of maintaining and checking equipment before use.

VCS 168

**Arc Welding Safety (DBP) 11 min**

Basic safety measures and the importance of proper use.

VCS 169

**General Office Safety (DBP) 10 min**

There is no job that cannot be performed safely.

VCS 170

**Call Before You Dig Anything (DBP) 10 mi**

How to prevent problems before digging.

VCS 171

**Backhoe/Loader Operations (DBP) 1992 8 min**

Explains the operator check list and safety procedures to operate.

VCS 172

**Scenarios For Self Defense-Your Early Options (BPS) 1989 45 min**

How to determine your options in defending yourself.

VCS 173

**Scenarios For Self Defense-When An Acquaintance Becomes An Assailant (BPS) 1989 45 min**

How to defend yourself when an assailant is someone you know.

VCS 174

**Scenarios For Self Defense-Practical Physical Resistance (BPS) 1989 45 min**

Things your mother never taught you about self defense.

VCS 175

**Grade Crossing Safety (UPRR/OL) 26 min**

Reminds drivers of the danger inherent at highway/rail crossings & proper precautions.

VCS 176

**Why Wait? (UPRR/OL) 24 min**

The cause of car-train collisions. Program for students.

VCS 177

**Sly Fox & Birdie (UPRR) 1992 10 min**

Teaches children safety around trains and tracks.

VCS 178

**Crash Course On Safety Belts (NHTS) 1992 6 min**

Demonstrates three types of crashes & the importance of seat belts & child restraints.

VCS 179

**Trenching & Shoring (DBP) 12 min**

Demonstrates planning and following through to protect employees and the public.

VCS 181

**Stress Relief: The Heimlich Method (AIMS) 1992 18 min**

Explains techniques and helpful tips.

VCS 182

**Handling & Transporting Hazardous Material Safely (AIMS) 1992 27 min**

DOT's HM126F regulation, general awareness training: Handling & transporting hazardous material safely.

VCS 183

***The Nebraska School Bus Safety Program (NOHS) 12 min***

The object is to cultivate conscientious, safety-minded school bus passengers.

VCS 184

***Lock-Out/Tag-Out (AIMS) 1992 17 min***

Training for the OSHA Energy Control Plan Standard.

VCS 185

***Hazardbuster (LCDR) 17 min***

The Hazard Communication program in Spanish.

VCS 187

***The Safety Committee: Problem or Solution (ITS) 1994***

Explains purpose, techniques, employee benefit, functions, meeting agendas, and describes ways companies save money through safety committees.

VCS 189

***Computer Fitness (ITS) 1992***

How to work comfortably, productively, and safely with computers.

VCS 191

***Back With a Vengeance (CVM) 15 min***

Recent case histories and information on workplace violence.

VCS 192

***Driving With Care (BC) 20 min***

Spanish version of defensive driving.

VCS 193

***Winter Dangers (AIMS) 16 min***

Designed to educate all ages about dangers of frostbite and hypothermia including prevention, symptoms, and first aid treatment.

VCS 194

***Our Program (UPRR) 25 min***

Operation Red Block - Outdoors and away from home employees need to be fit, and free from drugs and alcohol.

VCS 195

***Confined Space Entry (AIMS) 29 min***

Explains how to define, identify training & permit requirements & authorized entry.

VCS 196

***Van & Truck Driving (AIMS) 23 min***

Develops safe, professional drivers through fundamentals of pro-driving procedures.

VCS 197

***Truck Driving: Controlling Skids (AIMS) 17 min***

How to avoid skids, handle front-wheel, trailer-wheel, and drive-axle skids, proven recovery.

VCS 198

**Success at the Top: Stairway Ladder Safety For the Construction Industry (AGC)**

General and specific ladder safety and regulations.

VCS 199

**Seat Belts and the Family (AMA & GM) 15 min**

Discusses seat belts and pregnant women, buckling up infants and children, safety and common fears, and careful drivers and accidents.

VCS 200

**Tough Target (ABC) 30 min**

Detailed look at Workplace Violence and the effects on employers and employees.

VCS 201

**Safety Is ...No Accident (CAT) 15 min**

Safety awareness for heavy equipment mechanics.

VCS 202

**OSHA Inspection: Overcoming the Fear (CV) 22 min**

Dramatized OSHA inspection in manufacturing setting. Information and insight on Federal inspection process.

VCS 203

**"Hey Do I Need A Cigarette! (KMC) 18 min**

Fully animated program designed to give smokers and nonsmokers second thoughts about risk factors about smoking.

VCS 204

**Group Dynamics/Team Building for Your Safety Committees (Jeanne Baer, Creative Communications) 150 min**

Learn how to appreciate contributions of diverse personalities, make problem solving sessions innovative & productive, and how to work through most common team problems. 1994 EXPO

VCS 205

**Worksite Violence (Susan Fox, OSHA, John Campbell, FBI, Tom McMahon, US Postal Service 1994 EXPO 150 min**

Learn what regulators think plus facility security, employee/customer behavior characteristics, emergency response, and personal protection programs.

VCS 206

**Omnibus Transportation Act and Drug & Alcohol Testing (Donna Smith, US Department of Transportation) 1994 EXPO 150 min**

Discusses new alcohol & drug regulations, required tests, consequences, and record keeping requirements included in final rule and procedures expanding and supplementing alcohol & drug testing programs under Omnibus Transportation Act of 1991.

VCS 207

**Minimizing Hazardous Waste and Reducing Occupational Risks in the Workplace (Michael Harris and Paul Johnson, HDR Engineering) 1994 EXPO 80 min**

Learn successful ideas to apply to the risks in management of hazardous and toxic wastes.

VCS 208

**How to Control Claims & Litigation That Deal With Workers' Comp (Mel Hansen, Hansen Engles & Locher, Rodney Rehm, P.C., William Lamson, Kennedy Holland Delacy & Svoboda) 1994 EXPO 80 min**

Debate format, which brings forward issues and answer to help your organization.

VCS 209

**Discipline... a Constructive Learning Tool! (Sandra Jaros, Nashua, Jim Ressegieu, Peoples Gas, Kent Schroeder, Natural Oriental Trading Company, Dave Wentworth, Products Unlimited) 1994 EXPO 50 min**

What is discipline, who is the disciplinarian, where do coaching and counseling fit.

VCS 210

**Cumulative Trauma Disorders A Medical Nightmare (Dr. Howard Sandler, Sandler Occupational Medical Assoc.) 1994 EXPO 50 min**

Identifies potential controversies posed by proposed ergonomics standard and offers advice to identify, prevent, and manage costs and worker morbidity associated with CTD's.

VCS 210

**Musculoskeletal Support Devices: Panacea, Placebo, Devices, or Pathogen? (Dr. Howard Sandler) 1994 EXPO 50 min**

Addresses the present state of the art of surrounding the proper and appropriate use of MSD's, as well as the preliminary results of an ongoing study on a large warehouse population employing back supports.

VCS 211

**Workplace Safety and Health and the ADA (R.J. Stevenson, Baird, Holm, McEachen, Pederson, Hamann & Strasheim) 1994 EXPO 50 min**

Focuses on ADA & relationship between workers comp 50 laws, medical examinations and inquiries, the EEOC's new policy guidance on the ADA and health insurance, and issues that must be considered when considering disabled applicant.

VCS 211

**Award Winning Safety Program! Arvada, Colorado (Debbie Muenchow, City of Arvada) 1994 EXPO 50 min**

Learn about guaranteed ways to lower workers comp costs and accident rates and gain upper management recognition through different programs.

VCS 212

**Diversity and the Communication Gaps! (Beverly Cavanaugh, Improvements Plus, John Hauser, UNMC, Kathleen Krantz, Greater Omaha Packing Company, Melissa Johnson, US Army Corps of Engineers) 1994 EXPO 50 min**

Signals and clues to watch for as well as plans, successes and failures with problems that arise from diversity.

VCS 212

**Pay-For-Performance and its Effects on Safety! Less than half industry (Richard Sabo, Lincoln Electric Company) 1994 EXPO 50 min**

Learn how pay-for-performance affects safety in their plants. Their SIC rate is average.

VCS 213

***The Environmental Arena (Randolph Wood, Nebraska Department of Environmental Quality) 1994 EXPO 50 min***

Discusses proposed regulatory education program, technical assistance opportunities and update on SARA Title 3.

VCS 213

***Tips on How to Develop A Written Safety & Health Program (Dave Stolp, Safety & Health Council of Greater Omaha) 1994 EXPO 50 min***

Learn a variety of strategies and resources for writing your own safety & health program.

VCS 214

***It's a Matter of YOUR Safety (SD) 1994 11 min***

Safety video for Lockout/Tagout in high voltage situations.

VCS 215

***On Country Roads (NAFC) 17 min***

Provides training for driving on rural roads. Points out driving hazards and stresses seat belt safety and training.

VCS 216

***The Dirty Dozen (CV) 1994 16 min***

A detailed look at OSHA's top twelve safety and health violations with breakdown and description of each.

VCS 217

***Bomb Threat Management (ATF) 18 min***

Depicts bomb threats & common sense approach to reactions and search techniques.

VCS 218

***Portable Hand Tools (ITS) 1995 8 min.***

Tool safety including inspection, carrying, handling, job/tool design, and storage.

VCS 219

***Hand and Finger Injuries (ITS) 1995 9 min***

First aid tips including importance of knowing your limits, response time and training.

VCS 220

***Electromagnetic Field Awareness (ITS) 1995 5 min***

Do you know the potential dangers when working with or around electrical equipment.

VCS 221

***Stress in the Workplace (ITS) 1995 8 min***

Tips on how to deal with workplace stress.

VCS 222

***Handling Hazardous Materials (ITS) 1995 6 min***

Safety tips including required training, chemical knowledge, and precautions to follow.

VCS 224

***Compressed Gas Cylinders (ITS) 1995 5 min***

Safety precautions when working with or around compressed gas cylinders.

VCS 225

**Machine Guarding (ITS) 1995 6 min**

Learn the why's and how's of machine guarding.

VCS 226

**Take Home Toxics (ITS) 1995 6 min**

If you don't follow precautions at work you could be taking toxic materials home.

VCS 227

**Waste Minimization (ITS) 1995 7 min**

Good waste minimization strategies benefit everyone.

VCS 228

**Why Permits Are Important (ITS) 1995 9 min**

Know the dangers, accountability, responsibility, and procedures when doing confined space work requiring permits.

VCS 229

**Forklift Safety (ITS) 1995 11 min**

Safety steps that must be taken before operating a forklift.

VCS 230

**Cold Stress (ITS) 1995 8 min**

Safety precautions when working in cold conditions.

VCS 231

**Welding and Cutting (ITS) 1995 8 min**

Learn the dangers associated with welding and cutting.

VCS 232

**Respiratory Protection (ITS) 1995 7 min**

Details respiratory protection and importance of job fit and respirator fit.

VCS 233

**Electrical Hazards (ITS) 1995 5 min**

Safety precautions when working with or around high and low voltage electrical equipment.

VCS 234

**Safe Lifting (ITS) 1995 8 min**

Fourteen steps to correct lifting.

VCS 235

**Lockout/Tagout: The Basics (ITS) 1995 10 min**

Safety watch when working on or around locked out or tagged out equipment.

VCS 236

**Fire Safety Extinguishers (ITS) 1995 7 min**

Safety precautions and considerations when preparing to use and using a fire extinguisher.

VCS 237

**Fire Safety Review (ITS) 1995 8 min**

Know what to do if there is a fire including monitoring, evacuation, responsibility, and practice techniques.

VCS 240

**HAZCOM Review (ITS) 1995 7 min**

Learn how to work with chemicals, reduce harm, protective measures, and how to write your company's HAZCOM program.

VCS 241

**Electrical Hazards: Common Mistakes (ITS) 1995 6 min**

Treat electricity with respect and understand the importance of adequate insulation and grounding.

VCS 242

**Foot Protection (ITS) 1995 8 min**

Things to consider when selecting or considering foot protection.

VCS 243

**Hazard Recognition (ITS) 1995 8 min**

Learn how to perform your job safely and correctly.

VCS 244

**Lockout/Tagout (ITS) 1995 9 min**

Some safety issues when dealing with lockout/tagout.

VCS 246

**Heat Stress (ITS) 1995 8 min**

Signs to look for and steps to take when working in heat to avoid heat stress.

VCS 247

**HAZCOM: Training (ITS) 1995 9 min**

Safety HAZCOM training video including chemical recognition, PPE, exposure and safe work practices.

VCS 248

**Industrial Ergonomics (ITS) 1995 7 min**

Cumulative trauma disorder injuries and their effects on the nervous system. Also, looks at the dangers of repetitive motion and how to make your job fit you.

VCS 249

**Ladder Safety (ITS) 1995 7 min**

Safety precautions when working with or on ladders.

VCS 250

**Grounds Keeping: Lawn Mower Safety (ITS) 1995 7 min**

Safety precautions when working with a lawn mower.

VCS 251

**Portable Power Tools (ITS) 1995 10 min**

Safety tips when working with portable tools including inspection, PPE, shields, and lockout/tagout.

VCS 252

**HAZCOM: Labels & MSDS's (ITS) 1995 8 min**

Safety alert when working with hazardous chemicals.

VCS 253

**Safe Driving (ITS) 1995 8 min**

Tips for motor vehicle safety including pre-driving checks, emergency preparedness, and vehicle care.

VCS 254

**Lead Awareness (ITS) 1995 10 min**

Safety alert when working with or around lead.

VCS 255

**Entering Confined Spaces (ITS) 1995 9 min**

Looks at safety regulations when entering confined spaces including planning, air monitoring, and the role of the attendant.

VCS 256

**Respiratory Maintenance (ITS) 1995 7 min**

Respirators are made to protect you from hazardous substances in the air. Know how to take care of them.

VCS 257

**Basic First Aid (ITS) 1995 6 min**

Protecting yourself and the injured person are the top priorities during a medical emergency. Safety tips to help in this situation.

VCS 258

**Hazardous Waste Awareness (ITS) 1995 6 min**

Understanding the properties of hazardous waste can help you deal with it correctly.

VCS 259

**Asbestos Awareness (ITS) 1995 10 min**

Asbestos removal requires special training, protective equipment and safety procedures.

VCS 260

**HAZMAT Spills: Are You Ready (ITS) 1995 7 min**

Chemical spills can become life threatening if not handled correctly. Each employee needs to know how to react to a chemical spill.

VCS 261

**Eye Protection (ITS) 1995 6 min**

Safety regulations and precautions regarding eye protection.

VCS 263

**Working in Confined Spaces (ITS) 1995 9 min**

Safety techniques when performing permit-required confined space work.

VCS 264

**Hearing Protection: HCP &PPE (ITS) 1995 11 min**

Ways to test noise levels and prevent noise-induced exposure.

VCS 265

**Hand Protection (ITS) 1995 7 min**

Hand protection including PPE, glove inspection and storage. Realize importance of hands.

VCS 266

**Electrical Safety Series: "Basic Principals of Electricity" (VTS) 1995 9 min**

Basic overview of electrical actions.

VCS 267

**Electrical Safety Series: "Safety Related Work Practices" (VTS) 1995 9 min**

Addresses the hazardous situations your employees are most likely to encounter.

VCS 268

**Electrical Safety Series: “Electrical Test Equipment” 6 min**

Covers basic safety information for employees who may be required to use these instruments.

VCS 269

**Home Air Care: Indoor Air & Your Health (AMA) 13 min**

Indoor air pollution should be treated very seriously. Learn the causes, health affects, and testing procedures.

VCS 270

**Electrical Safety for Care Personnel Health (LMEF) 1995 10 min**

Procedures to follow to assure equipment is safe for use in a health care facility. Areas addressed include electric hazards, equipment safety, and warning signs.

VCS 271

**Universal Precautions: “A Personal Priority” LMEF) 1995 20 min**

Health care safety addressing routine testing of patients, invasive and non-invasive procedures, disposal of sharps, CPR, housekeeping, laundry, and accidental exposure.

VCS 272

**Job Safety Analysis (SW) 1996 9 min**

What is Job Safety Analysis (JSA), how does it help plan work, identify hazards, avoid accidents, identify appropriate PPE, and provide a safer and better way to do a job.

VCS 273

**Warehouse Safety (SW) 1996 9 min**

Learn the standard operating procedures when using powered industrial trucks, storage and handling procedures for flammable materials, and how to inspect fire equipment.

VCS 274

**Protective Clothing (SW) 1996 12 min**

Discusses what type suits are needed and how to determine how much protection is required.

VCS 275

**Lockout/Tagout: A Life is on the Line (SW) 1996 7 min**

An overview of why and how to lock out energy sources, use and remove tags and PPE.

VCS 276

**Electrical Safety Series: “Common Violations of Electrical Standards” VTS) 1995 7 min**

A practical look at common violations of electrical standards.

VCS 277

**Traffic Safety (SW) 1996 9 min**

A basic overview of correct traffic procedures.

VCS 278

**Combating Stress (SW) 1996 11 min**

Shows how to use good stress management skills.

VCS 279

**Back Safety (SW) 1996 6 min**

Guidelines to follow when lifting and moving heavy objects.

VCS 280

***Ergonomics: Job Safety Analysis 16 min***

Discussion of how to ergonomically-design your office.

VCS 281

***Ready or Not: Talking With Kids About Alcohol (The Century Council) 30 min***

How to talk to teens about alcohol.

VCS 282

***American Heat: Fire Investigations (AH) 85 mi***

A training program for fire investigations.

VCS 283

***How to Conduct a Safety Meeting (UPRR) 1994 33 min***

Instructions on how to conduct a quality safety meeting.

VCS 284

***Fire Safety (UPRR) 1994 42 min***

Explains the correct procedures to follow in a fire emergency and also how to recognize fire hazards.

VCS 285

***Home Safety (UPRR) 1994 29 min***

How to make your home a safe one.

VCS 286

***Holiday Safety (UPRR) 1994 35 min***

A review of safety tips to remember during the busy holiday season.

VCS 287

***HAZCOM: Acids & Caustics (SW) April 1996 18 min***

Know and understand the chemical you work with; use of proper PPE.

VCS 288

***Groundskeeper Safety: Including Pesticides (SW) April 1996 12 min***

Overview of lawn equipment, pesticides, heat stress, PPE

VCS 289

***Proper Use of Compressed Air (SW) April 1996 8 min***

Reviews requirements for storing compressed air cylinders, tank and valve inspection.

VCS 290

***Highway Construction and Maintenance Safety (SW) April 1996***

Precautions when working around traffic hazards, flaggers, and warning signs.

VCS 293

***Heat Stress (SW) May 1996 10 min***

Overview of the signs and symptoms of heat stress; how to take corrective actions.

VCS 294

***Complete Line of Footwear (SW) May 1996 (SW) May 1996 9 min***

Shows how to select the appropriate work shoe based on the job and hazards.

VCS 295

***Elevated Work Safety (SW) June 1996 12 min***

Discussion of types of platforms, fall arrest systems, and rails.

VCS 296

***Creating the Safety Plan I (SW) June 1996 11 min***

Demonstrates how to create or improve your safety plan; focus on behavior patterns of employees.

VCS 297

***Machine Shop Safety (SW) June 1996***

Covers job hazards, safe work practices, PPE, good housekeeping practices.

VCS 298

***Recreational Safety (SW) June 1996 14 min***

Stresses the need to recognize potential hazards associated with recreational activities.

VCS 299

***Creating the Safety Plan II (SW) July 1996 12 min***

Explains the essential areas of a safety plan: the safety meeting, employee behavior, and functional committees.

VCS 300

***Lab Safety for Non-Lab Personnel (SW) July 1996 12 min***

Safety procedures for a lab setting: chemical contact, spills, clean-up.

VCS 301

***Violence in the Workplace, I (SW) July 1996 16 min***

Describes types of violence, activities, and traits that lead to violence.

VCS 302

***Violence in the Workplace, II (SW) Aug 1996 8 min***

Explains emergency assistance numbers, security guards, panic buttons, etc.

VCS 303

***Welding and Cutting Safety (SW) Aug 1996 10 min***

Covers PPE, hazardous materials, MSDS, and emergency procedures.

VCS 304

***Fire Hazard Recognition (SW) Aug 1996 8 min***

Demonstrates fire warning systems, equipment; fire prevention programs.

VCS 305

***Driving Safety (SW) Aug 1996 13 min***

Learn four strategies that make for a safe company driver.

VCS 306

***Fire Safety in the Home (SW) Sept. 1996 13 min***

Discusses types of fire detectors, escapes plans; PASS technique for extinguishers.

VCS 307

***Hazard Alert :Fire Extinguisher (SW) Sept. 1996 8 min***

Complete guidelines for operation of fire extinguisher.

VCS 308

***Air Monitoring: The Purpose (SW) Sept. 1996 13 min***

Explains the purpose of air monitoring, and when it should be conducted. Also, proper air monitoring reduces needless health risks to workers.

VCS 309

***Bicycle Safety in Plants and Facilities (SW) Sept. 1996 9 min***

Shows proper use of warning gear, hand signals, and bike maintenance. Staying focused on the biking task, and its surroundings protect the rider, other people and goods.

VCS 310

***Coaching Safe Behavior Part 1 (SW) Sept. 1996 11 min***

Each person in the workplace should be responsible for safety, and they should assume ownership on the safety program. Points out primary reason for having a safety program, and shows the importance of why a post job safety assessment should be performed.

VCS 311

***Wheel of Misfortune/Grave Remarks (SW) Sept. 1996 9 min***

Reminds us accidents don't just happen they're caused by people, because we fail to do the necessary planning required for the job, and fail to carry out jobs at their prescribed levels.

VCS 312

***Personal Health & Fitness (SW) Sept. 1996 11 min***

Stresses the importance of diet & exercise, not only to become fit, but also, helps strengthen the mind and body connection, along with others.

VCS 313

***Custodial Staff Safety (SW) Oct 1996 11 min***

Basic guidelines to keep in mind when working with ladders. What to know and how to deal with conditions leading to slips, trips, and falls. Discusses importance of following proper safety procedures when working with chemical biological hazards.

VCS 314

***Defensive Driving (UPRR) Oct 1996 46 min***

Defines defensive driving and identifies a defensive driver. Explains a preventable collision, and the three major collision factors. Gives 3 steps in the DDC collision.

VCS 315

***Hunting Safety (UPRR) Nov 1996 41 min***

Goes through a number of different animals, which can be hunted. Explains what cautions and procedures to take depending on what you're hunting.

VCS 316

***Hunting Safety (UPRR) Nov 1996 41 min***

Goes through a number of different animals, which can be hunted. Explains what cautions and procedures to take depending on what you're hunting.

VCS 317

***Prevention of Most Common Accidents (SW) Nov 1996 11 min***

Reminds us, safety first! What kinds of things must happen for safety to work. We must accept that accidents are preventable and have known causes. Money not spent on accidents could be channeled to improve work conditions, salaries, etc.

VCS 318

***Coaching Safe Behavior: Part II (SW) Nov 1996 8 min***

One should be proud of a safe workplace. Awareness of one's own actions and others, will lead to correcting unsafe practices. It is important to ask safety questions regarding one's job.

VCS 319

***Bloodborne Pathogens: Part I (SW) Nov 1996 12 min***

Understanding of bloodborne pathogens. Know how you can become infected, and if you're not trained in first aid, what you can do to help.

VCS 320

***Choosing The Correct Respirator (SW) Nov 1996 11 min***

Respirators must be provided when the equipment is necessary for the health of the employee. Wear respirators properly when required by your employer, and make sure the respirator is appropriate to the hazard and the job.

VCS 321

***Crane Operation Safety (SW) Nov 1996 12 min***

To operate a crane, the operator must be qualified. The operator must operate the crane within designated work loads, boom angles, and attached rigging limits. The equipment must be inspected before you start a job, to make sure it meets operational requirements.

VCS 322

***Respirator Care & Use (SW) Nov 1996 9 min***

What the primary purpose of a respirator is. Make sure to wear the correct respirator for the job, and make sure it fits properly. Remember, a respirator can only be protected if it is properly selected, worn & cared for.

VCS 323

***Pneumatic & Hydraulic Tools (SW) Nov 1996 9 min***

Explains why you should only use a tool for the purpose it was designed, and to know the hazards associated with each tool. Discusses OSHA & ANSI standards on pneumatic and hydraulic tools.

VCS 324

***Bloodborne Pathogens: Part II (SW) Nov 1996***

Shows the importance of following universal precautions when dealing with potential bloodborne pathogens. Defines what BBP is, and points out that one cannot tell by looking at blood or bodily fluids if they are infectious.

VCS 325

***Dancing Alone (NEA) Dec 1996 11 min***

This is a true story! Accidental deaths will not only tragically end your life, it will leave a permanent emotional scar on your family and your loved ones for the rest of their lives!

VCS 326

***Our House (OPPD) Dec 1996***

Your home energy show!! Safety & how to avoid potential hazards around your home while making repairs & improvements. Energy efficient tips are given.

VCS 327

***Radon Doesn't Have To Be A Problem (NAHB) Dec 1996 12 min***

Discusses the health effects of radon, variables of it, and how to control it.

VCS 328

***Back Safety (SW) March 1996 6 min***

Discusses road management, and how to use it effectively by knowing where your vehicle is at all times in relation to other vehicles or road hazards. Reminds us how important seat belts use is.

VCS 329

***Workfit 2000 (TRT) July 1995 21 min***

Help Employee's & Supervisor's work in an injury free environment.

VCS 330

***What To Do When The Sky Starts Falling (St. Paul) Feb 1995***

Guide to emergency planning for the construction industry. Shows the steps of how to prevent accidents, and gives examples of these steps.

VCS 331

***The Ride of Your Life (WH) Feb 1995 20 min***

How important seat belts are no matter which type of vehicle you're traveling in. In this video, a race car driver discusses how important seat belts are, and compares a race car with a regular vehicle on the road.

VCS 332

***Head Protection (Bullard) 1995***

Head protection is a primary concern in America's workplace, but often overlooked. This video discusses how hard hats work, how they are tested, how they are manufactured, and how they meet quality requirements.

VCS 334

***Getting Out Alive (TIB) March 1996 15 min***

Using step-by-step guidelines, this video shows employees to create and test their fire evacuation plan.

VCS 335

***Compliance Awareness For Managers & Supervisors (ITS) 1992 20 min***

Details responsibilities of managers and supervisors for safety and health programs. Overviews 15 regulatory issues; from EPA, to OSHA, to DOT.

VCS 336

***With Safety Everybody Wins (ITS) 1988 15 min***

Describes management and employee responsibilities for safety and health programs.

VCS 337

***Fire Extinguishers: First Line of Defense (ITS) 1987 16 min***

Reviews the types of fires (A,B,C,D) the chemistry of fire, extinguisher selection and proper use. The video gives very good examples of actually using each type of extinguishers.

VCS 338

***Me and My Back (ITS) 1988 22 mi***

Reviews back anatomy, the mechanics of lifting, and many good examples of proper lifting techniques. Also demonstrates several excellent back exercises.

VCS 339

***Drum and Other Small Spills (ITS) 1987 18 mi***

Shows how to control a drum or other small spill calmly, quickly and correctly.

VCS 340

***Decontamination (ITS) 1991 14 min***

An excellent video explaining the importance of decontamination, and showing all the steps involved to go from a hot zone to a cold zone.

VCS 341

***Sexual Harassment (ITS) 1989 27 min***

A review of the sexual harassment law and many examples of possible problems in the workplace.

VCS 342

***Don't Fall For It: Preventing Slips, Trips, and Falls (ITS) 1989 20 min***

Falls, Slips, and Trips are available. Learn and practice with common sense examples.

VCS 343

***Your Work & Your Health: A Role of Industrial Hygiene (ITS) 1990 16 min***

Industrial Hygiene, studying occupational health in the workplace. Hazards and risks are evaluated, recommendations provided, and solutions are followed.

VCS 344

***Don't Let Up: Anti-Lock Braking Systems (AAA) 199***

Contains footage of driver education students using ABS for the very first time. You will see these young drivers face simulated emergency situations.

VCS 346

***Baby Safe (CHP) 40 min***

Instruction on prevention of the leading causes of death for infants. Discusses child safety seats, performing the Heimlich maneuver, baby proofing your home, SIDS, and treatment of common childhood injuries.

VCS 347

***Are We There Yet?: Traveling Safely With Children. (GM) 11 min***

4 out of 5 car seats are used wrong. In this video, learn how to correctly use all types of child safety seats.

VCS 348

***Hidden Hazards In Your Home. (GAMA) 10 min***

William Shatner narrates, as you learn where hazards become unhidden in your house. Learn about storage of flammables, and preventing burns.

VCS 349

***Sparky's ABC's of Fire Safety. (NFPA) 8 min***

Sparky, the fire dog, teaches kids (5-9 years-old) safety techniques to prevent and escape fires.

VCS 350

**Scald Burn Prevention (NSK) 7 min**

Learn techniques on how to prevent burns, and what can happen when not followed.

VCS 351

**Jell-O In A Jar: Safe Kids-Cycle Smart. (BH) 7 min**

One kid's testimony for safe biking, by wearing a helmet and protective gear.

VCS 352

**Precious Cargo: Protecting The Children Who Ride With You. (GM) 15 min**

Instruction for safe and proper usage of child safety seats.

VCS 353

**Smoking at Work (ITS) 5 min**

Why it's important not to smoke on the job.

VCS 354

**Safety Belts: For Dummies or People? (GM) 8 min**

Demonstrates the benefits of wearing safety belts, and the proper way to use them.

VCS 354

**The Game of Your Life (GM) 18 min**

Demonstrates effects of alcohol on response time during driving.

VCS 356

**HAZWOPER (ITS) 9 min**

Hazardous waste operations program that helps identify what and where hazards are in your worksite and how to respond appropriately using signs and signals to help identify emergencies.

VCS 357

**Ergonomic Tools (ITS) 13 min**

Tom "The Toolman" Tyler and sidekick, Hal, discuss Ergonomics, Ergonomics tools, and risk assessment for CTP's (Cumulative Trauma Disorders).

VCS 358

**Contingency Training (ITS) 8 min**

Injuries and accidents are more common during the earliest stages of a new job. Learn ways to identify hazards and avoid injury & illnesses.

VCS 360

**Eyewash Showers and Stations (ITS) 8 min**

Learn what causes injury to eyes, ANSI standards for eyewash units, the various types of units available, and how to use them.

VCS 361

**Workplace Security (ITS) 11 min**

Understand purpose of photo IDs at work, and show how security measures help you and your co-workers

VCS 362

**Carpal Tunnel Syndrome (ITS) 9 min**

Defines CTS, shows how to recognize it, and gives a variety of exercises to prevent it.

VCS 363

***Medical Monitoring: How It Works. (ITS) 8 min***

How to maintain good health on and off the job. Describes an employment medical exam.

VCS 364

***Diet for Energy (ITS) 10 min***

Discusses why its necessary to have balance in your diet & exercise. Stresses repeated goal-setting & self-monitoring are the keys to a lifelong weight maintenance plan.

VCS 365

***The Importance of Safety (ITS) 10 min***

Safety is a function of every employee not just a of the organization or the Safety Department. Shows the importance of being aware of your general work environment & the regulations to create a safe workplace environment.

VCS 366

***Resource Conservation & Recovery Act (ITS) 10 min***

Discusses the difference between a characteristics & listed waste, and also, the requirements on small quantity generators, and the large quantity generators.

VCS 367

***Employee Performed Inspections (ITS) 10 min***

Employee participation is vital to ensure the successful implementation of safety programs for achieving reductions in injury rates.

VCS 368

***What ISO Standards Mean to Safety Managers (ITS) 10 min***

Defines ISO's, and shows how ISO's make life simpler by increasing reliability and effectiveness of goods and services. Increases greater awareness.

VCS 369

***The Supervisor's Role in Safety (ITS) 10 min***

Shows the importance for supervisors to lead-by-example. Describes some ways to communicate the importance of safety to employee. (Third part of a three part series, VCS 400 & VCS 401, part I & II.)

VCS 370

***Small Spills Clean-up (ITS) 20 min***

Describes who is responsible for formulating and signing off on a spill clean-up program, and what the purpose of a spill contingency plan entails.

VCS 371

***Proper Use of Compressed Air (ITS) 10 min***

Describes the two best methods of determining if a compressed air tank needs to be refurbished. Also, gives some basic considerations for storing compressed air cylinders, and what you should do when a cylinder is empty.

VCS 372

***Good Manufacturing Practices (Penn. State University) 14 min***

Focuses on the personal hygiene of food-manufacturing workers, and explores how poor hygiene habits can be responsible for the contamination of food in the manufacturing process.

VCS 373

**Worker's Compensation Fraud (ITS) 10 min**

How direct costs associated with worker injury & illness differ from indirect costs. Along with what conditions constitutes workers' compensation fraud.

VCS 374

**The Complete Line of Footwear (ITS) 10 min**

Discusses why safety footwear is so important in the work environment. Includes OSHA requirements on the use of safety footwear. Also shows how to select the appropriate type of work shoe based on the job and hazards.

VCS 375

**Welding & Cutting Safety (ITS) 10 min**

Focuses on knowing and understanding the hazards associated with the materials with which you work, and reviews the Material Safety Data Sheet associated with welding and cutting operations.

VCS 376

**Wheel of Misfortune and Grave Remarks (ITS) 10 min**

Reminds us accidents don't just happen they're caused by people, because we fail to do the necessary planning required for the job, and fail to carry out job plans at their prescribed levels.

VCS 378

**Portable Power Tools (ITS) 10 min**

Discusses the first things you should do before using a portable power tool, and what you should do if the tool is broken or not working properly.

VCS 379

**Lab Safety for Non-Lab Personnel (ITS) 10 min**

Addresses emergency procedures, and how to read labels on chemicals and follow their precautions. Shows what different categories hazards in a laboratory can be grouped in.

VCS 380

**Hazard Recognition (ITS) 8 min**

Defines what a hazard is, and gives an example of an unsafe condition, and an unsafe act. Stresses the importance to protect yourself from common hazards, and how to perform your job safely and correctly.

VCS 381

**Industrial Hygiene for Safety Managers (ITS) 5 min**

Discusses the terms: recognize, evaluate, and control. Explains why safety managers need to understand and trust work done by Industrial Hygienists.

VCS 383

**HAZWOPER: Awareness Level (ITS) 10 min**

Discusses the two levels of response to a hazardous substance emergency. Know when and how to call in an emergency. Also, defines hazardous substances.

VCS 384

**Pneumatic & Hydraulic Tools (ITS) 10 min**

Explains why you should only use a tool for the purpose it was designed, and to know the hazards associated with each tool. Discusses OSHA & ANSI standards on pneumatic and hydraulic tools.

VCS 385

***Personal Health & Fitness (ITS) 10 min***

Stresses the importance of diet & exercise, not only to become fit, but also, helps strengthen the mind and body connection, along with others.

VCS 386

***Hand, Wrist, & Finger Safety (ITS) 10 min***

Discusses causes of hand, finger, and wrist injuries. Explains what an "off-hand" injury is, and gives examples.

VCS 387

***Fire Hazard Recognition (ITS) 10 min***

Discusses ways to help reduce the risk of fire by identifying and correcting fire hazards conditions. The importance of having a fire prevention program.

VCS 388

***Hazard Alert: Fire Extinguishers (ITS) 10 min***

What steps you should take when you come across a fire. Explains four fire classes, and which extinguishers should be used.

VCS 389

***Elevated Work Safety (ITS) 10 min***

Precautions one should follow when working at elevated heights. Reminds workers to inspect guardrails, fall-restraint devices, and fall arrest systems before putting them to use. Stresses why a fall protection plan is important.

VCS 390

***Custodial Staff Safety (ITS) 10 min***

Basic guidelines to keep in mind when working with ladders. What to know and how to deal with conditions leading to slips, trips, and falls. Discusses importance of following proper safety procedures when working with chemical biological hazards.

VCS 391

***Chemical Emergency Preparedness & Procedures (ITS) 10 min***

Shows what to do when a spill happens. Stresses the importance of knowing what the chemical is & how it is to be cleaned up.

VCS 392

***Controlling High Blood Pressure (ITS) 10 min***

Two ways to control your high blood pressure area healthy diet, & regular exercise. Shows the importance of changing your life style, in order to have a healthy life-style.

VCS 393

***Common Toxicological Terms of an MSDS (ITS) 10 min***

Points out that not all exposures to chemical substances are harmful. The importance is knowing the degree of toxicity in each chemical.

VCS 394

***Asbestos: Awareness Exposure (ITS)***

The history of the use of asbestos. Shows why asbestos poses a health problem, and what we can do to protect ourselves from it.

VCS 395

**Personal Fall Protection (ITS) 1995 15 min**

Shows what equipment to use for personal fall protection, and how to use them. Stresses the importance of inspecting your equipment before each use.

VCS 396

**Protective Clothing (ITS) 1996 10 min**

Discusses different levels of protective suits, and how to decide which protection you need for your situation.

VCS 397

**Materials Handling and Storage (ITS) 1995 10 min**

Stresses the importance of always inspecting the designated storage area. PPE may be needed for some situations. Remember to follow good housekeeping practices, and proper storage techniques.

VCS 398

**PPE Electric (ITS) 1995 12 min**

Know and understand the procedures for doing your job correctly. Discusses some rules when using PPE in electrical work. What PPE is appropriate & inappropriate for electrical work.

VCS 399

**PPE: Just Put It On 1995 10 min**

What PPE stands for, and when people need to wear it. Discusses the different protection equipment, and how important it is to use the proper equipment for your specific job.

VCS 400

**Bloodborne Pathogens: What are They? (ITS) 1995 14 min**

Gives an overview of specific BBP, what they are and how they're transmitted. (First part of a three part series.)

VCS 402

**Preparing for the Cold & Flu Season (ITS) 1995 11 min**

The causes of colds and influenza, the different varieties of cold viruses, and the typical flu season. Discusses why its easier to get a cold working indoors. What people can do to reduce their chance of spreading a cold or flu.

VCS 404

**Work Surface Safety (ITS) 1995 6 min**

Explains why it's important to monitor the work surface around us. Everyday housekeeping is important to prevent accidents. If accidents do happen, some basic rules for dealing with work surface hazards are discussed.

VCS 405

**Back Safety (ITS) 1995 8 min**

Proper use of back belts begin before workers begin using them. Training is important regarding the use and misuse of belts. Also discusses the roles exercise programs play in back safety.

VCS 406

**Confined Space: Air Monitoring (ITS) 10 min**

When working in a confined space, it is important to mitigate continuous air monitoring practices. Reminds workers to follow permit required confined space work procedures, as set by OSHA & your company.

VCS 407

**Confined Spaces: Using Chemicals (ITS) 1995 9 min**

Informs a worker to take extra precautions when dealing with chemicals in confined spaces. Know the chemicals you are working with, or will be exposed to. Along with knowing how to handle the chemicals properly.

VCS 408

**Drug Use & Abuse (ITS) 1996 9 min**

Informs us what researchers say about drug abuse in the work environment. What each of us can do about a drug problem.

VCS 409

**Electrical Maintenance (ITS) 1995 10 min**

Discusses how to protect yourself while doing the electrical maintenance tasks, by using the correct tools and equipment.

VCS 410

**Fall Protection: The Basics (ITS) 1995 10 min**

What the purpose of fall protection is , and some devices which are intended to prevent falls and reduce injuries in a fall.

VCS 411

**Fire Prevention (ITS) 1995 16 min**

Describes the PASS method, when using a fire extinguishers. Shows the importance of a pre-fire plans, and notes some good components of a fire prevention program.

VCS 412

**CPR Review Program (ITS) 1995 10 min**

Explains the primary purpose of performing CPR. By using the “ABCs” you can determine if CPR is an appropriate course of action. Also informs viewers how long the body can survive without oxygen.

VCS 413

**Forklift Loading (ITS) 1995 7 min**

Explains the basic principles when loading and unloading a forklift, and gives some basic steps in picking up a load. Also, talks about how a forklift is like a tetter-totter.

VCS 414

**HAZWOPER (ITS) 1995 10 min**

Explains what the acronym HAZWOPER stands for. Also, what the primary duty of a First Responder is.

VCS 415

**Head Protection (ITS) 1995 7 min**

Discusses the different types of protective headgear, which provides different levels of protection, and different classes of protective headgear.

VCS 416

**Housekeeping for Safety (ITS) 1995 9 min**

Discusses the benefits of good housekeeping, and what’s all involved in it.

VCS 417

**Lockout/Tagout: Just Do It!” (ITS) 1995 9 min**

Discusses why its so important to follow lockout/tagout procedures, and what the major reason is for lo/to procedures. Also warns viewers what would happen to an organization if caught not following procedures.

VCS 418

***Machine Cutting, Grinding & Sanding (ITS) 1996 8 min***

Discusses precautions employees should follow when working with saws. What problems can result by resting a saw on the item to be cut.

VCS 419

***Making Healthy Choices: Safe & Healthy Lifestyles (ITS) 1995 14 min***

Points out some basic information that people can make healthier decisions about the food they eat, and the activities in which they participate.

VCS 420

***Under the Influence: Alcohol in the Workplace (ITS) 1995 8 min***

Discusses the negative effects of drinking alcohol on the job, and why even hangovers at work represent a safety concern.

VCS 421

***The Working Mom's Survival Guide (XEN) 1990***

Working moms are caught in a trap of trying to do it all. This video will help you sort through what's important and what's not. It talks about finding "Guilt Free" time, getting yourself organized, secrets to success with your mate, quality time with you children, and preventing stress and staying fit.

VCS 422

***BUTT OUT!: The Proven Quit Smoking Plan Quit Smoking Plan 35 min***

Nagging, guilt, and cold turkey are soundly defeated with this winning formula that guides you through resisting the urge and quitting smoking forever. It talks about getting ready to quit, eliminating triggers, coping effectively, best treatment options, and overcoming setbacks.

VCS 423

***Lead Exposure at Indoor Firing Range (LIA & NRA) 9 min***

Ways to manage types of airborne lead exposure that may be present at indoor firing range. Also gives symptoms of overexposure to lead. What precautions need to be taken if you are a manager, an employee, or a user of a range.

VCS 424

***Powerful Communication Skills (NPP) 1997 77 min***

Communicating is more difficult in today's fast-paced, technological world. It takes special skills to get people to listen to you—skills you will learn with Powerful Communication Skills. This dynamic program will help you identify the key elements of communicating and give you specific techniques for improving. You'll learn how to easily improve the way you communicate, and start reaping the rewards immediately!

VCS 425

***Listen Up: Hear What's Really Being Said (NPP) 1995 70 min***

This video will teach you powerful techniques to make you a more effective listener. When you use these strategies and techniques, you'll hear—and accomplish—more than ever before. At home and at work, the tools you'll learn will become your keys to unlimited potential and greater enthusiasm and confidence.

VCS 426

***Stress Management (NPP) 1995 79 min***

Learn to look at yourself in new ways. To rearrange your activities to fit your priorities—yourself, your job and your family—without adding stress. Get excited about life and you'll have more energy to do the things you really enjoy. You'll also learn 3 ways to communicate with yourself honestly and more effectively, 10 ways to manage stress, 5 ways to combat job stress, and lots more.

VCS 427

**Crash Course Safety Belts Part I 20 min**

Gives facts and stats if you're not wearing your seat belts. Discusses passenger restraint system and how to use it. Shows benefits of the seat belts and the air bag. Also, discusses the importance of using child safety seats.

Seat belts: An Additional Tool Part II

Police officers are more likely to get into an accident, so they should always wear their seat belts. Gives facts & stats on officer crashes.

VCS 428

**Get Out Alive (KETV) 9 min**

Julie Cornell and Rob McCarthy discuss the importance of knowing what to do in case of a fire. They take us inside a burning house, and show us how fast a fire can spread. Shows us some home hazards, which can cause a fire. Also, gives tips on what to do if we are ever in a fire.

VCS 429

**If Only (Aerial Lifts) (STS) Donated by OPPD 13 min**

Aerial lift safety! This program discusses safe operating procedures for aerial devices, including pre-operation inspection, work-site evaluation, common hazards, and safe work practices.

VCS 430

**Preventing Hantavirus Disease (CDC) 1994**

In this videotape people who have survived Hantavirus Disease describe what it is like to have this illness. Also, doctors and scientists who have had first hand experience discuss the most up to date facts covering the following topics: symptoms, transmission, risk factors, treatment, and prevention.

VCS 431

**America in Jeopardy: Drugs (CDC) 1994**

How drug usage affects not only us, but also those around us. In this video, a number of people explain what drugs did to their lives and the lives around them. Also show us what drugs actually do to our bodies.

VCS 432

**Accident Avoidance: No Injury, No Accident?**

Provides awareness of accidents waiting to happen and highlights the messages found in no-injury accidents. It motivates workers to report near misses and close calls before injuries occur.

VCS 433

**Uniform for Safety: Wearing Personal Protective Equipment 16 min**

This video examines the components that make up the protective equipment that keeps workers safe on the job. It outlines how an employer assesses the need for PPE based on the potential hazards in a facility.

VCS 434

**On the Road: The Lighter Side of Lifting 22 min**

Explains a better way to lift that stresses weight distribution, stance, and warming up and relaxing. It also motivates workers to think before they lift any object.

VCS 435

**Celebrate Living 5 min**

A short video using only words as suggestions for living a happy and rewarding life. These inspirational messages promote harmony, health and well-being. This video would be a good opening to a class or training session.

VCS 436

***The Hidden Danger: Low Water Crossings 10 min English Version***

This video begins with a short public service announcement and continues with a documentary on the hidden dangers of low water crossings.

VCS 437

***The Hidden Danger: Low Water Crossings 10 min Spanish Version***

VCS 438

***Employee Fall Protection 21 min***

Falls from any height can be dangerous. Describes different types of fall protection and the knowledge and care of those products.

VCS 439

***Cranes, Chains and Slings 5 min***

Discusses cranes and lifting devices and the operator's responsibility for checking devices and knowledge of proper use. It also touches on common safety hazard associated with these devices.

VCS 440

***Basic Electrical Safety on the Job Site 11 min***

A basic understanding of electricity and the different types. Gives reasons why all employees must use extra caution when using equipment and appliances.

VCS 441

***Hearing Conservation 12 min***

Awareness of the hazard of damage to your hearing. Discusses a three part program including: testing, training and protection.

VCS 442

***Backhoe/Loader Operations 8 min***

Provides general information on the operating procedures from pre-start up to shut down. Explains the operator check list and safety procedures to operate. It also discusses maintenance precautions as well as operating precautions.

VCS 443

***Arc Welding Safety 5 min***

Discusses the area, conditions and processes used in arc welding. Describes basic safety measures and the importance of proper use.

VCS 444

***The PRO System for Accident Free Backing (NSC) 23 min***

This video is designed to help new and experienced driver's through a company's biggest traffic problem ...BACKING incidents! (NETS)

VCS 445

***Live and Let Live (NSC) 13 min***

This video tells about how a celebration can turn into tragedy in the blink of an eye. It discusses the effects of drinking and driving on the family. (NETS)

VCS 446

***Snowplow Safety (NSC) 1995 23 min***

Zeros in on the safety aspects of driving with a snowplow. (NETS)

VCS 447

**Snowplow Safety: Parking Lots (NSC) 1996 19 min**

This video focuses on specific safety issues regarding the plowing of parking lots. (NETS)

VCS 448

**Driving in Bad Weather (AAA) 1994 9 min**

Using the setting of a television newscast, this video dramatizes the blinding effects of fog, dust, smoke, rain, snow, and ice. Stresses the need to slow down to maintain control or get off the road safely in adverse conditions. (NETS)

VCS 449

**Parking Safely (NSC) 1995 14 min**

There is more to parking a vehicle than simply pulling into a space, turning of the engine and closing the door behind you. In fact, parking can be just as hazardous as driving in traffic, since many drivers and pedestrians disregard all normal traffic laws once they arrive in the lot. This video refreshes drivers' parking skills. (NETS)

VCS 450

**Airbags and Children (DOT) 1996 10 min**

An urgent warning to motorists about the dangers of air bags interacting with unrestrained or incorrectly restrained children. Discusses the rear seat of a vehicle being the safest place for children to ride. (NETS)

VCS 451

**Entrance & Exit Ramps (ATA) 1991 3 min**

This video gives good basic information for highway and interstate driving on access ramps. It also gives special tips for safely negotiating access ramps. (NETS)

VCS 452

**Right Turns (ATA) 1991 4 min**

Describes proper methods for right hand turns, items to check and watch out for, and the main types of right hand turns. (NETS)

VCS 453

**Intersections (ATA) 1992 5 min**

Includes basic safety tips for driving through intersection and it covers several scenarios. (NETS)

VCS 454

**Stopping on Shoulders (ATA) 1992 4 min**

Describes the cautions for stopping and the actions to take such as checking the surface and how to pull over. It also discusses the actions to take one stopped and how to reenter traffic. (NETS)

VCS 455

**Following Distance (ATA) 1991 4 min**

This video covers the time and reference point to determine safe following distance. Also known as the second rule. (NETS)

VCS 456

**Lane Changes (ATA) 1991 3 min**

Discusses how to safely change lanes and the tips on turn signals, mirror view, speed and hazardous areas. (NETS)

VCS 457

***Supervisor's Role After an Accident (ATA) 1995 8 min***

This video covers an accident report form and/or kit contents. It discusses reporting the accident to the home office, the insurance company and the police, how to handle the media, and other steps to take. (NETS)

VCS 458

***Driving Light/Empty Loads (ATA) 1992 3 min***

Covers braking, following distance, road conditions, weather cautions, and clearance levels. (NETS)

VCS 459

***Establishing Safety Committees (ATA) 1995 3 min***

Describes 5 steps to take when setting up a safety committee and why each is necessary to meet goals. It also covers handbook design. (NETS)

VCS 460

***Speed Management (ATA) 1991 3 min***

Provides basic information for professional truck drivers. (NETS)

VCS 461

***A Way To Live (GM) 1994 17 min***

This video relates to risk-taking driving behavior, the trauma and lives lost caused by careless driving and a similarly careless lack of safety belt use. (NETS)

VCS 462

***Riding With Nothing But The Radio On (MSBC) 18 min***

In this motivational video, Sgt. Pete Collins, a 16-year veteran trooper with the Mississippi Highway Patrol, speaks out frankly about the senseless deaths from automobile crashes where safety belts would have made a difference. (NETS)

VCS 463

***In Control: America's Driving Reference (MI) 35 min***

Shows a wide range of simple but effective safe driving techniques that could save you from injury or death. You'll learn about the limits of your car and how to avoid a variety of everyday driving hazards. (NETS)

VCS 464

***The Ultimate Driving Challenge (GM) 48 min***

Hosted by Craig T. Nelson and Paula Zahn, this interactive program puts your driving safety skills to the test. Learn how to recognize risks, properly use anti-lock brake systems and more. (NETS)

VCS 465

***Heads Up At The Wheel: Home Safe (NSF) 11 min***

Discusses the dangers of driving while drowsy and steps to take to prevent driving drowsy as presented by the National Sleep Foundation. (NETS)

VCS 466

***Anhydrous Ammonia Incidents for Emergency Responders (OSU) 1999 30 min***

This video discusses safe and effective ways for dealing with anhydrous ammonia incidents in an outdoor setting.

VCS 467

***Drill Today - Survive Tomorrow: Disaster Preparedness for Schools (AABC) 1999 40 min***

Addresses behavior and procedures that will greatly increase your chance of surviving fire or tornado disasters in schools.

VCS 468

***Safe for Life (BRP) 1999 76 min***

This is a unique, fast paced, highly motivational, interactive presentation that will create a positive safety attitude. Using humor, audience participation and some very graphic slides from Billy Robins' own accident, your employees attitude toward safety will be changed.

VCS 470

***Driven To Extremes (NSC) 1999 10 min***

This is a new program designed to help individuals recognize the symptoms of aggressive driving in themselves and others. The easy-to-read 20-page booklet and 10-minute video can be used for self-study or in a one or two hour classroom program. The video features experts on aggressive driving and is ideal for safety meetings or as an "add-on" to other training courses.

VCS 471

***Sun Safety: A Growing Health Concern (NSC) 1999 11 min***

Developed with funding from the U.S. Environmental Protection Agency, this 11-minute video provides information on the health effects from overexposure to the sun, types of skin cancers, the UV index, and preventative sun safety practices.

VCS 472

***Get Real Jack (NSC) 13 min***

A poignant look at a truck driver who faces his drug addiction after almost killing a pedestrian and losing his family and friends.

VCS 473

***Drunk Driving: Real People, Real Tragedies (NSC) 1991 18 min***

Drivers will think twice about having one for the road with this real-life video. Victims and their families tell the stories of their tragedies in this taping of a DUI Victim Impact Panel in session.

VCS 474

***Asbestos Building Inspections (LIP) 1995 11 min***

Describes types of asbestos, RACM, friable and usage categories, qualifications for inspection, record keeping and more.

VCS 475

***Asbestos Cement Pipe Cutting (LIP) 1995 8 min***

Help your affected employees minimize their risk of exposure to this carcinogen. Describes health effects of asbestos, PPE, proper tool and water use for cutting, and hazardous waste disposal for scrap pipe.

VCS 476

***Battery Charging Safety (LIP) 1994 10 min***

Describes battery fluid hazards & exposure procedures, P.E., avoiding electrical hazards, moving batteries, and safe charging, maintenance & storage.

VCS 477

***Ladders, Poles & Scaffolds (LIP) 1989 15 min***

Covers essential rules for each. Ladders: choosing the right type, pre-use inspection, correct setup and climbing. Poles: inspection of PPE and pole, correct ascending and descending techniques. Scaffolds: maximum loads, guardrails and toeboards, use of safety belts, lifelines and safety nets, moving scaffolding.

VCS 478

**OSHA Injury & Illness Prevention (LIP) 1995 16 min**

More states are adopting laws requiring business to compile this prevention plan. Contains safety rules & standards, self inspection checklist, posting requirements, policies on safety committees and safety committees and safety coordinator, emergency preparedness, and job-specific hazards.

VCS 479

**Personal Protection Safety-Eye (LIP) 1997 9 min**

Help employees avoid eye injury with guidelines: Know the environment, guard against accidents, anticipate possible hazards, wear proper protective hear, perform effective first aid.

VCS 480

**Personal Protection Safety -Hand (LIP) 1997 9 min**

Remind employees how easy it is to injure their fingers, hands & wrists, and how to avoid harm: Hazard identification , glove types, the role of machine guards, rules for minimizing injury risk.

VCS 481

**Personal Protection Safety -Foot (LIP) 1997 9 min**

Discusses workplace hazards, which may result in foot injury, safety components of foot protection including steel toes, soles, etc.

VCS 482

**Propane Safety (LIP) 1994 11 min**

As the most common liquefied petroleum gas & a conventional forklift fuel, employees must understand safe use & handling of propane. Includes properties of propane, approved transport cylinders, proper use, refilling tanks & cylinders, and hazards of escaping propane

VCS 483

**Reducing Unsafe Acts of Office Employees (LIP) 1993 10 min**

85-95% of all accidents are caused by unsafe acts. Motivates employees to follow rules & job procedures, exercise good judgment, and associate the potential hazards to the job. Save \$\$\$\$ in injury costs!

VCS 484

**Safe Backing & Child Safety (LIP) 1995 10 min**

Backing accidents can be prevented! Through awareness & working without taking chances, your employees can have accident-free routes. Includes pre-trip inspection, role of helpers, industry backing signals, cone of visibility and child safety.

VCS 485

**Employee Safety for Retail (UP) 1995 16 min**

Highlights retail hazards including slips/fall hazards & avoiding them, broken glass, pins and scissors, cardboard. Cutter safety, ladder, stair & escalator safety, electrical and fire safety, safe stocking practices, accidents and emergencies.

VCS 486

**Spill Clean-Up Exercises (LIP) 1993 12 min**

Describes the importance of documentation, securing the scene, including evacuation & isolation, identifying hazards and information sources.

VCS 487

**Radiation Protection for Health Care (LIP) 1989 18 min**

Explains radiation & its health care uses, describes radiation hazards in the hospital, detection/measurement exposure, distance and shielding, and worker precautions and quality patient care.

VCS 488

***Hospital Fire Safety (LIP) 1980 23 min***

Shows efficient patient evacuation methods, covers the basic steps in preventing the spread of fire, and the proper choice and use of different types of fire extinguisher.

VCS 489

***Sanitation in Health Care Cafeterias (LIP) 1992 13 min***

Designed for employees working in cafeterias, including clean up personnel, dishwashers, food services, cooks and maintenance staff. Explains bacteria, food handling, cleaning/sanitizing and more.

VCS 490

***Framer Safety (LIP) 1994 16 min***

Excellent to introduce or review the common hazards on a jobsite. Includes P.E., Safety attitude, housekeeping, tool safety, electrical safety, ladder use, doing work on the ground@, forklifts, lifting, setting columns/walls, machine guarding, awareness of other trades and more.

VCS 491

***Framer Safety - Spanish***

VCS 492

***Right -To-Know: Custodians/Maintenance (LIP) 1996 10 min***

Instruct employees on chemicals including household/industrial chemicals & hazards, labeling, following directions, chemical signs, MODS, avoiding overuse or mixing of chemicals.

VCS 493

***Maintenance Person Safety (LIP) 1993 13 min***

Specifically for maintenance persons. Fulfills OSHA training requirements including hazardous materials, electrical and fire safety, P.E., machine guarding and other required training subjects.

VCS 495

***Preventing Injury Accidents (LIP) 1996 11 min***

85-98% of all construction accidents are caused in whole or part by the unsafe acts and how they contribute to accidents. Explains the concept of unsafe acts and how they contribute to accidents, investigating and documenting unsafe acts for future prevention purposes, and the importance of thinking safety.

VCS 496

***Preventing Injury Accidents (Spanish Version)***

VCS 497

***Orientation - Donning, Doffing, Decontamination (LIP) 14 min***

Describes the importance of establishing and practicing a routine for use of encapsulating suits and emergency decontamination. Donning: preparation for & order of dressing, including advice for tall & short users. Doffing: preventing contamination from outer surfaces when undressing. Decontamination: general guidance and factors in choosing equipment

VCS 498

***Sexual Harassment -Serious Business (LIP) 1996 25 min***

Sexual harassment is serious business for any company. This video describes the different types of sexual harassment that occur in the workplace, as well as its Negative effects. It also teaches employees how to address harassment when it occurs.

VCS 499

***Critical Incident Response Training - For Schools (FDE) 1999 45 min***

This video was developed by the Florida Department of Education for use as a training tool to provoke thought and help critical response teams in the schools prepare for crisis situations. Two dramatic scenarios at schools take place, Intruder on Campus and Toxic Chemical Spill on the Bus. After each there is an opportunity for those viewing to critique the scenes followed by expert discussion. The incidents are viewed from the perspective of law enforcement, principal and school psychologist.

VCS 500

***Road Rage [edited version] (UPRR) 42 min.***

Teaches ways to control your behavior when faced with the irrational behavior of road rage.

VCS 501

***Basics of Ergonomics (BNA Communications, Inc.) 9 min***

Ergonomics is the process of taking a new look at your workplace and incorporating change by eliminating and improving, repositioning and taking a look at new ideas and a new way of doing things. These steps are looked at to make your job a safe and comfortable environment.

VCS 502

***Office Ergonomics***

This video talks about the risk factors and how to prevent the wear and tear on our bodies at work.

VCS 503

***Counter Attactics: Be Aware, Be Prepared [Endorsed and Recommended by Police Chiefs and Police Depts.]***

A complete self-defense program for men and women of all ages. This video is designed to decrease your risk of becoming a statistic. You will learn to train your mind and body.

VCS 504

***Forklift Operations: Carry the Load [Spanish] (Coastal Intl.) 20 min.***

The basics of forklift training done in Spanish.

VCS 505

***Some Laws Can't Be Broken (NSC)***

Addresses the issue of occupant restraint and vehicle safety systems. (I.e. seat belts, anti-lock brakes, air bags, etc.)

VCS 506

***Taming the Winter Road (NSC)***

Discusses winter driving hazards the professional truck driver encounters. It presents useful information you can use to prevent collisions and other situations that can cause costly slowdowns.

VCS 507

***Low Visibility and Driving***

Addresses problems caused by weather conditions such as fog, snow, rain and bright sun, and other factors not usually covered in traditional driver safety classes, including: objects within the vehicle, night driving, tunnels, "blinding" spray from passing vehicles, the effects of shadows, and dealing with oversized vehicles.

VCS 508

***Diana's Last Message (NSC) 10 min.***

This attention-grabbing video drives home the point that safety belts and air bags save lives.

VCS 509

***SEA-J Special Report: Disaster Preparedness (Coastal) 20 min.***

This video offers three (3) brief video training segments that address Emergency Action Plans, Fire Drills, and Package Bombs.

VCS 510

**Terrorism: Biological Weapons – 29 min.**

Designed for fire departments, EMS, law enforcement, and emergency management personnel. This video is a training resource for those most likely to respond to incidents involving suspected biological agents. Topics covered include: How biological agents work; Key indicators of a biological release; Self-protective measures for responders; Categories of biological agents; Identifying the agent involved; Decon and quarantine; and Securing the scene.

VCS 511

**Terrorism: 1<sup>st</sup> Response**

Designed for law enforcement, fire departments, EMS, and emergency management personnel, this video is a training resource for those most likely to be first on the scene of a suspected terrorist attack. It provides guidelines for those responders who must make the first critical decisions before federal agencies arrive for support. Topics covered include: Key indicators of a biological release; Categories of biological agents; identifying the agent involved; Decon and quarantine; and Securing the scene.

VCS 512

**Terrorism: Chemical Weapons – 26 min.**

Designed for fire departments, EMS, law enforcement, and emergency management personnel, this video is a training resource for those most likely to respond to incidents involving suspected chemical agents. Topics covered include: Categories of chemical agents; Toxicology and symptoms of exposure; Weaponization and dissemination; Self-protective measures for responders; Identifying the agent involved; Managing casualties; decontamination and ventilation; and Incident command.

VCS 513

**Response to Anthrax Threats – 25 min.**

Although most anthrax threats prove to be hoaxes, it is important for emergency responders to know how to measure their response to meet the threat. This information packed program discusses the most common types of anthrax threats and outlines appropriate response procedures for each. Topics covered include: Symptoms of anthrax exposure; Notifying the FBI: Guidelines for calling the fire department & hazmat team: use of hazmat protocols; Managing evidence; Treating victims; Dealing with the 'worries well'; and Cleanup.

VCS 514

**Shiftwork: Circadian Survival – 20 min.**

If your organization runs more than one shift, this program is for you! Circadian rhythms regulate the body's internal clock and deviating from the "internal programming" can often be difficult for workers. Teach them how to adjust and minimize difficulties, especially safety-related concerns with this important video.

VCS 515

**Emergency Evacuation: Getting Out Alive – 16 min.**

When faced with an emergency situation, the chances of survival increase a great deal with adequate training, preparation, and an emergency action plan. Make sure that your employees are prepared to handle any disaster – natural or otherwise. This video illustrates how to respond in several emergency situations and the importance of drills.

VCS 516

**Indoor Air Report: Breathe Easy – 15 min.**

OSHA estimates that about 21 million employees are exposed to IAQ problems in the workplace. This special report will help employees understand what affects the quality of the air they breathe. You'll learn ways of recognizing and measuring air contaminants and about the effects of contaminated indoor air. This video gives tips on how to improve indoor air quality.

VCS 517

**Back Safety: Lift Well, Live Well – 14 min.**

This video was developed to teach workers how to guard against injuries by understanding how their backs function and practicing safe lifting techniques.

VCS 518

**One in 5.7 Million (ITS) 10 min.**

Thought provoking video as Ken Woodward tells his story of being blinded in a hazardous chemical explosion at work. He talks about how losing his sight affected him and also how it affected his family.

VCS 519

**Portable Fire Extinguishers (Spanish ) Coastal 14 min.**

VCS 520

**Eye Safety – Construction (NSC) 10 min.**

Promotes the use of proper eye protection to prevent eye injuries on the job. Also, helpful hints about what to do when eye accidents occur.

VCS 521

**Falls – Construction (NSC) 10 min.**

Helps increase awareness of hazardous situations where falls can occur. Shows how to avoid accidents due to falls, and what to do if a fall occurs. Also, explains the proper use of ladders and scaffolds.

VCS 522

**Flying & Falling Objects – Construction (NSC)– 10 min.**

This program explains the importance of staying alert to possible dangers created by flying and falling objects. Promotes team work between employees for the safety of all.

VCS 523

**Hand Tool Safety – Construction (NSC) 10 min.**

Shows employees the proper way to use hand and portable power tools. Choosing the right tool, avoiding accidents, using tools properly and carrying and storing tools, and safety tips.

VCS 524

**Hazardous Chemical – Construction (NSC) 10 min.**

This program is designed to give employees the information necessary to protect them from on the job hazardous chemicals.

VCS 525

**Overexertion – Construction (NSC) 10 min.**

This program shows the proper way to lift and carry. Contains convincing scenes that may help the viewer realize the importance of back care. Also, helpful tips for keeping the back strong and health.

VCS 526

**Office, Retail & Public – Falls (Safety Shorts) 6 min.**

Falls are the second most common cause of injuries, and fatalities. Find out how trips and falls can be avoided with proper housekeeping, awareness and preventive measures.

VCS 527

**Bloodborne Pathogens Overview – Spanish (Safety Shorts) 6 min.**

This video tells you what you need to know about the OSHA standard. It covers: plans, engineering and work controls, personal protective equipment, universal precautions, vaccinations, training, counseling, and recordkeeping.

VCS 528

**Preventing Slips, Falls, and Lifting Injuries (Natl. Restaurant Assoc. Ed Foundation) 10 min.**

Service Industry – Demonstrates how to prevent slips, fall & lifting injuries in a kitchen & restaurant setting.

VCS 529

**10 Minute Safety Trainer (E.I.) 10 min.**

Hotels/Lodging - Thirteen (13) vignettes on various safety issues including, Hazard Communication, Bloodborne Pathogens, Back Injury Prevention, Slips & Falls, Fire Safety & Personal Protective Equipment

VCS 530

**Electrical Pallet Jack Update (LI) 10 min.**

General Industry – Safe Operation, do's and Don'ts.

VCS 531

**Employee Safety Orientation (LI) 14 min.**

All Industry – Training in general hazards regarding proper clothing, machine guarding, accident reporting and much more.

VCS 532

**Fire & Life Safety Systems (LWB) 9 min.**

Hotels/Lodging – Provides an overview of how the various elements of a hotel fire & life safety system work together.

VCS 533

**OSHA Inspection – Overcoming the Fear (Coastal) 24 min.**

All – Takes the view on a simulated inspection with a compliance officer, discusses all aspects of the inspection including citations' & violations.

VCS 534

**Hotel Safety – a Reality Check-In (Coastal) 29 min.**

Hotels/Lodging – A narrative story of a family on vacation at a hotel where the following subjects are discussed: Bloodborne Pathogens, Hazcom, fire Safety, Back Safety, Slips, Trips & Falls, Housekeeping Safety, Security Awareness, Kitchen Safety and Engineering Safety.

VCS 535

**Landscape Maintenance Safety (Long Island) 17 min.**

Landscape – train personnel to take responsibility for safety including proper attire and PPE, use & maintenance of mowers, string trimmer, chain saw, chippers, as well as chemicals & snakes.

VCS 536

**Bloodborne Pathogens Overview (Safety Shorts) 5 min.**

This video tells you what you need to know about the OSHA standard. It covers: plans, engineering and work controls, precautions, vaccinations, training, counseling, and recordkeeping.

VCS 537

**Poisoning Our Children: The Perils of Secondhand Smoke (Am Academy of Otolaryngology – Head and Neck Surgery Foundation) 12 min.**

This video shows parents, grandparents, educators and others the importance of not smoking around children.

VCS 538

**Report to Work: Your Safety Responsibility (LIP) 7:18 min.**

This video provides basic safety information that can apply to any work place.

VCS 539

**Report to Work: Your Safety Responsibility – (Spanish) (LIP) 7:18 min.**

This video provides basic safety information that can apply to any work place.

VCS 540

**Back Injury Prevention/Lifting Safety (LIP) 8 min.**

This video explains how the back works and provides important information about taking care of your back and accepting personal responsibility for the care of your back. Provides information on safe lifting techniques.

VCS 541

**Back Injury Prevention (Spanish) (LIP) 8 min.**

This video explains how the back works and provides important information about taking care of your back and accepting personal responsibility for the care of your back. Provides information on safe lifting techniques.

VCS 542

**Lockout/Tagout Safety Training (LIP) 15 min.**

Information on LO/TO procedures which stresses the importance of having policies and procedures in place and following them.

VCS 543

**Lockout/Tagout Safety Training (Spanish) (LIP) 20 min.**

Information on LO/TO procedures which stresses the importance of having policies and procedures in place and following them.

VCS 544

**Safety Bite Accidents Investigation (LIP) 8 min.** This video gives information about the importance of investigating all incidents, not just the serious injury ones. It stresses the necessity of proper information and evidence gathering, showing how to do this correctly. Gives tips on investigating incidents and accidents.

VCS 545

**Living Well America: Environmental Update (Am Medical TV) 18 min.**

Environmental Update regarding Radon and the importance of everyone checking for radon.

VCS 546

**Alcohol & Drugs (Personal Action) 13 min.**

This video discusses skills for dealing with drugs and alcohol in three different areas, understanding, denial, and helping other.

VCS 547

**The Other End of the Barrel (Drunk Busters of Am) 15 min.**

The Other End of the Barrel recreates Shirley Lochowitz's son's shooting, the impact on the child and the family. Also discusses safe gun storage.

VCS 548

**Recordkeeping True to Form – 29 min.**

This video program provides an important overview of the changes for safety directors and managers, safety committee members, human resources managers or anyone responsible for safety and insurance paperwork.

VCS 549

**I Chose to Look the Other Way – 12 min.**

This video dramatically tells the story of an employee who failed to speak up when witnessing an unsafe act by a co-worker. Viewers will be motivated to speak up when they see a co-worker putting himself in an unsafe situation, even if they feel that person's response may be negative.

VCS 550

**Skid Steers 2001 Safety 14 min.**

Excellent information on skid steer operation and safe handling.

VCS 551

**One Step From Death 11 min.**

This video was photographed at operating work zones. You see examples of good safety practices, as well as actual safety hazards and unsafe working conditions

VCS 552

**Back: Strength and Fitness 12 min.**

Take steps to help yourself build a stronger, more flexible, more fit back, no matter what shape your are in now. Covers learning more about your back, building a fit back, dealing with acute back pain and coming back from back pain.

VCS 553

**High Blood Pressure 13 min.**

High blood pressure or hypertension affects one out of five adults. Learn what you can do to help prevent it, detect it and, if necessary treat it. Covers understanding hypertension, changing your lifestyle, and working with health care professionals.

VCS 554

**Preventing Burnout 14 min.**

Employees can develop personal skills and strategies to cope with and insulate themselves from job burnout and its causes. Discusses effectively handling demands, developing detached concern, building control, and preparing for the marathons of life.

VCS 555

**Stress Management 12 min.**

Once employees understand the process, they can develop a personalized stress prevention plan. Covers awareness, acceptance, coping and action.

VCS 556

**Time Management 16 min.**

Everyone has the same amount of time in a day. The secret of success is how you use it. Discusses understanding the four time types, et goals and priorities; plan your day around them, identify your time problems, and learn good time habits.

VCS 557

**Weight Management 11 min.**

Stop trying to “lose weight” and start focusing on lifelong weight management. Exercising moderately and regularly, making wise nutritional choices, recognizing the role of emotions and attitudes, and anticipating energy needs.

VCS 558

**Wellness: Skills for a Lifestyle Change 14 min.**

Wellness results from making many small changes in lifestyle – changes that can have a big effect on your performance, happiness and length of life. This video gives information on understanding health risks, leading a wellness lifestyle, overcoming barrier to success, deciding where to start and follow through, gaining support for change.

VCS 559

**Don't Risk Your Child's Life VI 21 min**

This video covers child safety seats and child passenger safety, and demonstrates child safety seat installation.

VCS 560

**Winter Walking 7 min.**

The Winter Walking video will help employees identify potential hazards and use techniques to avoid injury when entering or exiting a vehicle and while traversing steps, sidewalks and turns. Also shows how to avoid serious injury if you do fall.

VCS 561

**Hypothermia & Frostbite 13 min.**

This video provides good information how to recognize the signs and symptoms of hypothermia and frostbite, and what to do if they occur. It also provides information on dressing properly in cold weather.

VCS 562

**Flatbed Cargo Securement 15 min.**

Video covers securement requirements for flatbeds, lowboys and other specialized exposed-load trailers. It addresses the new commodity-specific standards and covers the concepts of minimum performance criteria and aggregate working load limits.

VCS 563

**Box Cutter/Utility Knife Safety 7 min.**

This new, attention grabbing video provides an overview of utility knife/box cutter safety. Proper use and handling of box cutter/utility knives. Using the correct knife for the job. Knife maintenance and inspection. Proper blade changing and disposal.

VCS 564

**Severe Weather Alert: Are You Prepared? 15 min.**

This video gives information on preparing for tornadoes and severe weather ( lightning and thunder storms), at work, home and on the road.

VCS 565

**Toxic Mold 12 min.**

Toxic mold is a problem making headlines everywhere. This video takes the mystery out of this sensitive subject and informs the viewer exactly what toxic mold is and the hazards involved and some possible solutions.

VCS 566

**Safety Awareness: Real Accidents, Real Stories 14 min.**

This video really hits home with several interviews of real people who got injured on the job. These are real workers, not actors. The people talk about how they basically became complacent and ignored some safety guidelines and safety equipment that lead up to the accidents. They tell how the accident has changed their lives, how it effects their job, their personal lives and what their attitude is toward safety now.

VCS 567

**Wheel Loader Operating Techniques 23 min.**

This video brings together the real-world lessons learned in many types of operating situations. Wide variety of machine brands and working scenes, correct operations on hills and rough terrain, side hill work dangers and slip or tip recovery, the dynamics of rollover accidents and night operations.

VCS 568

**Wheel Loader Walk Around and Introduction 15 min.**

This video will remind experienced operators and train new operators on the importance of the daily walk around inspection, and what they really need to be looking for.

VCS 569

**Traveling Alone in America 35 min.**

An informative and powerful video docudrama that captures the fears and dangers that women face every day while traveling. Video demonstrates simple life saving strategies/tactics to recognize and prevent dangerous situations.

VCS 570

**Make Your Home a Safe Haven 10 min.**

This video alerts you to common safety hazards that could be present in your home and includes tips to help you eliminate them.

VCS 571

**Surveying Safety Highway - Work Zone Safety 10 min.**

Describes some of the important hazards surveyors face as they work in every phase of construction, from pre-con to post con, both inside and outside the work zone.

VCS 572

**Plant Site Safety - Highway Work zone Safety 10 min.**

This video covers some of the safety hazards in permanent and portable ACC, PCC bulk plant and crushing operations. It shows what to watch out for if you are a pedestrian on the ground, a crane operator, or a truck driver traveling between the plant and construction sites.

VCS 573

**Structures Safety Highway 12 min.**

This video covers some of the typical hazards around the construction of bridges and culvers, with emphasis on falling, falling objects, and crane hazards.

VCS 574

**Grading Safety – Highway Work Zone Safety 14 min.**

Video covers some of the safety hazards you will find on typical grading sites, from clearing and grubbing to final grading. Emphasis is on personal responsibility for safety and awareness of the hazards.

VCS 575 and DVD

**Safety: the Good fight 15 min.**

High-impact video that tells the tragic story of Patrick Hayes, a young man killed in an avoidable, on-the-job accident. Through interview, it covers how the death affected his family, how the accident occurred and how every employee can make the right decisions about his or her safety and the safety of co-workers, resulting in a safe workplace for all.

VCS 576

**Flagging: You're The Director 17 min.**

Help your employees understand OSHA/FHA, requirements of MUTCD and what it takes to keep themselves, drivers and pedestrians safe. Make sure your flaggers are properly trained.

VCS 577

**Safety Is No Accident: A Video Guide to Chain Saw Safety Highlights 21 min.**

How to avoid kickback, proper use of safety tips, and importance of buddy system. Safe techniques for climbing, bucking and pruning. Personal safety equipment, demonstrations of chaps, goggles, ear plugs, hard hats, etc.

VCS 578

**Bloodborne Pathogens: Everyday Heroes, Everyday Risks 11 min.**

Practical information about bloodborne pathogens for non medical personnel.

VCS 579

**Occupational Dog bite Safety Video "2002" 20 min.**

This video is a must for any employee that comes in contact with dogs while working. Covers canine behavior, reading a dog, how to approach a yard safely, and much more.

VCS 580

**Fire Safety – Spanish 15 min.**

Fire prevention video identifies different types of fires and how to eliminate potential fire hazards, toxic, chemical and electrical fires. Shows types of extinguishers and how to use housekeeping methods to prevent fires. Covers building evacuations and first aid methods for smoke inhalation and radiant heat.

VCS 581

**Working Safety in Hot Environments – Spanish 15 min.**

Shows viewers how to prevent and respond to various heat-related problems by using prevention techniques; how to recognize the signs and symptoms of heat stress; and what first aid procedures to administer when assisting victims of specific heat-related illnesses

DVD 582

**Construction Safety Essentials 23 min.**

This production will help reduce or even eliminate the risks involved on site. It covers essential such as housekeeping, working at height, excavating and public safety. It also examines subjects often taken for granted, such as working in the elements and manual handling.

DVD 583

**Winter Driving: When the rules Change 16 min.**

This DVD illustrates the importance of adjusting our driving techniques when winter rolls around. Also includes a powerful interview with a woman who was involved in a fatal wintertime crash – an event that changed her life forever.

DVD 584

**The Birthday Wish 5 min.**

This DVD will make employees think before taking short cuts in safety.

DVD 585

**ABC's of Your Personal Fall Arrest System 15 min.**

Safety when working above the ground.

DVD 586

**Distracted Driving At What Cost 15 min.**

This DVD includes a two car crash that is investigated and shows how each driver was distracted leading up to the crash.

DVD 587

**Kids Do It....Naturally Child's Play 10 min.**

This DVD shows proper lifting techniques using children who do it naturally.

VCS 588

**Self-Help Heimlich 5 min.**

This Safety Shorts video describes how to self-administer the Heimlich maneuver.

VCS 589

**A Lift For Safety 5 min.**

Overviews the proper procedures for personnel lift baskets.

VCS 590

**The Signal 5 min.**

This video explains the importance of knowing and understanding the standard hand signals for crane operation. Anticipating the crane's next move is a step toward individual safety.

VCS 591

**Safety Programs 5 min.**

This video reminds us that both employers and employees share an equal responsibility for making sure safety programs work.

VSC 592

**Asbestosis 5 min.**

Breathing asbestos fibers can lead to a life-threatening condition known as asbestosis. The video looks at this disease and emphasizes the importance of wearing the proper protective gear.

DVD 593

**Heat Hazards 17 min.**

The program aims to increase people's awareness of heat hazards in the workplace by identifying specific heat related hazards and examining a range of engineering and administrative controls, as well as individual behaviors, that can reduce the risk of heat related illness and injuries.

DVD 594

**ABC's of Your Personal Fall Arrest System – Spanish 15 min.**

Safety when working above the ground.

DVD 595

**The Line of Fire – Spanish 13 min.**

This program discusses many workplace hazards and outlines general principles that can help employees prevent these hazards from causing serious injuries and deaths.

DVD 596

**Avian Flu – What You Need to Know 13 min.**

This program covers: How serious is the risk, how is the virus transmitted, symptoms of infection and how to avoid exposure and protecting families.

DVD 597

**LOOCKOUT / TAGOUT – Affected Employees – 23 min.**

This program presents information to those employees who are not directly working with the lockout/tagout process. Your affected employees will learn: Lockout/Tagout definitions; Situations that require lockout/tagout procedures; How to recognize the various types of lockout devices; An overview of safe lockout/tagout procedures; Their role in the lockout/tagout process.

DVD 598

**Bucket Trucks: Extending Your Safety English/Spanish 15 min.**

This is a vital program that will help keep your bucket truck user safe. Pre-trip and pre-lift inspections, vehicle maintenance and proper fall protection are a few of the areas covered in this DVD.

VCS 599

**A Bit About Backs: Prevention Strategies 14 min.**

Learn practical methods for maintaining a healthy back.

VCS 600

**Know Your ABC's – Fire Extinguishers 5 min.**

This video explains which type of fire extinguisher to use on each different type of fire.

VCS 601

**Thermal burns 5 min.**

This video is about the proper first aid procedures to follow in treating burns prior to EMT's arriving on the scene.

VCS 602

**Electrical Burns 5 min.**

The biggest danger in treating victims of electrical burns is shock hazards to the rescuers'. This video covers this and all the basic precautions of initial treatment of electrical burns.

VCS 603

**Hearing the Good Things in Life 4 min.**

This video uses humor to make a point. Wearing hearing protection pays.

VCS 604

**A Foot Closer to Safety 5 min.**

This video covers the necessity for wearing proper foot protection. It highlights the basic types of safety shoes and the situations to use each design.

VCS 605

**HazCom – An Overview 5 min.**

This video gives a quick reference guide to Hazardous Communication requirements. It's designed to be an introduction to Haz-Com requirements, labeling and material safety data sheets.

VCS 606

**Murder on Your Hands 5 min**

Spam Sade investigates and resolves hand injury increases at the Acme companies. To cut hand injuries he recommends, "Wear the proper glove."

VCS 607

**Warehouse Safety 9 min.**

This video contains good information about forklift operation and forklift safety in the warehouse. Also has some general warehouse safety information.

VCS 609

**Backing Safely 12 min.**

This video offers practical safety information to help eliminate backing collisions: Tips to avoid backing, specific steps for a safe back, procedures for backing with a helper and procedures for backing with a trailer.

VSC 610

**Charging Up on Battery Safety 5 min.**

Batteries can be more dangerous than you think and should be treated with respect and in accordance with proper safety procedures presented in this video.

VCS 611

**Good Safety is Good Business 5 min.**

This video shows that safety is good business, both for the employers and employees. Safety holds down costs, keeps business more competitive and protects people and jobs.

VCS 612

**Housekeeping – General Work Space 5 min.**

This video covers the need to keep our work space clean and organized. Proper housekeeping is one of the first steps in maintaining efficient and safe working conditions.

VCS 613

**Personal Work Space 5 min.**

This video explains that safe work practices can be just as important in an office as in any other area of industry. It reviews good personal work space housekeeping habits.

VCS 615

**Beating a Blowout 5 min.**

This video explains how to handle your vehicle in case of a tire blowout.

VCS 616

**Where Are Your Hands? 4 min.**

This video tape reminds workers to ask themselves, “Where are my Hands”. Information on hand safety.

VCS 617

**Heads Up For Safety: Overhead Dangers 5 min.**

Be aware, stay awake, and keep looking up! The opportunity for an accident is everywhere. One of the least common places to expect one is from overhead. Reminds workers protect their heads with proper PPE, and to be aware of their surroundings.

VCS 618

**Car Jacks 5 min.**

This video overview the proper procedures for using a car jack safely.

VCS 619

**Chains and Safety 5 min.**

This video describes proper chain safety and maintenance, and cites helpful hints for avoiding accidents.

VCS 620

**Self Help for Back Pain 6 min.**

An understanding of what causes most back injuries and the application of a little common sense and a lot of caution go a long way toward prevention. Simple back exercises to be done on a regular schedule are demonstrated in this video.

VCS 621

**Hard Hats – Hard Heads 5 min.**

Video centers around first aid for head injuries. Head injuries that could be avoided by wearing a hard hat.

VCS 622

**Judge, Jury & Executioner 5 min.**

Video brings home the fact that the ultimate responsibility for safety lies with each individual. Daily choices about safety matters effect not only that day of our lives. A must see for general safety consciousness.

VCS 623

**Up in Smoke 4:49 min.**

Flammable liquids are a part of most work environments and it is up to the worker to take proper precautions for both usage and storage. This video serves to remind everybody to be responsible and demonstrates responsible procedures.

VCS 624

**Heat Can Kill 5 min.**

Heat strokes and heat exhaustion are ever present in hot environments. This video covers the signs of heat strokes or exhaustion and how to handle its victims.

VCS 625

**Handling the Heat 5:21 min.**

Heat exhaustion is a serious problem in many industries. This video offers recommendations for individual safeguards to eliminate or reduce the hazard. It demonstrates proper clothing for various hot environments and reminds the worker about the need for liquids and rest.

DVD 626

**Arc Flash Safety Awareness English/Spanish 18 min.**

Teach your workers how to stay safe while keeping their co-workers and the workplace safe as well with the information in this program drawn from NFPA 70E. This program covers the three hazards encountered by those who work with or near electricity – electrical shock, arc flash and arc blast.

DVD 627

**Ladder safety**

General ladder safety

DVD 628

**Substance Abuse in the Workplace 10 min.**

Shows how individual drug use could affect work conditions for everyone, warning signs of drug use, how employees could help, and the benefits of a drug-free environment.

DVD 629

**Ready Response: Sexual Harassment 15 min.**

Shows how to recognize and prevent sexual harassment and tells how to handle sexual harassment claims.

DVD 630

**Aerial Platform Operator Training**

Aerial Platform safety training information.

VCS 631

**Cocaine: The Ticking Clock – 5 min.**

Each year, drug abuse costs American business more than \$100 billion. This video encourages workers to adopt a policy of zero tolerance to cocaine in the work place.

VCS 632

**Handgun Safety - 5 min.**

Every year a huge number of Americans will die as a result of handgun accidents. This video describes a few simple but important rules for handgun safety.

VCS 633

**Who's The Boss – 5 min.**

In a work environment where safety and profit depend on clear thinking, drug use cannot be tolerated. This video reminds us not to let drugs run our lives.

VCS 634

**Just a Little Nip – 5 min.**

This video reminds us to be aware and take responsibility for alcohol abuse in the workplace.

VCS 635

**No More Mr. Mean Screen – 5 min.**

This video discusses the ergonomics of working with computers.

VCS 636

**The History of Asbestos 5 min.**

Asbestos, one widely used, has been linked to a number of illnesses. This video outlines the historical uses of asbestos and overviews its status in industry today.

VCS 637

**Repetitive Strain Injuries 5 min.**

Repetitive strain injuries are an ever increasing occupational hazard. This video demonstrates a few ways to prevent these injuries.

VCS 638

**Forklift Safety 5 min.**

One of industry's most useful tools is the forklift and potentially one of the most dangerous. This video provides a checklist to ensure forklift safety.

VCS 639

**A Matter of Degree – Part 1 – 5 min.**

The welding torch can be one of the most dangerous tools on any job site. This video outlines the proper precautions to take when using a welding torch.

VCS 640

**A Matter of Degree – Part II – 5 min.**

Welding torch safety is an all-consuming process. This video outlines the proper procedures for the safe assembly, operation and storage of welding torch heads.

VCS 641

**Cutting It Short – Part 1 - 5 min.**

Mowing the yard can be dangerous if the rules of safety are neglected. This video parodies the TV classic Dragnet as a reminder of always practice safety when using a power mower.

VCS 642

**Cutting It Short – Part II - 5 min.**

Riding lawn mowers can be dangerous, even deadly when safety is ignored. This video takes viewers on a journey through a Twilight Zone parody to stress riding mower safety.

VCS 643

**Lyme Disease – 5 in.**

Lyme disease is a serious illness, transmitted through the bite of a tiny tick. This video shows how to recognize its symptoms and outlines how it can be prevented.

VCS 644

**Diet Right – 5 min.**

Obesity is a condition affecting a large number of adult Americans. This video examines the importance of managing your diet for a longer, healthier life.

VCS 645

**Exercise Your Heart – 5 min.**

Regular aerobic exercise can make a big difference in your quality of life. This video illustrates proper warm-up, dynamic and cool down procedures.

VCS 646

**Protecting Against Aids in the Workplace – 5 min.**

The deadly AIDS virus can be passed along from a worker who is injured and bleeding. This video suggested a few ways to safely administer first aid to a bleeding victim.

VCS 647

**Falls – 5 min.**

This video examines the causes of falls and lists a few ways they can be avoided.

VCS 648

**Once Too Many – 5 min.**

When entering a confined space, a few basic safety procedures will ensure a healthy exit. This video outlines the rules for entering a confined space.

VCS 649

**Tag You're It -5 min.**

Shutting down and locking out machinery prior to making repairs is an important safety procedure. This video emphasizes the necessity of Lock Out/Tag Out.

VCS 650

**A-OK: Finger Safety – 5 min.**

Finger in juries, even minor ones, can impair our ability to work productively. This video reminds us that, with proper gloves and a little safety awareness, finger injuries can be avoided.

VCS 651

**Fueling A Machine – 5 min.**

Although a simple procedure, refueling a machine can be dangerous. This video serves as a graphic reminder that creativity in the workplace is no substitute for safety.

VCS 652

**Danger: Hazardous Duty - 5 min.**

Hapless Hal learns a few important lessons about safety while working in loading docks and warehouses.

VCS 653

**A Shocking Experience – 5 min.**

Electrical hazards pose a danger at home as well as in the workplace. This video reviews proper safety precautions for working with electricity.

VCS 654

**Indoor Air Pollution – 5 min.**

Usually thought of as an outdoor problem, air pollution is also a common hazard indoors. This video explains the sources of indoor pollutants and lists a few steps for solving the problem.

VCS 655

**Lone Driver – 5 min.**

An open car window or door is often an invitation to crime. This video provides some basic guidelines to follow to ensure safety when driving alone.

VCS 656

**Home Safety: Past, Present and Future – 5 min.**

Each year many deaths occur in the home, mostly the result of falls, burns or accidental poisonings. This video reminds us to be aware of potential dangers during everyday activities.

VCS 657

**Protective Equipment – 5 min.**

Personal protective gear – hard hats, goggles, gloves and other equipment – does no good if it isn't worn. This video emphasizes the importance of dressing for safety.

VCS 658

**A Shock to the System – 5 min.**

The shock that often accompanies a serious injury can be just as deadly as the injury itself. This video outlines the symptoms of shock and reviews the proper treatment.

VCS 659

**Destination Safety: Part II – 5 min.**

This is part two of a two part video explaining that safety is a state of mind. Uses the gum shoe detective for a look at home safety.

VCS 660

**The First Few Minutes – 5 min.**

When an office fire strikes, every second counts. This video emphasizes the importance of proper planning and knowledge of safety procedures in case of fire.

VCS 661

**Back/Lifting Safety (Safety Shorts) 5 min.**

Backaches are second only to colds and flu as a cause of lost work time in the U.S. One major cause of backaches in the white collar work force is improperly adjusted chairs. This film discusses office chair adjustment.

VCS 662

**The Heimlich Maneuver (Safety Shorts) 5 min.**

The Red Cross approved training in this video may possibly prevent a death by suffocation due to choking. The tape shows how to recognize the symptoms of choking and how to perform the Heimlich Maneuver on the victim.

VCS 663

**Destination Safety – Part I (Safety Shorts) 5 min.**

This part one of a two part video explaining that safety is a state of mind. The information is presented by a 1940's gum shoe detective.

VCS 664

**Worker's Enemy Number One (Safety Shorts) 5 min.**

One fourth of all injuries on the job involve the back – pulled muscles, slipped discs, pinched nerves. This tape shows how to avoid these lifting problems through common sense approaches that can be adapted to almost any workplace.

VCS 665

**Dreams Into Nightmares –( Safety Shorts) 5 min.**

This video drives home the point that without considering Safety Planning and Safety Consciousness all of our dreams could turn into nightmares through one careless action.

VCS 666

**Watch Your Load (Safety Shorts) 5 min**

The load in your own vehicle may be a major hazard to driving safety. This tape cautions against haphazard loading and unrestrained cargo in every sort of vehicle, then demonstrates some proper loading and load securing techniques.

VCS 667

**Stop The Bleeding (Safety Shorts) 5 min.**

No step in first aid treatment is more critical than stopping the bleeding. This tape explains why and gives demonstrations on various techniques recommended for stopping bleeding and warns against some common procedures such as tourniquets

VCS 668

**Slag Injuries to the Eye: It Can Happen to You (Safety Shorts) 5 min.**

Slag in the eye can be prevented with protective eyewear. If an injury does occur, however, it must be treated properly to avoid further damage.

VCS 669

**Fighting the Strain – Ergonomics (Safety Shorts) 5 min.**

An introduction to the developing science of ergonomics and a demonstration of how simple awareness of need can lead to some “common sense” solutions to the physical strain of repetitious movements or extended periods of body positioning required by many tasks in the workplace.

VCS 670

**Back Safety: Belt Use (Safety Watch) 7 min. 1995**

Provides basic information about back safety belts and their uses.

VCS 671

**Protective Clothing (Safety Watch) 12 min. 1996**

Tape shows different levels of personal protective equipment with examples. Covers helmets, gloves, suits and boots. Explains different levels of protection and what is needed for each.

VCS 672

**Ergonomic Tools (Safety Watch) 13 in. 1996**

Using “Tim the Tool Man” format covers different types of ergonomic hand tools.

VCS 673

**Hazwoper: Role of the First Responder (Safety Watch) 9 min. 1996**

Information on Hazcom and what the First Responder must know and do when responding to an event.

VCS 674

**Fire Prevention (Safety Watch) 14 min. 1995**

Using “Ace Ventura” format gives examples of good fire prevention policies.

VCS 675

**Job Safety Analysis (Safety Watch) 17 min. 1996**

Using the “Hollywood Squares” format explains what job safety analysis is and how important it is to have job safety analysis sheets. Also tells you what information needs to be listed.

VCS 676

**Lockout/Tagout: A Life is on The Line (Safety Watch) 6 min. 1996**

Good information on the importance of Lockout/Tagout for all energy sources.

VCS 677

**Traffic Safety (Safety Watch) 8 min. 1996**

Good basic traffic safety and driving information.

VCS 678

**Bicycle Safety Camp (tipp) approx 25 min.**

Works for all grade school kids, and is especially right for beginning bicyclists from 5 to 9 yrs. old

DVD 678

**Contractor Safety: It’s Everybody’s Business (Coastal) 20 min. 2005 English/Spanish**

This helpful program informs employees about the hazards they face on worksites with multiple “bosses” and the steps they can take to reduce the risk of accidents.

DVD 679

**Asbestos in Construction 26 min. (Coastal) 2004 English/Spanish**

Designed to help you comply with OSHA 1926.1101, this program gives construction workers and anyone who comes in contact with building materials a full understanding of how to deal with asbestos exposure.

DVD 680

**HazCom for Construction 11 min. (Coastal) 2006 English/Spanish**

By understanding the Hazard Communication Standard (HazCom) outlined in this program, the dangers of working around chemicals can be effectively controlled.

DVD 681

**Scaffolds: Safety at All Levels 16 min. (Coastal) 2005 English/Spanish**

Covers Preassembly inspection, Assembly, Safe work practices and Fall protection.

DVD 682

**Trench Emergency 14 min. (Coastal) 2006 English/Spanish**

Covers shoring and shielding, examines an actual cave-in and preparing for the rescue team.

DVD 683

**Construction Forklifts: Extending your Reach 14 min. (Coastal) 2005 English/Spanish**

Covers lifting principles, start-up and walk-around inspections, moving a load and safe work practices.

DVD 684

**High-Impact Hand Safety 12 min. (Aurora)**

Covers understanding & using guards, interlocks. Selecting & using hazard-specific gloves, hand tools. Avoiding hazards and accident-causing behavior: clothing, housekeeping, inattention, complacency, alcohol/drugs & short cuts.

DVD 685

**High-Impact Hand Safety – 18 min. Spanish (Aurora)**

Covers: Understanding and using guards, interlocks, selecting & using hazard-specific gloves, hand tools and avoiding hazards & accident-causing behavior, clothing, housekeeping, inattention, complacency, alcohol/drugs and short cuts.

DVD 686

**What Would You Say 17 min. (Aurora)**

This DVD helps us learn to effectively communicate with our co-workers when we see them behaving unsafely. It focuses on easy to use communication techniques including: Be positive, show that you are concerned about their safety, explain the consequences of the hazard or unsafe behavior and be specific with your comments. Also helps us learn to respond in a positive way if someone is pointing out our unsafe actions.

DVD 687

**Static Electricity 13 min. (Aurora)**

This DVD aims to increase people's awareness of static electricity and its potential to result in serious accidents and injuries. It is designed to provide people with a practical understanding of static electricity and how it can be controlled.

DVD 688

**Eye Protection 19 min. (aurora)**

This DVD provides information on the essential facts and principles of eye safety in the workplace. It looks at the eye hazards that could exist in an average workplace, and how these hazards can be controlled to reduce the risk to individuals' eyes.

DVD 689

**Lifting it Right 24 min. (NSC)**

A guide to safe auto lifting.

DVD 690

**Eye Protection – See the Whole Picture (Coastal) English/Spanish 20 min.**

This DVD covers the importance of proper eye protection with a detailed look at PPE eyewear and a discussion of how eye injuries can be avoided, as well as the emergency procedures to be followed if an accident occurs.

DVD 691

**The Life of Fire – English (Aurora) 14 min.**

This program discusses many workplace hazards and outlines general principles that can help employees prevent these hazards from causing serious injuries and deaths.

DVD 692

**Forklift Basics: Safe From the Start (Coastal) 22 min. English/Spanish**

Provide operators with the fundamental that will help them identify basic forklift structure and design, understand factors that affect balance and maneuverability and perform a comprehensive pre-lift inspection.

DVD 693

**MSDS: Read It Before You Need It (Coastal) 19 min English/Spanish**

This program helps your employees use and understand the MSDS to control chemical hazards in your facility.

DVD 694

**PPE: don't Start Work Without It (Coastal)\_ 13 min. English/Spanish**

Teach employees to wear the right PPE for each job and use it correctly. It focuses on the various forms of PPE and how they can be used to protect different parts of the body.

DVD 695

**Hearing Protection: Sounds Good To Me (Coastal) 14 min. English/Spanish**

How humans hear, the PPE equipment that is used to protect the ears, and the effect of noise on the ear are all covered in this program. Your workers will understand why proper hearing protection is of paramount importance to protect their ears from harmful noise.

DVD 696

**Confined Space Entry: Permit Required (Coastal) 21 min. English/Spanish**

Protect your workers from the dangers of working in a confined space and be sure you are in compliance with OSHA 1910.146 ; it reviews the details on how to prepare a confined space entry permit and the best way to train a confined space entry team.

DVD 697

**Warehouse Safety: It's No Mystery (Coastal) 22 min. English/Spanish**

This program makes you aware of the most common hazards in warehouses and how to correct them.

DVD 699

**Welding Safety: Safe Work with Hotwork (Coastal) 18 in English/Spanish**

This program provides detail on pre-planning, personal safety, work area safety and equipment safety to prevent hotwork accidents.

DVD 700

**Powered Low-Lift Trucks (Walkie & Walkie/Rider Safety (Coastal) 17 min English/Spanish 2004**

This program review training for the powered low-lift trucks that are commonly known as walkies and walkie/riders. It helps transporter, pallet truck and platform truck drivers comply with the OSHA ruling (1910.178), which includes low-lift trucks.

DVD 701

**OSHA Recordkeeping: True to Form (Coastal) 31 min. English/Spanish 2004**

OSHA revised its recordkeeping system in 2004. This program provides an important overview of the changes for safety directors and supervisors, safety committee members, human resource managers and all others responsible for safety and insurance paperwork.

DVD 702

**Fire Extinguisher: Your PASS to Safety (Coastal) 9 min. English/Spanish 2004**

This program focuses on the types of fire extinguishers available and how to use the. It covers: classes of fire, extinguisher to use for Class A, B, C and D fires, PASS procedure for operating a fire extinguisher and when to call the fire department.

DVD 703

**Hexavalent Chromium Awareness (Coastal) 17 min. English/Spanish 2007**

OSHA has revised its standard concerning permissible exposure limits for HexChrom. Make sure your workplace is up to date and your workers are aware of the risks of exposure as well as the health hazards associated with HexChrom. Protect your workers from lung cancer, permanent eye damage and skin ulcerations with this new program. Covers: new regulations, exposure monitoring, respirator use, PPE, importance of proper housekeeping and recordkeeping.

DVD 704

**Ergonomics: Solving the Puzzle (Coastal) 15 min. English/Spanish 2007**

This program will help you create a safe working environment for your employees that will reduce injuries, worker's compensation costs and lost workdays due to SDs. Covers: creating a successful ergonomics program, changing your workplace and reducing RMIs.

DVD 705

**Respiratory Protection: Another World (Coastal) 19 min. English/Spanish 2007**

Help workers avoid exposure to hazardous airborne substances and keep your facility in compliance with OSHA 1910.134. This DVD is full of information about respirator use and maintenance. Covers: OSHA's respiratory protection standard, hazardous atmospheres, types of respirators and fit testing.

DVD 706

**Solvents (Safety Care) 7 min. English**

Solvents are used in every workplace to some extent or other. This program covers: an introduction to solvents, the physical characteristics of organic solvents, potential health issues associated with the use of solvents, management of solvents in the workplace and personal protective equipment.

DVD 707

**Careless Keystrokes Can Kill (IOSS) 14 min. English 2005**

Secretary of Defense makes a top secret visit to Bagdad, but due to careless e-mail chatter and electronic communication, his life is in danger. Learn how to protect your organization through operations security techniques utilized by the U.S. Military.

DVD 708

**Operation Safeguard: Hard Target (IOSS) 14 min. English 2004**

Dramatization of an Intelligence Officer with the U.S. Military recalling days of captivity in a foreign land. Lessons learned from careless security procedures and a lack of understanding in regards to the enemy's technological ability in accessing governmental & private information.

DVD 709

**Operation Safeguard: The Assessment (IOSS) 54 min. English 2006**

Fictional depiction of a potential threat to the United States, and concerns of U.S. personnel living and working abroad. Technical and security operation weaknesses are identified and then rectified, in order to stop a terrorist attack on a U.S. aircraft carrier.

DVD 710

**Think Like the Wolf: Applying OPSEC to Military Operations (IOSS) 17 min. English 2003**

Evaluate your security operations just like your adversary would – *Think Like the Wolf*. DVD goes through the military's 5 step operations security (OPSEC) method that you should utilize to protect your business.

DVD 711

**Applying OPSEC to Criminal Investigations (IOSS) 2001**

Utilizing the military's 5 step method towards operations security (OPSEC) in civilian criminal investigations.

DVD 712

**An Introduction to OPSEC (IOSS) 2006**

Utilizing the military's 5 step method towards operations security (OPSEC)

VCS 713

**OPSEC: The Art of Working Together (IOSS) 18 min.**

Dramatization of how private business can utilize the military's 5 step method of operations security (OPSEC) to protect their information and product knowledge from competitors.

DVD 714

**Child's Play in The Office (SafetyCare) 2004 5 min.**

This program looks at the day to day lifting and carrying tasks that occur in most office environments, and uses children to demonstrate how best to avoid injuries. Child's Play in the Office delivers the powerful yet simple message that correct lifting and carrying techniques are essential if injury is to be avoided.

DVD 715

**Safety Essentials (SafetyCare) 15 min.**

This program has been produced to explain the "Safety Essentials" of workplace safety. It identifies what the essentials are, why it is important to keep them in mind, the reasons behind them, and how a good understanding of these "Safety Essentials" can help in preventing serious workplace accidents.

VCS 716

**Burns (SafetyCare) 18 min.**

A severe burn is not only life threatening but it can also have profound effects, not only on the victim, but also the victim's family. This program examines the general principles of first aid treatment for burn victims.

**DVD 719**

**CPR Cardiopulmonary Resuscitation (SafetyCare) 16 min.**

This DVD looks at the technique for performing CPR on adults, in accordance with the current resuscitation guidelines. Covers Basic life support procedure, how to conduct CPR on an adult casualty, how to deliver rescue breaths, how to deliver chest compressions, how to use a Automated External Defibrillator (AED), CPR with two rescuers and rescuer health and hygiene.

DVD 720

**Preventing Slips, Trips and Falls (SafetyCare) 9 min.**

This program looks at all the key hazards associated with slips, trips and falls, including: good housekeeping practices, signposting and barricading, correct use of equipment and furniture, proper maintenance, appropriate footwear and correct use of step stools and stepladders.

DVD 721

**How to Use the Chlorine Institute Emergency Kit "B" for Chlorine Ton Containers 2006**

Covers what to do in a chlorine emergency where leaks occur on a chlorine ton container and the proper uses of tools and devices in the Emergency Kit B.

DVD 722

**Safe Operation of Overhead Cranes (Safetycare) 18 min.**

This program looks at the safe operation of overhead cranes and details the five major steps to ensure their safe use: Pre-operational checks, Operational checks, Planning the lift, Operational rule and Shutdown procedure.

DVD 723

**Safe Handling of Gases (Safetycare)**

DVD 724

**Managing Stress Before It Manages You (Briefings) 30 min.**

This DVD gives ways to identify and overcome the three major sources of workplace stress, reach an ideal balance between work life and home life, prevent workplace anxiety, battle stress using the A-T-T-A-C-K method, dramatically improve your focus and more.

DVD 725

**Solving People Problems On the Job (Briefings) 26 min.**

This DVD includes dozens of powerful ideas on how to handle conflict successfully. Applying the “Ten Guidelines for Affecting Behavior changes” to these concepts will give you and your staff the power to handle workplace conflict with ease.

VCS 726

**An Employee’s Guide to Working with Hazardous Materials – Spanish Version (NSC) 16.25 min.**

VCS 727

**An Employee’s Guide to Working with Hazardous Materials – English (NSC) 15.36 min.**

VCS 728

**Office Ergonomics – (Cox Media) 18.5 min.**

Work station adjustments to prevent muscular skeletal stress

DVD 726

**Crash Course: What to Know Before and After a Collision (BBB) 62 min. 2004**

Crash Course is divided into 3 sections: Before the Collision, At the Scene, and After the Collision. Featuring interviews from national traffic safety experts, EMT’s, insurance specialists and attorneys. The program shows how to avoid the most common causes of collisions, provides information you must know at the scene of a collision and advises how to deal with the consequences of a collision.

DVD 727

**Fatigue at Work (Safetycare) 11 min.**

DVD covers a definition of fatigue, causes of fatigue, work- related and non work-related factors contributing to fatigue, the effects of fatigue, hazards and consequences, control of fatigue hazards and the role of the individual.

DVD 728

**On The Road: The Lighter Side of Lifting (Aurora) 22 min.**

This DVD effectively combines safety with reality in regard to lifting and presents information in a light and easy to understand format. The emphasis is on lifting better, instead of right or wrong. Learn how to effectively problem solve in a variety of lifting situations. This program is a great tool for any back injury prevention process.

DVD 729

**Violence on the Job (NIOSH) 27 min. (2004)**

DVD discusses practical measures for identifying risk factors for violence at work, and taking strategic action to keep employees safe.

DVD 730

**Working with Stress (NIOSH) 17 min. (2002)**

Describes workplace factors that can create or exacerbate worker stress, and suggests practical measures for reducing job-related stress through changes in work organization.

DVD 731

**Respirators: Your TB Defense (NIOSH) 48 min. (2002)**

**Disc # 1 - Respirators: Your TB Defense** designed to educate health care workers on proper respiratory protection.

**Disc # 2 - TB Respiratory Protection:** Administrator's Review takes you step-by-step through developing a respiratory protection program for tuberculosis.

DVD 732

**Arc Flash Awareness (NIOSH)**

DVD 733

**Manual Handling (SafetyCare)**

Manual handling includes lifting, holding, pushing, pulling, shifting and lowering. In fact, any form of human exertion could be included – with or without the use of mechanical aids. Program covers: Detailed description of manual handling, the problems and how injuries are caused, the types of injuries and steps to deal with manual handling.

DVD 734

**OR Surgical Fire Training (HC PRO) 20 min. (2004)**

Cutting-edge information and best practices on how to suppress different types of fires, conduct exercises to ensure continuous OR fire readiness, and incorporate OR fire safety methods into existing OR processes.

DVD 735

**Cuts and Bleeding (SafetyCare) 9 min. (2008)**

Good First aid reminder and bloodborne pathogen , DVD, has good step by step instructions.

DVD 736

**The First Step (Aurora) 5 mins. ( 2009)**

This is the story about how one wrong step; one wrong action can change your life forever. This story will help your employees realize that the first step to no being injured, is knowing that you can be injured. Powerful and well done.

DVD 737

**Bad Things Happen (Warren Dist)**

This short DVD is about a high school senior, very good student, etc. She was involved in an accident at an intersection; she was not paying attention and ran a red light. The person she hit died.

DVD 738

**Safety Videos 2005-2009 (CSB) 2009**

This DVD by the U.S. Chemical Safety Board informs industry, workers, and the public about the causes of chemical accidents and recommended practices to prevent them.

DVD 739

**Accident Investigation (Aurora) 13 min. (2009)**

Shows employees steps that are taken in an Accident Investigation, and highlights how important it is for employees to fully cooperate with any inquiry. It also points out that while an investigation's focus is to determine the cause of an accident, the overall goal is to prevent similar accidents from happening again. Areas covered in the program include:

- \* The goals of an accident investigation.
- \* Securing an accident scene.
- \* "Root-cause" analysis.
- \* The importance of investigative interviews.
- \* Assisting in an accident investigation.
- \* The importance of warning signs in accident \* Reporting the "near misses".
- \* The role of policies, equipment and training on accident prevention.

DVD 740

**Dealing with Drug and Alcohol Abuse... for Employees – (Aurora) 19 minutes**

Discusses the various types of substance abuse that are found in the workplace, how they can affect an employee's work situation and what employees themselves can do to help keep their workplace drug and alcohol free. The videotape/DVD program includes information on:

- \* How substances are typically abused by employees.
- \* Alcohol and other depressants, and their effects.
- \* Stimulants, narcotics and hallucinogens, and their effects.
- \* How people get "hooked" on drugs and alcohol.
- \* Drug dependency.
- \* Alcohol and drug policies.
- \* Helping employees overcome substance abuse.

DVD741

**Emergency Planning (Aurora) 14 minutes**

Comply with OSHA, SARA title III and state regulations by reviewing:

- \* Components of an Emergency Plan
- \* Involving outside agencies
- \* Crisis Management Team

DVD 742

**Fire Prevention & Safety (Aurora) 12 minutes**

Teach employees the importance of preventing and dealing with fire emergencies:

- \* Causes of industrial and office fires
- \* Fire fighting tools including extinguishers
- \* Prevention, including good housekeeping
- \* Early detection, escape plans

DVD 743

**Operating Forklifts Safely – (Aurora) 20 minutes**

This new DVD gives viewers a solid overview of forklift characteristics and safe forklift operation. It's a fast paced program featuring several dramatic reenactments of typical forklift mishaps. The Larry character is also featured, and you can only imagine some of the mistakes he makes - mistakes that viewers can learn from.

The program covers the following material:

- \* Forklift handling, stability and load limits
- \* Understanding your forklift, forklift inspection, refueling & recharging
- \* Picking up and placing loads, including elevated loads
- \* General safe driving guidelines, operating around pedestrians and other forklifts

DVD 744

**Heat Stress – (Aurora) 12 minutes**

Working in hot environments with strenuous physical activity causes heat reactions in the body. Teach workers how to protect themselves:

- \* Heat stress and its dangers
- \* Heat regulation in the body
- \* Eating, drinking & dressing to manage heat

DVD 745

**Lockout / Tagout: When Everyone Knows (Aurora) 17 minutes**

This dramatic video will help you comply with 1910.147 by explaining critical lock-out/tag-out procedures. The program contains dramatic reenactments and wrong way/right way scenarios that clearly illustrate the importance of energy control and proper procedures.

DVD 746

**Hand & Power Tools Safety (Aurora) 17 minutes**

Hand and power tools are used every day in many types of business. They make our work easier and allow us to be more efficient. However, we often fail to see the hazards these tools present.

The training program "Hand and Power Tool Safety" shows how accidents can be significantly reduced by applying good general safety rules, and reviews what hazards are associated with the specific types of tools we use. Areas covered in the program include:

- \* Matching the tool to the job.
- \* The importance of "state of mind".
- \* Personal protective equipment.
- \* Good safety practices.
- \* Tool care and maintenance.

DVD 747

**Safety Bob's Construction Safety Orientation (Aurora) 21 minutes**

With over 25 years of experience as a construction safety professional, Bob Synnett is dedicated to teaching new and inexperienced workers how to stay safe on the job. In this program, Bob stresses that construction work is dangerous and that each person is responsible for his or her own safety on the jobsite. He discusses a variety of safety issues that are vital in keeping construction workers from getting hurt on the job, including PPE, excavation & trenching safety, ladder & scaffolding safety, fall protection, electrical safety and the importance of a good safety attitude.

DVD 748

**Needlestick Prevention (Aurora) 9 minutes**

This program takes a comprehensive look at new regulations relating to needlestick prevention and examines techniques and engineering controls that, when utilized, can have a major impact on the reduction of these serious and possibly life-threatening injuries.

DVD 749

**Elements of Back Care: Healthcare Version (Aurora) 16 minutes**

This program will teach employees how to properly care for their backs and prevent injuries. Topics covered include:

- \* The basic function and design of the back.
- \* Body mechanics and movement.
- \* Various stretches and exercises.
- \* Proper techniques for patient movements and transfers.

DVD 750

**BBP in Healthcare Facilities (Aurora) 27 minutes**

Bloodborne diseases are a serious concern in the United States. "Hepatitis B" infects over 70,000 people annually, and has over one million "carriers" in the U.S. The HIV virus, which usually leads to AIDS, currently infects millions of people. Because of the increasing problems with these diseases, in 1991 OSHA passed a "Bloodborne Pathogens" regulation. Topics covered in this program include:

- \* Epidemiology and symptoms of bloodborne diseases
- \* Modes by which bloodborne disease is transmitted
- \* The Exposure Control Plan
- \* Recognition of exposure situations
- \* Practices to prevent exposure
- \* HBV vaccination
- \* Emergency procedures
- \* Signs and labels
- \* Selection and use of personal protective equipment

DVD 751

**Bicycle and Pedestrian Safety Resource Guide (NSC)**

DVD 752

**Resource Guide and Laws Related to Pedestrian and Bicycle Safety (NHTSA)**

DVD 753

**Step to Safety with Asimo (NSC) 14 min.**

Pedestrian Safety - Audience: Elementary / primary students; intended for ages 5-9. Covers stopping at curbs, looking left-right-left, crossing streets with parked cars, crossing at intersections, overview of traffic lights & signals, remember: always look yourself.

VCS 755

**Reach Truck Safety (CLMI) 8.15 min.**

VCS 756

**Emergency Procedures (UPRR) 13.30**

This video discusses procedures to be used in weather, medical, fire and evacuation in case of weather or bomb threats.

VCS 757

**Fire Extinguisher Training and Use (The Training Network) 14:20**

Basic overview on types of fires and the appropriate extinguishers to use for each.

VCS758

**What to do About Work Place Emergencies (The Training Network) 18:12**

General information on what to do if natural, chemical, medical or fire emergencies develop. Basic safety planning, MSDS recordkeeping.

DVD 759

**Winter Driving: When the Rules Change (Aurora Pictures ) 15 minutes**

This attention grabbing new 15-minute video dramatically illustrates the importance of adjusting our driving techniques when winter rolls around. Aurora's "famous" Larry character also appears in this video making one winter driving mistake after another; mistakes we can all learn from.

When the Rules Change also includes a powerful interview with a woman who was involved in fatal wintertime crash - an event that changed her life forever.

The video addresses:

- \* Vehicle preparation for winter
- \* Adjusting schedules for winter driving conditions
- \* Maintaining good visibility
- \* Winter driving techniques, including intersections, cornering, skid control, braking and slowing down
- \* Winter survival supplies and techniques

DVD 760

**Winter Driving Safety (Safety Videos Now Digital-2000) 32 minutes**  
(Requires DVD-R / +R player)

This winter driving safety video program was developed with a group of international experts. The film covers types of winter driving hazards with footage in real winter conditions around the country. Informs the viewer on recognizing hazards and avoiding accidents. This is an excellent film for those having to drive in winter conditions.

DVD 761

**Respirators: Your TB Defense and  
TB Respiratory Protection: Administrator's Review (NIOSH) 48 minutes (2002)**

Emmy award winner Loretta Swit hosts this presentation of two highly requested NIOSH programs. **Respirators: Your TB Defense** is designed to educate health care workers on proper respiratory protection. **TB Respiratory Protection: Administrator's Review** takes you step-by-step through developing a respiratory protection program for tuberculosis

DVD 762

**“BINGE” – Hammered, Wasted, Plastered, Drunk (NET) 30 Minutes (2010)**

Its how binge drinkers end up after night of partying. And young adults who binge drink are now more likely to fight and get into automobile accidents. In “Binge” travel to a roadside memorial that marks the spot where a teenager died in a drunk driving accident. Though other teens involved in the accident were grief-stricken, losing a friend wasn’t enough to change the binge drinking behaviors of all of them.

In urban communities and rural areas, binge drinking at large parties and complaints from neighbors in college towns keep law enforcement officers busy. Follow young adults drinking too much, too fast. Hear from law enforcement, university officials and bar owners trying to change their lives before it’s too late.

DVD 763

**“Chain Saw Safety, Maintenance, & Operation” (STIHL 2006) 63 Minutes**

With STIHL’s new Chain Saw Safety, Maintenance and Operation video, you can benefit from supplementary, professional training. Whether a novice or experienced chain saw user, this video can benefit you in operating your chain saw. This award-winning one-hour instructional video is broken into four segments - safe operating procedures, personal protective equipment, preventive maintenance and proper cutting techniques

DVD 764

**“Cut-Off Machine Safety, Maintenance and Operation” (STHIL – 2007) 45 Minutes**

“This new training video is not only for the new user, but also for the seasoned veteran.” “The DVD is designed to help train users of all handheld cut-off machines to properly operate the equipment in a safe manner.”

The 45-minute instructional video is broken into eight chapters: Cut-Off Machine Features, Understanding Authorized Wheels, Personal Protective Equipment, Transporting Your Cut-Off Machine, Pre-Use Inspection and Maintenance, Fueling Your Cut-Off Machine, Starting Your Cut-Off Machine, and Using Your Cut-Off Machine.

DVD 765

**“Distracted Driving: At What Cost? (Aurora Pictures – 2011) 9 min**

There's a lot of talk about this issue but most of us don't realize how often we're distracted while driving. A new study shows that up to 50% of crashes involve some sort of driver distraction. This new video helps us become aware of this increasingly dangerous behavior.

The video includes a two car crash that is investigated and shows how each driver was distracted leading up to the crash. It also includes an interview with a woman who was severely injured in a crash caused by a distracting cell phone conversation. Her parents also talk about how their entire family's lives were changed by the crash.

DVD 768

**“Another Smash Hit”** (Barr/Welch– 2011) 12 min.

Another Smash Hit portrays the dangers and probable consequence of Texting on cell phones while driving and in other situations. Using dramatic reenactments, scientific evidence and expert testimony from leaders in the field of Distracted Driving Awareness, this Educational Video is suitable for all audiences with emphasis on younger drivers.

The National Safety Council estimates that at least one million crashes---28% of the total---are caused each year by using cell phones and texting while driving. If you text and drive, a serious accident is inevitable. Twenty-nine states currently have laws in place regarding texting and driving.