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Greater Omaha Chapter

**[NATIONAL SAFETY COUNCIL,
GREATER OMAHA CHAPTER]**

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Video Catalog

The Video Library's VHS videotapes and DVDs are available exclusively to the National Safety Council, Greater Omaha Chapter members. This membership benefit provides a cost-effective way to educate, update, and train employees.

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ENGLISH LANGUAGE VIDEO TOPICS

ACCIDENT REPORTS, INVESTIGATION & PREVENTION

VCS 1	Accident, Data Plus
VCS 6	Job Safety Analysis
VCS 127	Preventing Injury Incidents
VCS 159	Accidents - It Can't Happen To Me
VCS 166	Safety Is Your Responsibility
VCS 188	Accident Investigation
VCS 208	Claims/Litigation Control for Workers' Comp
VCS 243	Hazard Recognition
VCS 245	Emergency Preparedness
VCS 272	Job Safety Analysis
VCS 311	Wheel of Misfortune and Grave Remarks
VCS 325	Dancing Alone
VCS 373	Worker's Compensation Fraud
VCS 376	Wheel of Misfortune and Grave Remarks
VCS 432	Accident Avoidance: No Injury, No Accident?
VCS 457	Supervisor's Role After an Accident
VCS 469	It Only Takes A Second
VCS 478	OSHA Injury & Illness Prevention
VCS 495	Preventing Injury Accidents
VCS 548	Recordkeeping True to Form

ASBESTOS

- VCS 4 Asbestos: Understanding the Hazards
- VCS 5 Asbestos Alert: Proper Use and Disposal of Personal Protective Clothing
- VCS 124 Home Asbestos Inspection
- VCS 259 Asbestos Awareness
- VCS 394 Asbestos: Awareness Exposure
- VCS 474 Asbestos Building Inspections
- VCS 475 Asbestos Cement Pipe Cutting
- VCS 592 Asbestosis
- VDS 636 The History of Asbestos

BACK/LIFTING SAFETY

- VCS 11 Lifting & Moving The Patient
- VCS 23 Backfire
- VCS 31 Back Injury Prevention
- VCS 143 Lifting Safely In Construction
- VCS 154 Preventing Back Injuries Through Exercise
- VCS 163 Stretch & Flex
- VCS 210 Musculoskeletal Support Devices: Panacea, Placebo, or Pathogen
- VCS 234 Safe Lifting
- VCS 279 Back Safety
- VCS 338 Me and My Back
- VCS 405 Back Safety
- VCS 434 On the Road: The Lighter Side of Lifting
- VCS 552 Back: Strength and Fitness
- DVD 587 Kids Do It ...Naturally Child's Play
- VCS 599 A Bit About Backs: Prevention Strategies
- VCS 670 Back Safety: Belt Use
- DVD 714 Child's Play in the Office

BLOODBORNE PATHOGENS

- VCS 110 Overview of Bloodborne Pathogens
- VCS 119 "As It Should Be Done": Workplace Precautions Against Bloodborne Pathogens
- VCS 219 Hand & Finger Injuries
- VCS 271 Universal Precautions "A Personal Priority"
- VCS 319 Bloodborne Pathogens: Part I
- VCS 324 Bloodborne Pathogens: Part II
- VCS 359 Bloodborne Pathogens: Post Exposure
- VCS 400 Bloodborne Pathogens: What are They?
- VCS 578 Bloodborne Pathogens: Everyday Heroes, Everyday Risks

CHILDREN/TEEN SAFETY

- VCS 12 Children In Crashes
- VCS 30 Kids Safety Quiz
- VCS 41 Children In Traffic: Why Are They Different
- VCS 61 Choices: Learning About AIDS
- VCS 66 Staying Afloat
- VCS 81 Be Safe On Your Bike
- VCS 86 Sorting It Out/Drug Abuse
- VCS 87 Farm Safety for Kids
- VCS 109 Wash Your Hands
- VCS 115 Bicycle Safety Camp
- VCS 116 Youth Safety Seminar
- VCS 117 Going Riding
- VCS 120 Avoiding Collisions (Pre Teen - Early Teen)
- VCS 176 Why Wait?
- VCS 177 Sly Fox & Birdie
- VCS 183 The NE School Bus Safety Program
- VCS 281 Ready or Not: Talking With Kids About Alcohol
- VCS 346 Baby Safe
- VCS 347 "Are We There Yet?"
- VCS 348 Hidden Hazards In Your Home
- VCS 349 Sparky's ABCs of Fire Safety
- VCS 350 Scald Burn Prevention Video
- VCS 351 Jell-O In A Jar: Safe Kids- Cycle Smart
- VCS 352 Precious Cargo: Protecting The Children Who Ride With You
- VCS 450 Airbags and Children
- VCS 467 Drill Today - Survive Tomorrow: Disaster Preparedness for Schools
- VCS 499 Critical Incident Response Training - For Schools
- VCS 559 Don't Risk Your Child's Life VI

CONFINED SPACE

- VCS 28 Confined Space Entry
- VCS 136 Clearing The Air - Confined Space Entry
- VCS 138 Confined Space Entry
- VCS 158 Testing & Monitoring For Hazardous Gas
- VCS 195 Confined Space Entry
- VCS 228 Why Permits Are Important
- VCS 255 Entering Confined Spaces
- VCS 263 Working in Confined Spaces
- VCS 308 Air Monitoring: The Purpose

VCS 406 Confined Space: Air Monitoring
VCS 407 Confined Space: Using Chemical
VCS 648 Once Too Many
DVD 696 Confined Space Entry: Permit Required

CONSTRUCTION SAFETY

VCS 69 Trench Shields
VCS 71 Personal Protective Equipment
VCS 72 Jobsite Hazards
VCS 104 Success at the Top
VCS 125 Sub Contractor Safety Orientation
VCS 127 Preventing Injuries On The Jobsite
VCS 128 Housekeeping On The Jobsite
VCS 129 Ladder Safety In Construction
VCS 130 Caught In Time: Fall Protection In Construction
VCS 143 Lifting Safely in Construction
VCS 144 Slips & Falls In Construction
VCS 145 Safety Guidelines For Frame Scaffold
VCS 146 Swing Stage Basic Rigging & Operating Procedures
VCS 149 Heat Stress Prevention In Construction
VCS 156 Scaffold Safety
VCS 157 General Safe Work Practices in Construction
VCS 170 Call Before You Dig Anything
VCS 198 Success at the Top: Stairway and Ladder Safety for the Construction Industry
VCS 228 Why Permits Are Important
VCS 249 Ladder Safety
VCS 290 Highway Construction & Maintenance Safety
VCS 295 Elevated Work Safety
VCS 323 Pneumatic & Hydraulic Tools
VCS 330 What To Do When The Sky Starts Falling
VCS 333 It Always Happens to the Other Guy
VCS 389 Elevated Work Safety
VCS 395 Personal Fall Protection
VCS 410 Fall Protection: The Basics
VCS 429 If Only (Aerial Lifts)
VCS 443 Arc Welding
VCS 490 Framer Safety
VCS 494 Heat Stress for Construction
VCS 550 Skid Steer 2001 Safety
VCS 551 One Step From Death
VCS 567 Wheel Loader Operating Techniques
VCS 568 Wheel Loader Walk Around and Introduction
VCS 571 Surveying Safety Highway Work Zone Safety

VCS 572 Plant Site Safety Highway work zone
VCS 573 Structures Safety Highway Work Zone
VCS 574 Grading Safety – Highway Work Zone
VCS 576 Flagging: You're The director
DVD 582 Construction Safety Essentials
DVD 585 ABC's of Your Personal Fall Arrest System
DVD 678 Contractor Safety: It's Everybody's Business
DVD 679 Asbestos in Construction
DVD 680 HazCom for Construction
DVD 681 Scaffolds: Safety at All Levels
DVD 682 Trench Emergency
DVD 683 Construction Forklifts: Extending Your Reach

CRANE SAFETY

VCS 63 Crane Safety
VCS 167 Crane Operator Safety
VCS 321 Crane Operator Safety
VCS 439 Cranes, Chains and Slings
DVD 722 Safe Operation of Overhead Cranes

DRIVING SAFETY-GENERAL

VCS 20 Night Driving Tactics
VCS 36 Caution: Battery on Board
VCS 38 Make Winter Driving Safe/Surviving Winter Driving
VCS 41 Children in Traffic: Why Are They Different
VCS 47 Car Care, Automotive First Aid & Safety
VCS 52 Smooth Running
VCS 62 DDC... It's Good Business
VCS 67 The Company Car
VCS 77 Space Invaders
VCS 78 Valvoline Driver's Test
VCS 80 Vehicle Safety
VCS 98 Helmet Laws: Whose Freedom
VCS 120 Avoiding Collisions
VCS 135 Ride of Your Life
VCS 142 Vehicle Safety On The Road
VCS 175 Grade Crossing Safety
VCS 176 Why Wait?
VCS 196 Van & Truck Driving

VCS 215 On Country Roads
VCS 253 Safe Driving
VCS 277 Traffic Safety
VCS 305 Driving Safety
VCS 314 Defensive Driving
VCS 328 Traffic Safety
VCS 344 Don't Let Up: Anti-Lock Braking Systems
VCS 345 Ready... Set... Winter! Driving Safely on Ice and Snow
VCS 436 The Hidden Danger: Low Water Crossings
VCS 444 The PRO System for Accident Free Backing
VCS 448 Driving in Bad Weather
VCS 449 Parking Safely
VCS 451 Entrance and Exit Ramps
VCS 452 Right Turns
VCS 453 Intersections
VCS 454 Stopping on Shoulders
VCS 455 Following Distance
VCS 456 Lane Changes
VCS 461 A Way To Live
VCS 463 In Control: America's Driving Reference
VCS 464 The Ultimate Driving Challenge
VCS 465 Heads Up at the Wheel: Home Safe
VCS 470 Driven to Extremes
VCS 484 Safe Backing & Child Safety
VCS 500 Road Rage
VCS 505 Some Laws Can't be Broken
VCS 506 Taming the Winter Road
VCS 507 Low Visibility Driving
VCS 677 Traffic Safety
DVD 717 Driven to Distraction
DVD 726 Crash Course: What to Know Before and After a Collision

DRIVING UNDER THE INFLUENCE

VCS 13 Drinking & Driving - The Toll, The Tears
VCS 48 The Decision
VCS 354 The Game of Your Life
VCS 445 Live and Let Live
VCS 473 Drunk Driving: Real People/Real Tragedies

DRUGS/ALCOHOL IN THE WORKPLACE

VCS 8 Too Dangerous To Work With
VCS 19 Monday Night & Tuesday Morning

- VCS 57 Drugs At Work
- VCS 58 Handle With Care
- VCS 59 Getting Help
- VCS 60 Finding Solutions
- VCS 85 Stay In Control
- VCS 86 Sorting It Out/ Drug Abuse
- VCS 165 Alcoholism In The Workplace
- VCS 194 Our Program
- VCS 206 Omnibus Transportation Act and Drug/Alcohol Testing
- VCS 281 Ready or Not: Talking With Kids About Alcohol
- VCS 408 Drug Use & Abuse
- VCS 420 Under the Influence: Alcohol in the Workplace
- VCS 431 America in Jeopardy: Drugs in the Workplace
- VCS 472 Get Real Jack
- VCS 631 Cocaine: The Ticking Clock
- VCS 633 Who's The Boss?
- VCS 634 Just A Little Nip

ELECTRICAL SAFETY

- VCS 53 Low Voltage Safety
- VCS 126 Basic Electricity On The Jobsite
- VCS 214 It's a Matter of YOUR Safety
- VCS 220 Electromagnetic Field Awareness
- VCS 233 Electrical Hazards
- VCS 241 Electrical Hazards: Common Mistakes
- VCS 266 Electrical Safety Series: "Basic Principals of Electricity"
- VCS 267 Electrical Safety Series: "Safety Related Work Practices"
- VCS 268 Electrical Safety Series: "Electrical Test Equipment"
- VCS 270 Electrical Safety for Health Care Personnel
- VCS 276 Electrical Safety Series: "Common Violations of Electrical Standards"
- VCS 398 PPE Electrical
- VCS 409 Electrical Maintenance
- VCS 440 Basic Electrical Safety on the Job Site
- VCS 476 Battery Charging Safety
- DVD 626 Arch Flash Safety Awareness – English/Spanish
- VCS 653 A Shocking Experience
- DVD 687 Static Electricity

EMERGENCY RESPONSE

- VCS 90 National Chemical Response & Info. Center

- VCS 94 The Emergency Response Guidebook: A Tool For Safety
- VCS 217 Bomb Threat Management
- VCS 245 Emergency Preparedness
- VCS 260 HAZMAT Spills: Are You Ready?
- VCS 379 Lab Safety for Non-Lab Personnel
- VCS 466 Anhydrous Ammonia Incidents for Emergency Responders
- VCS 509 SEA-J Special Report: Disaster Preparedness

ERGONOMICS

- VCS 16 VDT Video Display Terminal- The Human Connection
- VCS 111 Office Ergonomics
- VCS 189 Computer Fitness
- VCS 210 Cumulative Trauma Disorders - A Medical Nightmare
- VCS 248 Industrial Ergonomics
- VCS 280 Ergonomics: Job Safety Analysis
- VCS 357 Ergonomic Tools
- VCS 501 Basics of Ergonomics
- VCS 502 Office Ergonomics
- VCS 635 No More Mr. Mean Screen
- VCS 637 Repetitive Strain Injuries
- VCS 672 Ergonomic Tools
- DVD 704 Ergonomics: Solving The Puzzle English/Spanish

EXCAVATION SAFETY

- VCS 51 Excavation Safety
- VCS 69 Trench Shields
- VCS 72 Jobsite Hazards
- VCS 170 Call Before You Dig Anything
- VCS 171 Backhoe/Loader Operations
- VCS 179 Trenching & Shoring
- VCS 442 Backhoe/Loader Operations

EYE PROTECTION

- VCS 114 Eye Care & Safety
- VCS 140 Eye Protection
- VCS 261 Eye Protection
- VCS 360 Eyewash Showers and Stations
- VCS 479 Personal Protection Safety – Eye
- DVD 688 Prevention of Eye Injuries
- DVD 690 Eye Protection – See the Whole Picture (English/Spanish)

FARM SAFETY

- VCS 87 Farm Safety For Kids
- VCS 88 Farm Safety: Facing The Challenge
- VCS 96 Safe Country: Farm Safety
- VCS 97 John Deere Consolidated Safety Video
- VCS 215 On Country Roads

FIRE SAFETY

- VCS 33 Fire Extinguishers: Safety on the Job
- VCS 121 Fire Extinguisher - Fight Or Flight
- VCS 151 Fire Extinguisher Training
- VCS 161 Handling & Using Flammable Liquids
- VCS 162 Bonding & Grounding Flammable Liquids
- VCS 236 Fire Safety: Extinguishers
- VCS 237 Fire Safety Review
- VCS 282 American Heat: Fire Investigations
- VCS 284 Fire Safety
- VCS 304 Fire Hazard Recognition
- VCS 306 Fire Safety in the Home
- VCS 307 Hazard Alert: Fire Extinguishers
- VCS 334 Getting Out Alive
- VCS 337 Fire Extinguishers: First Line of Defense
- VCS 387 Fire Hazard Recognition
- VCS 388 Hazard Alert: Fire Extinguishers
- VCS 411 Fire Prevention
- VCS 428 Get Out Alive
- VCS 467 Drill Today - Survive Tomorrow: Disaster Preparedness for Schools
- VCS 600 Know Your ABC's – Fire Extinguishers
- VCS 660 The First Few Minutes
- VCS 674 fire Prevention
- DVD 702 Fire Extinguisher: Your PASS to Safety English/Spanish

FIRST AID/ CPR

- VCS 36 Caution: Battery on Board
- VCS 47 Car Care, Automotive First Aid & Safety
- VCS 181 Stress Relief: The Heimlich Method
- VCS 193 Winter Dangers
- VCS 219 Hand & Finger Injuries
- VCS 257 Basic First Aid
- VCS 412 CPR Review Program
- VCS 658 A Shock to the System
- DVD 716 Cardiopulmonary Resuscitation - CPR

FLEET/TRUCK SAFETY

- VCS 14 Don't Blow It
- VCS 52 Smooth Running
- VCS 64 Fleet Safety: Protecting Your Profits
- VCS 65 Awareness for Initial Response to Hazardous Material Incidents
- VCS 67 The Company Car
- VCS 77 Space Invaders
- VCS 142 Vehicle Safety On The Road
- VCS 196 Van & Truck Driving
- VCS 197 Truck Driving: Controlling Skids
- VCS 206 Omnibus Transportation Act and Drug/Alcohol Testing
- VCS 446 Snowplow Safety
- VCS 447 Snowplow Safety: Parking Lots
- VCS 458 Driving Light/Empty Loads
- VCS 460 Speed Management
- VCS 562 Flatbed Cargo Securement

FORKLIFT SAFETY

- VCS 7 Safe Forklift Operation
- VCS 79 Color Of Safety (Forklift Safety)
- VCS 229 Forklift Safety
- VCS 273 Warehouse Safety
- VCS 413 Forklift Loading
- VCS 476 Battery Charging Safety
- VCS 482 Propane Safety
- VCS 504 Forklift Operations: Carrying the load (Spanish)
- DVD 630 Aerial Platform Operator Training
- VCS 638 Forklift Safety
- DVD 692 Forklift Basics: Safe From the Start
- DVD 700 Powered low-lift Trucks (Walkie & Walkie/Rider Safety) English/Spanish

GENERAL SAFETY/ MISC.

- VCS 15 Harm's Way
- VCS 66 Staying Afloat
- VCS 73 Good Housekeeping
- VCS 83 Protecting Life, Promoting Health
- VCS 99 Railroading: A Way of Life
- VCS 103 A Matter Of Seconds
- VCS 107 The Story of a Pipe Fitter
- VCS 134 OSHA At Work
- VCS 163 Stretch & Flex
- VCS 166 Safety & Your Responsibility

VCS 170 Call Before You Dig Anything
VCS 181 Stress Relief: The Heimlich Method
VCS 202 OSHA Inspection - Overcoming the Fear
VCS 204 Group Dynamics and Team Building
VCS 208 Claims/Litigation Control With Workers Comp
VCS 209 Discipline ...a Constructive Learning Tool
VCS 211 Workplace Safety & Health & the A.D.A.
VCS 211 Award Winning Safety Program - Arvada, CO.
VCS 212 Diversity and the Communication Gaps
VCS 212 Pay for Performance & Its Effects on Safety
VCS 213 The Environmental Arena
VCS 213 How to Develop a Written Safety & Health Program
VCS 216 The Dirty Dozen
VCS 221 Stress In The Workplace
VCS 228 Why Permits Are Important
VCS 239 Fall Arrest Systems
VCS 249 Ladder Safety
VCS 250 Grounds Keeping: Lawn Mower Safety
VCS 272 Job Safety Analysis
VCS 273 Warehouse Safety
VCS 274 Combating Stress
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VCS 313 Custodial Staff Safety
VCS 315 Hunting Safety
VCS 316 Hunting Safety
VCS 317 Prevention of Most Common Accidents
VCS 318 Coaching Safe Behavior Part II
VCS 332 Head Protection
VCS 336 With Safety Everybody Wins
VCS 341 Sexual Harassment
VCS 353 Smoking at Work
VCS 358 Contingency Training
VCS 361 Workplace Security
VCS 368 What ISO Standards Mean to Safety Managers
VCS 390 Custodial Staff Safety
VCS 397 Materials Handling and Storage
VCS 404 Work Surface Safety
VCS 421 Working Mom's Survival Guide
VCS 422 BUTT OUT!! The Proven Quit Smoking Plan
VCS 423 Lead Exposure at Indoor Firing Range
VCS 424 Powerful Communication Skills
VCS 425 Listen Up—Hear What's Really Being Said!

VCS 426 Stress Management
VCS 430 Preventing Hantavirus Disease
VCS 468 Safe for Life
VCS 469 It Only Takes A Second
VCS 485 Employee Safety for Retail
VCS 487 Radiation Protection for Healthcare
VCS 488 Hospital Fire Safety
VCS 489 Sanitation in Healthcare Cafeterias
VCS 493 Maintenance Person Safety
VCS 498 Sexual Harassment - Serious Business
VCS 503 Counter Attactics
VCS 549 I Chose to Look the Other Way
VCS 563 Box Cutter/Utility Knife Safety
VCS 565 Toxic Mold
VCS 566 Safety Awareness: Real Accidents, Real Stories
VCS 575 Safety: The Good Fight
VCS 577 Safety is No Accident: A Video Guide to Chain Saw Safety Highlights
VCS 579 Occupational Dog Bite Safety Video "2002"
DVD 598 Bucket Trucks: Extending Your Safety
VCS 619 Chains and Safety
VCS 641 Cutting It Short – Part I
VCS 642 Cutting It Short – Part II
VCS 651 Fueling A Machine
VCS 652 Danger: Hazardous Duty
VCS 654 Indoor Air Pollution
DVD 686 What Would You Say
DVD 689 Lifting It Right (Automotive Lifting)
DVD 691 The Line of Fire – English
DVD 697 Warehouse Safety: It's No Mystery
DVD 701 OSHA Recordkeeping: True to Form English/Spanish
DVD 724 Managing Stress Before It Manages You

HAND/HAND TOOL SAFETY

VCS 35 Hand Safety
VCS 101 Hand Tool Safety In The Workplace
VCS 132 Hand & Power Safety
VCS 218 Portable Hand Tools
VCS 219 Hand & Finger Injuries
VCS 265 Hand Protection
VCS 362 Carpal Tunnel Syndrome
VCS 384 Pneumatic & Hydraulic Tools

- VCS 386 Hand, Wrist, & Finger Safety
- VCS 480 Personal Protection Safety – Hand
- VCS 650 A-OK: Finger Safety
- DVD 684 High-Impact Hand Safety

HAZARD COMMUNICATION

- VCS 10 Introduction To Hazard Communication Standard
- VCS 17 Hazard Communication Program
- VCS 42 Hazard Communication: What's It All About
- VCS 43 The MSDS: Cornerstone Of Chemical Safety
- VCS 112 Right To Know: Cleaning & Maintenance Personnel
- VCS 113 Working Safely With Corrosive & Irritant Chemicals
- VCS 207 Minimizing Hazardous Waste and Reducing Occupational Risks in the Workplace
- VCS 226 Take Home Toxics
- VCS 240 HAZCOM: Review
- VCS 247 HAZCOM: Training
- VCS 252 HAZCOM: Labels & MSDS's
- VCS 287 HAZCOM: Acids & Caustics
- VCS 380 Hazard Recognition
- VCS 393 Common Toxicological Terms of an MSDS
- VCS 492 Right-To-Know: Custodians/Maintenance
- VCS 675 Job Safety Analysis
- DVD 693 MSDS: Read It Before You Need It
- DVD 706 Solvents

HAZARDOUS MATERIALS

- VCS 34 Decontamination
- VCS 44 Toxicology
- VCS 50 Radon: A Homeowner's Guide
- VCS 65 Awareness For Initial Response To HAZMAT Incidents
- VCS 90 National Chemical Response & Information Center
- VCS 91 Utilization of Chemical Protective Equipment & Decontamination Procedures
- VCS 92 Teamwork
- VCS 93 Poisons
- VCS 113 Working Safely With Corrosives & Irritants
- VCS 160 Using & Handling Compressed Gas Cylinders
- VCS 161 Handling & Using Flammable Liquids
- VCS 162 Bonding & Grounding Flammable Liquids
- VCS 164 Storing Compressed Gas Cylinders Safely
- VCS 182 Handling & Transporting Hazardous Material Safely
- VCS 207 Minimizing Hazardous Waste and Reducing Occupational Risks
- VCS 222 Handling Hazardous Materials
- VCS 224 Compressed Gas Cylinders

VCS 227 Waste Minimization
VCS 254 Lead Awareness
VCS 258 Hazardous Waste Awareness
VCS 260 HAZMAT Spills: Are You Ready?
VCS 289 Proper Use of Compressed Air
VCS 300 Lab Safety for the Non-Laboratory Personnel
VCS 308 Air Monitoring: The Purpose
VCS 327 Radon Doesn't Have To Be A Problem
VCS 339 Drum and Other Small Spills: Control, Containment and Cleanup
VCS 340 Decontamination
VCS 356 HAZWOPER
VCS 366 Resource Conservation & Recovery Act
VCS 370 Small Spills Clean-Up
VCS 371 Proper Use of Compressed Air
VCS 383 HAZWOPER: Awareness Level
VCS 391 Chemical Emergency Preparedness & Procedures
VCS 414 HAZWOPER
VCS 466 Anhydrous Ammonia Incidents for Emergency Responders
VCS 482 Propane Safety
VCS 486 Spill Clean-Up Exercises
VCS 497 Orientation: Donning, Doffing, Decontamination
VCS 673 Hazwoper: Role of the First Responder
DVD 703 Hexavalent Chromium Awareness English/Spanish
DVD 723 Safe handling of Gases

HEALTH AND HYGIENE

VCS 2 Smoking: The Road to a Smoke-Free Life
VCS 39 AIDS: Can I Get It?
VCS 61 Choices: Learning About AIDS
VCS 109 Wash Your Hands
VCS 163 Stretch & Flex
VCS 194 Our Program
VCS 203 "Hey Do I Need a Cigarette!"
VCS 221 Stress in the Workplace
VCS 226 Take Home Toxics
VCS 269 Home Air Care: Indoor Air & Your Health
VCS 278 Combating Stress
VCS 312 Personal Health & Fitness
VCS 343 Your Work & Your Health: The Role of Industrial Hygiene
VCS 363 Medical Monitoring: How It Works
VCS 364 Diet for Energy
VCS 372 Good Manufacturing Practices

VCS 385 Personal Health & Fitness
VCS 392 Controlling High Blood Pressure
VCS 402 Preparing for the Cold & Flu Season
VCS 419 Making Healthy Choices: Safe and Healthy Lifestyles
VCS 430 Preventing Hantavirus Disease
VCS 435 Celebrate Living
VCS 553 High Blood Pressure
VCS 554 Preventing Burnout
VCS 555 Stress Management
VCS 556 Time Management
VCS 557 Weight Management
VCS 558 Wellness: Skills for a Lifestyle Change
DVD 596 Avian Flu – What You Need to Know
VCS 643 Lyme disease
VCS 644 Diet Right
VCS 645 Exercise Your Heart
VCS 646 Protecting Against Aids in the Workplace

HEARING CONSERVATION

VCS 18 Preserve Your Hearing
VCS 155 Hearing Conservation
VCS 264 Hearing Protection: HCP and PPE
VCS 441 Hearing Conservation
DVD 695 Hearing Protection: Sounds Good To Me

LOCKOUT/TAGOUT

VCS 56 Lockout/Tagout 1989
VCS 137 Hazardous Energy Source/ LO/TO
VCS 184 Lockout/Tagout 1992
VCS 235 Lockout/Tagout: The Basics
VCS 244 Lockout Tagout
VCS 275 Lockout/Tagout: A Life is on the Line
VCS 417 LO/TO: Just Do It!!
DVD 597 LO/TO: Lightning in a Bottle
VCS 649 Tag You're It
VCS 676 Lockout/Tagout: A Life is on the Line

MACHINE/TOOLS SAFETY

VCS 3 Everything to Lose
VCS 22 Working With Machinery

- VCS 70 Heavy Equipment
- VCS 84 Multiple Choice
- VCS 101 Hand Tool Safety In The Workplace
- VCS 133 Powder Actuated Tools
- VCS 150 Portable Grinders & Abrasive Wheels
- VCS 201 Safety Is ...No Accident
- VCS 225 Machine Guarding
- VCS 251 Portable Power Tools
- VCS 297 Machine Shop Safety
- VCS 378 Portable Power Tools
- VCS 418 Machine Cutting, Grinding & Sanding

OFF-THE-JOB SAFETY

- VCS 25 Safety Captain's Update # 16: Home Safety
- VCS 50 Radon: A Homeowner's Guide
- VCS 66 Staying Afloat
- VCS 124 Home Asbestos Inspection
- VCS 172 Scenarios For Self Defense - Your Early Options
- VCS 173 Scenarios For Self Defense - When An Acquaintance Becomes An Assailant
- VCS 174 Scenarios For Self Defense - Practical Physical Resistance
- VCS 226 Take Home Toxics
- VCS 250 Grounds Keeping: Lawn Mower Safety
- VCS 269 Home Air Care: Indoor Air & Your Health
- VCS 285 Home Safety
- VCS 286 Holiday Safety
- VCS 292 Off-the-Job Safety
- VCS 298 Recreational Safety
- VCS 326 Our House
- VCS 416 Housekeeping for Safety
- VCS 503 Counter Attactics
- VCS 569 Traveling Alone in America
- VCS 570 Make Your Home a Safe haven
- VCS 632 Handgun Safety
- VCS 656 Home Safety: Past, Present and Future
- VCS 659 Destination Safety: Part II

OFFICE SAFETY

- VCS 16 VDT Video Display Terminal - The Human Connection
- VCS 32 It's A Jungle (Office Safety)
- VCS 49 VDT's - An Overview
- VCS 111 Office Ergonomics
- VCS 169 General Office Safety

- VCS 189 Computer Fitness
- VCS 483 Reducing Unsafe Acts of Office Employees
- DVD 725 Solving People Problems On the Job

PERSONAL PROTECTIVE EQUIPMENT

- VCS 3 Everything to Lose
- VCS 5 Asbestos Alert: Proper Use & Disposal of Personal Protective Clothing
- VCS 18 Preserve Your Hearing
- VCS 44 Toxicology
- VCS 45 Personal Protective Equipment
- VCS 71 Personal Protective Equipment
- VCS 75 Above All Keep Your Head
- VCS 91 Utilization Of Chemical Protective Equipment
- VCS 139 Personal Protective Equipment
- VCS 242 Foot Protection
- VCS 274 Protective Clothing
- VCS 294 Complete Line of Footwear
- VCS 374 The Complete Line of Footwear
- VCS 396 Protective Clothing
- VCS 398 PPE Electrical
- VCS 399 PPE: Just Put It On!
- VCS 415 Head Protection
- VCS 433 Uniform for Safety: Wearing Personal Protective Equipment
- VCS 479 Personal Protection Safety - Eye
- VCS 480 Personal Protection Safety – Hand
- VCS 481 Personal Protection Safety – Foot
- VCS 657 Protective Equipment
- VCS 671 Protective Clothing
- DVD 694 PPE: Don't Start Work Without It

RESPIRATORY PROTECTION

- VCS 152 How To Fit Respiratory Protection
- VCS 153 Respiratory Protection
- VCS 232 Respiratory Protection
- VCS 256 Respiratory Maintenance
- VCS 320 Choosing The Correct Respirator
- VCS 322 Respiratory Care & Use
- DVD 705 Respiratory Protection: Another World English/Spanish

SAFETY COMMITTEES

- VCS 187 The Safety Committee: Problem or Solution

- VCS 204 Group Dynamics/Team Building for Your Safety Committees
- VCS 283 How to Conduct a Safety Meeting
- VCS 355 Conflict Resolution
- VCS 459 Establishing Safety Committees

SAFETY MANAGEMENT

- VCS 6 Job Safety Analysis
- VCS 54 The Future Is Now
- VCS 99 Railroading: A Way of Life
- VCS 125 Sub Contractor Safety Orientation
- VCS 157 General Safe Work Practices
- VCS 204 Group Dynamics/ Team Building for Your Safety Committee
- VCS 209 Discipline ...A Constructive Learning Tool
- VCS 211 Award Winning Safety Program! Arvada, CO
- VCS 212 Diversity & the Communication Gaps!
- VCS 212 Pay For Performance & Its Effects on Safety
- VCS 213 Tips on How to Develop a Written Safety & Health Program
- VCS 227 Waste Minimization
- VCS 243 Hazard Recognition
- VCS 272 Job Safety Analysis
- VCS 273 Ergonomics: Job Safety Analysis
- VCS 296 Creating the Safety Plan (part one)
- VCS 299 Creating the Safety Plan (part two)
- VCS 310 Coaching Safe Behavior (part one)
- VCS 329 Workfit 2000
- VCS 335 Compliance Awareness For Managers & Supervisors
- VCS 365 The Importance of Safety
- VCS 367 Employee Performed Inspections
- VCS 369 The Supervisor's Role in Safety
- VCS 381 Industrial Hygiene for Safety Managers
- VCS 457 Supervisor's Role After an Accident

SEAT BELTS

- VCS 9 It'll Never Happen To Me
- VCS 26 The Ride Of Your Life
- VCS 117 Going Riding
- VCS 178 Crash Course On Safety Belts
- VCS 199 Seat Belts and the Family: Shattering Some Myths
- VCS 215 On Country Roads
- VCS 331 The Ride of Your Life
- VCS 354 Safety Belts: For Dummies or People?
- VCS 427 Crash Course Safety Belts
- VCS 450 Airbags and Children

- VCS 462 Riding with Nothing but the Radio On
- VCS 508 Diana's Last Message

Security

- DVD 707 Careless Keystrokes Can Kill
- DVD 708 Operation Safeguard: Hard Target
- DVD 709 Operation Safeguard: The Assessment
- DVD 710 Think Like the Wolf: Applying OPSEC to Military Operations
- DVD 711 Applying OPSEC to Criminal Investigations
- DVD 712 An introduction to OPSEC
- VCS 713 OPSEC: The Art of Working together

SLIPS, TRIPS AND FALLS

- VCS 21 Slips, Trips and Falls
- VCS 24 Anatomy Of A Fall
- VCS 144 Slips & Falls In Construction
- VCS 342 Don't Fall For It: Preventing Slips, Trips, and Falls
- VCS 438 Employee Fall Protection
- VCS 477 Ladders, Poles & Scaffolds
- VCS 647 Falls
- DVD 720 Preventing Slips, Trips and Falls

WEATHER

- VCS 29 Tornado: Plan to Survive
- VCS 193 Winter Dangers
- VCS 230 Cold Stress
- VCS 246 Heat Stress
- VCS 293 Heat Stress
- VCS 467 Drill Today - Survive Tomorrow: Disaster Preparedness for Schools
- VCS 471 Sun Safety: A Growing Health Concern
- VCS 560 Winter Walking
- VCS 561 Hypothermia & Frostbite
- VCS 593 Heat Hazards
- VCS 564 Severe Weather Alert: Are You Prepared?
- DVD 718 Safe Winter Driving

WELDING SAFETY

- VCS 82 Welding Safety
- VCS 105 Oxy-Fuel Safety - It's Up To You
- VCS 141 Health Factor In Welding Operations
- VCS 148 Gas Welding & Cutting Safety Factors
- VCS 168 Arc Welding Safety

VCS 231 Welding & Cutting
VCS 303 Welding & Cutting Safety
VCS 375 Welding & Cutting Safety
VCS 639 A Matter of Degree – Part I
VCS 640 A Matter of Degree – Part II
DVD 699 Welding Safety: Safe Work with Hotwork

WORKPLACE VIOLENCE

VCS 172 Scenarios For Self Defense - Your Early Options
VCS 173 Scenarios For Self Defense - When An Acquaintance Becomes An Assailant
VCS 174 Scenarios For Self Defense - Practical Physical Resistance
VCS 191 Back With a Vengeance
VCS 200 Tough Target
VCS 205 Worksite Violence
VCS 217 Bomb Threat Management
VCS 301 Violence in the Workplace (part one)
VCS 302 Violence in the Workplace (part two)
VCS 333 It Always Happens To The Other Guy
VCS 503 Counter Attactics
VCS 655 Lone Driver

SPANISH LANGUAGE VIDEO TOPICS

ACCIDENT PREVENTION

VCS 496 Preventing Injury Accidents
VCS 539 Report to Work: Your Safety Responsibility

BLOODBORNE PATHOGENS

VCS 527 Bloodborne Pathogens Overview

CONSTRUCTION SAFETY

VCS 491 Frammer Safety
DVD 594 ABC's of Your Personal Fall Arrest System System

BACK /LIFTING

VCS 541 Back Injury Prevention

DRIVING SAFETY

VCS 192 Driving With Care
VCS 437 The Hidden Danger: Low Water Crossings

FIRE SAFETY

VCS 519 Portable fire Extinguishers
VCS 580 Fire Safety

HAZARD COMMUNICATION

VCS 185 Hazardbusters

HAND SAFETY

DVD 685 High-Impact Hand Safety

LOCKOUT/TAGOUT

VCS 186 Lock-Out/Tag-Out

VCS 543 Lockout/Tagout

FORKLIFT TRAINING

VCS 504 Forklift Operations: "Carry the Load"

WEATHER

VCS 581 Working Safely in Hot Environments

TRAINING PROGRAMS

TP-01 Safe Forklift Operation (NUS)

Describes basic principles of forklift stability an operator must keep in mind to safely maneuver, load, lift and stack materials using a forklift truck. (1 video with instructors guide, student manual and test)

TP-02 VDT Video Display Terminal - The Human Connection (CLM)

Presents a simple, step-by-step guide to proper set up of a VDT station. Describes the basics of Ergonomics. (1 video with slides and trainers guide) Handbooks: \$0.90 each

TP-03 Hazard Communication Program (CLM)

This program contains the essential elements for a complete compliance program. (2 videos with trainers guide.) Handbooks: \$0.90 each

TP-04 Electrical Safety Series: "Basic Principals of Electricity"

Designed to give an overview of the basic electrical actions.

TP-05 Electrical Safety Series: "Safety Related Work Practices"

Covers basic safety information for employees who may be required to use these instruments.

TP-06 Electrical Safety Series: "Electrical Test Equipment"

Addresses the hazardous situations you are most likely to encounter.

TP-07 Electrical Safety Series: "Common Violations of Electrical Standards" (VTS)

Discusses commonly violated electrical standards. This series was designed to assist in meeting the requirements of the new Electrical Standard, CFR 1910.331-335 to the extent they apply to "unqualified" persons. (4 videos with training guide)

TP-08 It's A Jungle (Office Safety) (VTS)

This program reminds employees of safety problems that occur in the office, as well as what can be done to address these problems. Presents the fundamentals of good office safety. (1 video with training guide)

TP-09 Decontamination (VTS)

This program is designed to assist with the process of decontamination. It is limited to the discussion of decontaminating personnel and tools, equipment and personal protective apparel used at the site, as well as decontaminating the decontamination corridor itself. (1 video with training guide)

VIDEO SOURCE GUIDE

AA	Audiology Association
AAA	AAA Foundation for Traffic Safety
AABC	Alabama ABC 33/40
AGC	Associated General Contractors of America
AH	American Heat
AIMS	Aims Media
ALA	American Lung Association
AP	Aurora Pictures
ATA	American Trucking Association
ATF	Bureau of Alcohol, Tobacco & Firearms
BC	Birko Corporation
BF	Barr Films
BH	Bell Helmets
BP	Buckley Productions
BPS	BPS Communications
BRP	Billy Robins Presentations
CAT	Caterpillar Inc.
CC	The Century Council
CCI	Country Companies Insurance
CDC	Centers for Disease Control and Prevention
CLM	Comprehensive Loss Management
CMA	Chemical Manufacturers Association
CHP	Children's Hospital of Philadelphia
CSP	Cinema Safety Productions
CV	Coastal Video Communications
CVC	Cinema Video Center
CVM	CorVision Media - ABC News
DBP	Don Brown Productions
DOT	US Department of Transportation
ENT	ENT/Gates Production
EPA	Environmental Protection Agency
FDE	Florida Department of Education
GM	General Motors
GMC	Geico Media Center
GSAS	Greater San Antonio Safety Council
IAG	Iowa Attorney General
IIHS	Insurance Institute for Highway Safety
IMC	Immanuel Medical Center
ITS	Industrial Training Systems Corporation
JDC	John Deere Corporation

K&M Kenworth & Michelin
KETV Channel 7
KMC Kennedy Media Company
LCDR La Comunicacion De Riesgos
LIA Lead Industries Association
LIP Long Island Productions
LM Liberty Mutual
LMEF Lincoln Medical Education Foundation
LVT Light Video Television Inc.
ME Moeller Enterprises
MEDC Medcom
MESH MESH/Westcoast Communications
MI Multivision Inc.
MSBC Mississippi Seat Belt Coalition, Inc.
NAFC Nebraska Association for Family & Community Education
NAVC National Audio-Visual Center
NC National Crane
NFPA National Fire Protection Association
NHTS National Highway Traffic Safety Administration/LETN
NIDA National Institute on Drug Abuse
NOAA National Oceanic and Atmospheric Association
NOHS Nebraska Office of Highway Safety
NRA National Rifle Association
NSC National Safety Council
NSF National Sleep Foundation
NSK National Safe Kids Campaign
NUS NUS Training Corporation
OSU Oklahoma State University
PP Parker Productions
PVA Prevent Blindness America
S&A Shinn & Associates
SCSG Safety Council of Greater Houston & Southern Gas Assn.
SD Square D - Group Schneider
SIA Scaffold Industry Association
STS Summit Training Source
SVIA Specialty Vehicle Institute of America
SW Safety Watch
TIB The Idea Bank
TABS The American Back School
TAT Tel-A-Train
TIPP TIPP/American Academy of Pediatrics
UPRR Union Pacific Railroad
USCT USC Telecommunications

USDL U.S. Department of Labor
VEC Victor Equipment Co.
VPCP Virginia Power/North Carolina Power
VTS Video Training Source Inc.
WETA Greater Washington Education Telecommunications Assn.
WEVP West End Video Productions
XEN Xenejenex Health Videos

(NETS) Videos donated by Network of Employers for Traffic Safety

VIDEO DESCRIPTIONS

VCS 1

Accident, Data, Plus (NSC) 1982 23 min.

Analysis, counter measures and control in a building safety program.

VCS 2

Smoking: The Road to a Smoke-Free Life (ITS) 1992 10 min

Awareness, knowledge and techniques to quit smoking. Includes getting ready, quitting, and staying free.

VCS 3

Everything To Lose (UPRR) 1979 22 min

Stresses safety in an industrial shop area. Emphasizes personal safety equipment.

VCS 4

Asbestos: Understanding the Hazards (ITS) 1995 25 min

Covers facts about asbestos, government regulations, describes long-term and chronic health hazards, and explains basic work practices for safe work.

VCS 5

Asbestos Alert: Proper Use and Disposal of Personal Protective Clothing (ITS) 1989 9 min

Informs about types and use of protective clothing and equipment required when working around or with asbestos materials and how to decontaminate them.

VCS 6

Job Safety Analysis (NSC) 1981 20 min

Detailed demonstrations of techniques used in performing job safety analysis.

VCS 7

Safe Forklift Operation (NUS) 16 min

Describes basic principles an operator must keep in mind to safely maneuver, load, lift, and stack materials.

VCS 8

Too Dangerous To Work With (UPRR) 1984 24 min

See how alcohol and drug use effects safety in the workplace. Stresses EAP.

VCS 9

It'll Never Happen To Me (UPRR) 1983 22 min

Answers most objections raised against seat belt use. Great emotional impact.

VCS 10

An Introduction To The Hazard Communication Standard (NAVC) 1985 27 min

Highlights major provisions of the "Right to Know" OSHA standards including MSDS, labels, training and trade secrets.

VCS 11

Lifting And Moving The Patient (MEDC) 1985 17 min

Fundamental techniques for lifting patients.

VCS 12

Children In Crashes (IIHS) 1986 8 min

Shows the dangers to children who travel unrestrained or in the arms of an adult.

VCS 13

Drinking and Driving: The Toll, the Tears (WETA) 1986 60 min

The hardships in dealing with drinking and driving.

VCS 14

Don't Blow It (EPA) 1986 60 min

Covers potential health hazards for brake and fleet mechanics on the job and in training.

VCS 15

Harm's Way (PP) 1987 18 min

Shows the effects of neck and head injuries and the prevention of these debilitating accidents.

VCS 16

VDT Video Display Terminal-The Human Connection (CLM)

Presents simple step-by-step guide to proper set up of a VDT station and basic ergonomic principles.

VCS 17

Hazard Communication Program (CLM)

Contains essential elements for a complete compliance program.

VCS 18

Preserve Your Hearing (AA) 1987 13 min

Assists employers in complying with the Department of Labor Occupational Noise Exposure Standards.

VCS 19

Monday Night & Tuesday Morning (NSC) 1987 15 min

How hangovers can seriously impair performance and create danger at work.

VCS 20

Night Driving Tactics (AIMS) 1985 13 min

The need to change driving habits from dusk to dawn.

VCS 21

Slips, Trips & Falls (AIMS) 1985 17 min

Teaches how, with awareness and a sense of responsibility, staff and supervisors can prevent slips, trips and falls.

VCS 22

Working With Machinery (AIMS) 1986 17 min

Personal protection of the worker and safeguarding machines.

VCS 23

Backfire (PP) 1987 15 min

Award winning film on back injury prevention.

VCS 24

Anatomy Of A Fall (PP) 1984 15 min

A practical, hard hitting video on preventing slips and falls.

VCS 25

Safety Captains Update #16: Home Safety (UPRR) 1995 38 min

Helpful tips regarding home safety from a panel of safety professionals.

VCS 26

The Ride Of Your Life (UPRR) 23 min

Seat belt safety.

VCS 27

The ATV Rider's Guide To Safety (SVIA) 19 min

Provides essential information needed to know when riding an all-terrain vehicle.

VCS 28

Confined Space Entry (STS) 1988 30 min

Discusses the two great dangers while working in a confined space—suffocation and burning.

VCS 29

Tornado: Plan to Survive (NOAA) 1996 15 min

Severe weather/tornado safety.

VCS 30

Kids Safety Quiz (NSC -Safe Kids) 1988 (NSC -Safe Kids) 1988 30 min

The official Kids Safety Quiz Game Show. Covers five areas: traffic, water, fire and bike safety and emergency response.

VCS 32

It's A Jungle (VTS) 21 min

Office safety including safety awareness, housekeeping, lifting, steps and ladders, slips, electricity, and machinery.

VCS 33

Fire Extinguishers: Safety on the Job (AIMS) 21 min.

Shows the importance of knowing how to use extinguishers. Explains the different types of fires, and different types of extinguishers. Shows which type of extinguisher should be used for each type of fire. Also explains the RACE procedure.

VCS 34

Decontamination (VTS) 15 min

Discusses decontaminating personnel and tools, equipment and protective apparel used at a site, including the decontaminating corridor.

VCS 35

Hand Safety (CV) 15 min

Highlights causes of hand injuries.

VCS 36

Caution: Battery on Board (PVA) 1995

Educates motorists on auto battery safety, provides jump starting instructions and gives first aid information for treating injuries.

VCS 38

Make Winter Driving Safer/Surviving Winter Driving (NSC) 11 min

Winter driving tips. Specific applications for Commercial Drivers.

VCS 39

AIDS: Can I Get It? (LVT) 1987 48 min

Twelve renowned medical experts, people on the street, Friends With AIDS share their thoughts and questions on this life threatening disease.

VCS 41

Children In Traffic: Why Are They Different? (AAA) 1988

How children's physical development affects their response.

VCS 42

Hazard Communication: What's It All About? (ITS) 1992 11 min

Introduces employees to the OSHA requirements for hazardous chemicals, warning labels, MSDS, written plan and work area specific training.

VCS 43

The MSDS: Cornerstone Of Chemical Safety (ITS) 1988 19 min

Overview of the basic elements of an MSDS. Defines many of the common terms.

VCS 44

Toxicology (ITS) 1986 15 min

Defines basic toxicological terms, identifies routes of entry, acute and chronic effects. Personal protective measures are stressed.

VCS 45

Personal Protective Equipment (NSC) 5 min

Illustrates the importance of wearing protective gear. Humorous animation. Specifically for supervisors.

VCS 47

Car Care, Automotive First Aid & Safety (AAA) 26 min

Explains basic car care, safety and basic first aid.

VCS 48

The Decision (NSC) 21 min

Demonstrates that even moderate consumption of alcohol can effect driving ability.

VCS 49

VDT's - An Overview (NSC) 10 min

Explains how to reduce stress, eye strain and muscle tension when using a VDT.

VCS 50

Radon: A Homeowner's Guide (NSC) 25 min

Remedies for radon problems ...from the simple to the complex.

VCS 51

Excavation Safety (SCSG) 20 min

Demonstrates the importance of careful planning & follow through.

VCS 52

Smooth Running (K&M) 15 min

Straight talk about sharing the road safely with trucks. Emphasizes safe driving techniques every driver on the road should practice.

VCS 53

Low Voltage Safety (NSC) 14 min

Explains the potential dangers of working with 600 volts or less to employees.

VCS 54

The Future Is Now (NSC) 24 min

The need for safety programs from the top management viewpoint.

VCS 56

Lock Out/Tag Out (CV) 1989 24 min

Presentation designed to comply with OSHA standards regarding LO/TO procedures.

VCS 57

Drugs At Work (NIDA) 24 min

Overviews of drug testing and treatment programs. Employees share experiences on the effects of drug problems on their lives both on and off the job.

VCS 57 A or B - for employee

VCS 57 C - for employer

VCS 58

Drug Testing: Handle With Care (NIDA) 20 min

Deals with the strategy of drug testing. Helps define the program, premise and purpose.

VCS 58 A - for employee

VCS 58 B - for employer

VCS 59

Getting Help (NIDA) 20 min

Explores the value of employee assistance programs to both employees and employers.

VCS 59 A or B - for employee

VCS 59 C - for employer

VCS 60

Finding Solutions (NIDA) 20 min

Portrays drug abuse in the work place as a community problem, with solutions offered through education and prevention.

VCS 61

Choices: Learning About AIDS (NSC) 21 min

Equips students to make smart caring decisions about sex and needle drugs.

VCS 62

DDC... It's Good Business (NSC) 10 min

Driver improvement programs.

VCS 63

Crane Safety : Operation, Safety, and Maintenance (NSC) 75 min

Stresses importance of proper maintenance and safety procedures to be used in operating a crane.

VCS 64

Fleet Safety: Protecting Your Profits (NSC) 12 min

Covers losses in human terms and communicates how profits can be protected with a new fleet safety program.

VCS 65

Awareness For Initial Response To Hazardous Material Incidents (DOT) 6 min

Reviews how hazardous materials are stored, transported, identified and what to do in a hazardous material accident.

VCS 66

Staying Afloat (NSC) 10 min

Alvin, a colorful character and narrator, demonstrates how simple flotation devices can be used for rescues.

VCS 67

The Company Car (PP) 15 min

Suggests an accident prevention program for drivers of company vehicles of all sizes and types.

VCS 68

A New Way To Lift (NSC)

Learn about the lifting techniques using the six major parts of the body that work together for a safe lift.

VCS 69

Trench Shields (NSC) 12 min

Targets sewer or water construction workers. Highlights ten guidelines on the safe use of trench shields.

VCS 70

Heavy Equipment (NSC) 10 min

Identifies 12 guidelines for safely operating heavy equipment.

VCS 71

Personal Protective Equipment (NSC) 10 min

Gives guidelines on how to use personal protection at an underground construction site.

VCS 72

Jobsite Hazards (NSC) 10 min

Points out key hazards found on almost every underground site. Demonstrates safety tips.

VCS 73

Good Housekeeping (NUS) 12 min

Presents common sense approach to keeping work area clean. Specific reference to maintenance shop.

VCS 75

Above All, Keep Your Head (NSC) 10 min

Shows workers how to protect the whole head. Encourages the use of Personal Protective Equipment and common sense.

VCS 77

Space Invaders (NSC) 8 min

For all professional drivers. Reviews key concepts of judging safe driving distances between vehicles.

VCS 78

Valvoline Drivers Test (NSC) 48 min

Statistics show most people could drive better. This video probes viewer's knowledge of defensive driving techniques and rules of the road.

VCS 79

The Color Of Safety (BF) 18 min

Forklift safety shows how to maintain the machine and proper procedures for warehouse storage.

VCS 81

Be Safe On Your Bike (USCT) 12 min

Tips for safe biking habits.

VCS 82

Welding Safety (TAT) 24 min

Reviews and explains cutting and welding safety.

VCS 83

Protecting Life, Promoting Health Promoting Health (NSC) 12 min

National Safety Council gives a brief history including: public services, materials & programs, operations, local council members & volunteers.

VCS 85

Stay In Control (VPCP) 10 min

Story of what can happen when drugs and alcohol take control of your body and life.

VCS 86

Sorting It Out/Drug Abuse (NSC) 20 min

Kids speak for themselves about their battles with substance abuse. A compelling glimpse of the struggles kids go through.

VCS 87

Farm Safety For Kids (IAG) 18 min

Safety tips for kids.

VCS 88

Farm Safety: Facing the Challenge (IAG) 26 min

Facing the challenge from Iowa Attorney General.

VCS 90

National Chemical Response And Information Center (CMA) 12 min

Explains the capabilities for various programs offered by chemical referral and emergency response centers.

VCS 91

Utilization Of Chemical Protective Equipment And Decontamination Procedures (CMA) 24 min.

Explains the importance of personal protective equipment.

VCS 92

Teamwork (CMA) 36 min

Safe handling of a hazardous chemical incident.

VCS 93

Poisons (CMA) 60 min

Understanding poisons and how to handle them.

VCS 94

The Emergency Response Guidebook: A Tool For Safety (CMA) 33 min

A guidebook for Emergency Response.

VCS 96

Safe Country (CCI) 1990

Testimonials & supporting safety tips dramatizing the hazard associated with agricultural equipment.

VCS 97

John Deere Consolidated Safety Video (JDC) 80 min

Eleven segments on farm equipment safety.

VCS 98

Helmet Laws (IIHS) 1991 8 min

Illustrates the consequences of riding without a helmet.

VCS 99

Railroading: A Way of Life (UPRR) 31 min

Complexities of operating around the clock. When schedules change, so must your body's biological clock.

VCS 101

Hand Tool Safety In The Workplace (ENT) 1992 29 min

Explains the proper use of hand tools and how to use them safely.

VCS 103

A Matter Of Seconds (IMC) 1986 8 min

Time is the important factor in head and spinal injuries.

VCS 104

Success At The Top (AGC) 15 min

Explains proper procedures for stairway and ladder safety.

VCS 105

Oxy-Fuel Safety- It's Up To You (VEC) 30 min

Safety precautions to use when welding.

VCS 107

The Story of a Pipe Fitter (UPRR) 9 min

A comical look at the life of a waste facility installer and the joys of his job.

VCS 109

Wash Your Hands (CVC) 1985 30 min

Big Bird and the kids from Sesame Street talk about the importance of cleanliness.

VCS 110

Overview of Bloodborne Pathogens (LIP) 1992 19 min

Reviews the BBP standard for health care facilities.

VCS 111

Office Ergonomics (LIP) 1992

Provides basic education on adjusting your workplace for the least amount of stress.

VCS 112

Right To Know-Cleaning And Maintenance Personnel (LIP) 1992 32 min

What all maintenance personnel should know about hazardous chemicals.

VCS 113

Working Safely With Corrosives & Irritants (LIP) 1992 11 min

Explains the precautions when working with corrosive and irritant chemicals.

VCS 114

Eye Care Safety (LIP) 1992 14 min

Shows examples of proper eye care protection.

VCS 115

Bicycle Safety Camp (TIPP) 1989 25 min

Teaches grade school children from ages 5 to 9 to "ride safe and love it."

VCS 116

Youth Safety Seminar (GSAS) 198

Highlights from the 1987 Greater San Antonio Safety Seminar.

VCS 117

Going Riding (S&A) 21 min

Buckle Bear helps teach kids the importance of buckling up.

VCS 119

As It Should Be Done: Workplace Precautions Against (NAV) 1992 24 min

Overview by OSHA on the procedures to follow for Bloodborne Pathogens.

VCS 120

Avoiding Collisions (LM) 16 min

How to survive the teenage driving years.

VCS 124

Home Asbestos Inspection (ME)

Explains how to inspect and analyze asbestos samples from your home.

VCS 125

Sub Contractor Safety Orientation (DBP) 1991 14 min

Explains the responsibilities of the Sub Contractor on the jobsite.

VCS 126

Basic Electrical Safety On The Jobsite On The Jobsite (DBP) 11 min

Provides the basics in electricity.

VCS 127

Preventing Injury Incidents (DBP) 1992 10 mi

Explains how accidents are caused by unsafe acts.

VCS 128

Housekeeping On The Jobsite (DBP) 10 min

Covers basic housekeeping duties and their importance.

VCS 129

Ladder Safety In Construction (DBP) 5 min

Gives an overview of ladder safety.

VCS 130

Caught In Time: Fall Protection In The Construction Industry (AGC)

Assists in identifying hazards in fixed positions, and personal fall protection, positioning device systems & safety monitoring systems.

VCS 132

Hand & Power Tool Safety (DBP) 14 min

Overview of hand tool safety and the importance of proper procedures.

VCS 133

Powder Actuated Tools (DBP) 10 min

The importance of knowing how to operate & the precautions that should be taken.

VCS 134

OSHA At Work (WEVP) 10\91 22 min

Basic overview of what OSHA does and why.

VCS 135

Ride of Your Life (GMC) 22 min

Defensive driving techniques, are you responsible.

VCS 136

Clearing The Air: Confined Space Entry (AGC) 22 min

Stresses the importance of testing air before entering a confined space.

VCS 137

Hazardous Energy Source Lockout/Tagout (DBP) 1990 13 min

Explains the different type of energy sources.

VCS 138

Confined Space Entry (DBP) 1992 11 min

Gives basic understanding of potential hazards.

VCS 139

Personal Protective Equipment (DBP) 7 min

Protecting your health & safety on the job through use of PPE.

VCS 140

Eye Protection Construction (DBP) 11 min

Stresses the importance of safety glasses and goggles.

VCS 141

Health Factors In Welding Operations (DBP) 30 min

Health factors that affect the welding industry.

VCS 142

Vehicle Safety-Driving On The Road (DBP) 17 min

Safe driving on the highway for both cars and trucks.

VCS 143

Lifting Safely In Construction (DBP) 10 min

Proper lifting techniques.

VCS 144

Slips & Falls In Construction (DBP) 9 min

Educates on how to prevent these accidents in construction.

VCS 145

Safety Guidelines For Frame Scaffolds (DBP) 19 min

The safety guideline to building and working around scaffolds.

VCS 148

Gas Welding And Cutting Safety Factors (DBP) 10 min

Safety and personal protective procedures.

VCS 149

Heat Stress Prevention In Construction (DBP) 1992 9 min

What causes it and how to prevent it.

VCS 151

Fire Extinguisher Training (DBP) 1992 10 min

The four types of extinguishers and important basic information.

VCS 152

How To Fit Test Respirators (DBP) 10 min

Teaches the proper technique to fit respirators.

VCS 153

Respiratory Protection (DBP) 10 min

The importance of the use of respirators.

VCS 154

Preventing Back Injuries (DBP) 6 min

Some simple techniques to prevent back injuries.

VCS 155

Hearing Conservation Construction (DBP) 1991 12 min

Explains how to prevent hearing loss on construction sites.

VCS 156

Scaffold Safety (DBP) 8 min

The importance of proper training and basic safety skills.

VCS 157

General Safe Work Practices In Construction (DBP) 10 min

Demonstrates what happens when you don't take safety seriously.

VCS 158

Testing & Monitoring For Hazardous Gases (DBP) 14 min

Explains the importance of testing for potential hazards before entering confined spaces.

VCS 159

Accidents - "It Can't Happen To Me!" (DBP) 8 min

Accident prevention is each person's responsibility.

VCS 160

Using and Handling Compressed Gas Cylinders (DBP) 9 min

Explains the different types of gases & safety precautions.

VCS 161

Handling & Using Flammable Liquids (DBP) 10 min

Explains flash points, flammable range and auto ignition temperatures.

VCS 162

Bonding & Grounding Flammable Liquids (DBP) 9 min

Reducing the affects of static electricity when dispensing flammable liquids.

VCS 163

Stretch & Flex (TABS) 28 min

The importance of warming up before working. Exercises to reduce injuries.

VCS 164

Storing Compressed Gas Cylinders Safely (DBP) 10 min

Extreme caution must be taken when using and proper storage is required.

VCS 165

Alcoholism In The Workplace (DBP) 7 min

How alcohol can affect work, home and community.

VCS 166

Safety Is Your Responsibility (DBP) 1992 13 min

It makes sense to maintain a safe workplace and reduce health risks.

VCS 167

Crane Operator Safety (DBP) 1992 14 min

The importance of maintaining and checking equipment before use.

VCS 168

Arc Welding Safety (DBP) 11 min

Basic safety measures and the importance of proper use.

VCS 169

General Office Safety (DBP) 10 min

There is no job that cannot be performed safely.

VCS 170

Call Before You Dig Anything (DBP) 10 mi

How to prevent problems before digging.

VCS 171

Backhoe/Loader Operations (DBP) 1992 8 min

Explains the operator check list and safety procedures to operate.

VCS 172

Scenarios For Self Defense-Your Early Options (BPS) 1989 45 min

How to determine your options in defending yourself.

VCS 173

Scenarios For Self Defense-When An Acquaintance Becomes An Assailant (BPS) 1989 45 min

How to defend yourself when an assailant is someone you know.

VCS 174

Scenarios For Self Defense-Practical Physical Resistance (BPS) 1989 45 min

Things your mother never taught you about self defense.

VCS 175

Grade Crossing Safety (UPRR/OL) 26 min

Reminds drivers of the danger inherent at highway/rail crossings & proper precautions.

VCS 176

Why Wait? (UPRR/OL) 24 min

The cause of car-train collisions. Program for students.

VCS 177

Sly Fox & Birdie (UPRR) 1992 10 min

Teaches children safety around trains and tracks.

VCS 178

Crash Course On Safety Belts (NHTS) 1992 6 min

Demonstrates three types of crashes & the importance of seat belts & child restraints.

VCS 179

Trenching & Shoring (DBP) 12 min

Demonstrates planning and following through to protect employees and the public.

VCS 181

Stress Relief: The Heimlich Method (AIMS) 1992 18 min

Explains techniques and helpful tips.

VCS 182

Handling & Transporting Hazardous Material Safely (AIMS) 1992 27 min

DOT's HM126F regulation, general awareness training: Handling & transporting hazardous material safely.

VCS 183

The Nebraska School Bus Safety Program (NOHS) 12 min

The object is to cultivate conscientious, safety-minded school bus passengers.

VCS 184

Lock-Out/Tag-Out (AIMS) 1992 17 min

Training for the OSHA Energy Control Plan Standard.

VCS 185

Hazardbuster (LCDR) 17 min

The Hazard Communication program in Spanish.

VCS 186

Lock-Out/Tag-Out (CSP) 20 min

Spanish version of 29CFR 1910.147.

VCS 187

The Safety Committee: Problem or Solution (ITS) 1994

Explains purpose, techniques, employee benefit, functions, meeting agendas, and describes ways companies save money through safety committees.

VCS 188

Accident Investigation (MESH)

Accident investigation, steps and rules to follow.

VCS 189

Computer Fitness (ITS) 1992

How to work comfortably, productively, and safely with computers.

VCS 191

Back With a Vengeance (CVM) 15 min

Recent case histories and information on workplace violence.

VCS 192

Driving With Care (BC) 20 min

Spanish version of defensive driving.

VCS 193

Winter Dangers (AIMS) 16 min

Designed to educate all ages about dangers of frostbite and hypothermia including prevention, symptoms, and first aid treatment.

VCS 194

Our Program (UPRR) 25 min

Operation Red Block - Outdoors and away from home employees need to be fit, and free from drugs and alcohol.

VCS 195

Confined Space Entry (AIMS) 29 min

Explains how to define, identify training & permit requirements & authorized entry.

VCS 196

Van & Truck Driving (AIMS) 23 min

Develops safe, professional drivers through fundamentals of pro-driving procedures.

VCS 197

Truck Driving: Controlling Skids (AIMS) 17 min

How to avoid skids, handle front-wheel, trailer-wheel, and drive-axle skids, proven recovery.

VCS 198

Success at the Top: Stairway Ladder Safety For the Construction Industry (AGC)

General and specific ladder safety and regulations.

VCS 199

Seat Belts and the Family (AMA & GM) 15 min

Discusses seat belts and pregnant women, buckling up infants and children, safety and common fears, and careful drivers and accidents.

VCS 200

Tough Target (ABC) 30 min

Detailed look at Workplace Violence and the effects on employers and employees.

VCS 201

Safety Is ...No Accident (CAT) 15 min

Safety awareness for heavy equipment mechanics.

VCS 202

OSHA Inspection: Overcoming the Fear (CV) 22 min

Dramatized OSHA inspection in manufacturing setting. Information and insight on Federal inspection process.

VCS 203

"Hey Do I Need A Cigarette! (KMC) 18 min

Fully animated program designed to give smokers and nonsmokers second thoughts about risk factors about smoking.

VCS 204

Group Dynamics/Team Building for Your Safety Committees (Jeanne Baer, Creative Communications) 150 min

Learn how to appreciate contributions of diverse personalities, make problem solving sessions innovative & productive, and how to work through most common team problems. 1994 EXPO

VCS 205

Worksite Violence (Susan Fox, OSHA, John Campbell, FBI, Tom McMahon, US Postal Service 1994 EXPO 150 min

Learn what regulators think plus facility security, employee/customer behavior characteristics, emergency response, and personal protection programs.

VCS 206

Omnibus Transportation Act and Drug & Alcohol Testing (Donna Smith, US Department of Transportation) 1994 EXPO 150 min

Discusses new alcohol & drug regulations, required tests, consequences, and record keeping requirements included in final rule and procedures expanding and supplementing alcohol & drug testing programs under Omnibus Transportation Act of 1991.

VCS 207

Minimizing Hazardous Waste and Reducing Occupational Risks in the Workplace (Michael Harris and Paul Johnson, HDR Engineering) 1994 EXPO 80 min

Learn successful ideas to apply to the risks in management of hazardous and toxic wastes.

VCS 208

How to Control Claims & Litigation That Deal With Workers' Comp (Mel Hansen, Hansen Engles & Locher, Rodney Rehm, P.C., William Lamson, Kennedy Holland Delacy & Svoboda) 1994 EXPO 80 min

Debate format, which brings forward issues and answer to help your organization.

VCS 209

Discipline... a Constructive Learning Tool! (Sandra Jaros, Nashua, Jim Ressegieu, Peoples Gas, Kent Schroeder, Natural Oriental Trading Company, Dave Wentworth, Products Unlimited) 1994 EXPO 50 min

What is discipline, who is the disciplinarian, where do coaching and counseling fit.

VCS 210

Cumulative Trauma Disorders A Medical Nightmare (Dr. Howard Sandler, Sandler Occupational Medical Assoc.) 1994 EXPO 50 min

Identifies potential controversies posed by proposed ergonomics standard and offers advice to identify, prevent, and manage costs and worker morbidity associated with CTD's.

VCS 210

Musculoskeletal Support Devices: Panacea, Placebo, Devices, or Pathogen? (Dr. Howard Sandler) 1994 EXPO 50 min

Addresses the present state of the art of surrounding the proper and appropriate use of MSD's, as well as the preliminary results of an ongoing study on a large warehouse population employing back supports.

VCS 211

Workplace Safety and Health and the ADA (R.J. Stevenson, Baird, Holm, McEachen, Pederson, Hamann & Strasheim) 1994 EXPO 50 min

Focuses on ADA & relationship between workers comp 50 laws, medical examinations and inquiries, the EEOC's new policy guidance on the ADA and health insurance, and issues that must be considered when considering disabled applicant.

VCS 211

Award Winning Safety Program! Arvada, Colorado (Debbie Muenchow, City of Arvada) 1994 EXPO 50 min

Learn about guaranteed ways to lower workers comp costs and accident rates and gain upper management recognition through different programs.

VCS 212

Diversity and the Communication Gaps! (Beverly Cavanaugh, Improvements Plus, John Hauser, UNMC, Kathleen Krantz, Greater Omaha Packing Company, Melissa Johnson, US Army Corps of Engineers) 1994 EXPO 50 min

Signals and clues to watch for as well as plans, successes and failures with problems that arise from diversity.

VCS 212

Pay-For-Performance and its Effects on Safety! Less than half industry (Richard Sabo, Lincoln Electric Company) 1994 EXPO 50 min

Learn how pay-for-performance affects safety in their plants. Their SIC rate is average.

VCS 213

The Environmental Arena (Randolph Wood, Nebraska Department of Environmental Quality) 1994 EXPO 50 min

Discusses proposed regulatory education program, technical assistance opportunities and update on SARA Title 3.

VCS 213

Tips on How to Develop A Written Safety & Health Program (Dave Stolp, Safety & Health Council of Greater Omaha) 1994 EXPO 50 min

Learn a variety of strategies and resources for writing your own safety & health program.

VCS 214

It's a Matter of YOUR Safety (SD) 1994 11 min

Safety video for Lockout/Tagout in high voltage situations.

VCS 215

On Country Roads (NAFC) 17 min

Provides training for driving on rural roads. Points out driving hazards and stresses seat belt safety and training.

VCS 216

The Dirty Dozen (CV) 1994 16 min

A detailed look at OSHA's top twelve safety and health violations with breakdown and description of each.

VCS 217

Bomb Threat Management (ATF) 18 min

Depicts bomb threats & common sense approach to reactions and search techniques.

VCS 218

Portable Hand Tools (ITS) 1995 8 min.

Tool safety including inspection, carrying, handling, job/tool design, and storage.

VCS 219

Hand and Finger Injuries (ITS) 1995 9 min

First aid tips including importance of knowing your limits, response time and training.

VCS 220

Electromagnetic Field Awareness (ITS) 1995 5 min

Do you know the potential dangers when working with or around electrical equipment.

VCS 221

Stress in the Workplace (ITS) 1995 8 min

Tips on how to deal with workplace stress.

VCS 222

Handling Hazardous Materials (ITS) 1995 6 min

Safety tips including required training, chemical knowledge, and precautions to follow.

VCS 224

Compressed Gas Cylinders (ITS) 1995 5 min

Safety precautions when working with or around compressed gas cylinders.

VCS 225

Machine Guarding (ITS) 1995 6 min

Learn the why's and how's of machine guarding.

VCS 226

Take Home Toxics (ITS) 1995 6 min

If you don't follow precautions at work you could be taking toxic materials home.

VCS 227

Waste Minimization (ITS) 1995 7 min

Good waste minimization strategies benefit everyone.

VCS 228

Why Permits Are Important (ITS) 1995 9 min

Know the dangers, accountability, responsibility, and procedures when doing confined space work requiring permits.

VCS 229

Forklift Safety (ITS) 1995 11 min

Safety steps that must be taken before operating a forklift.

VCS 230

Cold Stress (ITS) 1995 8 min

Safety precautions when working in cold conditions.

VCS 231

Welding and Cutting (ITS) 1995 8 min

Learn the dangers associated with welding and cutting.

VCS 232

Respiratory Protection (ITS) 1995 7 min

Details respiratory protection and importance of job fit and respirator fit.

VCS 233

Electrical Hazards (ITS) 1995 5 min

Safety precautions when working with or around high and low voltage electrical equipment.

VCS 234

Safe Lifting (ITS) 1995 8 min

Fourteen steps to correct lifting.

VCS 235

Lockout/Tagout: The Basics (ITS) 1995 10 min

Safety watch when working on or around locked out or tagged out equipment.

VCS 236

Fire Safety Extinguishers (ITS) 1995 7 min

Safety precautions and considerations when preparing to use and using a fire extinguisher.

VCS 237

Fire Safety Review (ITS) 1995 8 min

Know what to do if there is a fire including monitoring, evacuation, responsibility, and practice techniques.

VCS 240

HAZCOM Review (ITS) 1995 7 min

Learn how to work with chemicals, reduce harm, protective measures, and how to write your company's HAZCOM program.

VCS 241

Electrical Hazards: Common Mistakes (ITS) 1995 6 min

Treat electricity with respect and understand the importance of adequate insulation and grounding.

VCS 242

Foot Protection (ITS) 1995 8 min

Things to consider when selecting or considering foot protection.

VCS 243

Hazard Recognition (ITS) 1995 8 min

Learn how to perform your job safely and correctly.

VCS 244

Lockout/Tagout (ITS) 1995 9 min

Some safety issues when dealing with lockout/tagout.

VCS 245

Emergency Preparedness (ITS) 1995 10 min

Steps to take to prepare for and things to avoid when dealing with an emergency situation.

VCS 246

Heat Stress (ITS) 1995 8 min

Signs to look for and steps to take when working in heat to avoid heat stress.

VCS 247

HAZCOM: Training (ITS) 1995 9 min

Safety HAZCOM training video including chemical recognition, PPE, exposure and safe work practices.

VCS 248

Industrial Ergonomics (ITS) 1995 7 min

Cumulative trauma disorder injuries and their effects on the nervous system. Also, looks at the dangers of repetitive motion and how to make your job fit you.

VCS 249

Ladder Safety (ITS) 1995 7 min

Safety precautions when working with or on ladders.

VCS 250

Grounds Keeping: Lawn Mower Safety (ITS) 1995 7 min

Safety precautions when working with a lawn mower.

VCS 251

Portable Power Tools (ITS) 1995 10 min

Safety tips when working with portable tools including inspection, PPE, shields, and lockout/tagout.

VCS 252

HAZCOM: Labels & MSDS's (ITS) 1995 8 min

Safety alert when working with hazardous chemicals.

VCS 253

Safe Driving (ITS) 1995 8 min

Tips for motor vehicle safety including pre-driving checks, emergency preparedness, and vehicle care.

VCS 254

Lead Awareness (ITS) 1995 10 min

Safety alert when working with or around lead.

VCS 255

Entering Confined Spaces (ITS) 1995 9 min

Looks at safety regulations when entering confined spaces including planning, air monitoring, and the role of the attendant.

VCS 256

Respiratory Maintenance (ITS) 1995 7 min

Respirators are made to protect you from hazardous substances in the air. Know how to take care of them.

VCS 257

Basic First Aid (ITS) 1995 6 min

Protecting yourself and the injured person are the top priorities during a medical emergency. Safety tips to help in this situation.

VCS 258

Hazardous Waste Awareness (ITS) 1995 6 min

Understanding the properties of hazardous waste can help you deal with it correctly.

VCS 259

Asbestos Awareness (ITS) 1995 10 min

Asbestos removal requires special training, protective equipment and safety procedures.

VCS 260

HAZMAT Spills: Are You Ready (ITS) 1995 7 min

Chemical spills can become life threatening if not handled correctly. Each employee needs to know how to react to a chemical spill.

VCS 261

Eye Protection (ITS) 1995 6 min

Safety regulations and precautions regarding eye protection.

VCS 263

Working in Confined Spaces (ITS) 1995 9 min

Safety techniques when performing permit-required confined space work.

VCS 264

Hearing Protection: HCP &PPE (ITS) 1995 11 min

Ways to test noise levels and prevent noise-induced exposure.

VCS 265

Hand Protection (ITS) 1995 7 min

Hand protection including PPE, glove inspection and storage. Realize importance of hands.

VCS 266

Electrical Safety Series: "Basic Principals of Electricity" (VTS) 1995 9 min

Basic overview of electrical actions.

VCS 267

Electrical Safety Series: "Safety Related Work Practices" (VTS) 1995 9 min

Addresses the hazardous situations your employees are most likely to encounter.

VCS 268

Electrical Safety Series: "Electrical Test Equipment" 6 min

Covers basic safety information for employees who may be required to use these instruments.

VCS 269

Home Air Care: Indoor Air & Your Health (AMA) 13 min

Indoor air pollution should be treated very seriously. Learn the causes, health affects, and testing procedures.

VCS 270

Electrical Safety for Care Personnel Health (LMEF) 1995 10 min

Procedures to follow to assure equipment is safe for use in a health care facility. Areas addressed include electric hazards, equipment safety, and warning signs.

VCS 271

Universal Precautions: "A Personal Priority" LMEF) 1995 20 min

Health care safety addressing routine testing of patients, invasive and non-invasive procedures, disposal of sharps, CPR, housekeeping, laundry, and accidental exposure.

VCS 272

Job Safety Analysis (SW) 1996 9 min

What is Job Safety Analysis (JSA), how does it help plan work, identify hazards, avoid accidents, identify appropriate PPE, and provide a safer and better way to do a job.

VCS 273

Warehouse Safety (SW) 1996 9 min

Learn the standard operating procedures when using powered industrial trucks, storage and handling procedures for flammable materials, and how to inspect fire equipment.

VCS 274

Protective Clothing (SW) 1996 12 min

Discusses what type suits are needed and how to determine how much protection is required.

VCS 275

Lockout/Tagout: A Life is on the Line (SW) 1996 7 min

An overview of why and how to lock out energy sources, use and remove tags and PPE.

VCS 276

Electrical Safety Series: "Common Violations of Electrical Standards" VTS) 1995 7 min

A practical look at common violations of electrical standards.

VCS 277

Traffic Safety (SW) 1996 9 min

A basic overview of correct traffic procedures.

VCS 278

Combating Stress (SW) 1996 11 min

Shows how to use good stress management skills.

VCS 279

Back Safety (SW) 1996 6 min

Guidelines to follow when lifting and moving heavy objects.

VCS 280

Ergonomics: Job Safety Analysis 16 min

Discussion of how to ergonomically-design your office.

VCS 281

Ready or Not: Talking With Kids About Alcohol (The Century Council) 30 min

How to talk to teens about alcohol.

VCS 282

American Heat: Fire Investigations (AH) 85 mi

A training program for fire investigations.

VCS 283

How to Conduct a Safety Meeting (UPRR) 1994 33 min

Instructions on how to conduct a quality safety meeting.

VCS 284

Fire Safety (UPRR) 1994 42 min

Explains the correct procedures to follow in a fire emergency and also how to recognize fire hazards.

VCS 285

Home Safety (UPRR) 1994 29 min

How to make your home a safe one.

VCS 286

Holiday Safety (UPRR) 1994 35 min

A review of safety tips to remember during the busy holiday season.

VCS 287

HAZCOM: Acids & Caustics (SW) April 1996 18 min

Know and understand the chemical you work with; use of proper PPE.

VCS 288

Groundskeeper Safety: Including Pesticides (SW) April 1996 12 min

Overview of lawn equipment, pesticides, heat stress, PPE

VCS 289

Proper Use of Compressed Air (SW) April 1996 8 min

Reviews requirements for storing compressed air cylinders, tank and valve inspection.

VCS 290

Highway Construction and Maintenance Safety (SW) April 1996

Precautions when working around traffic hazards, flaggers, and warning signs.

VCS 293

Heat Stress (SW) May 1996 10 min

Overview of the signs and symptoms of heat stress; how to take corrective actions.

VCS 294

Complete Line of Footwear (SW) May 1996 (SW) May 1996 9 min

Shows how to select the appropriate work shoe based on the job and hazards.

VCS 295

Elevated Work Safety (SW) June 1996 12 min

Discussion of types of platforms, fall arrest systems, and rails.

VCS 296

Creating the Safety Plan I (SW) June 1996 11 min

Demonstrates how to create or improve your safety plan; focus on behavior patterns of employees.

VCS 297

Machine Shop Safety (SW) June 1996

Covers job hazards, safe work practices, PPE, good housekeeping practices.

VCS 298

Recreational Safety (SW) June 1996 14 min

Stresses the need to recognize potential hazards associated with recreational activities.

VCS 299

Creating the Safety Plan II (SW) July 1996 12 min

Explains the essential areas of a safety plan: the safety meeting, employee behavior, and functional committees.

VCS 300

Lab Safety for Non-Lab Personnel (SW) July 1996 12 min

Safety procedures for a lab setting: chemical contact, spills, clean-up.

VCS 301

Violence in the Workplace, I (SW) July 1996 16 min

Describes types of violence, activities, and traits that lead to violence.

VCS 302

Violence in the Workplace, II (SW) Aug 1996 8 min

Explains emergency assistance numbers, security guards, panic buttons, etc.

VCS 303

Welding and Cutting Safety (SW) Aug 1996 10 min

Covers PPE, hazardous materials, MSDS, and emergency procedures.

VCS 304

Fire Hazard Recognition (SW) Aug 1996 8 min

Demonstrates fire warning systems, equipment; fire prevention programs.

VCS 305

Driving Safety (SW) Aug 1996 13 min

Learn four strategies that make for a safe company driver.

VCS 306

Fire Safety in the Home (SW) Sept. 1996 13 min

Discusses types of fire detectors, escapes plans; PASS technique for extinguishers.

VCS 307

Hazard Alert :Fire Extinguisher (SW) Sept. 1996 8 min

Complete guidelines for operation of fire extinguisher.

VCS 308

Air Monitoring: The Purpose (SW) Sept. 1996 13 min

Explains the purpose of air monitoring, and when it should be conducted. Also, proper air monitoring reduces needless health risks to workers.

VCS 309

Bicycle Safety in Plants and Facilities (SW) Sept. 1996 9 min

Shows proper use of warning gear, hand signals, and bike maintenance. Staying focused on the biking task, and its surroundings protect the rider, other people and goods.

VCS 310

Coaching Safe Behavior Part 1 (SW) Sept. 1996 11 min

Each person in the workplace should be responsible for safety, and they should assume ownership on the safety program. Points out primary reason for having a safety program, and shows the importance of why a post job safety assessment should be performed.

VCS 311

Wheel of Misfortune/Grave Remarks (SW) Sept. 1996 9 min

Reminds us accidents don't just happen they're caused by people, because we fail to do the necessary planning required for the job, and fail to carry out jobs at their prescribed levels.

VCS 312

Personal Health & Fitness (SW) Sept. 1996 11 min

Stresses the importance of diet & exercise, not only to become fit, but also, helps strengthen the mind and body connection, along with others.

VCS 313

Custodial Staff Safety (SW) Oct 1996 11 min

Basic guidelines to keep in mind when working with ladders. What to know and how to deal with conditions leading to slips, trips, and falls. Discusses importance of following proper safety procedures when working with chemical biological hazards.

VCS 314

Defensive Driving (UPRR) Oct 1996 46 min

Defines defensive driving and identifies a defensive driver. Explains a preventable collision, and the three major collision factors. Gives 3 steps in the DDC collision.

VCS 315

Hunting Safety (UPRR) Nov 1996 41 min

Goes through a number of different animals, which can be hunted. Explains what cautions and procedures to take depending on what you're hunting.

VCS 316

Hunting Safety (UPRR) Nov 1996 41 min

Goes through a number of different animals, which can be hunted. Explains what cautions and procedures to take depending on what you're hunting.

VCS 317

Prevention of Most Common Accidents (SW) Nov 1996 11 min

Reminds us, safety first! What kinds of things must happen for safety to work. We must accept that accidents are preventable and have known causes. Money not spent on accidents could be channeled to improve work conditions, salaries, etc.

VCS 318

Coaching Safe Behavior: Part II (SW) Nov 1996 8 min

One should be proud of a safe workplace. Awareness of one's own actions and others, will lead to correcting unsafe practices. It is important to ask safety questions regarding one's job.

VCS 319

Bloodborne Pathogens: Part I (SW) Nov 1996 12 min

Understanding of bloodborne pathogens. Know how you can become infected, and if you're not trained in first aid, what you can do to help.

VCS 320

Choosing The Correct Respirator (SW) Nov 1996 11 min

Respirators must be provided when the equipment is necessary for the health of the employee. Wear respirators properly when required by your employer, and make sure the respirator is appropriate to the hazard and the job.

VCS 321

Crane Operation Safety (SW) Nov 1996 12 min

To operate a crane, the operator must be qualified. The operator must operate the crane within designated work loads, boom angles, and attached rigging limits. The equipment must be inspected before you start a job, to make sure it meets operational requirements.

VCS 322

Respirator Care & Use (SW) Nov 1996 9 min

What the primary purpose of a respirator is. Make sure to wear the correct respirator for the job, and make sure it fits properly. Remember, a respirator can only be protected if it is properly selected, worn & cared for.

VCS 323

Pneumatic & Hydraulic Tools (SW) Nov 1996 9 min

Explains why you should only use a tool for the purpose it was designed, and to know the hazards associated with each tool. Discusses OSHA & ANSI standards on pneumatic and hydraulic tools.

VCS 324

Bloodborne Pathogens: Part II (SW) Nov 1996

Shows the importance of following universal precautions when dealing with potential bloodborne pathogens. Defines what BBP is, and points out that one cannot tell by looking at blood or bodily fluids if they are infectious.

VCS 325

Dancing Alone (NEA) Dec 1996 11 min

This is a true story! Accidental deaths will not only tragically end your life, it will leave a permanent emotional scar on your family and your loved ones for the rest of their lives!

VCS 326

Our House (OPPD) Dec 1996

Your home energy show!! Safety & how to avoid potential hazards around your home while making repairs & improvements. Energy efficient tips are given.

VCS 327

Radon Doesn't Have To Be A Problem (NAHB) Dec 1996 12 min

Discusses the health effects of radon, variables of it, and how to control it.

VCS 328

Back Safety (SW) March 1996 6 min

Discusses road management, and how to use it effectively by knowing where your vehicle is at all times in relation to other vehicles or road hazards. Reminds us how important seat belts use is.

VCS 329

Workfit 2000 (TRT) July 1995 21 min

Help Employee's & Supervisor's work in an injury free environment.

VCS 330

What To Do When The Sky Starts Falling (St. Paul) Feb 1995

Guide to emergency planning for the construction industry. Shows the steps of how to prevent accidents, and gives examples of these steps.

VCS 331

The Ride of Your Life (WH) Feb 1995 20 min

How important seat belts are no matter which type of vehicle you're traveling in. In this video, a race car driver discusses how important seat belts are, and compares a race car with a regular vehicle on the road.

VCS 332

Head Protection (Bullard) 1995

Head protection is a primary concern in America's workplace, but often overlooked. This video discusses how hard hats work, how they are tested, how they are manufactured, and how they meet quality requirements.

VCS 333

It Always Happens To the Other Guy (JD) March 1996

If you work in the construction industry, safety should be your first concern. This video gives scenarios of what could happen when safety is not a primary concern.

VCS 334

Getting Out Alive (TIB) March 1996 15 min

Using step-by-step guidelines, this video shows employees to create and test their fire evacuation plan.

VCS 335

Compliance Awareness For Managers & Supervisors (ITS) 1992 20 min

Details responsibilities of managers and supervisors for safety and health programs. Overviews 15 regulatory issues; from EPA, to OSHA, to DOT.

VCS 336

With Safety Everybody Wins (ITS) 1988 15 min

Describes management and employee responsibilities for safety and health programs.

VCS 337

Fire Extinguishers: First Line of Defense (ITS) 1987 16 min

Reviews the types of fires (A,B,C,D) the chemistry of fire, extinguisher selection and proper use. The video gives very good examples of actually using each type of extinguishers.

VCS 338

Me and My Back (ITS) 1988 22 mi

Reviews back anatomy, the mechanics of lifting, and many good examples of proper lifting techniques. Also demonstrates several excellent back exercises.

VCS 339

Drum and Other Small Spills (ITS) 1987 18 mi

Shows how to control a drum or other small spill calmly, quickly and correctly.

VCS 340

Decontamination (ITS) 1991 14 min

An excellent video explaining the importance of decontamination, and showing all the steps involved to go from a hot zone to a cold zone.

VCS 341

Sexual Harassment (ITS) 1989 27 min

A review of the sexual harassment law and many examples of possible problems in the workplace.

VCS 342

Don't Fall For It: Preventing Slips, Trips, and Falls (ITS) 1989 20 min

Falls, Slips, and Trips are available. Learn and practice with common sense examples.

VCS 343

Your Work & Your Health: A Role of Industrial Hygiene (ITS) 1990 16 min

Industrial Hygiene, studying occupational health in the workplace. Hazards and risks are evaluated, recommendations provided, and solutions are followed.

VCS 344

Don't Let Up: Anti-Lock Braking Systems (AAA) 199

Contains footage of driver education students using ABS for the very first time. You will see these young drivers face simulated emergency situations.

VCS 345

Ready... Set... Winter! Driving Safely on Ice and Snow (AAA) 1996. 10 min

Overview of how to prepare the vehicle for harsh winter weather, describes several driving situations that require special attention and explains how to handle common winter driving problems.

VCS 346

Baby Safe (CHP) 40 min

Instruction on prevention of the leading causes of death for infants. Discusses child safety seats, performing the Heimlich maneuver, baby proofing your home, SIDS, and treatment of common childhood injuries.

VCS 347

Are We There Yet?@: Traveling Safely With Children. (GM) 11 min

4 out of 5 car seats are used wrong. In this video, learn how to correctly use all types of child safety seats.

VCS 348

Hidden Hazards In Your Home. (GAMA) 10 min

William Shatner narrates, as you learn where hazards become unhidden in your house. Learn about storage of flammables, and preventing burns.

VCS 349

Sparky's ABC's of Fire Safety. (NFPA) 8 min

Sparky, the fire dog, teaches kids (5-9 years-old) safety techniques to prevent and escape fires.

VCS 350

Scald Burn Prevention (NSK) 7 min

Learn techniques on how to prevent burns, and what can happen when not followed.

VCS 351

Jell-O In A Jar: Safe Kids-Cycle Smart. (BH) 7 min

One kid's testimony for safe biking, by wearing a helmet and protective gear.

VCS 352

Precious Cargo: Protecting The Children Who Ride With You. (GM) 15 min

Instruction for safe and proper usage of child safety seats.

VCS 353

Smoking at Work (ITS) 5 min

Why it's important not to smoke on the job.

VCS 354

Safety Belts: For Dummies or People? (GM) 8 min

Demonstrates the benefits of wearing safety belts, and the proper way to use them.

VCS 354

The Game of Your Life (GM) 18 min

Demonstrates effects of alcohol on response time during driving.

VCS 355

Conflict Resolution (ITS) 10 min

Learn the skills of compromise, accommodation, and competition, and to facilitate communication and reduce stress.

VCS 356

HAZWOPER (ITS) 9 min

Hazardous waste operations program that helps identify what and where hazards are in your worksite and how to respond appropriately using signs and signals to help identify emergencies.

VCS 357

Ergonomic Tools (ITS) 13 min

Tom "The Toolman" Tyler and sidekick, Hal, discuss Ergonomics, Ergonomics tools, and risk assessment for CTP's (Cumulative Trauma Disorders).

VCS 358

Contingency Training (ITS) 8 min

Injuries and accidents are more common during the earliest stages of a new job. Learn ways to identify hazards and avoid injury & illnesses.

VCS 359

Bloodborne Pathogens: Post Exposure (ITS) 11 min

Learn what bloodborne pathogens are, what to do if exposed, why you should report it, and the purpose of prophylactic treatment.

VCS 360

Eyewash Showers and Stations (ITS) 8 min

Learn what causes injury to eyes, ANSI standards for eyewash units, the various types of units available, and how to use them.

VCS 361

Workplace Security (ITS) 11 min

Understand purpose of photo IDs at work, and show how security measures help you and your co-workers

VCS 362

Carpal Tunnel Syndrome (ITS) 9 min

Defines CTS, shows how to recognize it, and gives a variety of exercises to prevent it.

VCS 363

Medical Monitoring: How It Works. (ITS) 8 min

How to maintain good health on and off the job. Describes an employment medical exam.

VCS 364

Diet for Energy (ITS) 10 min

Discusses why its necessary to have balance in your diet & exercise. Stresses repeated goal-setting & self-monitoring are the keys to a lifelong weight maintenance plan.

VCS 365

The Importance of Safety (ITS) 10 min

Safety is a function of every employee not just a of the organization or the Safety Department. Shows the importance of being aware of your general work environment & the regulations to create a safe workplace environment.

VCS 366

Resource Conservation & Recovery Act (ITS) 10 min

Discusses the difference between a characteristics & listed waste, and also, the requirements on small quantity generators, and the large quantity generators.

VCS 367

Employee Performed Inspections (ITS) 10 min

Employee participation is vital to ensure the successful implementation of safety programs for achieving reductions in injury rates.

VCS 368

What ISO Standards Mean to Safety Managers (ITS) 10 min

Defines ISO's, and shows how ISO's make life simpler by increasing reliability and effectiveness of goods and services. Increases greater awareness.

VCS 369

The Supervisor's Role in Safety (ITS) 10 min

Shows the importance for supervisors to lead-by-example. Describes some ways to communicate the importance of safety to employee. (Third part of a three part series, VCS 400 & VCS 401, part I & II.)

VCS 370

Small Spills Clean-up (ITS) 20 min

Describes who is responsible for formulating and signing off on a spill clean-up program, and what the purpose of a spill contingency plan entails.

VCS 371

Proper Use of Compressed Air (ITS) 10 min

Describes the two best methods of determining if a compressed air tank needs to be refurbished. Also, gives some basic considerations for storing compressed air cylinders, and what you should do when a cylinder is empty.

VCS 372

Good Manufacturing Practices (Penn. State University) 14 min

Focuses on the personal hygiene of food-manufacturing workers, and explores how poor hygiene habits can be responsible for the contamination of food in the manufacturing process.

VCS 373

Worker's Compensation Fraud (ITS) 10 min

How direct costs associated with worker injury & illness differ from indirect costs. Along with what conditions constitutes workers' compensation fraud.

VCS 374

The Complete Line of Footwear (ITS) 10 min

Discusses why safety footwear is so important in the work environment. Includes OSHA requirements on the use of safety footwear. Also shows how to select the appropriate type of work shoe based on the job and hazards.

VCS 375

Welding & Cutting Safety (ITS) 10 min

Focuses on knowing and understanding the hazards associated with the materials with which you work, and reviews the Material Safety Data Sheet associated with welding and cutting operations.

VCS 376

Wheel of Misfortune and Grave Remarks (ITS) 10 min

Reminds us accidents don't just happen they're caused by people, because we fail to do the necessary planning required for the job, and fail to carry out job plans at their prescribed levels.

VCS 378

Portable Power Tools (ITS) 10 min

Discusses the first things you should do before using a portable power tool, and what you should do if the tool is broken or not working properly.

VCS 379

Lab Safety for Non-Lab Personnel (ITS) 10 min

Addresses emergency procedures, and how to read labels on chemicals and follow their precautions. Shows what different categories hazards in a laboratory can be grouped in.

VCS 380

Hazard Recognition (ITS) 8 min

Defines what a hazard is, and gives an example of an unsafe condition, and an unsafe act. Stresses the importance to protect yourself from common hazards, and how to perform your job safely and correctly.

VCS 381

Industrial Hygiene for Safety Managers (ITS) 5 min

Discusses the terms: recognize, evaluate, and control. Explains why safety managers need to understand and trust work done by Industrial Hygienists.

VCS 383

HAZWOPER: Awareness Level (ITS) 10 min

Discusses the two levels of response to a hazardous substance emergency. Know when and how to call in an emergency. Also, defines hazardous substances.

VCS 384

Pneumatic & Hydraulic Tools (ITS) 10 min

Explains why you should only use a tool for the purpose it was designed, and to know the hazards associated with each tool. Discusses OSHA & ANSI standards on pneumatic and hydraulic tools.

VCS 385

Personal Health & Fitness (ITS) 10 min

Stresses the importance of diet & exercise, not only to become fit, but also, helps strengthen the mind and body connection, along with others.

VCS 386

Hand, Wrist, & Finger Safety (ITS) 10 min

Discusses causes of hand, finger, and wrist injuries. Explains what an "off-hand" injury is, and gives examples.

VCS 387

Fire Hazard Recognition (ITS) 10 min

Discusses ways to help reduce the risk of fire by identifying and correcting fire hazards conditions. The importance of having a fire prevention program.

VCS 388

Hazard Alert: Fire Extinguishers (ITS) 10 min

What steps you should take when you come across a fire. Explains four fire classes, and which extinguishers should be used.

VCS 389

Elevated Work Safety (ITS) 10 min

Precautions one should follow when working at elevated heights. Reminds workers to inspect guardrails, fall-restraint devices, and fall arrest systems before putting them to use. Stresses why a fall protection plan is important.

VCS 390

Custodial Staff Safety (ITS) 10 min

Basic guidelines to keep in mind when working with ladders. What to know and how to deal with conditions leading to slips, trips, and falls. Discusses importance of following proper safety procedures when working with chemical biological hazards.

VCS 391

Chemical Emergency Preparedness & Procedures (ITS) 10 min

Shows what to do when a spill happens. Stresses the importance of knowing what the chemical is & how it is to be cleaned up.

VCS 392

Controlling High Blood Pressure (ITS) 10 min

Two ways to control your high blood pressure area healthy diet, & regular exercise. Shows the importance of changing your life style, in order to have a healthy life-style.

VCS 393

Common Toxicological Terms of an MSDS (ITS) 10 min

Points out that not all exposures to chemical substances are harmful. The importance is knowing the degree of toxicity in each chemical.

VCS 394

Asbestos: Awareness Exposure (ITS)

The history of the use of asbestos. Shows why asbestos poses a health problem, and what we can do to protect ourselves from it.

VCS 395

Personal Fall Protection (ITS) 1995 15 min

Shows what equipment to use for personal fall protection, and how to use them. Stresses the importance of inspecting your equipment before each use.

VCS 396

Protective Clothing (ITS) 1996 10 min

Discusses different levels of protective suits, and how to decide which protection you need for your situation.

VCS 397

Materials Handling and Storage (ITS) 1995 10 min

Stresses the importance of always inspecting the designated storage area. PPE may be needed for some situations. Remember to follow good housekeeping practices, and proper storage techniques.

VCS 398

PPE Electric (ITS) 1995 12 min

Know and understand the procedures for doing your job correctly. Discusses some rules when using PPE in electrical work. What PPE is appropriate & inappropriate for electrical work.

VCS 399

PPE: Just Put It On 1995 10 min

What PPE stands for, and when people need to wear it. Discusses the different protection equipment, and how important it is to use the proper equipment for your specific job.

VCS 400

Bloodborne Pathogens: What are They? (ITS) 1995 14 min

Gives an overview of specific BBP, what they are and how they're transmitted. (First part of a three part series.)

VCS 402

Preparing for the Cold & Flu Season (ITS) 1995 11 min

The causes of colds and influenza, the different varieties of cold viruses, and the typical flu season. Discusses why its easier to get a cold working indoors. What people can do to reduce their chance of spreading a cold or flu.

VCS 404

Work Surface Safety (ITS) 1995 6 min

Explains why it's important to monitor the work surface around us. Everyday housekeeping is important to prevent accidents. If accidents do happen, some basic rules for dealing with work surface hazards are discussed.

VCS 405

Back Safety (ITS) 1995 8 min

Proper use of back belts begin before workers begin using them. Training is important regarding the use and misuse of belts. Also discusses the roles exercise programs play in back safety.

VCS 406

Confined Space: Air Monitoring (ITS) 10 min

When working in a confined space, it is important to mitigate continuous air monitoring practices. Reminds workers to follow permit required confined space work procedures, as set by OSHA & your company.

VCS 407

Confined Spaces: Using Chemicals (ITS) 1995 9 min

Informs a worker to take extra precautions when dealing with chemicals in confined spaces. Know the chemicals you are working with, or will be exposed to. Along with knowing how to handle the chemicals properly.

VCS 408

Drug Use & Abuse (ITS) 1996 9 min

Informs us what researchers say about drug abuse in the work environment. What each of us can do about a drug problem.

VCS 409

Electrical Maintenance (ITS) 1995 10 min

Discusses how to protect yourself while doing the electrical maintenance tasks, by using the correct tools and equipment.

VCS 410

Fall Protection: The Basics (ITS) 1995 10 min

What the purpose of fall protection is , and some devices which are intended to prevent falls and reduce injuries in a fall.

VCS 411

Fire Prevention (ITS) 1995 16 min

Describes the PASS method, when using a fire extinguishers. Shows the importance of a pre-fire plans, and notes some good components of a fire prevention program.

VCS 412

CPR Review Program (ITS) 1995 10 min

Explains the primary purpose of performing CPR. By using the “ABCs” you can determine if CPR is an appropriate course of action. Also informs viewers how long the body can survive without oxygen.

VCS 413

Forklift Loading (ITS) 1995 7 min

Explains the basic principles when loading and unloading a forklift, and gives some basic steps in picking up a load. Also, talks about how a forklift is like a tetter-totter.

VCS 414

HAZWOPER (ITS) 1995 10 min

Explains what the acronym HAZWOPER stands for. Also, what the primary duty of a First Responder is.

VCS 415

Head Protection (ITS) 1995 7 min

Discusses the different types of protective headgear, which provides different levels of protection, and different classes of protective headgear.

VCS 416

Housekeeping for Safety (ITS) 1995 9 min

Discusses the benefits of good housekeeping, and what’s all involved in it.

VCS 417

***Lockout/Tagout: Just Do It!* (ITS) 1995 9 min**

Discusses why its so important to follow lockout/tagout procedures, and what the major reason is for lo/to procedures. Also warns viewers what would happen to an organization if caught not following procedures.

VCS 418

***Machine Cutting, Grinding & Sanding* (ITS) 1996 8 min**

Discusses precautions employees should follow when working with saws. What problems can result by resting a saw on the item to be cut.

VCS 419

***Making Healthy Choices: Safe & Healthy Lifestyles* (ITS) 1995 14 min**

Points out some basic information that people can make healthier decisions about the food they eat, and the activities in which they participate.

VCS 420

***Under the Influence: Alcohol in the Workplace* (ITS) 1995 8 min**

Discusses the negative effects of drinking alcohol on the job, and why even hangovers at work represent a safety concern.

VCS 421

***The Working Mom's Survival Guide* (XEN) 1990**

Working moms are caught in a trap of trying to do it all. This video will help you sort through what's important and what's not. It talks about finding "Guilt Free" time, getting yourself organized, secrets to success with your mate, quality time with you children, and preventing stress and staying fit.

VCS 422

***BUTT OUT!: The Proven Quit Smoking Plan* 35 min**

Nagging, guilt, and cold turkey are soundly defeated with this winning formula that guides you through resisting the urge and quitting smoking forever. It talks about getting ready to quit, eliminating triggers, coping effectively, best treatment options, and overcoming setbacks.

VCS 423

***Lead Exposure at Indoor Firing Range* (LIA & NRA) 9 min**

Ways to manage types of airborne lead exposure that may be present at indoor firing range. Also gives symptoms of overexposure to lead. What precautions need to be taken if you are a manager, an employee, or a user of a range.

VCS 424

***Powerful Communication Skills* (NPP) 1997 77 min**

Communicating is more difficult in today's fast-paced, technological world. It takes special skills to get people to listen to you—skills you will learn with Powerful Communication Skills. This dynamic program will help you identify the key elements of communicating and give you specific techniques for improving. You'll learn how to easily improve the way you communicate, and start reaping the rewards immediately!

VCS 425

***Listen Up: Hear What's Really Being Said* (NPP) 1995 70 min**

This video will teach you powerful techniques to make you a more effective listener. When you use these strategies and techniques, you'll hear—and accomplish—more than ever before. At home and at work, the tools you'll learn will become your keys to unlimited potential and greater enthusiasm and confidence.

VCS 426

Stress Management (NPP) 1995 79 min

Learn to look at yourself in new ways. To rearrange your activities to fit your priorities—yourself, your job and your family—without adding stress. Get excited about life and you'll have more energy to do the things you really enjoy. You'll also learn 3 ways to communicate with yourself honestly and more effectively, 10 ways to manage stress, 5 ways to combat job stress, and lots more.

VCS 427

Crash Course Safety Belts Part I 20 min

Gives facts and stats if you're not wearing your seat belts. Discusses passenger restraint system and how to use it. Shows benefits of the seat belts and the air bag. Also, discusses the importance of using child safety seats.

Seat belts: An Additional Tool Part II

Police officers are more likely to get into an accident, so they should always wear their seat belts. Gives facts & stats on officer crashes.

VCS 428

Get Out Alive (KETV) 9 min

Julie Cornell and Rob McCarthy discuss the importance of knowing what to do in case of a fire. They take us inside a burning house, and show us how fast a fire can spread. Shows us some home hazards, which can cause a fire. Also, gives tips on what to do if we are ever in a fire.

VCS 429

If Only (Aerial Lifts) (STS) Donated by OPPD 13 min

Aerial lift safety! This program discusses safe operating procedures for aerial devices, including pre-operation inspection, work-site evaluation, common hazards, and safe work practices.

VCS 430

Preventing Hantavirus Disease (CDC) 1994

In this videotape people who have survived Hantavirus Disease describe what it is like to have this illness. Also, doctors and scientists who have had first hand experience discuss the most up to date facts covering the following topics: symptoms, transmission, risk factors, treatment, and prevention.

VCS 431

America in Jeopardy: Drugs (CDC) 1994

How drug usage affects not only us, but also those around us. In this video, a number of people explain what drugs did to their lives and the lives around them. Also show us what drugs actually do to our bodies.

VCS 432

Accident Avoidance: No Injury, No Accident?

Provides awareness of accidents waiting to happen and highlights the messages found in no-injury accidents. It motivates workers to report near misses and close calls before injuries occur.

VCS 433

Uniform for Safety: Wearing Personal Protective Equipment 16 min

This video examines the components that make up the protective equipment that keeps workers safe on the job. It outlines how an employer assesses the need for PPE based on the potential hazards in a facility.

VCS 434

On the Road: The Lighter Side of Lifting 22 min

Explains a better way to lift that stresses weight distribution, stance, and warming up and relaxing. It also motivates workers to think before they lift any object.

VCS 435

Celebrate Living 5 min

A short video using only words as suggestions for living a happy and rewarding life. These inspirational messages promote harmony, health and well-being. This video would be a good opening to a class or training session.

VCS 436

The Hidden Danger: Low Water Crossings 10 min English Version

This video begins with a short public service announcement and continues with a documentary on the hidden dangers of low water crossings.

VCS 437

The Hidden Danger: Low Water Crossings 10 min Spanish Version

VCS 438

Employee Fall Protection 21 min

Falls from any height can be dangerous. Describes different types of fall protection and the knowledge and care of those products.

VCS 439

Cranes, Chains and Slings 5 min

Discusses cranes and lifting devices and the operator's responsibility for checking devices and knowledge of proper use. It also touches on common safety hazard associated with these devices.

VCS 440

Basic Electrical Safety on the Job Site 11 min

A basic understanding of electricity and the different types. Gives reasons why all employees must use extra caution when using equipment and appliances.

VCS 441

Hearing Conservation 12 min

Awareness of the hazard of damage to your hearing. Discusses a three part program including: testing, training and protection.

VCS 442

Backhoe/Loader Operations 8 min

Provides general information on the operating procedures from pre-start up to shut down. Explains the operator check list and safety procedures to operate. It also discusses maintenance precautions as well as operating precautions.

VCS 443

Arc Welding Safety 5 min

Discusses the area, conditions and processes used in arc welding. Describes basic safety measures and the importance of proper use.

VCS 444

The PRO System for Accident Free Backing (NSC) 23 min

This video is designed to help new and experienced driver's through a company's biggest traffic problem ...BACKING incidents! (NETS)

VCS 445

Live and Let Live (NSC) 13 min

This video tells about how a celebration can turn into tragedy in the blink of an eye. It discusses the effects of drinking and driving on the family. (NETS)

VCS 446

Snowplow Safety (NSC) 1995 23 min

Zeros in on the safety aspects of driving with a snowplow. (NETS)

VCS 447

Snowplow Safety: Parking Lots (NSC) 1996 19 min

This video focuses on specific safety issues regarding the plowing of parking lots. (NETS)

VCS 448

Driving in Bad Weather (AAA) 1994 9 min

Using the setting of a television newscast, this video dramatizes the blinding effects of fog, dust, smoke, rain, snow, and ice. Stresses the need to slow down to maintain control or get off the road safely in adverse conditions. (NETS)

VCS 449

Parking Safely (NSC) 1995 14 min

There is more to parking a vehicle than simply pulling into a space, turning of the engine and closing the door behind you. In fact, parking can be just as hazardous as driving in traffic, since many drivers and pedestrians disregard all normal traffic laws once they arrive in the lot. This video refreshes drivers' parking skills. (NETS)

VCS 450

Airbags and Children (DOT) 1996 10 min

An urgent warning to motorists about the dangers of air bags interacting with unrestrained or incorrectly restrained children. Discusses the rear seat of a vehicle being the safest place for children to ride. (NETS)

VCS 451

Entrance & Exit Ramps (ATA) 1991 3 min

This video gives good basic information for highway and interstate driving on access ramps. It also gives special tips for safely negotiating access ramps. (NETS)

VCS 452

Right Turns (ATA) 1991 4 min

Describes proper methods for right hand turns, items to check and watch out for, and the main types of right hand turns. (NETS)

VCS 453

Intersections (ATA) 1992 5 min

Includes basic safety tips for driving through intersection and it covers several scenarios. (NETS)

VCS 454

Stopping on Shoulders (ATA) 1992 4 min

Describes the cautions for stopping and the actions to take such as checking the surface and how to pull over. It also discusses the actions to take one stopped and how to reenter traffic. (NETS)

VCS 455

Following Distance (ATA) 1991 4 min

This video covers the time and reference point to determine safe following distance. Also known as the second rule. (NETS)

VCS 456

Lane Changes (ATA) 1991 3 min

Discusses how to safely change lanes and the tips on turn signals, mirror view, speed and hazardous areas. (NETS)

VCS 457

Supervisor's Role After an Accident (ATA) 1995 8 min

This video covers an accident report form and/or kit contents. It discusses reporting the accident to the home office, the insurance company and the police, how to handle the media, and other steps to take. (NETS)

VCS 458

Driving Light/Empty Loads (ATA) 1992 3 min

Covers braking, following distance, road conditions, weather cautions, and clearance levels. (NETS)

VCS 459

Establishing Safety Committees (ATA) 1995 3 min

Describes 5 steps to take when setting up a safety committee and why each is necessary to meet goals. It also covers handbook design. (NETS)

VCS 460

Speed Management (ATA) 1991 3 min

Provides basic information for professional truck drivers. (NETS)

VCS 461

A Way To Live (GM) 1994 17 min

This video relates to risk-taking driving behavior, the trauma and lives lost caused by careless driving and a similarly careless lack of safety belt use. (NETS)

VCS 462

Riding With Nothing But The Radio On (MSBC) 18 min

In this motivational video, Sgt. Pete Collins, a 16-year veteran trooper with the Mississippi Highway Patrol, speaks out frankly about the senseless deaths from automobile crashes where safety belts would have made a difference. (NETS)

VCS 463

In Control: America's Driving Reference (MI) 35 min

Shows a wide range of simple but effective safe driving techniques that could save you from injury or death. You'll learn about the limits of your car and how to avoid a variety of everyday driving hazards. (NETS)

VCS 464

The Ultimate Driving Challenge (GM) 48 min

Hosted by Craig T. Nelson and Paula Zahn, this interactive program puts your driving safety skills to the test. Learn how to recognize risks, properly use anti-lock brake systems and more. (NETS)

VCS 465

Heads Up At The Wheel: Home Safe (NSF) 11 min

Discusses the dangers of driving while drowsy and steps to take to prevent driving drowsy as presented by the National Sleep Foundation. (NETS)

VCS 466

Anhydrous Ammonia Incidents for Emergency Responders (OSU) 1999 30 min

This video discusses safe and effective ways for dealing with anhydrous ammonia incidents in an outdoor setting.

VCS 467

Drill Today - Survive Tomorrow: Disaster Preparedness for Schools (AABC) 1999 40 min

Addresses behavior and procedures that will greatly increase your chance of surviving fire or tornado disasters in schools.

VCS 468

Safe for Life (BRP) 1999 76 min

This is a unique, fast paced, highly motivational, interactive presentation that will create a positive safety attitude. Using humor, audience participation and some very graphic slides from Billy Robins' own accident, your employees attitude toward safety will be changed.

VCS 469

It Only Takes A Second (AP) 1995 3 min

Designed to grab the viewer's attention and focus their thoughts on safety by showing a number of different on the job, at home and on the road accidents. This video is an excellent tool to set the stage for discussion on nearly any safety issue.

VCS 470

Driven To Extremes (NSC) 1999 10 min

This is a new program designed to help individuals recognize the symptoms of aggressive driving in themselves and others. The easy-to-read 20-page booklet and 10-minute video can be used for self-study or in a one or two hour classroom program. The video features experts on aggressive driving and is ideal for safety meetings or as an "add-on" to other training courses.

VCS 471

Sun Safety: A Growing Health Concern (NSC) 1999 11 min

Developed with funding from the U.S. Environmental Protection Agency, this 11-minute video provides information on the health effects from overexposure to the sun, types of skin cancers, the UV index, and preventative sun safety practices.

VCS 472

Get Real Jack (NSC) 13 min

A poignant look at a truck driver who faces his drug addiction after almost killing a pedestrian and losing his family and friends.

VCS 473

Drunk Driving: Real People, Real Tragedies (NSC) 1991 18 min

Drivers will think twice about having one for the road with this real-life video. Victims and their families tell the stories of their tragedies in this taping of a DUI Victim Impact Panel in session.

VCS 474

Asbestos Building Inspections (LIP) 1995 11 min

Describes types of asbestos, RACM, friable and usage categories, qualifications for inspection, record keeping and more.

VCS 475

Asbestos Cement Pipe Cutting (LIP) 1995 8 min

Help your affected employees minimize their risk of exposure to this carcinogen. Describes health effects of asbestos, PPE, proper tool and water use for cutting, and hazardous waste disposal for scrap pipe.

VCS 476

Battery Charging Safety (LIP) 1994 10 min

Describes battery fluid hazards & exposure procedures, P.E., avoiding electrical hazards, moving batteries, and safe charging, maintenance & storage.

VCS 477

Ladders, Poles & Scaffolds (LIP) 1989 15 min

Covers essential rules for each. Ladders: choosing the right type, pre-use inspection, correct setup and climbing. Poles: inspection of PPE and pole, correct ascending and descending techniques. Scaffolds: maximum loads, guardrails and toeboards, use of safety belts, lifelines and safety nets, moving scaffolding.

VCS 478

OSHA Injury & Illness Prevention (LIP) 1995 16 min

More states are adopting laws requiring business to compile this prevention plan. Contains safety rules & standards, self inspection checklist, posting requirements, policies on safety committees and safety committees and safety coordinator, emergency preparedness, and job-specific hazards.

VCS 479

Personal Protection Safety-Eye (LIP) 1997 9 min

Help employees avoid eye injury with guidelines: Know the environment, guard against accidents, anticipate possible hazards, wear proper protective gear, perform effective first aid.

VCS 480

Personal Protection Safety -Hand (LIP) 1997 9 min

Remind employees how easy it is to injure their fingers, hands & wrists, and how to avoid harm: Hazard identification, glove types, the role of machine guards, rules for minimizing injury risk.

VCS 481

Personal Protection Safety -Foot (LIP) 1997 9 min

Discusses workplace hazards, which may result in foot injury, safety components of foot protection including steel toes, soles, etc.

VCS 482

Propane Safety (LIP) 1994 11 min

As the most common liquefied petroleum gas & a conventional forklift fuel, employees must understand safe use & handling of propane. Includes properties of propane, approved transport cylinders, proper use, refilling tanks & cylinders, and hazards of escaping propane

VCS 483

Reducing Unsafe Acts of Office Employees (LIP) 1993 10 min

85-95% of all accidents are caused by unsafe acts. Motivates employees to follow rules & job procedures, exercise good judgment, and associate the potential hazards to the job. Save \$\$\$\$ in injury costs!

VCS 484

Safe Backing & Child Safety (LIP) 1995 10 min

Backing accidents can be prevented! Through awareness & working without taking chances, your employees can have accident-free routes. Includes pre-trip inspection, role of helpers, industry backing signals, cone of visibility and child safety.

VCS 485

Employee Safety for Retail (UP) 1995 16 min

Highlights retail hazards including slips/fall hazards & avoiding them, broken glass, pins and scissors, cardboard. Cutter safety, ladder, stair & escalator safety, electrical and fire safety, safe stocking practices, accidents and emergencies.

VCS 486

Spill Clean-Up Exercises (LIP) 1993 12 min

Describes the importance of documentation, securing the scene, including evacuation & isolation, identifying hazards and information sources.

VCS 487

Radiation Protection for Health Care (LIP) 1989 18 min

Explains radiation & its health care uses, describes radiation hazards in the hospital, detection/measurement exposure, distance and shielding, and worker precautions and quality patient care.

VCS 488

Hospital Fire Safety (LIP) 1980 23 min

Shows efficient patient evacuation methods, covers the basic steps in preventing the spread of fire, and the proper choice and use of different types of fire extinguisher.

VCS 489

Sanitation in Health Care Cafeterias (LIP) 1992 13 min

Designed for employees working in cafeterias, including clean up personnel, dishwashers, food services, cooks and maintenance staff. Explains bacteria, food handling, cleaning/sanitizing and more.

VCS 490

Framer Safety (LIP) 1994 16 min

Excellent to introduce or review the common hazards on a jobsite. Includes P.E., Safety attitude, housekeeping, tool safety, electrical safety, ladder use, doing work on the ground@, forklifts, lifting, setting columns/walls, machine guarding, awareness of other trades and more.

VCS 491

Framer Safety - Spanish

VCS 492

Right -To-Know: Custodians/Maintenance (LIP) 1996 10 min

Instruct employees on chemicals including household/industrial chemicals & hazards, labeling, following directions, chemical signs, MODS, avoiding overuse or mixing of chemicals.

VCS 493

Maintenance Person Safety (LIP) 1993 13 min

Specifically for maintenance persons. Fulfills OSHA training requirements including hazardous materials, electrical and fire safety, P.E., machine guarding and other required training subjects.

VCS 495

Preventing Injury Accidents (LIP) 1996 11 min

85-98% of all construction accidents are caused in whole or part by the unsafe acts and how they contribute to accidents. Explains the concept of unsafe acts and how they contribute to accidents, investigating and documenting unsafe acts for future prevention purposes, and the importance of thinking safety.

VCS 496

Preventing Injury Accidents (Spanish Version)

VCS 497

Orientation - Donning, Doffing, Decontamination (LIP) 14 min

Describes the importance of establishing and practicing a routine for use of encapsulating suits and emergency decontamination. Donning: preparation for & order of dressing, including advice for tall & short users. Doffing: preventing contamination from outer surfaces when undressing. Decontamination: general guidance and factors in choosing equipment

VCS 498

Sexual Harassment -Serious Business (LIP) 1996 25 min

Sexual harassment is serious business for any company. This video describes the different types of sexual harassment that occur in the workplace, as well as its Negative effects. It also teaches employees how to address harassment when it occurs.

VCS 499

Critical Incident Response Training - For Schools (FDE) 1999 45 min

This video was developed by the Florida Department of Education for use as a training tool to provoke thought and help critical response teams in the schools prepare for crisis situations. Two dramatic scenarios at schools take place, Intruder on Campus and Toxic Chemical Spill on the Bus. After each there is an opportunity for those viewing to critique the scenes followed by expert discussion. The incidents are viewed from the perspective of law enforcement, principal and school psychologist.

VCS 500

Road Rage [edited version] (UPRR) 42 min.

Teaches ways to control your behavior when faced with the irrational behavior of road rage.

VCS 501

Basics of Ergonomics (BNA Communications, Inc.) 9 min

Ergonomics is the process of taking a new look at your workplace and incorporating change by eliminating and improving, repositioning and taking a look at new ideas and a new way of doing things. These steps are looked at to make your job a safe and comfortable environment.

VCS 502

Office Ergonomics

This video talks about the risk factors and how to prevent the wear and tear on our bodies at work.

VCS 503

Counter Attactics: Be Aware, Be Prepared [Endorsed and Recommended by Police Chiefs and Police Depts.]

A complete self-defense program for men and women of all ages. This video is designed to decrease your risk of becoming a statistic. You will learn to train your mind and body.

VCS 504

Forklift Operations: Carry the Load [Spanish] (Coastal Intl.) 20 min.

The basics of forklift training done in Spanish.

VCS 505

Some Laws Can't Be Broken (NSC)

Addresses the issue of occupant restraint and vehicle safety systems. (I.e. seat belts, anti-lock brakes, air bags, etc.)

VCS 506

Taming the Winter Road (NSC)

Discusses winter driving hazards the professional truck driver encounters. It presents useful information you can use to prevent collisions and other situations that can cause costly slowdowns.

VCS 507

Low Visibility and Driving

Addresses problems caused by weather conditions such as fog, snow, rain and bright sun, and other factors not usually covered in traditional driver safety classes, including: objects within the vehicle, night driving, tunnels, "blinding" spray from passing vehicles, the effects of shadows, and dealing with oversized vehicles.

VCS 508

Diana's Last Message (NSC) 10 min.

This attention-grabbing video drives home the point that safety belts and air bags save lives.

VCS 509

SEA-J Special Report: Disaster Preparedness (Coastal) 20 min.

This video offers three (3) brief video training segments that address Emergency Action Plans, Fire Drills, and Package Bombs.

VCS 510

Terrorism: Biological Weapons – 29 min.

Designed for fire departments, EMS, law enforcement, and emergency management personnel. This video is a training resource for those most likely to respond to incidents involving suspected biological agents. Topics covered include: How biological agents work; Key indicators of a biological release; Self-protective measures for responders; Categories of biological agents; Identifying the agent involved; Decon and quarantine; and Securing the scene.

VCS 511

Terrorism: 1st Response

Designed for law enforcement, fire departments, EMS, and emergency management personnel, this video is a training resource for those most likely to be first on the scene of a suspected terrorist attack. It provides guidelines for those responders who must make the first critical decisions before federal agencies arrive for support. Topics covered include: Key indicators of a biological release; Categories of biological agents; identifying the agent involved; Decon and quarantine; and Securing the scene.

VCS 512

Terrorism: Chemical Weapons – 26 min.

Designed for fire departments, EMS, law enforcement, and emergency management personnel, this video is a training resource for those most likely to respond to incidents involving suspected chemical agents. Topics covered include: Categories of chemical agents; Toxicology and symptoms of exposure; Weaponization and dissemination; Self-protective measures for responders; Identifying the agent involved; Managing casualties; decontamination and ventilation; and Incident command.

VCS 513

Response to Anthrax Threats – 25 min.

Although most anthrax threats prove to be hoaxes, it is important for emergency responders to know how to measure their response to meet the threat. This information packed program discusses the most common types of anthrax threats and outlines appropriate response procedures for each. Topics covered include: Symptoms of anthrax exposure; Notifying the FBI: Guidelines for calling the fire department & hazmat team: use of hazmat protocols; Managing evidence; Treating victims; Dealing with the 'worries well'; and Cleanup.

VCS 514

Shiftwork: Circadian Survival – 20 min.

If your organization runs more than one shift, this program is for you! Circadian rhythms regulate the body's internal clock and deviating from the "internal programming" can often be difficult for workers. Teach them how to adjust and minimize difficulties, especially safety-related concerns with this important video.

VCS 515

Emergency Evacuation: Getting Out Alive – 16 min.

When faced with an emergency situation, the chances of survival increase a great deal with adequate training, preparation, and an emergency action plan. Make sure that your employees are prepared to handle any disaster – natural or otherwise. This video illustrates how to respond in several emergency situations and the importance of drills.

VCS 516

Indoor Air Report: Breathe Easy – 15 min.

OSHA estimates that about 21 million employees are exposed to IAQ problems in the workplace. This special report will help employees understand what affects the quality of the air they breathe. You'll learn ways of recognizing and measuring air contaminants and about the effects of contaminated indoor air. This video gives tips on how to improve indoor air quality.

VCS 517

Back Safety: Lift Well, Live Well – 14 min.

This video was developed to teach workers how to guard against injuries by understanding how their backs function and practicing safe lifting techniques.

VCS 518

One in 5.7 Million (ITS) 10 min.

Thought provoking video as Ken Woodward tells his story of being blinded in a hazardous chemical explosion at work. He talks about how losing his sight affected him and also how it affected his family.

VCS 519

Portable Fire Extinguishers (Spanish) Coastal 14 min.

VCS 520

Eye Safety – Construction (NSC) 10 min.

Promotes the use of proper eye protection to prevent eye injuries on the job. Also, helpful hints about what to do when eye accidents occur.

VCS 521

Falls – Construction (NSC) 10 min.

Helps increase awareness of hazardous situations where falls can occur. Shows how to avoid accidents due to falls, and what to do if a fall occurs. Also, explains the proper use of ladders and scaffolds.

VCS 522

Flying & Falling Objects – Construction (NSC)– 10 min.

This program explains the importance of staying alert to possible dangers created by flying and falling objects. Promotes team work between employees for the safety of all.

VCS 523

Hand Tool Safety – Construction (NSC) 10 min.

Shows employees the proper way to use hand and portable power tools. Choosing the right tool, avoiding accidents, using tools properly and carrying and storing tools, and safety tips.

VCS 524

Hazardous Chemical – Construction (NSC) 10 min.

This program is designed to give employees the information necessary to protect them from on the job hazardous chemicals.

VCS 525

Overexertion – Construction (NSC) 10 min.

This program shows the proper way to lift and carry. Contains convincing scenes that may help the viewer realize the importance of back care. Also, helpful tips for keeping the back strong and health.

VCS 526

Office, Retail & Public – Falls (Safety Shorts) 6 min.

Falls are the second most common cause of injuries, and fatalities. Find out how trips and falls can be avoided with proper housekeeping, awareness and preventive measures.

VCS 527

Bloodborne Pathogens Overview – Spanish (Safety Shorts) 6 min.

This video tells you what you need to know about the OSHA standard. It covers: plans, engineering and work controls, personal protective equipment, universal precautions, vaccinations, training, counseling, and recordkeeping.

VCS 528

Preventing Slips, Falls, and Lifting Injuries (Natl. Restaurant Assoc. Ed Foundation) 10 min.

Service Industry – Demonstrates how to prevent slips, fall & lifting injuries in a kitchen & restaurant setting.

VCS 529

10 Minute Safety Trainer (E.I.) 10 min.

Hotels/Lodging - Thirteen (13) vignettes on various safety issues including, Hazard Communication, Bloodborne Pathogens, Back Injury Prevention, Slips & Falls, Fire Safety &I Personal Protective Equipment

VCS 530

Electrical Pallet Jack Update (LI) 10 min.

General Industry – Safe Operation, do's and Don'ts.

VCS 531

Employee Safety Orientation (LI) 14 min.

All Industry – Training in general hazards regarding proper clothing, machine guarding, accident reporting and much more.

VCS 532

Fire & Life Safety Systems (LWB) 9 min.

Hotels/Lodging – Provides an overview of how the various elements of a hotel fire &I life safety system work together.

VCS 533

OSHA Inspection – Overcoming the Fear (Coastal) 24 min.

All – Takes the view on a simulated inspection with a compliance officer, discusses all aspects of the inspection including citations' & violations.

VCS 534

Hotel Safety – a Reality Check-In (Coastal) 29 min.

Hotels/Lodging – A narrative story of a family on vacation at a hotel where the following subjects are discussed: Bloodborne Pathogens, Hazcom, fire Safety, Back Safety, Slips, Trips & Falls, Housekeeping Safety, Security Awareness, Kitchen Safety and Engineering Safety.

VCS 535

Landscape Maintenance Safety (Long Island) 17 min.

Landscape – train personnel to take responsibility for safety including proper attire and PPE, use & maintenance of mowers, string trimmer, chain saw, chippers, as well as chemicals & snakes.

VCS 536

Bloodborne Pathogens Overview (Safety Shorts) 5 min.

This video tells you what you need to know about the OSHA standard. It covers: plans, engineering and work controls, precautions, vaccinations, training, counseling, and recordkeeping.

VCS 537

Poisoning Our Children: The Perils of Secondhand Smoke (Am Academy of Otolaryngology – Head and Neck Surgery Foundation) 12 min.

This video shows parents, grandparents, educators and others the importance of not smoking around children.

VCS 538

Report to Work: Your Safety Responsibility (LIP) 7:18 min.

This video provides basic safety information that can apply to any work place.

VCS 539

Report to Work: Your Safety Responsibility – (Spanish) (LIP) 7:18 min.

This video provides basic safety information that can apply to any work place.

VCS 540

Back Injury Prevention/Lifting Safety (LIP) 8 min.

This video explains how the back works and provides important information about taking care of your back and accepting personal responsibility for the care of your back. Provides information on safe lifting techniques.

VCS 541

Back Injury Prevention (Spanish) (LIP) 8 min.

This video explains how the back works and provides important information about taking care of your back and accepting personal responsibility for the care of your back. Provides information on safe lifting techniques.

VCS 542

Lockout/Tagout Safety Training (LIP) 15 min.

Information on LO/TO procedures which stresses the importance of having policies and procedures in place and following them.

VCS 543

Lockout/Tagout Safety Training (Spanish) (LIP) 20 min.

Information on LO/TO procedures which stresses the importance of having policies and procedures in place and following them.

VCS 544

Safety Bite Accidents Investigation (LIP) 8 min.

This video gives information about the importance of investigating all incidents, not just the serious injury ones. It stresses the necessity of proper information and evidence gathering, showing how to do this correctly. Gives tips on investigating incidents and accidents.

VCS 545

Living Well America: Environmental Update (Am Medical TV) 18 min.

Environmental Update regarding Radon and the importance of everyone checking for radon.

VCS 546

Alcohol & Drugs (Personal Action) 13 min.

This video discusses skills for dealing with drugs and alcohol in three different areas, understanding, denial, and helping other.

VCS 547

The Other End of the Barrel (Drunk Busters of Am) 15 min.

The Other End of the Barrel recreates Shirley Lochowitz's son's shooting, the impact on the child and the family. Also discusses safe gun storage.

VCS 548

Recordkeeping True to Form – 29 min.

This video program provides an important overview of the changes for safety directors and managers, safety committee members, human resources managers or anyone responsible for safety and insurance paperwork.

VCS 549

I Chose to Look the Other Way – 12 min.

This video dramatically tells the story of an employee who failed to speak up when witnessing an unsafe act by a co-worker. Viewers will be motivated to speak up when they see a co-worker putting himself in an unsafe situation, even if they feel that person's response may be negative.

VCS 550

Skid Steers 2001 Safety 14 min.

Excellent information on skid steer operation and safe handling.

VCS 551

One Step From Death 11 min.

This video was photographed at operating work zones. You see examples of good safety practices, as well as actual safety hazards and unsafe working conditions

VCS 552

Back: Strength and Fitness 12 min.

Take steps to help yourself build a stronger, more flexible, more fit back, no matter what shape your are in now. Covers learning more about your back, building a fit back, dealing with acute back pain and coming back from back pain.

VCS 553

High Blood Pressure 13 min.

High blood pressure or hypertension affects one out of five adults. Learn what you can do to help prevent it, detect it and, if necessary treat it. Covers understanding hypertension, changing your lifestyle, and working with health care professionals.

VCS 554

Preventing Burnout 14 min.

Employees can develop personal skills and strategies to cope with and insulate themselves from job burnout and its causes. Discusses effectively handling demands, developing detached concern, building control, and preparing for the marathons of life.

VCS 555

Stress Management 12 min.

Once employees understand the process, they can develop a personalized stress prevention plan. Covers awareness, acceptance, coping and action.

VCS 556

Time Management 16 min.

Everyone has the same amount of time in a day. The secret of success is how you use it. Discusses understanding the four time types, set goals and priorities; plan your day around them, identify your time problems, and learn good time habits.

VCS 557

Weight Management 11 min.

Stop trying to “lose weight” and start focusing on lifelong weight management. Exercising moderately and regularly, making wise nutritional choices, recognizing the role of emotions and attitudes, and anticipating energy needs.

VCS 558

Wellness: Skills for a Lifestyle Change 14 min.

Wellness results from making many small changes in lifestyle – changes that can have a big effect on your performance, happiness and length of life. This video gives information on understanding health risks, leading a wellness lifestyle, overcoming barrier to success, deciding where to start and follow through, gaining support for change.

VCS 559

Don't Risk Your Child's Life VI 21 min

This video covers child safety seats and child passenger safety, and demonstrates child safety seat installation.

VCS 560

Winter Walking 7 min.

The Winter Walking video will help employees identify potential hazards and use techniques to avoid injury when entering or exiting a vehicle and while traversing steps, sidewalks and turns. Also shows how to avoid serious injury if you do fall.

VCS 561

Hypothermia & Frostbite 13 min.

This video provides good information how to recognize the signs and symptoms of hypothermia and frostbite, and what to do if they occur. It also provides information on dressing properly in cold weather.

VCS 562

Flatbed Cargo Securement 15 min.

Video covers securement requirements for flatbeds, lowboys and other specialized exposed-load trailers. It addresses the new commodity-specific standards and covers the concepts of minimum performance criteria and aggregate working load limits.

VCS 563

Box Cutter/Utility Knife Safety 7 min.

This new, attention grabbing video provides an overview of utility knife/box cutter safety. Proper use and handling of box cutter/utility knives. Using the correct knife for the job. Knife maintenance and inspection. Proper blade changing and disposal.

VCS 564

Severe Weather Alert: Are You Prepared? 15 min.

This video gives information on preparing for tornadoes and severe weather (lightning and thunder storms), at work, home and on the road.

VCS 565

Toxic Mold 12 min.

Toxic mold is a problem making headlines everywhere. This video takes the mystery out of this sensitive subject and informs the viewer exactly what toxic mold is and the hazards involved and some possible solutions.

VCS 566

Safety Awareness: Real Accidents, Real Stories 14 min.

This video really hits home with several interviews of real people who got injured on the job. These are real workers, not actors. The people talk about how they basically became complacent and ignored some safety guidelines and safety equipment that lead up to the accidents. They tell how the accident has changed their lives, how it effects their job, their personal lives and what their attitude is toward safety now.

VCS 567

Wheel Loader Operating Techniques 23 min.

This video brings together the real-world lessons learned in many types of operating situations. Wide variety of machine brands and working scenes, correct operations on hills and rough terrain, side hill work dangers and slip or tip recovery, the dynamics of rollover accidents and night operations.

VCS 568

Wheel Loader Walk Around and Introduction 15 min.

This video will remind experienced operators and train new operators on the importance of the daily walk around inspection, and what they really need to be looking for.

VCS 569

Traveling Alone in America 35 min.

An informative and powerful video docudrama that captures the fears and dangers that women face every day while traveling. Video demonstrates simple life saving strategies/tactics to recognize and prevent dangerous situations.

VCS 570

Make Your Home a Safe Haven 10 min.

This video alerts you to common safety hazards that could be present in your home and includes tips to help you eliminate them.

VCS 571

Surveying Safety Highway - Work Zone Safety 10 min.

Describes some of the important hazards surveyors face as they work in every phase of construction, from pre-con to post con, both inside and outside the work zone.

VCS 572

Plant Site Safety - Highway Work zone Safety 10 min.

This video covers some of the safety hazards in permanent and portable ACC, PCC bulk plant and crushing operations. It shows what to watch out for if you are a pedestrian on the ground, a crane operator, or a truck driver traveling between the plant and construction sites.

VCS 573

Structures Safety Highway 12 min.

This video covers some of the typical hazards around the construction of bridges and culvers, with emphasis on falling, falling objects, and crane hazards.

VCS 574

Grading Safety – Highway Work Zone Safety 14 min.

Video covers some of the safety hazards you will find on typical grading sites, from clearing and grubbing to final grading. Emphasis is on personal responsibility for safety and awareness of the hazards.

VCS 575 and DVD

Safety: the Good fight 15 min.

High-impact video that tells the tragic story of Patrick Hayes, a young man killed in an avoidable, on-the-job accident. Through interview, it covers how the death affected his family, how the accident occurred and how every employee can make the right decisions about his or her safety and the safety of co-workers, resulting in a safe workplace for all.

VCS 576

Flagging: You're The Director 17 min.

Help your employees understand OSHA/FHA, requirements of MUTCD and what it takes to keep themselves, drivers and pedestrians safe. Make sure your flaggers are properly trained.

VCS 577

Safety Is No Accident: A Video Guide to Chain Saw Safety Highlights 21 min.

How to avoid kickback, proper use of safety tips, and importance of buddy system. Safe techniques for climbing, bucking and pruning. Personal safety equipment, demonstrations of chaps, goggles, ear plugs, hard hats, etc.

VCS 578

Bloodborne Pathogens: Everyday Heroes, Everyday Risks 11 min.

Practical information about bloodborne pathogens for non medical personnel.

VCS 579

Occupational Dog bite Safety Video "2002" 20 min.

This video is a must for any employee that comes in contact with dogs while working. Covers canine behavior, reading a dog, how to approach a yard safely, and much more.

VCS 580

Fire Safety – Spanish 15 min.

Fire prevention video identifies different types of fires and how to eliminate potential fire hazards, toxic, chemical and electrical fires. Shows types of extinguishers and how to use housekeeping methods to prevent fires. Covers building evacuations and first aid methods for smoke inhalation and radiant heat.

VCS 581

Working Safety in Hot Environments – Spanish 15 min.

Shows viewers how to prevent and respond to various heat-related problems by using prevention techniques; how to recognize the signs and symptoms of heat stress; and what first aid procedures to administer when assisting victims of specific heat-related illnesses

DVD 582

Construction Safety Essentials 23 min.

This production will help reduce or even eliminate the risks involved on site. It covers essential such as housekeeping, working at height, excavating and public safety. It also examines subjects often taken for granted, such as working in the elements and manual handling.

DVD 583

Winter Driving: When the rules Change 16 min.

This DVD illustrates the importance of adjusting our driving techniques when winter rolls around. Also includes a powerful interview with a woman who was involved in a fatal wintertime crash – an event that changed her life forever.

DVD 584

The Birthday Wish 5 min.

This DVD will make employees thinks before taking short cuts in safety.

DVD 585

ABC's of Your Personal Fall Arrest System 15 min.

Safety when working above the ground.

DVD 586

Distracted Driving At What Cost 15 min.

This DVD includes a two car crash that is investigated and shows how each driver was distracted leading up to the crash.

DVD 587

Kids Do It....Naturally Child's Play 10 min.

This DVD shows proper lifting techniques using children who do it naturally.

VCS 588

Self-Help Heimlich 5 min.

This Safety Shorts video describes how to self-administer the Heimlich maneuver.

VCS 589

A Lift For Safety 5 min.

Overviews the proper procedures for personnel lift baskets.

VCS 590

The Signal 5 min.

This video explains the importance of knowing and understanding the standard hand signals for crane operation. Anticipating the crane's next move is a step toward individual safety.

VCS 591

Safety Programs 5 min.

This video reminds us that both employers and employees share an equal responsibility for making sure safety programs work.

VSC 592

Asbestosis 5 min.

Breathing asbestos fibers can lead to a life-threatening condition know as asbestosis. The video looks at this disease and emphasizes the importance of wearing the proper protective gear.

DVD 593

Heat Hazards 17 min.

The program aims to increase people's awareness of heat hazards in the workplace by identifying specific heat related hazards and examining a range of engineering and administrative controls, as well as individual behaviors, that can reduce the risk of heat related illness and injuries.

DVD 594

ABC's of Your Personal Fall Arrest System – Spanish 15 min.

Safety when working above the ground.

DVD 595

The Line of Fire – Spanish 13 min.

This program discusses many workplace hazards and outlines general principles that can help employees prevent these hazards from causing serious injuries and deaths.

DVD 596

Avian Flu – What You Need to Know 13 min.

This program covers: How serious is the risk, how is the virus transmitted, symptoms of infection and how to avoid exposure and protecting families.

DVD 597

LO/TO: Lightning in a Bottle 15 min. English/Spanish

This valuable program will provide valuable information on: Kinds of energy LO/TO can control, LO/TO basics, OSHA's LO/TO standard, The six steps of Lo/To, removing LO/TO devices after a job is complete.

DVD 598

Bucket Trucks: Extending Your Safety English/Spanish 15 min.

This is a vital program that will help keep your bucket truck user safe. Pre-trip and pre-lift inspections, vehicle maintenance and proper fall protection are a few of the areas covered in this DVD.

VCS 599

A Bit About Backs: Prevention Strategies 14 min.

Learn practical methods for maintaining a healthy back.

VCS 600

Know Your ABC's – Fire Extinguishers 5 min.

This video explains which type of fire extinguisher to use on each different type of fire.

VCS 601

Thermal burns 5 min.

This video is about the proper first aid procedures to follow in treating burns prior to EMT's arriving on the scene.

VCS 602

Electrical Burns 5 min.

The biggest danger in treating victims of electrical burns is shock hazards to the rescuers'. This video covers this and all the basic precautions of initial treatment of electrical burns.

VCS 603

Hearing the Good Things in Life 4 min.

This video uses humor to make a point. Wearing hearing protection pays.

VCS 604

A Foot Closer to Safety 5 min.

This video covers the necessity for wearing proper foot protection. It highlights the basic types of safety shoes and the situations to use each design.

VCS 605

HazCom – An Overview 5 min.

This video gives a quick reference guide to Hazardous Communication requirements. It's designed to be an introduction to Haz-Com requirements, labeling and material safety data sheets.

VCS 606

Murder on Your Hands 5 min

Spam Sade investigates and resolves hand injury increases at the Acme companies. To cut hand injuries he recommends, "Wear the proper glove."

VCS 607

Warehouse Safety 9 min.

This video contains good information about forklift operation and forklift safety in the warehouse. Also has some general warehouse safety information.

VCS 608

The First Step to Danger 4:08 min.

Statistics have shown the most fatal falls occur on the first step down from a high place. This video reviews safety procedures for taking that first step down.

VCS 609

Backing Safely 12 min.

This video offers practical safety information to help eliminate backing collisions: Tips to avoid backing, specific steps for a safe back, procedures for backing with a helper and procedures for backing with a trailer.

VCS 610

Charging Up on Battery Safety 5 min.

Batteries can be more dangerous than you think and should be treated with respect and in accordance with proper safety procedures presented in this video.

VCS 611

Good Safety is Good Business 5 min.

This video shows that safety is good business, both for the employers and employees. Safety holds down costs, keeps business more competitive and protects people and jobs.

VCS 612

Housekeeping – General Work Space 5 min.

This video covers the need to keep our work space clean and organized. Proper housekeeping is one of the first steps in maintaining efficient and safe working conditions.

VCS 613

Personal Work Space 5 min.

This video explains that safe work practices can be just as important in an office as in any other area of industry. It reviews good personal work space housekeeping habits.

VCS 615

Beating a Blowout 5 min.

This video explains how to handle your vehicle in case of a tire blowout.

VCS 616

Where Are Your Hands? 4 min.

This video tape reminds workers to ask themselves, "Where are my Hands". Information on hand safety.

VCS 617

Heads Up For Safety: Overhead Dangers 5 min.

Be aware, stay awake, and keep looking up! The opportunity for an accident is everywhere. One of the least common places to expect one is from overhead. Reminds workers protect their heads with proper PPE, and to be aware of their surroundings.

VCS 618

Car Jacks 5 min.

This video overview the proper procedures for using a car jack safely.

VCS 619

Chains and Safety 5 min.

This video describes proper chain safety and maintenance, and cites helpful hints for avoiding accidents.

VCS 620

Self Help for Back Pain 6 min.

An understanding of what causes most back injuries and the application of a little common sense and a lot of caution go a long way toward prevention. Simple back exercises to be done on a regular schedule are demonstrated in this video.

VCS 621

Hard Hats – Hard Heads 5 min.

Video centers around first aid for head injuries. Head injuries that could be avoided by wearing a hard hat.

VCS 622

Judge, Jury & Executioner 5 min.

Video brings home the fact that the ultimate responsibility for safety lies with each individual. Daily choices about safety matters effect not only that day of our lives. A must see for general safety consciousness.

VCS 623

Up in Smoke 4:49 min.

Flammable liquids are a part of most work environments and it is up to the worker to take proper precautions for both usage and storage. This video serves to remind everybody to be responsible and demonstrates responsible procedures.

VCS 624

Heat Can Kill 5 min.

Heat strokes and heat exhaustion are ever present in hot environments. This video covers the signs of heat strokes or exhaustion and how to handle its victims.

VCS 625

Handling the Heat 5:21 min.

Heat exhaustion is a serious problem in many industries. This video offers recommendations for individual safeguards to eliminate or reduce the hazard. It demonstrates proper clothing for various hot environments and reminds the worker about the need for liquids and rest.

DVD 626

Arc Flash Safety Awareness English/Spanish 18 min.

Teach your workers how to stay safe while keeping their co-workers and the workplace safe as well with the information in this program drawn from NFPA 70E. This program covers the three hazards encountered by those who work with or near electricity – electrical shock, arc flash and arc blast.

DVD 627

Ladder safety

General ladder safety

DVD 628

Substance Abuse in the Workplace 10 min.

Shows how individual drug use could affect work conditions for everyone, warning signs of drug use, how employees could help, and the benefits of a drug-free environment.

DVD 629

Ready Response: Sexual Harassment 15 min.

Shows how to recognize and prevent sexual harassment and tells how to handle sexual harassment claims.

DVD 630

Aerial Platform Operator Training

Aerial Platform safety training information.

VCS 631

Cocaine: The Ticking Clock – 5 min.

Each year, drug abuse costs American business more than \$100 billion. This video encourages workers to adopt a policy of zero tolerance to cocaine in the work place.

VCS 632

Handgun Safety - 5 min.

Every year a huge number of Americans will die as a result of handgun accidents. This video describes a few simple but important rules for handgun safety.

VCS 633

Who's The Boss – 5 min.

In a work environment where safety and profit depend on clear thinking, drug use cannot be tolerated. This video reminds us not to let drugs run our lives.

VCS 634

Just a Little Nip – 5 min.

This video reminds us to be aware and take responsibility for alcohol abuse in the workplace.

VCS 635

No More Mr. Mean Screen – 5 min.

This video discusses the ergonomics of working with computers.

VCS 636

The History of Asbestos 5 min.

Asbestos, one widely used, has been linked to a number of illnesses. This video outlines the historical uses of asbestos and overviews its status in industry today.

VCS 637

Repetitive Strain Injuries 5 min.

Repetitive strain injuries are an ever increasing occupational hazard. This video demonstrates a few ways to prevent these injuries.

VCS 638

Forklift Safety 5 min.

One of industry's most useful tools is the forklift and potentially one of the most dangerous. This video provides a checklist to ensure forklift safety.

VCS 639

A Matter of Degree – Part 1 – 5 min.

The welding torch can be one of the most dangerous tools on any job site. This video outlines the proper precautions to take when using a welding torch.

VCS 640

A Matter of Degree – Part II – 5 min.

Welding torch safety is an all-consuming process. This video outlines the proper procedures for the safe assembly, operation and storage of welding torch heads.

VCS 641

Cutting It Short – Part 1 - 5 min.

Mowing the yard can be dangerous if the rules of safety are neglected. This video parodies the TV classic Dragnet as a reminder of always practice safety when using a power mower.

VCS 642

Cutting It Short – Part II - 5 min.

Riding lawn mowers can be dangerous, even deadly when safety is ignored. This video takes viewers on a journey through a Twilight Zone parody to stress riding mower safety.

VCS 643

Lyme Disease – 5 in.

Lyme disease is a serious illness, transmitted through the bite of a tiny tick. This video shows how to recognize its symptoms and outlines how it can be prevented.

VCS 644

Diet Right – 5 min.

Obesity is a condition affecting a large number of adult Americans. This video examines the importance of managing your diet for a longer, healthier life.

VCS 645

Exercise Your Heart – 5 min.

Regular aerobic exercise can make a big difference in your quality of life. This video illustrates proper warm-up, dynamic and cool down procedures.

VCS 646

Protecting Against Aids in the Workplace – 5 min.

The deadly AIDS virus can be passed along from a worker who is injured and bleeding. This video suggested a few ways to safely administer first aid to a bleeding victim.

VCS 647

Falls – 5 min.

This video examines the causes of falls and lists a few ways they can be avoided.

VCS 648

Once Too Many – 5 min.

When entering a confined space, a few basic safety procedures will ensure a healthy exit. This video outlines the rules for entering a confined space.

VCS 649

Tag You're It -5 min.

Shutting down and locking out machinery prior to making repairs is an important safety procedure. This video emphasizes the necessity of Lock Out/Tag Out.

VCS 650

A-OK: Finger Safety – 5 min.

Finger injuries, even minor ones, can impair our ability to work productively. This video reminds us that, with proper gloves and a little safety awareness, finger injuries can be avoided.

VCS 651

Fueling A Machine – 5 min.

Although a simple procedure, refueling a machine can be dangerous. This video serves as a graphic reminder that creativity in the workplace is no substitute for safety.

VCS 652

Danger: Hazardous Duty - 5 min.

Hapless Hal learns a few important lessons about safety while working in loading docks and warehouses.

VCS 653

A Shocking Experience – 5 min.

Electrical hazards pose a danger at home as well as in the workplace. This video reviews proper safety precautions for working with electricity.

VCS 654

Indoor Air Pollution – 5 min.

Usually thought of as an outdoor problem, air pollution is also a common hazard indoors. This video explains the sources of indoor pollutants and lists a few steps for solving the problem.

VCS 655

Lone Driver – 5 min.

An open car window or door is often an invitation to crime. This video provides some basic guidelines to follow to ensure safety when driving alone.

VCS 656

Home Safety: Past, Present and Future – 5 min.

Each year many deaths occur in the home, mostly the result of falls, burns or accidental poisonings. This video reminds us to be aware of potential dangers during everyday activities.

VCS 657

Protective Equipment – 5 min.

Personal protective gear – hard hats, goggles, gloves and other equipment – does no good if it isn't worn. This video emphasizes the importance of dressing for safety.

VCS 658

A Shock to the System – 5 min.

The shock that often accompanies a serious injury can be just as deadly as the injury itself. This video outlines the symptoms of shock and reviews the proper treatment.

VCS 659

Destination Safety: Part II – 5 min.

This is part two of a two part video explaining that safety is a state of mind. Uses the gum shoe detective for a look at home safety.

VCS 660

The First Few Minutes – 5 min.

When an office fire strikes, every second counts. This video emphasizes the importance of proper planning and knowledge of safety procedures in case of fire.

VCS 661

Back/Lifting Safety (Safety Shorts) 5 min.

Backaches are second only to colds and flu as a cause of lost work time in the U.S. One major cause of backaches in the white collar work force is improperly adjusted chairs. This film discusses office chair adjustment.

VCS 662

The Heimlich Maneuver (Safety Shorts) 5 min.

The Red Cross approved training in this video may possibly prevent a death by suffocation due to choking. The tape shows how to recognize the symptoms of choking and how to perform the Heimlich Maneuver on the victim.

VCS 663

Destination Safety – Part I (Safety Shorts) 5 min.

This part one of a two part video explaining that safety is a state of mind. The information is presented by a 1940's gum shoe detective.

VCS 664

Worker's Enemy Number One (Safety Shorts) 5 min.

One fourth of all injuries on the job involve the back – pulled muscles, slipped discs, pinched nerves. This tape shows how to avoid these lifting problems through common sense approaches that can be adapted to almost any workplace.

VCS 665

Dreams Into Nightmares –(Safety Shorts) 5 min.

This video drives home the point that without considering Safety Planning and Safety Consciousness all of our dreams could turn into nightmares through one careless action.

VCS 666

Watch Your Load (Safety Shorts) 5 min

The load in your own vehicle may be a major hazard to driving safety. This tape cautions against haphazard loading and unrestrained cargo in every sort of vehicle, then demonstrates some proper loading and load securing techniques.

VCS 667

Stop The Bleeding (Safety Shorts) 5 min.

No step in first aid treatment is more critical than stopping the bleeding. This tape explains why and gives demonstrations on various techniques recommended for stopping bleeding and warns against some common procedures such as tourniquets

VCS 668

Slag Injuries to the Eye: It Can Happen to You (Safety Shorts) 5 min.

Slag in the eye can be prevented with protective eyewear. If an injury does occur, however, it must be treated properly to avoid further damage.

VCS 669

Fighting the Strain – Ergonomics (Safety Shorts) 5 min.

An introduction to the developing science of ergonomics and a demonstration of how simple awareness of need can lead to some "common sense" solutions to the physical strain of repetitious movements or extended periods of body positioning required by many tasks in the workplace.

VCS 670

Back Safety: Belt Use (Safety Watch) 7 min. 1995

Provides basic information about back safety belts and their uses.

VCS 671

Protective Clothing (Safety Watch) 12 min. 1996

Tape shows different levels of personal protective equipment with examples. Covers helmets, gloves, suits and boots. Explains different levels of protection and what is needed for each.

VCS 672

Ergonomic Tools (Safety Watch) 13 in. 1996

Using "Tim the Tool Man" format covers different types of ergonomic hand tools.

VCS 673

Hazwoper: Role of the First Responder (Safety Watch) 9 min. 1996

Information on Hazcom and what the First Responder must know and do when responding to an event.

VCS 674

Fire Prevention (Safety Watch) 14 min. 1995

Using "Ace Ventura" format gives examples of good fire prevention policies.

VCS 675

Job Safety Analysis (Safety Watch) 17 min. 1996

Using the "Hollywood Squares" format explains what job safety analysis is and how important it is to have job safety analysis sheets. Also tells you what information needs to be listed.

VCS 676

Lockout/Tagout: A Life is on The Line (Safety Watch) 6 min. 1996

Good information on the importance of Lockout/Tagout for all energy sources.

VCS 677

Traffic Safety (Safety Watch) 8 min. 1996

Good basic traffic safety and driving information.

DVD 678

Contractor Safety: It's Everybody's Business (Coastal) 20 min. 2005 English/Spanish

This helpful program informs employees about the hazards they face on worksites with multiple "bosses" and the steps they can take to reduce the risk of accidents.

DVD 679

Asbestos in Construction 26 min. (Coastal) 2004 English/Spanish

Designed to help you comply with OSHA 1926.1101, this program gives construction workers and anyone who comes in contact with building materials a full understanding of how to deal with asbestos exposure.

DVD 680

HazCom for Construction 11 min. (Coastal) 2006 English/Spanish

By understanding the Hazard Communication Standard (HazCom) outlined in this program, the dangers of working around chemicals can be effectively controlled.

DVD 681

Scaffolds: Safety at All Levels 16 min. (Coastal) 2005 English/Spanish

Covers Preassembly inspection, Assembly, Safe work practices and Fall protection.

DVD 682

Trench Emergency 14 min. (Coastal) 2006 English/Spanish

Covers shoring and shielding, examines an actual cave-in and preparing for the rescue team.

DVD 683

Construction Forklifts: Extending your Reach 14 min. (Coastal) 2005 English/Spanish

Covers lifting principles, start-up and walk-around inspections, moving a load and safe work practices.

DVD 684

High-Impact Hand Safety 12 min. (Aurora)

Covers understanding & using guards, interlocks. Selecting & using hazard-specific gloves, hand tools. Avoiding hazards and accident-causing behavior: clothing, housekeeping, inattention, complacency, alcohol/drugs & short cuts.

DVD 685

High-Impact Hand Safety – 18 min. Spanish (Aurora)

Covers: Understanding and using guards, interlocks, selecting & using hazard-specific gloves, hand tools and avoiding hazards & accident-causing behavior, clothing, housekeeping, inattention, complacency, alcohol/drugs and short cuts.

DVD 686

What Would You Say 17 min. (Aurora)

This DVD helps us learn to effectively communicate with our co-workers when we see them behaving unsafely. It focuses on easy to use communication techniques including: Be positive, show that you are concerned about their safety, explain the consequences of the hazard or unsafe behavior and be specific with your comments. Also helps us learn to respond in a positive way if someone is pointing out our unsafe actions.

DVD 687

Static Electricity 13 min. (Aurora)

This DVD aims to increase people's awareness of static electricity and its potential to result in serious accidents and injuries. It is designed to provide people with a practical understanding of static electricity and how it can be controlled.

DVD 688

Eye Protection 19 min. (aurora)

This DVD provides information on the essential facts and principles of eye safety in the workplace. It looks at the eye hazards that could exist in an average workplace, and how these hazards can be controlled to reduce the risk to individuals' eyes.

DVD 689

Lifting it Right 24 min. (NSC)

A guide to safe auto lifting.

DVD 690

Eye Protection – See the Whole Picture (Coastal) English/Spanish 20 min.

This DVD covers the importance of proper eye protection with a detailed look at PPE eyewear and a discussion of how eye injuries can be avoided, as well as the emergency procedures to be followed if an accident occurs.

DVD 691

The Life of Fire – English (Aurora) 14 min.

This program discusses many workplace hazards and outlines general principles that can help employees prevent these hazards from causing serious injuries and deaths.

DVD 692

Forklift Basics: Safe From the Start (Coastal) 22 min. English/Spanish

Provide operators with the fundamental that will help them identify basic forklift structure and design, understand factors that affect balance and maneuverability and perform a comprehensive pre-lift inspection.

DVD 693

MSDS: Read It Before You Need It (Coastal) 19 min English/Spanish

This program helps your employees use and understand the MSDS to control chemical hazards in your facility.

DVD 694

PPE: don't Start Work Without It (Coastal)_ 13 min. English/Spanish

Teach employees to wear the right PPE for each job and use it correctly. It focuses on the various forms of PPE and how they can be used to protect different parts of the body.

DVD 695

Hearing Protection: Sounds Good To Me (Coastal) 14 min. English/Spanish

How humans hear, the PPE equipment that is used to protect the ears, and the effect of noise on the ear are all covered in this program. Your workers will understand why proper hearing protection is of paramount importance to protect their ears from harmful noise.

DVD 696

Confined Space Entry: Permit Required (Coastal) 21 min. English/Spanish

Protect your workers from the dangers of working in a confined space and be sure you are in compliance with OSHA 1910.146 ; it reviews the details on how to prepare a confined space entry permit and the best way to train a confined space entry team.

DVD 697

Warehouse Safety: It's No Mystery (Coastal) 22 min. English/Spanish

This program makes you aware of the most common hazards in warehouses and how to correct them.

DVD 699

Welding Safety: Safe Work with Hotwork (Coastal) 18 in English/Spanish

This program provides detail on pre-planning, personal safety, work area safety and equipment safety to prevent hotwork accidents.

DVD 700

Powered Low-Lift Trucks (Walkie & Walkie/Rider Safety (Coastal) 17 min English/Spanish 2004

This program review training for the powered low-lift trucks that are commonly known as walkies and walkie/riders. It helps transporter, pallet truck and platform truck drivers comply with the OSHA ruling (1910.178), which includes low-lift trucks.

DVD 701

OSHA Recordkeeping: True to Form (Coastal) 31 min. English/Spanish 2004

OSHA revised its recordkeeping system in 2004. This program p[rovides an important overview of the changes for safety directors and supervisors, safety committee members, human resource managers and all others responsible for safety and insurance paperwork.

DVD 702

Fire Extinguisher: Your PASS to Safety (Coastal) 9 min. English/Spanish 2004

This program focuses on the types of fire extinguishers available and how to use the. It covers: classes of fire, extinguisher to use for Class A, B, C and D fires, PASS procedure for operating a fire extinguisher and when to call the fire department.

DVD 703

Hexavalent Chromium Awareness (Coastal) 17 min. English/Spanish 2007

OSHA has revised its standard concerning permissible exposure limits for HexChrom. Make sure your workplace is up to date and your workers are aware of the risks of exposure as well as the health hazards associated with HexChrom. Protect your workers from lung cancer, permanent eye damage and skin ulcerations with this new program. Covers: new regulations, exposure monitoring, respirator use, PPE, importance of proper housekeeping and recordkeeping.

DVD 704

Ergonomics: Solving the Puzzle (Coastal) 15 min. English/Spanish 2007

This program will help you create a safe working environment for your employees that will reduce injuries, worker's compensation costs and lost workdays due to SDs. Covers: creating a successful ergonomics program, changing your workplace and reducing RMIs.

DVD 705

Respiratory Protection: Another World (Coastal) 19 min. English/Spanish 2007

Help workers avoid exposure to hazardous airborne substances and keep your facility in compliance with OSHA 1910.134. This DVD is full of information about respirator use and maintenance. Covers: OSHA's respiratory protection standard, hazardous atmospheres, types of respirators and fit testing.

DVD 706

Solvents (Safety Care) 7 min. English

Solvents are used in every workplace to some extent or other. This program covers: an introduction to solvents, the physical characteristics of organic solvents, potential health issues associated with the use of solvents, management of solvents in the workplace and personal protective equipment.

DVD 707

Careless Keystrokes Can Kill (IOSS) 14 min. English 2005

Secretary of Defense makes a top secret visit to Bagdad, but due to careless e-mail chatter and electronic communication, his life is in danger. Learn how to protect your organization through operations security techniques utilized by the U.S. Military.

DVD 708

Operation Safeguard: Hard Target (IOSS) 14 min. English 2004

Dramatization of an Intelligence Officer with the U.S. Military recalling days of captivity in a foreign land. Lessons learned from careless security procedures and a lack of understanding in regards to the enemy's technological ability in accessing governmental & private information.

DVD 709

Operation Safeguard: The Assessment (IOSS) 54 min. English 2006

Fictional depiction of a potential threat to the United States, and concerns of U.S. personnel living and working abroad. Technical and security operation weaknesses are identified and then rectified, in order to stop a terrorist attack on a U.S. aircraft carrier.

DVD 710

Think Like the Wolf: Applying OPSEC to Military Operations (IOSS) 17 min. English 2003

Evaluate your security operations just like your adversary would – *Think Like the Wolf*. DVD goes through the military's 5 step operations security (OPSEC) method that you should utilize to protect your business.

DVD 711

Applying OPSEC to Criminal Investigations (IOSS) 2001

Utilizing the military's 5 step method towards operations security (OPSEC) in civilian criminal investigations.

DVD 712

An Introduction to OPSEC (IOSS) 2006

Utilizing the military's 5 step method towards operations security (OPSEC)

VCS 713

OPSEC: The Art of Working Together (IOSS) 18 min.

Dramatization of how private business can utilize the military's 5 step method of operations security (OPSEC) to protect their information and product knowledge from competitors.

DVD 714

Child's Play in The Office (SafetyCare) 2004 5 min.

This program looks at the day to day lifting and carrying tasks that occur in most office environments, and uses children to demonstrate how best to avoid injuries. Child's Play in the Office delivers the powerful yet simple message that correct lifting and carrying techniques are essential if injury is to be avoided.

DVD 715

Safety Essentials (SafetyCare) 15 min.

This program has been produced to explain the "Safety Essentials" of workplace safety. It identifies what the essentials are, why it is important to keep them in mind, the reasons behind them, and how a good understanding of these "Safety Essentials" can help in preventing serious workplace accidents.

VCS 716

Burns (SafetyCare) 18 min.

A severe burn is not only life threatening but it can also have profound effects, not only on the victim, but also the victim's family. This program examines the general principles of first aid treatment for burn victims.

DVD 717

Driven To Distraction English/Spanish (Coastal) 20 min. 2008

This program illustrates just how dangerous distracted driving can be. The impact of this program is powerful and memorable. Covers cell phone use, talking to passengers, reaching into laptop case and eating and drinking.

DVD 718

Safe Winter Driving English Spanish (Coastal) 17 min. 2005

Winter driving presents special hazards, including rain, snow and ice. If drivers follow the special safety techniques in this program they can avoid the risks. Covers basic emergency equipment, rain, snow and ice, the skid and stopped and stranded.

DVD 719

CPR Cardiopulmonary Resuscitation (SafetyCare) 16 min.

This DVD looks at the technique for performing CPR on adults, in accordance with the current resuscitation guidelines. Covers Basic life support procedure, how to conduct CPR on an adult casualty, how to deliver rescue breaths, how to deliver chest compressions, how to use an Automated External Defibrillator (AED), CPR with two rescuers and rescuer health and hygiene.

DVD 720

Preventing Slips, Trips and Falls (SafetyCare) 9 min.

This program looks at all the key hazards associated with slips, trips and falls, including: good housekeeping practices, signposting and barricading, correct use of equipment and furniture, proper maintenance, appropriate footwear and correct use of step stools and stepladders.

DVD 721

How to Use the Chlorine Institute Emergency Kit “B” for Chlorine Ton Containers 2006

Covers what to do in a chlorine emergency where leaks occur on a chlorine ton container and the proper uses of tools and devices in the Emergency Kit B.

DVD 722

Safe Operation of Overhead Cranes (Safetycare) 18 min.

This program looks at the safe operation of overhead cranes and details the five major steps to ensure their safe use: Pre-operational checks, Operational checks, Planning the lift, Operational rule and Shutdown procedure.

DVD 723

Safe Handling of Gases (Safetycare) 19 min.

Gas cylinders supply a wide variety of gases for a multitude of different industrial, medical and domestic purposes. Included in the program: Types of gases, The hazards associated with gases, Things to do before using a gas cylinder, General do's and don'ts, Safe storage, Safe handling, Transportation, Leak testing and Emergency procedures.

DVD 724

Managing Stress Before It Manages You (Briefings) 30 min.

This DVD gives ways to identify and overcome the three major sources of workplace stress, reach an ideal balance between work life and home life, prevent workplace anxiety, battle stress using the A-T-T-A-C-K method, dramatically improve your focus and more.

DVD 725

Solving People Problems On the Job (Briefings) 26 min.

This DVD includes dozens of powerful ideas on how to handle conflict successfully. Applying the “Ten Guidelines for Affecting Behavior changes” to these concepts will give you and your staff the power to handle workplace conflict with ease.

DVD 726

Crash Course: What to Know Before and After a Collision (BBB) 62 min. 2004

Crash Course is divided into 3 sections: Before the Collision, At the Scene, and After the Collision. Featuring interviews from national traffic safety experts, EMT's, insurance specialists and attorneys. The program shows how to avoid the most common causes of collisions, provides information you must know at the scene of a collision and advises how to deal with the consequences of a collision.