The video library is available exclusively for the members of the National Safety Council.
Video Catalog
The Video Library’s VHS videotapes and DVDs are available exclusively to the National Safety Council, Nebraska members. This membership benefit provides a cost-effective way to educate, update, and train employees.

Loan Policy
Business Members of the Council have unlimited free weekly uses of the library all year long. A “Use” is one video or DVD for up to one week. A late fee of $5 will be charged for each day over one week that the tape or DVD is late. A week is seven days, including weekend.

Shipping and Return
All videos and DVDs must be picked up and returned to the Council at 11620 M Circle, Omaha, NE. For out-of-town members, videos and DVDs can be shipped via United Parcel Service. Shipping and handling will be charged for these orders. **All videos and DVDs must also be returned and insured via a traceable shipping agency.**

**LIABILITY**
*Please handle materials with care. Users will be charged for cost of repair or replacement of materials damaged beyond normal wear and tear, or materials that are lost. Please inform the Council immediately if a video or DVD is in unsatisfactory condition when you receive it.*
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VCS 6    Job Safety Analysis
VCS 127   Preventing Injury Incidents
VCS 159   Accidents - It Can't Happen To Me
VCS 166   Safety Is Your Responsibility
VCS 208   Claims/Litigation Control for Workers’ Comp
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VCS 311   Wheel of Misfortune and Grave Remarks
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VCS 5    Asbestos Alert: Proper Use and Disposal of Personal Protective Clothing
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VCS 124   Home Asbestos Inspection
VCS 259   Asbestos Awareness
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VCS 434 On the Road: The Lighter Side of Lifting
VCS 552 Back: Strength and Fitness
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VCS 219 Hand & Finger Injuries
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VCS 95 The Smoke Detective – The 3 P’s of fire Safety: Persuasion, Prevention, Protection
VCS 109 Wash Your Hands
VCS 115 Bicycle Safety Camp
VCS 116 Youth Safety Seminar
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VCS 176 Why Wait?
VCS 177 Sly Fox & Birdie
VCS 183 The NE School Bus Safety Program
VCS 281 Ready or Not: Talking With Kids About Alcohol
VCS 346 Baby Safe
VCS 347 “Are We There Yet?”
VCS 348 Hidden Hazards In Your Home
VCS 349 Sparky’s ABCs of Fire Safety
VCS 350 Scald Burn Prevention Video
VCS 351 Jell-O In A Jar: Safe Kids- Cycle Smart
VCS 352 Precious Cargo: Protecting The Children Who Ride With You
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VCS 467 Drill Today - Survive Tomorrow: Disaster Preparedness for Schools
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VCS 136 Clearing The Air - Confined Space Entry
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VCS 330 What To Do When The Sky Starts Falling
VCS 333 It Always Happens to the Other Guy
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VCS 550 Skid Steer 2001 Safety
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VCS 568 Wheel Loader Walk Around and Introduction
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VCS 77  Space Invaders
VCS 78  Valvoline Driver’s Test
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VCS 135  Ride of Your Life
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VCS 417 LO/TO: Just Do It!!
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VCS 649 Tag You’re It
VCS 676 Lockout/Tagout Affected Employees
DVD 745 Lockout /Tagout: When Everyone Knows

MACHINE/TOOLS SAFETY
VCS 3  Everything to Lose
VCS 22 Working With Machinery
VCS 70 Heavy Equipment
VCS 84 Multiple Choice
VCS 101 Hand Tool Safety In The Workplace
VCS 133 Powder Actuated Tools
VCS 150 Portable Grinders & Abrasive Wheels
VCS 201 Safety Is ...No Accident
VCS 225 Machine Guarding
VCS 251 Portable Power Tools
VCS 297 Machine Shop Safety
VCS 378 Portable Power Tools
VCS 418 Machine Cutting, Grinding & Sanding
OFF-THE-JOB SAFETY
VCS 25  Safety Captain’s Update # 16: Home Safety
VCS 50  Radon: A Homeowner’s Guide
VCS 66  Staying Afloat
VCS 124 Home Asbestos Inspection
VCS 172 Scenarios For Self Defense - Your Early Options
VCS 173 Scenarios For Self Defense - When An Acquaintance Becomes An Assailant
VCS 174 Scenarios For Self Defense - Practical Physical Resistance
VCS 226 Take Home Toxics
VCS 250 Grounds Keeping: Lawn Mower Safety
VCS 269 Home Air Care: Indoor Air & Your Health
VCS 285 Home Safety
VCS 286 Holiday Safety
VCS 292 Off-the-Job Safety
VCS 298 Recreational Safety
VCS 326 Our House
VCS 416 Housekeeping for Safety
VCS 503 Counter Attactics
VCS 569 Traveling Alone in America
VCS 570 Make Your Home a Safe haven
VCS 632 Handgun Safety
VCS 656 Home Safety: Past, Present and Future
VCS 659 Destination Safety: Part II
DVD 789 Hurt at Home

OFFICE SAFETY
VCS 16  VDT Video Display Terminal - The Human Connection
VCS 32  It’s A Jungle (Office Safety)
VCS 49  VDT’s - An Overview
VCS 111 Office Ergonomics
VCS 169 General Office Safety
VCS 189 Computer Fitness
VCS 483 Reducing Unsafe Acts of Office Employees
DVD 725 Solving People Problems On the Job
PERSONAL PROTECTIVE EQUIPMENT

VCS 3  Everything to Lose
VCS 5  Asbestos Alert: Proper Use & Disposal of Personal Protective Clothing
VCS 18  Preserve Your Hearing
VCS 45  Personal Protective Equipment
VCS 71  Personal Protective Equipment
VCS 75  Above All Keep Your Head
VCS 91  Utilization Of Chemical Protective Equipment
VCS 139 Personal Protective Equipment
VCS 242 Foot Protection
VCS 274 Protective Clothing
VCS 294 Complete Line of Footwear
VCS 374 The Complete Line of Footwear
VCS 396 Protective Clothing
VCS 398 PPE Electrical
VCS 399 PPE: Just Put It On!
VCS 415 Head Protection
VCS 433 Uniform for Safety: Wearing Personal Protective Equipment
VCS 479 Personal Protection Safety - Eye
VCS 480 Personal Protection Safety – Hand
VCS 481 Personal Protection Safety – Foot
VCS 657 Protective Equipment
VCS 671 Protective Clothing
DVD 694 PPE: Don’t Start Work Without It

RESPIRATORY PROTECTION

VCS 152  How To Fit Respiratory Protection
VCS 153  Respiratory Protection
VCS 232  Respiratory Protection
VCS 256  Respiratory Maintenance
VCS 320  Choosing The Correct Respirator
VCS 322  Respiratory Care & Use
DVD 705  Respiratory Protection: Another World English/Spanish
DVD 731  Respirators: Your TB Defense
DVD 761  Respirators: Your TB Defense / TB Respiratory Protection: Administrator’s Review

SAFETY COMMITTEES

VCS 187  The Safety Committee: Problem or Solution
VCS 204  Group Dynamics/Team Building for Your Safety Committees
VCS 283  How to Conduct a Safety Meeting
VCS 459  Establishing Safety Committees
DVD 788  How to Conduct a Successful Safety Committee Meeting (Power Point Presentations, Printable Posters)
DVD 790  Effective Safety Committees
SAFETY MANAGEMENT

VCS 6  Job Safety Analysis
VCS 54  The Future Is Now
VCS 99  Railroading: A Way of Life
VCS 125  Sub Contractor Safety Orientation
VCS 157  General Safe Work Practices
VCS 204  Group Dynamics/ Team Building for Your Safety Committee
VCS 209  Discipline ...A Constructive Learning Tool
VCS 211  Award Winning Safety Program! Arvada, CO
VCS 212  Diversity & the Communication Gaps!
VCS 212  Pay For Performance & Its Effects on Safety
VCS 213  Tips on How to Develop a Written Safety & Health Program
VCS 227  Waste Minimization
VCS 243  Hazard Recognition
VCS 272  Job Safety Analysis
VCS 273  Ergonomics: Job Safety Analysis
VCS 296  Creating the Safety Plan (part one)
VCS 299  Creating the Safety Plan (part two)
VCS 310  Coaching Safe Behavior (part one)
VCS 329  Workfit 2000
VCS 335  Compliance Awareness For Managers & Supervisors
VCS 365  The Importance of Safety
VCS 367  Employee Performed Inspections
VCS 369  The Supervisor’s Role in Safety
VCS 381  Industrial Hygiene for Safety Managers
VCS 457  Supervisor’s Role After an Accident
DVD 778  Safety Leadership for Everyone Refresher

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VCS 26  The Ride Of Your Life
VCS 117  Going Riding
VCS 178  Crash Course On Safety Belts
VCS 199  Seat Belts and the Family: Shattering Some Myths
VCS 215  On Country Roads
VCS 331  The Ride of Your Life
VCS 354  Safety Belts: For Dummies or People?
VCS 427  Crash Course Safety Belts
VCS 450  Airbags and Children
VCS 462  Riding with Nothing but the Radio On
VCS 508  Diana’s Last Message
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DVD 707  Careless Keystrokes Can Kill
DVD 708  Operation Safeguard: Hard Target
DVD 709  Operation Safeguard: The Assessment
DVD 710  Think Like the Wolf: Applying OPSEC to Military Operations
DVD 711  Applying OPSEC to Criminal Investigations
DVD 712  An introduction to OPSEC
VCS 713  OPSEC: The Art of Working together

SLIPS, TRIPS AND FALLS
VCS 24  Anatomy Of A Fall
VCS 144  Slips & Falls In Construction
VCS 438  Employee Fall Protection
VCS 477  Ladders, Poles & Scaffolds
VCS 647  Falls
DVD 720  Preventing Slips, Trips and Falls
DVD 776  Fall Factors: Preventing Slips, Trips & Fall Refresher
DVD 784  The Safe Use of Ladders

WEATHER
VCS 29  Tornado: Plan to Survive
VCS 193  Winter Dangers
VCS 230  Cold Stress
VCS 246  Heat Stress
VCS 293  Heat Stress
VCS 467  Drill Today - Survive Tomorrow: Disaster Preparedness for Schools
VCS 471  Sun Safety: A Growing Health Concern
VCS 560  Winter Walking
VCS 561  Hypothermia & Frostbite
VCS 593  Heat Hazards
VCS 564  Severe Weather Alert: Are You Prepared?
DVD 779  Tornadoes: Be Prepared
DVD 780  Severe Weather Alert
DVD 785  Working Safely in Cold Weather
DVD 786  Working Safely With Snow Plows and Other Snow Removal Vehicles

WELDING SAFETY
VCS 82  Welding Safety
VCS 105  Oxy-Fuel Safety - It’s Up To You
VCS 141  Health Factor In Welding Operations
VCS 148  Gas Welding & Cutting Safety Factors
VCS 168  Arc Welding Safety
VCS 231  Welding & Cutting
VCS 303  Welding & Cutting Safety
VCS 375  Welding & Cutting Safety
WELDING SAFETY (Cont’d.)
VCS 639  A Matter of Degree – Part I
VCS 640  A Matter of Degree – Part II
DVD 699  Welding Safety: Safe Work with Hot Work

WORKPLACE VIOLENCE
VCS 172  Scenarios For Self Defense - Your Early Options
VCS 173  Scenarios For Self Defense - When An Acquaintance Becomes An Assailant
VCS 174  Scenarios For Self Defense - Practical Physical Resistance
VCS 191  Back With a Vengeance
VCS 200  Tough Target
VCS 205  Worksite Violence
VCS 217  Bomb Threat Management
VCS 301  Violence in the Workplace (part one)
VCS 302  Violence in the Workplace (part two)
VCS 333  It Always Happens To The Other Guy
VCS 503  Counter Attactics
VCS 655  Lone Driver
DVD 729  Violence on the Job
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VCS 496  Preventing Injury Accidents
VCS 539  Report to Work: Your Safety Responsibility

BLOODBORNE PATHOGENS
VCS 527  Bloodborne Pathogens Overview

CONSTRUCTION SAFETY
VCS 491  Framer Safety
DVD 594  ABC’s of Your Personal Fall Arrest System

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VCS 541  Back Injury Prevention

DRIVING SAFETY
VCS 192  Driving With Care
VCS 437  The Hidden Danger: Low Water Crossings

FIRE SAFETY
VCS 519  Portable fire Extinguishers
VCS 580  Fire Safety

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VCS 185  Hazard busters
VCS 726  An Employee’s Guide to Working with Hazardous Materials

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DVD 685  High-Impact Hand Safety

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VCS 543  Lockout/Tagout

FORKLIFT TRAINING
VCS 504  Forklift Operations: “Carry the Load”

WEATHER
VCS 581  Working Safely in Hot Environments
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<tr>
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VIDEO DESCRIPTIONS

VCS 1  
Accident, Data, Plus (NSC) 1982 23 min.  
Analysis, counter measures and control in a building safety program.

VCS 2  
Smoking: The Road to a Smoke-Free Life (ITS) 1992 10 min  
Awareness, knowledge and techniques to quit smoking. Includes getting ready, quitting, and staying free.

VCS 3  
Everything To Lose (UPRR) 1979 22 min  
Stresses safety in an industrial shop area. Emphasizes personal safety equipment.

VCS 4  
Asbestos: Understanding the Hazards (ITS) 1995 25 min  
Covers facts about asbestos, government regulations, describes long-term and chronic health hazards, and explains basic work practices for safe work.

VCS 5  
Asbestos Alert: Proper Use and Disposal of Personal Protective Clothing (ITS) 1989 9 min  
Informs about types and use of protective clothing and equipment required when working around or with asbestos materials and how to decontaminate them.

VCS 6  
Job Safety Analysis (NSC) 1981 20 min  
Detailed demonstrations of techniques used in performing job safety analysis.

VCS 7  
Safe Forklift Operation (NUS) 16 min  
Describes basic principles an operator must keep in mind to safely maneuver, load, lift, and stack materials.

VCS 8  
Too Dangerous To Work With (UPRR) 1984 24 min  
See how alcohol and drug use effects safety in the workplace. Stresses EAP.

VCS 9  
It'll Never Happen To Me (UPRR) 1983 22 min  
Answers most objections raised against seat belt use. Great emotional impact.

VCS 10  
An Introduction To The Hazard Communication Standard (NAVC) 1985 27 min  
Highlights major provisions of the “Right to Know” OSHA standards including MSDS, labels, training and trade secrets.

VCS 12  
Children In Crashes (IIHS) 1986 8 min  
Shows the dangers to children who travel unrestrained or in the arms of an adult.
VCS 13
*Drinking and Driving: The Toll, the Tears* (WETA) 1986 60 min
The hardships in dealing with drinking and driving.

VCS 14
*Don't Blow It* (EPA) 1986 60 min
Covers potential health hazards for brake and fleet mechanics on the job and in training.

VCS 15
*Harm's Way* (PP) 1987 18 min
Shows the effects of neck and head injuries and the prevention of these debilitating accidents.

VCS 16
*VDT Video Display Terminal-The Human Connection* (CLM)
Presents simple step-by-step guide to proper set up of a VDT station and basic ergonomic principles.

VCS 17
*Hazard Communication Program* (CLM)
Contains essential elements for a complete compliance program.

VCS 18
*Preserve Your Hearing* (AA) 1987 13 min
Assists employers in complying with the Department of Labor Occupational Noise Exposure Standards.

VCS 19
*Monday Night & Tuesday Morning* (NSC) 1987 15 min
How hangovers can seriously impair performance and create danger at work.

VCS 20
*Night Driving Tactics* (AIMS) 1985 13 min
The need to change driving habits from dusk to dawn.

VCS 21
*Slips, Trips & Falls* (AIMS) 1985 17 min
Teaches how, with awareness and a sense of responsibility, staff and supervisors can prevent slips, trips and falls.

VCS 22
*Working With Machinery* (AIMS) 1986 17 min
Personal protection of the worker and safeguarding machines.

VCS 23
*Backfire* (PP) 1987 15 min
Award winning film on back injury prevention.

VCS 24
*Anatomy Of A Fall* (PP) 1984 15 min
A practical, hard hitting video on preventing slips and falls.

VCS 25
*Safety Captains Update #16: Home Safety* (UPRR) 1995 38 min
Helpful tips regarding home safety from a panel of safety professionals.
VCS 26
**The Ride Of Your Life (UPRR) 23 min**
Seat belt safety.

VCS 27
**The ATV Rider's Guide To Safety (SVIA) 19 min**
Provides essential information needed to know when riding an all-terrain vehicle.

VCS 28
**Confined Space Entry (STS) 1988 30 min**
Discusses the two great dangers while working in a confined space—suffocation and burning.

VCS 29
**Tornado: Plan to Survive (NOAA) 1996 15 min**
Severe weather/tornado safety.

VCS 30
**Kids Safety Quiz (NSC-Safe Kids) 1988 (NSC-Safe Kids) 1988 30 min**
The official Kids Safety Quiz Game Show. Covers five areas: traffic, water, fire and bike safety and emergency response.

VCS 32
**It's A Jungle (VTS) 21 min**
Office safety including safety awareness, housekeeping, lifting, steps and ladders, slips, electricity, and machinery.

VCS 33
**Fire Extinguishers: Safety on the Job (AIMS) 21 min.**
Shows the importance of knowing how to use extinguishers. Explains the different types of fires, and different types of extinguishers. Shows which type of extinguisher should be used for each type of fire. Also explains the RACE procedure.

VCS 34
**Decontamination (VTS) 15 min**
Discusses decontaminating personnel and tools, equipment and protective apparel used at a site, including the decontaminating corridor.

VCS 36
**Caution: Battery on Board (PVA) 1995**
Educates motorists on auto battery safety, provides jump starting instructions and gives first aid information for treating injuries.

VCS 39
**AIDS: Can I Get It? (LVT) 1987 48 min**
Twelve renowned medical experts, people on the street, Friends With AIDS share their thoughts and questions on this life threatening disease.
VCS 42

**Hazard Communication: What's It All About? (ITS) 1992 11 min**
Introduces employees to the OSHA requirements for hazardous chemicals, warning labels, MSDS, written plan and work area specific training.

VCS 43

**The MSDS: Cornerstone Of Chemical Safety (ITS) 1988 19 min**
Overview of the basic elements of an MSDS. Defines many of the common terms.

VCS 45

**Personal Protective Equipment (NSC) 5 min**
Illustrates the importance of wearing protective gear. Humorous animation. Specifically for supervisors.

VCS 47

**Car Care, Automotive First Aid & Safety (AAA) 26 min**
Explains basic car care, safety and basic first aid.

VCS 48

**The Decision (NSC) 21 min**
Demonstrates that even moderate consumption of alcohol can affect driving ability.

VCS 49

**VDT’s - An Overview (NSC) 10 min**
Explains how to reduce stress, eye strain and muscle tension when using a VDT.

VCS 50

**Radon: A Homeowner’s Guide (NSC) 25 min**
Remedies for radon problems ...from the simple to the complex.

VCS 51

**Excavation Safety (SCSG) 20 min**
Demonstrates the importance of careful planning & follow through.

VCS 52

**Smooth Running (K&M) 15 min**
Straight talk about sharing the road safely with trucks. Emphasizes safe driving techniques every driver on the road should practice.

VCS 54

**The Future Is Now (NSC) 24 min**
The need for safety programs from the top management viewpoint.

VCS 57

**Drugs At Work (NIDA) 24 min**
Overviews of drug testing and treatment programs. Employees share experiences on the effects of drug problems on their lives both on and off the job.
VCS 57B – for employee
VCS 57 C - for employer
VCS 58  
**Drug Testing: Handle With Care (NIDA) 20 min**  
Deals with the strategy of drug testing. Helps define the program, premise and purpose.
VCS 58 A - for employee  
VCS 58 B - for employer

VCS 59  
**Getting Help (NIDA) 20 min**  
Explores the value of employee assistance programs to both employees and employers.
VCS 59 A or B - for employee  
VCS 59 C - for employer

VCS 60  
**Finding Solutions (NIDA) 20 min**  
Portrays drug abuse in the workplace as a community problem, with solutions offered through education and prevention.

VCS 61  
**Choices: Learning About AIDS (NSC) 21 min**  
Equips students to make smart caring decisions about sex and needle drugs.

VCS 62  
**DDC... It’s Good Business (NSC) 10 min**  
Driver improvement programs.

VCS 63  
**Crane Safety: Operation, Safety, and Maintenance (NSC) 75 min**  
Stresses importance of proper maintenance and safety procedures to be used in operating a crane.

VCS 64  
**Fleet Safety: Protecting Your Profits (NSC) 12 min**  
Covers losses in human terms and communicates how profits can be protected with a new fleet safety program.

VCS 65  
**Awareness For Initial Response To Hazardous Material Incidents (DOT) 6 min**  
Reviews how hazardous materials are stored, transported, identified and what to do in a hazardous material accident.

VCS 66  
**Staying Afloat (NSC) 10 min**  
Alvin, a colorful character and narrator, demonstrates how simple flotation devices can be used for rescues.

VCS 67  
**The Company Car (PP) 15 min**  
Suggests an accident prevention program for drivers of company vehicles of all sizes and types.

VCS 68  
**A New Way To Lift (NSC)**  
Learn about the lifting techniques using the six major parts of the body that work together for a safe lift.

VCS 69  
**Trench Shields (NSC) 12 min**  
Targets sewer or water construction workers. Highlights ten guidelines on the safe use of trench shields.
VCS 70
*Heavy Equipment (NSC) 10 min*
Identifies 12 guidelines for safely operating heavy equipment.

VCS 71
*Personal Protective Equipment (NSC) 10 min*
Gives guidelines on how to use personal protection at an underground construction site.

VCS 72
*Jobsite Hazards (NSC) 10 min*
Points out key hazards found on almost every underground site. Demonstrates safety tips.

VCS 73
*Good Housekeeping (NUS) 12 min*
Presents common sense approach to keeping work area clean. Specific reference to maintenance shop.

VCS 75
*Above All, Keep Your Head (NSC) 10 min*
Shows workers how to protect the whole head. Encourages the use of Personal Protective Equipment and common sense.

VCS 77
*Space Invaders (NSC) 8 min*
For all professional drivers. Reviews key concepts of judging safe driving distances between vehicles.

VCS 78
*Valvoline Drivers Test (NSC) 48 min*
Statistics show most people could drive better. This video probes viewer’s knowledge of defensive driving techniques and rules of the road.

VCS 81
*Be Safe On Your Bike (USCT) 12 min*
Tips for safe biking habits.

VCS 82
*Welding Safety (TAT) 24 min*
Reviews and explains cutting and welding safety.

VCS 83
*Protecting Life, Promoting Health Promoting Health (NSC) 12 min*
National Safety Council gives a brief history including: public services, materials & programs, operations, local council members & volunteers.

VCS 85
*Stay In Control (VPCC) 10 min*
Story of what can happen when drugs and alcohol take control of your body and life.

VCS 86
*Sorting It Out/Drug Abuse (NSC) 20 min*
Kids speak for themselves about their battles with substance abuse. A compelling glimpse of the struggles kids go through.

VCS 87
*Farm Safety For Kids (IAG) 18 min*
Safety tips for kids.
VCS 88

**Farm Safety: Facing the Challenge (IAG) 26 min**
Facing the challenge from Iowa Attorney General.

VCS 90

**National Chemical Response And Information Center (CMA) 12 min**
Explains the capabilities for various programs offered by chemical referral and emergency response centers.

VCS 91

**Utilization Of Chemical Protective Equipment And Decontamination Procedures (CMA) 24 min.**
Explains the importance of personal protective equipment.

VCS 92

**Teamwork (CMA) 36 min**
Safe handling of a hazardous chemical incident.

VCS 93

**Poisons (CMA) 60 min**
Understanding poisons and how to handle them.

VCS 94

**The Emergency Response Guidebook: A Tool For Safety (CMA) 33 min**
A guidebook for Emergency Response.

VCS 95

**The Smoke Detectives – The 3 P’s of Fire Safety: Persuasion, Prevention, Protection**
Teaching program for grades K-6. Fire safety is a lesson that must be reinforced and practices in order to become a habit that will be incorporated into daily behavior.

VCS 96

**Safe Country (CCI) 1990**
Testimonials & supporting safety tips dramatizing the hazard associated with agricultural equipment.

VCS 97

**John Deere Consolidated Safety Video (JDC) 80 min**
Eleven segments on farm equipment safety.

VCS 98

**Helmet Laws (IIHS) 1991 8 min**
Illustrates the consequences of riding without a helmet.

VCS 99

**Railroading: A Way of Life (UPRR) 31 min**
Complexities of operating around the clock. When schedules change, so must your body’s biological clock.

VCS 101

**Hand Tool Safety In The Workplace (ENT) 1992 29 min**
Explains the proper use of hand tools and how to use them safely.

VCS 103

**A Matter Of Seconds (IMC) 1986 8 min**
Time is the important factor in head and spinal injuries.
VCS 104
   **Success At The Top (AGC) 15 min**
Explains proper procedures for stairway and ladder safety.

VCS 105
   **Oxy-Fuel Safety- It's Up To You (VEC) 30 min**
Safety precautions to use when welding.

VCS 107
   **The Story of a Pipe Fitter (UPRR) 9 min**
A comical look at the life of a waste facility installer and the joys of his job.

VCS 109
   **Wash Your Hands (CVC) 1985 30 min**
Big Bird and the kids from Sesame Street talk about the importance of cleanliness.

VCS 110
   **Overview of Bloodborne Pathogens (LIP) 1992 19 min**
Reviews the BBP standard for health care facilities.

VCS 111
   **Office Ergonomics (LIP) 1992**
Provides basic education on adjusting your workplace for the least amount of stress.

VCS 112
   **Right To Know-Cleaning And Maintenance Personnel (LIP) 1992 32 min**
What all maintenance personnel should know about hazardous chemicals.

VCS 113
   **Working Safely With Corrosives & Irritants (LIP) 1992 11 min**
Explains the precautions when working with corrosive and irritant chemicals.

VCS 114
   **Eye Care Safety (LIP) 1992 14 min**
Shows examples of proper eye care protection.

VCS 115
   **Bicycle Safety Camp (TIPP) 1989 25 min**
Teaches grade school children from ages 5 to 9 to “ride safe and love it.”

VCS 116
   **Youth Safety Seminar (GSAS) 198**
Highlights from the 1987 Greater San Antonio Safety Seminar.

VCS 117
   **Going Riding (S&A) 21 min**
Buckle Bear helps teach kids the importance of buckling up.

VCS 119
   **As It Should Be Done: Workplace Precautions Against (NAVC) 1992 24 min**
Overview by OSHA on the procedures to follow for Bloodborne Pathogens.

VCS 120
   **Avoiding Collisions (LM) 16 min**
How to survive the teenage driving years.
VCS 124  
*Home Asbestos Inspection (ME)*  
Explains how to inspect and analyze asbestos samples from your home.

VCS 126  
*Basic Electrical Safety On The Jobsite On The Jobsite (DBP) 11 min*  
Provides the basics in electricity.

VCS 127  
*Preventing Injury Incidents (DBP) 1992 10 min*  
Explains how accidents are caused by unsafe acts.

VCS 128  
*Housekeeping On The Jobsite (DBP) 10 min*  
Covers basic housekeeping duties and their importance.

VCS 129  
*Ladder Safety In Construction (DBP) 5 min*  
Gives an overview of ladder safety.

VCS 130  
*Caught In Time: Fall Protection In The Construction Industry (AGC)*  
Assists in identifying hazards in fixed positions, and personal fall protection, positioning device systems & safety monitoring systems.

VCS 132  
*Hand & Power Tool Safety (DBP) 14 min*  
Overview of hand tool safety and the importance of proper procedures.

VCS 133  
*Powder Actuated Tools (DBP) 10 min*  
The importance of knowing how to operate & the precautions that should be taken.

VCS 134  
*OSHA At Work (WEVP) 10/91 22 min*  
Basic overview of what OSHA does and why.

VCS 135  
*Ride of Your Life (GMC) 22 min*  
Defensive driving techniques, are you responsible.

VCS 136  
*Clearing The Air: Confined Space Entry (AGC) 22 min*  
Stresses the importance of testing air before entering a confined space.

VCS 137  
*Hazardous Energy Source Lockout/Tagout (DBP) 1990 13 min*  
Explains the different type of energy sources.

VCS 138  
*Confined Space Entry (DBP) 1992 11 min*  
Gives basic understanding of potential hazards.
VCS 139  
**Personal Protective Equipment (DBP) 7 min**  
Protecting your health & safety on the job through use of PPE.

VCS 140  
**Eye Protection Construction (DBP) 11 min**  
Stresses the importance of safety glasses and goggles.

VCS 141  
**Health Factors In Welding Operations (DBP) 30 min**  
Health factors that affect the welding industry.

VCS 142  
**Vehicle Safety-Driving On The Road (DBP) 17 min**  
Safe driving on the highway for both cars and trucks.

VCS 144  
**Slips & Falls In Construction (DBP) 9 min**  
Educates on how to prevent these accidents in construction.

VCS 145  
**Safety Guidelines For Frame Scaffolds (DBP) 19 min**  
The safety guideline to building and working around scaffolds.

VCS 148  
**Gas Welding And Cutting Safety Factors (DBP) 10 min**  
Safety and personal protective procedures.

VCS 151  
**Fire Extinguisher Training (DBP) 1992 10 min**  
The four types of extinguishers and important basic information.

VCS 152  
**How To Fit Test Respirators (DBP) 10 min**  
Teaches the proper technique to fit respirators.

VCS 153  
**Respiratory Protection (DBP) 10 min**  
The importance of the use of respirators.

VCS 154  
**Preventing Back Injuries (DBP) 6 min**  
Some simple techniques to prevent back injuries.

VCS 155  
**Hearing Conservation Construction (DBP) 1991 12 min**  
Explains how to prevent hearing loss on construction sites.
Scaffold Safety (DBP) 8 min
The importance of proper training and basic safety skills.

General Safe Work Practices In Construction (DBP) 10 min
Demonstrates what happens when you don’t take safety seriously.

Testing & Monitoring For Hazardous Gases (DBP) 14 min
Explains the importance of testing for potential hazards before entering confined spaces.

Accidents - “It Can’t Happen To Me!” (DBP) 8 min
Accident prevention is each person’s responsibility.

Using and Handling Compressed Gas Cylinders (DBP) 9 min
Explains the different types of gases & safety precautions.

Handling & Using Flammable Liquids (DBP) 10 min
Explains flash points, flammable range and auto ignition temperatures.

Bonding & Grounding Flammable Liquids (DBP) 9 min
Reducing the affects of static electricity when dispensing flammable liquids.

Stretch & Flex (TABS) 28 min
The importance of warming up before working. Exercises to reduce injuries.

Storing Compressed Gas Cylinders Safely (DBP) 10 min
Extreme caution must be taken when using and proper storage is required.

Alcoholism In The Workplace (DBP) 7 min
How alcohol can affect work, home and community.

Safety Is Your Responsibility (DBP) 1992 13 min
It makes sense to maintain a safe workplace and reduce health risks.

Crane Operator Safety (DBP) 1992 14 min
The importance of maintaining and checking equipment before use.

Arc Welding Safety (DBP) 11 min
Basic safety measures and the importance of proper use.

General Office Safety (DBP) 10 min
There is no job that cannot be performed safely.

Call Before You Dig Anything (DBP) 10 min
How to prevent problems before digging.

VCS 171

**Backhoe/Loader Operations (DBP) 1992 8 min**
Explains the operator check list and safety procedures to operate.

VCS 172

**Scenarios For Self Defense-Your Early Options (BPS) 1989 45 min**
How to determine your options in defending yourself.

VCS 173

**Scenarios For Self Defense-When An Acquaintance Becomes An Assailant (BPS) 1989 45 min**
How to defend yourself when an assailant is someone you know.

VCS 174

**Scenarios For Self Defense-Practical Physical Resistance (BPS) 1989 45 min**
Things your mother never taught you about self defense.

VCS 175

**Grade Crossing Safety (UPRR/OL) 26 min**
Reminds drivers of the danger inherent at highway/rail crossings & proper precautions.

VCS 176

**Why Wait? (UPRR/OL) 24 min**
The cause of car-train collisions. Program for students.

VCS 177

**Sly Fox & Birdie (UPRR) 1992 10 min**
Teaches children safety around trains and tracks.

VCS 178

**Crash Course On Safety Belts (NHTS) 1992 6 min**
Demonstrates three types of crashes & the importance of seat belts & child restraints.

VCS 179

**Trenching & Shoring (DBP) 12 min**
Demonstrates planning and following through to protect employees and the public.

VCS 181

**Stress Relief: The Heimlich Method (AIMS) 1992 18 min**
Explains techniques and helpful tips.

VCS 182

**Handling & Transporting Hazardous Material Safely (AIMS) 1992 27 min**
DOT’s HM126F regulation, general awareness training: Handling & transporting hazardous material safely.
The Nebraska School Bus Safety Program (NOHS) 12 min
The object is to cultivate conscientious, safety-minded school bus passengers.

Lock-Out/Tag-Out (AIMS) 1992 17 min
Training for the OSHA Energy Control Plan Standard.

Hazardbuster (LCDR) 17 min
The Hazard Communication program in Spanish.

The Safety Committee: Problem or Solution (ITS) 1994
Explains purpose, techniques, employee benefit, functions, meeting agendas, and describes ways companies save money through safety committees.

Computer Fitness (ITS) 1992
How to work comfortably, productively, and safely with computers.

Back With a Vengeance (CVM) 15 min
Recent case histories and information on workplace violence.

Driving With Care (BC) 20 min
Spanish version of defensive driving.

Winter Dangers (AIMS) 16 min
Designed to educate all ages about dangers of frostbite and hypothermia including prevention, symptoms, and first aid treatment.

Our Program (UPRR) 25 min
Operation Red Block - Outdoors and away from home employees need to be fit, and free from drugs and alcohol.

Confined Space Entry (AIMS) 29 min
Explains how to define, identify training & permit requirements & authorized entry.

Van & Truck Driving (AIMS) 23 min
Develops safe, professional drivers through fundamentals of pro-driving procedures.

Truck Driving: Controlling Skids (AIMS) 17 min
How to avoid skids, handle front-wheel, trailer-wheel, and drive-axle skids, proven recovery.
VCS 198

**Success at the Top: Stairway Ladder Safety For the Construction Industry (AGC)**

General and specific ladder safety and regulations.

VCS 199

**Seat Belts and the Family (AMA & GM) 15 min**

Discusses seat belts and pregnant women, buckling up infants and children, safety and common fears, and careful drivers and accidents.

VCS 200

**Tough Target (ABC) 30 min**

Detailed look at Workplace Violence and the effects on employers and employees.

VCS 201

**Safety Is ...No Accident (CAT) 15 min**

Safety awareness for heavy equipment mechanics.

VCS 202

**OSHA Inspection: Overcoming the Fear (CV) 22 min**

Dramatized OSHA inspection in manufacturing setting. Information and insight on Federal inspection process.

VCS 203

**“Hey Do I Need A Cigarette! (KMC) 18 min**

Fully animated program designed to give smokers and nonsmokers second thoughts about risk factors about smoking.

VCS 204

**Group Dynamics/Team Building for Your Safety Committees (Jeanne Baer, Creative Communications) 150 min**

Learn how to appreciate contributions of diverse personalities, make problem solving sessions innovative & productive, and how to work through most common team problems. 1994 EXPO

VCS 205

**Worksite Violence (Susan Fox, OSHA, John Campbell, FBI, Tom McMahon, US Postal Service 1994 EXPO 150 min**

Learn what regulators think plus facility security, employee/customer behavior characteristics, emergency response, and personal protection programs.

VCS 206

**Omnibus Transportation Act and Drug & Alcohol Testing (Donna Smith, US Department of Transportation) 1994 EXPO 150 min**

Discusses new alcohol & drug regulations, required tests, consequences, and record keeping requirements included in final rule and procedures expanding and supplementing alcohol & drug testing programs under Omnibus Transportation Act of 1991.

VCS 207

**Minimizing Hazardous Waste and Reducing Occupational Risks in the Workplace (Michael Harris and Paul Johnson, HDR Engineering) 1994 EXPO 80 min**

Learn successful ideas to apply to the risks in management of hazardous and toxic wastes.
VCS 208
How to Control Claims & Litigation That Deal With Workers’ Comp (Mel Hansen, Hansen Engles & Locher, Rodney Rehm, P.C., William Lamson, Kennedy Holland Delacy & Svoboda) 1994 EXPO 80 min
Debate format, which brings forward issues and answer to help your organization.

VCS 209
Discipline... a Constructive Learning Tool! (Sandra Jaros, Nashua, Jim Ressegieu, Peoples Gas, Kent Schroeder, Natural Oriental Trading Company, Dave Wentworth, Products Unlimited) 1994 EXPO 50 min
What is discipline, who is the disciplinarian, where do coaching and counseling fit.

VCS 210
Cumulative Trauma Disorders A Medical Nightmare (Dr. Howard Sandler, Sandler Occupational Medical Assoc.) 1994 EXPO 50 min
Identifies potential controversies posed by proposed ergonomics standard and offers advice to identify, prevent, and manage costs and worker morbidity associated with CTD’s.

VCS 210
Musculoskeletal Support Devices: Panacea, Placebo, Devices, or Pathogen? (Dr. Howard Sandler) 1994 EXPO 50 min
Addresses the present state of the art of surrounding the proper and appropriate use of MSD’s, as well as the preliminary results of an ongoing study on a large warehouse population employing back supports.

VCS 211
Workplace Safety and Health and the ADA (R.J. Stevenson, Baird, Holm, McEachen, Pederson, Hamann & Strasheim) 1994 EXPO 50 min
Focuses on ADA & relationship between workers comp 50 laws, medical examinations and inquiries, the EEOC’s new policy guidance on the ADA and health insurance, and issues that must be considered when considering disabled applicant.

VCS 211
Award Winning Safety Program! Arvada, Colorado (Debbie Muenchow, City of Arvada) 1994 EXPO 50 min
Learn about guaranteed ways to lower workers comp costs and accident rates and gain upper management recognition through different programs.

VCS 212
Signals and clues to watch for as well as plans, successes and failures with problems that arise from diversity.

VCS 212
Pay-For-Performance and its Effects on Safety! Less than half industry (Richard Sabo, Lincoln Electric Company) 1994 EXPO 50 min
Learn how pay-for-performance affects safety in their plants. Their SIC rate is average.
VCS 213  
**The Environmental Arena (Randolph Wood, Nebraska Department of Environmental Quality) 1994 EXPO 50 min**
Discusses proposed regulatory education program, technical assistance opportunities and update on SARA Title 3.

VCS 213  
**Tips on How to Develop A Written Safety & Health Program (Dave Stolp, Safety & Health Council of Greater Omaha) 1994 EXPO 50 min**
Learn a variety of strategies and resources for writing your own safety & health program.

VCS 214  
**It's a Matter of YOUR Safety (SD) 1994 11 min**
Safety video for Lockout/Tagout in high voltage situations.

VCS 215  
**On Country Roads (NAFC) 17 min**
Provides training for driving on rural roads. Points out driving hazards and stresses seat belt safety and training.

VCS 216  
**The Dirty Dozen (CV) 1994 16 min**
A detailed look at OSHA’s top twelve safety and health violations with breakdown and description of each.

VCS 217  
**Bomb Threat Management (ATF) 18 min**
Depicts bomb threats & common sense approach to reactions and search techniques.

VCS 218  
**Portable Hand Tools (ITS) 1995 8 min.**
Tool safety including inspection, carrying, handling, job/tool design, and storage.

VCS 219  
**Hand and Finger Injuries (ITS) 1995 9 min**
First aid tips including importance of knowing your limits, response time and training.

VCS 220  
**Electromagnetic Field Awareness (ITS) 1995 5 min**
Do you know the potential dangers when working with or around electrical equipment.

VCS 221  
**Stress in the Workplace (ITS) 1995 8 min**
Tips on how to deal with workplace stress.

VCS 222  
**Handling Hazardous Materials (ITS) 1995 6 min**
Safety tips including required training, chemical knowledge, and precautions to follow.

VCS 224  
**Compressed Gas Cylinders (ITS) 1995 5 min**
Safety precautions when working with or around compressed gas cylinders.
VCS 225

_Machine Guarding (ITS) 1995 6 min_
Learn the why’s and how’s of machine guarding.

VCS 226

_Take Home Toxics (ITS) 1995 6 min_
If you don’t follow precautions at work you could be taking toxic materials home.

VCS 227

_Waste Minimization (ITS) 1995 7 min_
Good waste minimization strategies benefit everyone.

VCS 228

_Why Permits Are Important (ITS) 1995 9 min_
Know the dangers, accountability, responsibility, and procedures when doing confined space work requiring permits.

VCS 229

_Forklift Safety (ITS) 1995 11 min_
Safety steps that must be taken before operating a forklift.

VCS 230

_Cold Stress (ITS) 1995 8 min_
Safety precautions when working in cold conditions.

VCS 231

_Welding and Cutting (ITS) 1995 8 min_
Learn the dangers associated with welding and cutting.

VCS 232

_Respiratory Protection (ITS) 1995 7 min_
Details respiratory protection and importance of job fit and respirator fit.

VCS 233

_Electrical Hazards (ITS) 1995 5 min_
Safety precautions when working with or around high and low voltage electrical equipment.

VCS 234

_Safe Lifting (ITS) 1995 8 min_
Fourteen steps to correct lifting.

VCS 235

_Lockout/Tagout: The Basics (ITS) 1995 10 min_
Safety watch when working on or around locked out or tagged out equipment.

VCS 236

_Fire Safety Extinguishers (ITS) 1995 7 min_
Safety precautions and considerations when preparing to use and using a fire extinguisher.

VCS 237

_Fire Safety Review (ITS) 1995 8 min_
Know what to do if there is a fire including monitoring, evacuation, responsibility, and practice techniques.
VCS 240

**HAZCOM Review (ITS) 1995 7 min**
Learn how to work with chemicals, reduce harm, protective measures, and how to write your company’s HAZCOM program.

VCS 241

**Electrical Hazards: Common Mistakes (ITS) 1995 6 min**
Treat electricity with respect and understand the importance of adequate insulation and grounding.

VCS 242

**Foot Protection (ITS) 1995 8 min**
Things to consider when selecting or considering foot protection.

VCS 243

**Hazard Recognition (ITS) 1995 8 min**
Learn how to perform your job safely and correctly.

VCS 244

**Lockout/Tagout (ITS) 1995 9 min**
Some safety issues when dealing with lockout/tagout.

VCS 246

**Heat Stress (ITS) 1995 8 min**
Signs to look for and steps to take when working in heat to avoid heat stress.

VCS 247

**HAZCOM: Training (ITS) 1995 9 min**
Safety HAZCOM training video including chemical recognition, PPE, exposure and safe work practices.

VCS 248

**Industrial Ergonomics (ITS) 1995 7 min**
Cumulative trauma disorder injuries and their effects on the nervous system. Also, looks at the dangers of repetitive motion and how to make your job fit you.

VCS 249

**Ladder Safety (ITS) 1995 7 min**
Safety precautions when working with or on ladders.

VCS 250

**Grounds Keeping: Lawn Mower Safety (ITS) 1995 7 min**
Safety precautions when working with a lawn mower.

VCS 251

**Portable Power Tools (ITS) 1995 10 min**
Safety tips when working with portable tools including inspection, PPE, shields, and lockout/tagout.

VCS 252

**HAZCOM: Labels & MSDS’s (ITS) 1995 8 min**
Safety alert when working with hazardous chemicals.

VCS 253

**Safe Driving (ITS) 1995 8 min**
Tips for motor vehicle safety including pre-driving checks, emergency preparedness, and vehicle care.
VCS 254

**Lead Awareness (ITS) 1995 10 min**
Safety alert when working with or around lead.

VCS 255

**Entering Confined Spaces (ITS) 1995 9 min**
Looks at safety regulations when entering confined spaces including planning, air monitoring, and the role of the attendant.

VCS 256

**Respiratory Maintenance (ITS) 1995 7 min**
Respirators are made to protect you from hazardous substances in the air. Know how to take care of them.

VCS 257

**Basic First Aid (ITS) 1995 6 min**
Protecting yourself and the injured person are the top priorities during a medical emergency. Safety tips to help in this situation.

VCS 258

**Hazardous Waste Awareness (ITS) 1995 6 min**
Understanding the properties of hazardous waste can help you deal with it correctly.

VCS 259

**Asbestos Awareness (ITS) 1995 10 min**
Asbestos removal requires special training, protective equipment and safety procedures.

VCS 261

**Eye Protection (ITS) 1995 6 min**
Safety regulations and precautions regarding eye protection.

VCS 263

**Working in Confined Spaces (ITS) 1995 9 min**
Safety techniques when performing permit-required confined space work.

VCS 264

**Hearing Protection: HCP & PPE (ITS) 1995 11 min**
Ways to test noise levels and prevent noise-induced exposure.

VCS 265

**Hand Protection (ITS) 1995 7 min**
Hand protection including PPE, glove inspection and storage. Realize importance of hands.

VCS 266

**Electrical Safety Series: “Basic Principals of Electricity” (VTS) 1995 9 min**
Basic overview of electrical actions.

VCS 267

**Electrical Safety Series: “Safety Related Work Practices” (VTS) 1995 9 min**
Addresses the hazardous situations your employees are most likely to encounter.

VCS 268

**Electrical Safety Series: “Electrical Test Equipment” 6 min**
Covers basic safety information for employees who may be required to use these instruments.

VCS 269

**Home Air Care: Indoor Air & Your Health (AMA) 13 min**
Indoor air pollution should be treated very seriously. Learn the causes, health affects, and testing procedures.
VCS 270

**Electrical Safety for Care Personnel Health (LMEF) 1995 10 min**
Procedures to follow to assure equipment is safe for use in a health care facility. Areas addressed include electric hazards, equipment safety, and warning signs.

VCS 271

**Universal Precautions: “A Personal Priority” LMEF) 1995 20 min**
Health care safety addressing routine testing of patients, invasive and non-invasive procedures, disposal of sharps, CPR, housekeeping, laundry, and accidental exposure.

VCS 272

**Job Safety Analysis (SW) 1996 9 min**
What is Job Safety Analysis (JSA), how does it help plan work, identify hazards, avoid accidents, identify appropriate PPE, and provide a safer and better way to do a job.

VCS 273

**Warehouse Safety (SW) 1996 9 min**
Learn the standard operating procedures when using powered industrial trucks, storage and handling procedures for flammable materials, and how to inspect fire equipment.

VCS 274

**Protective Clothing (SW) 1996 12 min**
Discusses what type suits are needed and how to determine how much protection is required.

VCS 275

**Lockout/Tagout: A Life is on the Line (SW) 1996 7 min**
An overview of why and how to lock out energy sources, use and remove tags and PPE.

VCS 276

**Electrical Safety Series: “Common Violations of Electrical Standards” VTS) 1995 7 min**
A practical look at common violations of electrical standards.

VCS 277

**Traffic Safety (SW) 1996 9 min**
A basic overview of correct traffic procedures.

VCS 278

**Combating Stress (SW) 1996 11 min**
Shows how to use good stress management skills.

VCS 279

**Back Safety (SW) 1996 6 min**
Guidelines to follow when lifting and moving heavy objects.

VCS 280

**Ergonomics: Job Safety Analysis 16 min**
Discussion of how to ergonomically-design your office.

VCS 281

**Ready or Not: Talking With Kids About Alcohol (The Century Council) 30 min**
How to talk to teens about alcohol.

VCS 282

**American Heat: Fire Investigations (AH) 85 mi**
A training program for fire investigations.
VCS 283
  **How to Conduct a Safety Meeting (UPRR) 1994 33 min**
Instructions on how to conduct a quality safety meeting.

VCS 284
  **Fire Safety (UPRR) 1994 42 min**
Explains the correct procedures to follow in a fire emergency and also how to recognize fire hazards.

VCS 285
  **Home Safety (UPRR) 1994 29 min**
How to make your home a safe one.

VCS 286
  **Holiday Safety (UPRR) 1994 35 min**
A review of safety tips to remember during the busy holiday season.

VCS 287
  **HAZCOM: Acids & Caustics (SW) April 1996 18 min**
Know and understand the chemical you work with; use of proper PPE.

VCS 288
  **Groundskeeper Safety: Including Pesticides (SW) April 1996 12 min**
Overview of lawn equipment, pesticides, heat stress, PPE

VCS 289
  **Proper Use of Compressed Air (SW) April 1996 8 min**
Reviews requirements for storing compressed air cylinders, tank and valve inspection.

VCS 290
  **Highway Construction and Maintenance Safety (SW) April 1996**
Precautions when working around traffic hazards, flaggers, and warning signs.

VCS 293
  **Heat Stress (SW) May 1996 10 min**
Overview of the signs and symptoms of heat stress; how to take corrective actions.

VCS 294
  **Complete Line of Footwear (SW) May 1996 (SW) May 1996 9 min**
Shows how to select the appropriate work shoe based on the job and hazards.
VCS 295  
**Elevated Work Safety (SW) June 1996 12 min**
Discussion of types of platforms, fall arrest systems, and rails.

VCS 296  
**Creating the Safety Plan I (SW) June 1996 11 min**
Demonstrates how to create or improve your safety plan; focus on behavior patterns of employees.

VCS 297  
**Machine Shop Safety (SW) June 1996**
Covers job hazards, safe work practices, PPE, good housekeeping practices.

VCS 298  
**Recreational Safety (SW) June 1996 14 min**
Stresses the need to recognize potential hazards associated with recreational activities.

VCS 299  
**Creating the Safety Plan II (SW) July 1996 12 min**
Explains the essential areas of a safety plan: the safety meeting, employee behavior, and functional committees.

VCS 300  
**Lab Safety for Non-Lab Personnel (SW) July 1996 12 min**
Safety procedures for a lab setting: chemical contact, spills, clean-up.

VCS 301  
**Violence in the Workplace, I (SW) July 1996 16 min**
Describes types of violence, activities, and traits that lead to violence.

VCS 302  
**Violence in the Workplace, II (SW) Aug 1996 8 min**
Explains emergency assistance numbers, security guards, panic buttons, etc.

VCS 303  
**Welding and Cutting Safety (SW) Aug 1996 10 min**
Covers PPE, hazardous materials, MSDS, and emergency procedures.

VCS 304  
**Fire Hazard Recognition (SW) Aug 1996 8 min**
Demonstrates fire warning systems, equipment; fire prevention programs.

VCS 305  
**Driving Safety (SW) Aug 1996 13 min**
Learn four strategies that make for a safe company driver.

VCS 306  
**Fire Safety in the Home (SW) Sept. 1996 13 min**
Discusses types of fire detectors, escapes plans; PASS technique for extinguishers.

VCS 307  
**Hazard Alert :Fire Extinguisher (SW) Sept. 1996 8 min**
Complete guidelines for operation of fire extinguisher.
VCS 308
Air Monitoring: The Purpose (SW) Sept. 1996 13 min
Explains the purpose of air monitoring, and when it should be conducted. Also, proper air monitoring reduces needless health risks to workers.

VCS 309
Bicycle Safety in Plants and Facilities (SW) Sept. 1996 9 min
Shows proper use of warning gear, hand signals, and bike maintenance. Staying focused on the biking task, and its surroundings protect the rider, other people and goods.

VCS 310
Coaching Safe Behavior Part 1 (SW) Sept. 1996 11 min
Each person in the workplace should be responsible for safety, and they should assume ownership on the safety program. Points out primary reason for having a safety program, and shows the importance of why a post job safety assessment should be performed.

VCS 311
Wheel of Misfortune/Grave Remarks (SW) Sept. 1996 9 min
Reminds us accidents don’t just happen they’re caused by people, because we fail to do the necessary planning required for the job, and fail to carry out jobs at their prescribed levels.

VCS 312
Personal Health & Fitness (SW) Sept. 1996 11 min
Stresses the importance of diet & exercise, not only to become fit, but also, helps strengthen the mind and body connection, along with others.

VCS 313
Custodial Staff Safety (SW) Oct 1996 11 min
Basic guidelines to keep in mind when working with ladders. What to know and how to deal with conditions leading to slips, trips, and falls. Discusses importance of following proper safety procedures when working with chemical biological hazards.

VCS 314
Defensive Driving (UPRR) Oct 1996 46 min
Defines defensive driving and identifies a defensive driver. Explains a preventable collision, and the three major collision factors. Gives 3 steps in the DDC collision.

VCS 315
Hunting Safety (UPRR) Nov 1996 41 min
Goes through a number of different animals, which can be hunted. Explains what cautions and procedures to take depending on what you’re hunting.

VCS 316
Hunting Safety (UPRR) Nov 1996 41 min
Goes through a number of different animals, which can be hunted. Explains what cautions and procedures to take depending on what you’re hunting.

VCS 317
Prevention of Most Common Accidents (SW) Nov 1996 11 min
Reminds us, safety first! What kinds of things must happen for safety to work. We must accept that accidents are preventable and have known causes. Money not spent on accidents could be channeled to improve work conditions, salaries, etc.
One should be proud of a safe workplace. Awareness of one’s own actions and others, will lead to correcting unsafe practices. It is important to ask safety questions regarding one’s job.

Understanding of bloodborne pathogens. Know how you can become infected, and if you’re not trained in first aid, what you can do to help.

Respirators must be provided when the equipment is necessary for the health of the employee. Wear respirators properly when required by your employer, and make sure the respirator is appropriate to the hazard and the job.

To operate a crane, the operator must be qualified. The operator must operate the crane within designated work loads, boom angles, and attached rigging limits. The equipment must be inspected before you start a job, to make sure it meets operational requirements.

What the primary purpose of a respirator is. Make sure to wear the correct respirator for the job, and make sure it fits properly. Remember, a respirator can only be protected if it is properly selected, worn & cared for.

Explains why you should only use a tool for the purpose it was designed, and to know the hazards associated with each tool. Discusses OSHA & ANSI standards on pneumatic and hydraulic tools.

Shows the importance of following universal precautions when dealing with potential bloodborne pathogens. Defines what BBP is, and points out that one cannot tell by looking at blood or bodily fluids if they are infectious.

This is a true story! Accidental deaths will not only tragically end your life, it will leave a permanent emotional scar on your family and your loved ones for the rest of their lives!

Your home energy show!! Safety & how to avoid potential hazards around your home while making repairs & improvements. Energy efficient tips are given.

Discusses the health effects of radon, variables of it, and how to control it.
VCS 328  
**Back Safety (SW) March 1996 6 min**
Discuss road management, and how to use it effectively by knowing where your vehicle is at all times in relation to other vehicles or road hazards. Reminds us how important seat belts use is.

VCS 329  
**Workfit 2000 (TRT) July 1995 21 min**
Help Employee’s & Supervisor’s work in an injury free environment.

VCS 330  
**What To Do When The Sky Starts Falling (St. Paul) Feb 1995**
Guide to emergency planning for the construction industry. Shows the steps of how to prevent accidents, and gives examples of these steps.

VCS 331  
**The Ride of Your Life (WH) Feb 1995 20 min**
How important seat belts are no matter which type of vehicle you’re traveling in. In this video, a race car driver discusses how important seat belts are, and compares a race car with a regular vehicle on the road.

VCS 332  
**Head Protection (Bullard) 1995**
Head protection is a primary concern in America’s workplace, but often overlooked. This video discusses how hard hats work, how they are tested, how they are manufactured, and how they meet quality requirements.

VCS 333  
**Getting Out Alive (TIB) March 1996 15 min**
Using step-by-step guidelines, this video shows employees to create and test their fire evacuation plan.

VCS 334  
**Compliance Awareness For Managers & Supervisors (ITS) 1992 20 min**
Details responsibilities of managers and supervisors for safety and health programs. Overviews 15 regulatory issues; from EPA, to OSHA, to DOT.

VCS 335  
**With Safety Everybody Wins (ITS) 1988 15 min**
Describes management and employee responsibilities for safety and health programs.

VCS 336  
**Fire Extinguishers: First Line of Defense (ITS) 1987 16 min**
Reviews the types of fires (A,B,C,D) the chemistry of fire, extinguisher selection and proper use. The video gives very good examples of actually using each type of extinguishers.

VCS 337  
**Me and My Back (ITS) 1988 22 min**
Reviews back anatomy, the mechanics of lifting, and many good examples of proper lifting techniques. Also demonstrates several excellent back exercises.

VCS 338  
**Drum and Other Small Spills (ITS) 1987 18 mi**
Shows how to control a drum or other small spill calmly, quickly and correctly.

VCS 339  
**Decontamination (ITS) 1991 14 min**
An excellent video explaining the importance of decontamination, and showing all the steps involved to go from a hot zone to a cold zone.
VCS 341

**Sexual Harassment (ITS) 1989 27 min**
A review of the sexual harassment law and many examples of possible problems in the workplace.

VCS 342

**Don't Fall For It: Preventing Slips, Trips, and Falls (ITS) 1989 20 min**
Falls, Slips, and Trips are available. Learn and practice with common sense examples.

VCS 343

**Your Work & Your Health: A Role of Industrial Hygiene (ITS) 1990 16 min**
Industrial Hygiene, studying occupational health in the workplace. Hazards and risks are evaluated, recommendations provided, and solutions are followed.

VCS 344

**Don't Let Up: Anti-Lock Braking Systems (AAA) 199**
Contains footage of driver education students using ABS for the very first time. You will see these young drivers face simulated emergency situations.

VCS 346

**Baby Safe (CHP) 40 min**
Instruction on prevention of the leading causes of death for infants. Discusses child safety seats, performing the Heimlich maneuver, baby proofing your home, SIDS, and treatment of common childhood injuries.

VCS 347

**Are We There Yet?: Traveling Safely With Children. (GM) 11 min**
4 out of 5 car seats are used wrong. In this video, learn how to correctly use all types of child safety seats.

VCS 348

**Hidden Hazards In Your Home. (GAMA) 10 min**
William Shatner narrates, as you learn where hazards become unhidden in your house. Learn about storage of flammables, and preventing burns.

VCS 349

**Sparky's ABC's of Fire Safety. (NFPA) 8 min**
Sparky, the fire dog, teaches kids (5-9 years-old) safety techniques to prevent and escape fires.

VCS 350

**Scald Burn Prevention (NSK) 7 min**
Learn techniques on how to prevent burns, and what can happen when not followed.

VCS 351

**Jell-O In A Jar: Safe Kids-Cycle Smart. (BH) 7 min**
One kid’s testimony for safe biking, by wearing a helmet and protective gear.

VCS 352

**Precious Cargo: Protecting The Children Who Ride With You. (GM) 15 min**
Instruction for safe and proper usage of child safety seats.

VCS 353

**Smoking at Work (ITS) 5 min**
Why it’s important not to smoke on the job.

VCS 354

**Safety Belts: For Dummies or People? (GM) 8 min**
Demonstrates the benefits of wearing safety belts, and the proper way to use them.
VCS 354  
**The Game of Your Life (GM) 18 min**  
Demonstrates effects of alcohol on response time during driving.

VCS 356  
**HAZWOPER (ITS) 9 min**  
Hazardous waste operations program that helps identify what and where hazards are in your worksite and how to respond appropriately using signs and signals to help identify emergencies.

VCS 357  
**Ergonomic Tools (ITS) 13 min**  
Tom “The Toolman” Tyler and sidekick, Hal, discuss Ergonomics, Ergonomics tools, and risk assessment for CTP’s (Cumulative Trauma Disorders).

VCS 358  
**Contingency Training (ITS) 8 min**  
Injuries and accidents are more common during the earliest stages of a new job. Learn ways to identify hazards and avoid injury & illnesses.

VCS 360  
**Eyewash Showers and Stations (ITS) 8 min**  
Learn what causes injury to eyes, ANSI standards for eyewash units, the various types of units available, and how to use them.

VCS 361  
**Workplace Security (ITS) 11 min**  
Understand purpose of photo IDs at work, and show how security measures help you and your co-workers

VCS 362  
**Carpal Tunnel Syndrome (ITS) 9 min**  
Defines CTS, shows how to recognize it, and gives a variety of exercises to prevent it.

VCS 363  
**Medical Monitoring: How It Works. (ITS) 8 min**  
How to maintain good health on and off the job. Describes an employment medical exam.

VCS 364  
**Diet for Energy (ITS) 10 min**  
Discusses why it’s necessary to have balance in your diet & exercise. Stresses repeated goal-setting & self-monitoring are the keys to a lifelong weight maintenance plan.

VCS 365  
**The Importance of Safety (ITS) 10 min**  
Safety is a function of every employee not just a of the organization or the Safety Department. Shows the importance of being aware of your general work environment & the regulations to create a safe workplace environment.

VCS 366  
**Resource Conservation & Recovery Act (ITS) 10 min**  
Discusses the difference between a characteristics & listed waste, and also, the requirements on small quantity generators, and the large quantity generators.

VCS 367  
**Employee Performed Inspections (ITS) 10 min**  
Employee participation is vital to ensure the successful implementation of safety programs for achieving reductions in injury rates.
VCS 368  
**What ISO Standards Mean to Safety Managers (ITS) 10 min**
Defines ISO’s, and shows how ISO’s make life simpler by increasing reliability and effectiveness of goods and services. Increases greater awareness.

VCS 369  
**The Supervisor’s Role in Safety (ITS) 10 min**
Shows the importance for supervisors to lead-by-example. Describes some ways to communicate the importance of safety to employee. (Third part of a three part series, VCS 400 & VCS 401, part I & II.)

VCS 370  
**Small Spills Clean-up (ITS) 20 min**
Describes who is responsible for formulating and signing off on a spill clean-up program, and what the purpose of a spill contingency plan entails.

VCS 371  
**Proper Use of Compressed Air (ITS) 10 min**
Describes the two best methods of determining if a compressed air tank needs to be refurbished. Also, gives some basic considerations for storing compressed air cylinders, and what you should do when a cylinder is empty.

VCS 372  
**Good Manufacturing Practices (Penn. State University) 14 min**
Focuses on the personal hygiene of food-manufacturing workers, and explores how poor hygiene habits can be responsible for the contamination of food in the manufacturing process.

VCS 373  
**Worker’s Compensation Fraud (ITS) 10 min**
How direct costs associated with worker injury & illness differ from indirect costs. Along with what conditions constitutes workers’ compensation fraud.

VCS 374  
**The Complete Line of Footwear (ITS) 10 min**
Discusses why safety footwear is so important in the work environment. Includes OSHA requirements on the use of safety footwear. Also shows how to select the appropriate type of work shoe based on the job and hazards.

VCS 375  
**Welding & Cutting Safety (ITS) 10 min**
Focuses on knowing and understanding the hazards associated with the materials with which you work, and reviews the Material Safety Data Sheet associated with welding and cutting operations.

VCS 376  
**Wheel of Misfortune and Grave Remarks (ITS) 10 min**
Reminds us accidents don’t just happen they’re caused by people, because we fail to do the necessary planning required for the job, and fail to carry out job plans at their prescribed levels.

VCS 378  
**Portable Power Tools (ITS) 10 min**
Discusses the first things you should do before using a portable power tool, and what you should do if the tool is broken or not working properly.

VCS 379  
**Lab Safety for Non-Lab Personnel (ITS) 10 min**
Addresses emergency procedures, and how to read labels on chemicals and follow their precautions. Shows what different categories hazards in a laboratory can be grouped in.
VCS 380

*Hazard Recognition (ITS) 8 min*
Defines what a hazard is, and gives an example of an unsafe condition, and an unsafe act. Stresses the importance to protect yourself from common hazards, and how to perform your job safely and correctly.

VCS 381

*Industrial Hygiene for Safety Managers (ITS) 5 min*
Discusses the terms: recognize, evaluate, and control. Explains why safety managers need to understand and trust work done by Industrial Hygienists.

VCS 383

*HAZWOPER: Awareness Level (ITS) 10 min*
Discusses the two levels of response to a hazardous substance emergency. Know when and how to call in an emergency. Also, defines hazardous substances.

VCS 384

*Pneumatic & Hydraulic Tools (ITS) 10 min*
Explains why you should only use a tool for the purpose it was designed, and to know the hazards associated with each tool. Discusses OSHA & ANSI standards on pneumatic and hydraulic tools.

VCS 385

*Personal Health & Fitness (ITS) 10 min*
Stresses the importance of diet & exercise, not only to become fit, but also, helps strengthen the mind and body connection, along with others.

VCS 386

*Hand, Wrist, & Finger Safety (ITS) 10 min*

VCS 387

*Fire Hazard Recognition (ITS) 10 min*
Discusses ways to help reduce the risk of fire by identifying and correcting fire hazards conditions. The importance of having a fire prevention program.

VCS 388

*Hazard Alert: Fire Extinguishers (ITS) 10 min*
What steps you should take when you come across a fire. Explains four fire classes, and which extinguishers should be used.

VCS 389

*Elevated Work Safety (ITS) 10 min*
Precautions one should follow when working at elevated heights. Reminds workers to inspect guardrails, fall-restraint devices, and fall arrest systems before putting them to use. Stresses why a fall protection plan is important.

VCS 390

*Custodial Staff Safety (ITS) 10 min*
Basic guidelines to keep in mind when working with ladders. What to know and how to deal with conditions leading to slips, trips, and falls. Discusses importance of following proper safety procedures when working with chemical biological hazards.

VCS 391

*Chemical Emergency Preparedness & Procedures (ITS) 10 min*
Shows what to do when a spill happens. Stresses the importance of knowing what the chemical is & how it is to be cleaned up.

VCS 392

*Controlling High Blood Pressure (ITS) 10 min*
Two ways to control your high blood pressure area healthy diet, & regular exercise. Shows the importance of changing your life style, in order to have a healthy life-style.
VCS 393  
**Common Toxicological Terms of an MSDS (ITS) 10 min**  
Points out that not all exposures to chemical substances are harmful. The importance is knowing the degree of toxicity in each chemical.

VCS 394  
**Asbestos: Awareness Exposure (ITS)**  
The history of the use of asbestos. Shows why asbestos poses a health problem, and what we can do to protect ourselves from it.

VCS 395  
**Personal Fall Protection (ITS) 1995 15 min**  
Shows what equipment to use for personal fall protection, and how to use them. Stresses the importance of inspecting your equipment before each use.

VCS 396  
**Protective Clothing (ITS) 1996 10 min**  
Discusses different levels of protective suits, and how to decide which protection you need for your situation.

VCS 397  
**Materials Handling and Storage (ITS) 1995 10 min**  
Stresses the importance of always inspecting the designated storage area. PPE may be needed for some situations. Remember to follow good housekeeping practices, and proper storage techniques.

VCS 398  
**PPE Electric (ITS) 1995 12 min**  
Know and understand the procedures for doing your job correctly. Discusses some rules when using PPE in electrical work. What PPE is appropriate & inappropriate for electrical work.

VCS 399  
**PPE: Just Put It On 1995 10 min**  
What PPE stands for, and when people need to wear it. Discusses the different protection equipment, and how important it is to use the proper equipment for your specific job.

VCS 400  
**Bloodborne Pathogens: What are They? (ITS) 1995 14 min**  
Gives an overview of specific BBP, what they are and how they’re transmitted. (First part of a three part series.)

VCS 402  
**Preparing for the Cold & Flu Season (ITS) 1995 11 min**  
The causes of colds and influenza, the different varieties of cold viruses, and the typical flu season. Discusses why it’s easier to get a cold working indoors. What people can do to reduce their chance of spreading a cold or flu.

VCS 404  
**Work Surface Safety (ITS) 1995 6 min**  
Explains why it’s important to monitor the work surface around us. Everyday housekeeping is important to prevent accidents. If accidents do happen, some basic rules for dealing with work surface hazards are discussed.

VCS 405  
**Back Safety (ITS) 1995 8 min**  
Proper use of back belts begin before workers begin using them. Training is important regarding the use and misuse of belts. Also discusses the roles exercise programs play in back safety.

VCS 406  
**Confined Space: Air Monitoring (ITS) 10 min**  
When working in a confined space, it is important to mitigate continuous air monitoring practices. Reminds workers to follow permit required confined space work procedures, as set by OSHA & your company.
**Confined Spaces: Using Chemicals (ITS) 1995 9 min**
Informs a worker to take extra precautions when dealing with chemicals in confined spaces. Know the chemicals you are working with, or will be exposed to. Along with knowing how to handle the chemicals properly.

**Drug Use & Abuse (ITS) 1996 9 min**
Informs us what researchers say about drug abuse in the work environment. What each of us can do about a drug problem.

**Electrical Maintenance (ITS) 1995 10 min**
Discusses how to protect yourself while doing the electrical maintenance tasks, by using the correct tools and equipment.

**Fall Protection: The Basics (ITS) 1995 10 min**
What the purpose of fall protection is, and some devices which are intended to prevent falls and reduce injuries in a fall.

**Fire Prevention (ITS) 1995 16 min**
Describes the PASS method, when using a fire extinguishers. Shows the importance of a pre-fire plans, and notes some good components of a fire prevention program.

**CPR Review Program (ITS) 1995 10 min**
Explains the primary purpose of performing CPR. By using the “ABCs” you can determine if CPR is an appropriate course of action. Also informs viewers how long the body can survive without oxygen.

**Forklift Loading (ITS) 1995 7 min**
Explains the basic principles when loading and unloading a forklift, and gives some basic steps in picking up a load. Also, talks about how a forklift is like a tetter-totter.

**HAZWOPER (ITS) 1995 10 min**
Explains what the acronym HAZWOPER stands for. Also, what the primary duty of a First Responder is.

**Head Protection (ITS) 1995 7 min**
Discusses the different types of protective headgear, which provides different levels of protection, and different classes of protective headgear.

**Housekeeping for Safety (ITS) 1995 9 min**
Discusses the benefits of good housekeeping, and what’s all involved in it.

**Lockout/Tagout: Just Do It!” (ITS) 1995 9 min**
Discusses why it’s so important to follow lockout/tagout procedures, and what the major reason is for lo/to procedures. Also warns viewers what would happen to an organization if caught not following procedures.

**Machine Cutting, Grinding &Sanding (ITS) 1996 8 min**
Discusses precautions employees should follow when working with saws. What problems can result by resting a saw on the item to be cut.
Making Healthy Choices: Safe & Healthy Lifestyles (ITS) 1995 14 min
Points out some basic information that people can make healthier decisions about the food they eat, and the activities in which they participate.

Under the Influence: Alcohol in the Workplace (ITS) 1995 8 min
Discusses the negative effects of drinking alcohol on the job, and why even hangovers at work represent a safety concern.

The Working Mom’s Survival Guide (XEN) 1990
Working moms are caught in a trap of trying to do it all. This video will help you sort through what’s important and what’s not. It talks about finding “Guilt Free” time, getting yourself organized, secrets to success with your mate, quality time with you children, and preventing stress and staying fit.

BUTT OUT!: The Proven Quit Smoking Plan Quit Smoking Plan 35 min
Nagging, guilt, and cold turkey are soundly defeated with this winning formula that guides you through resisting the urge and quitting smoking forever. It talks about getting ready to quit, eliminating triggers, coping effectively, best treatment options, and overcoming setbacks.

Lead Exposure at Indoor Firing Range (LIA & NRA) 9 min
Ways to manage types of airborne lead exposure that may be present at indoor firing range. Also gives symptoms of overexposure to lead. What precautions need to be taken if you are a manager, an employee, or a user of a range.

Powerful Communication Skills (NPP) 1997 77 min
Communicating is more difficult in today’s fast-paced, technological world. It takes special skills to get people to listen to you—skills you will learn with Powerful Communication Skills. This dynamic program will help you identify the key elements of communicating and give you specific techniques for improving. You’ll learn how to easily improve the way you communicate, and start reaping the rewards immediately!

Listen Up: Hear What’s Really Being Said (NPP) 1995 70 min
This video will teach you powerful techniques to make you a more effective listener. When you use these strategies and techniques, you’ll hear—and accomplish—more than ever before. At home and at work, the tools you’ll learn will become your keys to unlimited potential and greater enthusiasm and confidence.

Stress Management (NPP) 1995 79 min
Learn to look at yourself in new ways. To rearrange your activities to fit your priorities—you, yourself, your job and your family—without adding stress. Get excited about life and you’ll have more energy to do the things you really enjoy. You’ll also learn 3 ways to communicate with yourself honestly and more effectively, 10 ways to manage stress, 5 ways to combat job stress, and lots more.

Crash Course Safety Belts Part I 20 min
Gives facts and stats if you’re not wearing your seat belts. Discusses passenger restraint system and how to use it. Shows benefits of the seat belts and the air bag. Also, discusses the importance of using child safety seats.

Seat belts: An Additional Tool Part II
Police officers are more likely to get into an accident, so they should always wear their seat belts. Gives facts & stats on officer crashes.

Get Out Alive (KETV) 9 min
Julie Cornell and Rob McCarthey discuss the importance of knowing what to do in case of a fire. They take us inside a burning house, and show us how fast a fire can spread. Shows us some home hazards, which can cause a fire. Also, gives tips on what to do if we are ever in a fire.
VCS 429

If Only (Aerial Lifts) (STS) Donated by OPPD 13 min
Aerial lift safety! This program discusses safe operating procedures for aerial devices, including pre-operation inspection, work-site evaluation, common hazards, and safe work practices.

VCS 430

Preventing Hantavirus Disease (CDC) 1994
In this videotape people who have survived Hantavirus Disease describe what it is like to have this illness. Also, doctors and scientists who have had first hand experience discuss the most up to date facts covering the following topics: symptoms, transmission, risk factors, treatment, and prevention.

VCS 431

America in Jeopardy: Drugs (CDC) 1994
How drug usage affects not only us, but also those around us. In this video, a number of people explain what drugs did to their lives and the lives around them. Also show us what drugs actually do to our bodies.

VCS 432

Accident Avoidance: No Injury, No Accident?
Provides awareness of accidents waiting to happen and highlights the messages found in no-injury accidents. It motivates workers to report near misses and close calls before injuries occur.

VCS 433

Uniform for Safety: Wearing Personal Protective Equipment 16 min
This video examines the components that make up the protective equipment that keeps workers safe on the job. It outlines how an employer assesses the need for PPE based on the potential hazards in a facility.

VCS 434

On the Road: The Lighter Side of Lifting 22 min
Explains a better way to lift that stresses weight distribution, stance, and warming up and relaxing. It also motivates workers to think before they lift any object.

VCS 435

Celebrate Living 5 min
A short video using only words as suggestions for living a happy and rewarding life. These inspirational messages promote harmony, health and well-being. This video would be a good opening to a class or training session.

VCS 436

The Hidden Danger: Low Water Crossings 10 min English Version
This video begins with a short public service announcement and continues with a documentary on the hidden dangers of low water crossings.

VCS 437

The Hidden Danger: Low Water Crossings 10 min Spanish Version

VCS 438

Employee Fall Protection 21 min
Falls from any height can be dangerous. Describes different types of fall protection and the knowledge and care of those products.

VCS 439

Cranes, Chains and Slings 5 min
Discusses cranes and lifting devices and the operator’s responsibility for checking devices and knowledge of proper use. It also touches on common safety hazard associated with these devices.

VCS 440

Basic Electrical Safety on the Job Site 11 min
A basic understanding of electricity and the different types. Gives reasons why all employees must use extra caution when using equipment and appliances.
VCS 441

**Hearing Conservation 12 min**

Awareness of the hazard of damage to your hearing. Discusses a three part program including: testing, training and protection.

VCS 442

**Backhoe/Loader Operations 8 min**

Provides general information on the operating procedures from pre-start up to shut down. Explains the operator check list and safety procedures to operate. It also discusses maintenance precautions as well as operating precautions.

VCS 443

**Arc Welding Safety 5 min**

Discusses the area, conditions and processes used in arc welding. Describes basic safety measures and the importance of proper use.

VCS 444

**The PRO System for Accident Free Backing (NSC) 23 min**

This video is designed to help new and experienced driver’s through a company’s biggest traffic problem ...BACKING incidents! (NETS)

VCS 445

**Live and Let Live (NSC) 13 min**

This video tells about how a celebration can turn into tragedy in the blink of an eye. It discusses the effects of drinking and driving on the family. (NETS)

VCS 446

**Snowplow Safety (NSC) 1995 23 min**

Zeros in on the safety aspects of driving with a snowplow. (NETS)

VCS 447

**Snowplow Safety: Parking Lots (NSC) 1996 19 min**

This video focuses on specific safety issues regarding the plowing of parking lots. (NETS)

VCS 448

**Driving in Bad Weather (AAA) 1994 9 min**

Using the setting of a television newscast, this video dramatizes the blinding effects of fog, dust, smoke, rain, snow, and ice. Stresses the need to slow down to maintain control or get off the road safely in adverse conditions. (NETS)

VCS 449

**Parking Safely (NSC) 1995 14 min**

There is more to parking a vehicle than simply pulling into a space, turning of the engine and closing the door behind you. In fact, parking can be just as hazardous as driving in traffic, since many drivers and pedestrians disregard all normal traffic laws once they arrive in the lot. This video refreshes drivers’ parking skills. (NETS)

VCS 450

**Airbags and Children (DOT) 1996 10 min**

An urgent warning to motorists about the dangers of air bags interacting with unrestrained or incorrectly restrained children. Discusses the rear seat of a vehicle being the safest place for children to ride. (NETS)

VCS 451

**Entrance & Exit Ramps (ATA) 1991 3 min**

This video gives good basic information for highway and interstate driving on access ramps. It also gives special tips for safely negotiating access ramps. (NETS)

VCS 452

**Right Turns (ATA) 1991 4 min**

Describes proper methods for right hand turns, items to check and watch out for, and the main types of right hand turns. (NETS)
VCS 453

**Intersections (ATA) 1992 5 min**
Includes basic safety tips for driving through intersection and it covers several scenarios. (NETS)

VCS 454

**Stopping on Shoulders (ATA) 1992 4 min**
Describes the cautions for stopping and the actions to take such as checking the surface and how to pull over. It also discusses the actions to take one stopped and how to reenter traffic. (NETS)

VCS 455

**Following Distance (ATA) 1991 4 min**
This video covers the time and reference point to determine safe following distance. Also known as the second rule. (NETS)

VCS 456

**Lane Changes (ATA) 1991 3 min**
Discusses how to safely change lanes and the tips on turn signals, mirror view, speed and hazardous areas. (NETS)

VCS 457

**Supervisor’s Role After an Accident (ATA) 1995 8 min**
This video covers and accident report form and/or kit contents. It discusses reporting the accident to the home office, the insurance company and the police, how to handle the media, and other steps to take. (NETS)

VCS 458

**Driving Light/Empty Loads (ATA) 1992 3 min**
Covers braking, following distance, road conditions, weather cautions, and clearance levels. (NETS)

VCS 459

**Establishing Safety Committees (ATA) 1995 3 min**
Describes 5 steps to take when setting up a safety committee and why each is necessary to meet goals. It also covers handbook design. (NETS)

VCS 460

**Speed Management (ATA) 1991 3 min**
Provides basic information for professional truck drivers. (NETS)

VCS 461

**A Way To Live (GM) 1994 17 min**
This video relates to risk-taking driving behavior, the trauma and lives lost caused by careless driving and a similarly careless lack of safety belt use. (NETS)

VCS 462

**Riding With Nothing But The Radio On (MSBC) 18 min**
In this motivational video, Sgt. Pete Collins, a 16-year veteran trooper with the Mississippi Highway Patrol, speaks out frankly about the senseless deaths from automobile crashes where safety belts would have made a difference. (NETS)

VCS 463

**In Control: America’s Driving Reference (MI) 35 min**
Shows a wide range of simple but effective safe driving techniques that could save you from injury or death. You’ll learn about the limits of your car and how to avoid a variety of everyday driving hazards. (NETS)

VCS 464

**The Ultimate Driving Challenge (GM) 48 min**
Hosted by Craig T. Nelson and Paula Zahn, this interactive program puts your driving safety skills to the test. Learn how to recognize risks, properly use anti-lock brake systems and more. (NETS)
VCS 465

*Heads Up At The Wheel: Home Safe (NSF) 11 min*
Discusses the dangers of driving while drowsy and steps to take to prevent driving drowsy as presented by the National Sleep Foundation. (NETS)

VCS 466

*Anhydrous Ammonia Incidents for Emergency Responders (OSU) 1999 30 min*
This video discusses safe and effective ways for dealing with anhydrous ammonia incidents in an outdoor setting.

VCS 467

*Drill Today - Survive Tomorrow: Disaster Preparedness for Schools (AABC) 1999 40 min*
Addresses behavior and procedures that will greatly increase your chance of surviving fire or tornado disasters in schools.

VCS 468

*Safe for Life (BRP) 1999 76 min*
This is a unique, fast paced, highly motivational, interactive presentation that will create a positive safety attitude. Using humor, audience participation and some very graphic slides from Billy Robins’ own accident, your employees attitude toward safety will be changed.

VCS 470

*Driven To Extremes (NSC) 1999 10 min*
This is a new program designed to help individuals recognize the symptoms of aggressive driving in themselves and others. The easy-to-read 20-page booklet and 10-minute video can be used for self-study or in a one or two hour classroom program. The video features experts on aggressive driving and is ideal for safety meetings or as an “add-on” to other training courses.

VCS 471

*Sun Safety: A Growing Health Concern (NSC) 1999 11 min*
Developed with funding from the U.S. Environmental Protection Agency, this 11-minute video provides information on the health effects from overexposure to the sun, types of skin cancers, the UV index, and preventative sun safety practices.

VCS 472

*Get Real Jack (NSC) 13 min*
A poignant look at a truck driver who faces his drug addiction after almost killing a pedestrian and losing his family and friends.

VCS 473

*Drunk Driving: Real People, Real Tragedies (NSC) 1991 18 min*
Drivers will think twice about having one for the road with this real-life video. Victims and their families tell the stories of their tragedies in this taping of a DUI Victim Impact Panel in session.

VCS 474

*Asbestos Building Inspections (LIP) 1995 11 min*
Describes types of asbestos, RACM, friable and usage categories, qualifications for inspection, record keeping and more.

VCS 475

*Asbestos Cement Pipe Cutting (LIP) 1995 8 min*
Help your affected employees minimize their risk of exposure to this carcinogen. Describes health effects of asbestos, PPE, proper tool and water use for cutting, and hazardous waste disposal for scrap pipe.

VCS 476

*Battery Charging Safety (LIP) 1994 10 min*
Describes battery fluid hazards & exposure procedures, P.E., avoiding electrical hazards, moving batteries, and safe charging, maintenance & storage.
VCS 477  
**Ladders, Poles & Scaffolds (LIP) 1989 15 min**  
Covers essential rules for each. Ladders: choosing the right type, pre-use inspection, correct setup and climbing. Poles: inspection of PPE and pole, correct ascending and descending techniques. Scaffolds: maximum loads, guardrails and toeboards, use of safety belts, lifelines and safety nets, moving scaffolding.

VCS 478  
**OSHA Injury & Illness Prevention (LIP) 1995 16 min**  
More states are adopting laws requiring business to compile this prevention plan. Contains safety rules & standards, self inspection checklist, posting requirements, policies on safety committees and safety committees and safety coordinator, emergency preparedness, and job-specific hazards.

VCS 479  
**Personal Protection Safety-Eye (LIP) 1997 9 min**  
Help employees avoid eye injury with guidelines: Know the environment, guard against accidents, anticipate possible hazards, wear proper protective hear, perform effective first aid.

VCS 480  
**Personal Protection Safety-Hand (LIP) 1997 9 min**  
Remind employees how easy it is to injure their fingers, hands & wrists, and how to avoid harm: Hazard identification, glove types, the role of machine guards, rules for minimizing injury risk.

VCS 481  
**Personal Protection Safety-Foot (LIP) 1997 9 min**  
Discusses workplace hazards, which may result in foot injury, safety components of foot protection including steel toes, soles, etc.

VCS 482  
**Propane Safety (LIP) 1994 11 min**  
As the most common liquefied petroleum gas & a conventional forklift fuel, employees must understand safe use & handling of propane. Includes properties of propane, approved transport cylinders, proper use, refilling tanks & cylinders, and hazards of escaping propane.

VCS 483  
**Reducing Unsafe Acts of Office Employees (LIP) 1993 10 min**  
85-95% of all accidents are caused by unsafe acts. Motivates employees to follow rules & job procedures, exercise good judgment, and associate the potential hazards to the job. Save $$$$ in injury costs!

VCS 484  
**Safe Backing & Child Safety (LIP) 1995 10 min**  
Backing accidents can be prevented! Through awareness & working without taking chances, your employees can have accident-free routes. Includes pre-trip inspection, role of helpers, industry backing signals, cone of visibility and child safety.

VCS 485  
**Employee Safety for Retail (UP) 1995 16 min**  
Highlights retail hazards including slips/fall hazards & avoiding them, broken glass, pins and scissors, cardboard. Cutter safety, ladder, stair & escalator safety, electrical and fire safety, safe stocking practices, accidents and emergencies.

VCS 486  
**Spill Clean-Up Exercises (LIP) 1993 12 min**  
Describes the importance of documentation, securing the scene, including evacuation & isolation, identifying hazards and information sources.

VCS 487  
**Radiation Protection for Health Care (LIP) 1989 18 min**  
Explains radiation & its health care uses, describes radiation hazards in the hospital, detection/measurement exposure, distance and shielding, and worker precautions and quality patient care.
VCS 488

Hospital Fire Safety (LIP) 1980 23 min
Shows efficient patient evacuation methods, covers the basic steps in preventing the spread of fire, and the proper choice and use of different types of fire extinguisher.

VCS 489

Sanitation in Health Care Cafeterias (LIP) 1992 13 min
Designed for employees working in cafeterias, including clean up personnel, dishwashers, food services, cooks and maintenance staff. Explains bacteria, food handling, cleaning/sanitizing and more.

VCS 490

Framer Safety (LIP) 1994 16 min
Excellent to introduce or review the common hazards on a jobsite. Includes P.E., Safety attitude, housekeeping, tool safety, electrical safety, ladder use, doing work on the ground, forklifts, lifting, setting columns/walls, machine guarding, awareness of other trades and more.

VCS 491

Framer Safety - Spanish

VCS 492

Right-To-Know: Custodians/Maintenance (LIP) 1996 10 min
Instruct employees on chemicals including household/industrial chemicals & hazards, labeling, following directions, chemical signs, MODS, avoiding overuse or mixing of chemicals.

VCS 493

Maintenance Person Safety (LIP) 1993 13 min
Specifically for maintenance persons. Fulfills OSHA training requirements including hazardous materials, electrical and fire safety, P.E., machine guarding and other required training subjects.

VCS 495

Preventing Injury Accidents (LIP) 1996 11 min
85-98% of all construction accidents are caused in whole or part by the unsafe acts and how they contribute to accidents. Explains the concept of unsafe acts and how they contribute to accidents, investigating and documenting unsafe acts for future prevention purposes, and the importance of thinking safety.

VCS 496

Preventing Injury Accidents (Spanish Version)

VCS 497

Orientation - Donning, Doffing, Decontamination (LIP) 14 min
Describes the importance of establishing and practicing a routine for use of encapsulating suits and emergency decontamination. Donning: preparation for & order of dressing, including advice for tall & short users. Doffing: preventing contamination from outer surfaces when undressing. Decontamination: general guidance and factors in choosing equipment.

VCS 498

Sexual Harassment - Serious Business (LIP) 1996 25 min
Sexual harassment is serious business for any company. This video describes the different types of sexual harassment that occur in the workplace, as well as its Negative effects. It also teaches employees how to address harassment when it occurs.

VCS 499

Critical Incident Response Training - For Schools (FDE) 1999 45 min
This video was developed by the Florida Department of Education for use as a training tool to provoke thought and help critical response teams in the schools prepare for crisis situations. Two dramatic scenarios at schools take place, Intruder on Campus and Toxic Chemical Spill on the Bus. After each there is an opportunity for those viewing to critique the scenes followed by expert discussion. The incidents are viewed from the perspective of law enforcement, principal and school psychologist.
**Road Rage [edited version] (UPRR) 42 min.**
Teaches ways to control your behavior when faced with the irrational behavior of road rage.

**VCS 501  
Basics of Ergonomics (BNA Communications, Inc.) 9 min**
Ergonomics is the process of taking a new look at your workplace and incorporating change by eliminating and improving, repositioning and taking a look at new ideas and a new way of doing things. These steps are looked at to make your job a safe and comfortable environment.

**VCS 502  
Office Ergonomics**
This video talks about the risk factors and how to prevent the wear and tear on our bodies at work.

**VCS 503  
Counter Attactics: Be Aware, Be Prepared [Endorsed and Recommended by Police Chiefs and Police Depts.]**
A complete self-defense program for men and women of all ages. This video is designed to decrease your risk of becoming a statistic. You will learn to train your mind and body.

**VCS 504  
Forklift Operations: Carry the Load [Spanish] (Coastal Intl.) 20 min.**
The basics of forklift training done in Spanish.

**VCS 505  
Some Laws Can’t Be Broken (NSC)**
Addresses the issue of occupant restraint and vehicle safety systems. (I.e. seat belts, anti-lock brakes, air bags, etc.)

**VCS 506  
Taming the Winter Road (NSC)**
Discusses winter driving hazards the professional truck driver encounters. It presents useful information you can use to prevent collisions and other situations that can cause costly slowdowns.

**VCS 507  
Low Visibility and Driving**
Addresses problems caused by weather conditions such as fog, snow, rain and bright sun, and other factors not usually covered in traditional driver safety classes, including: objects within the vehicle, night driving, tunnels, “blinding” spray from passing vehicles, the effects of shadows, and dealing with oversized vehicles.

**VCS 508  
Diana's Last Message (NSC) 10 min.**
This attention-grabbing video drives home the point that safety belts and air bags save lives.

**VCS 509  
SEA-J Special Report: Disaster Preparedness (Coastal) 20 min.**
This video offers three (3) brief video training segments that address Emergency Action Plans, Fire Drills, and Package Bombs.

**VCS 510  
Terrorism: Biological Weapons – 29 min.**
Designed for fire departments, EMS, law enforcement, and emergency management personnel. This video is a training resource for those most likely to respond to incidents involving suspected biological agents. Topics covered include: How biological agents work; Key indicators of a biological release; Self-protective measures for responders; Categories of biological agents; Identifying the agent involved; Decon and quarantine; and Securing the scene.

**VCS 511  
Terrorism: 1st Response**
Designed for law enforcement, fire departments, EMS, and emergency management personnel, this video is a training resource for those most likely to be first on the scene of a suspected terrorist attack. It provides guidelines for those responders who must make the first critical decisions before federal agencies arrive for support. Topics covered include: Key indicators of a biological release; Categories of biological agents; identifying the agent involved; Decon and quarantine; and Securing the scene.
VCS 512

Terrorism: Chemical Weapons – 26 min.
Designed for fire departments, EMS, law enforcement, and emergency management personnel, this video is a training resource for those most like to respond to incidents involving suspected chemical agents. Topics covered include: Categories of chemical agents; Toxicology and symptoms of exposure; Weaponization and dissemination; Self-protective measures for responders; Identifying the agent involved; Managing casualties; decontamination and ventilation; and Incident command.

VCS 513

Response to Anthrax Threats – 25 min.
Although most anthrax threats prove to be hoaxes, it is important for emergency responders to know how to measure their response to meet the threat. This information packed program discusses the most common types of anthrax threats and outlines appropriate response procedures for each. Topics covered include: Symptoms of anthrax exposure; Notifying the FBI: Guidelines for calling the fire department & hazmat team: use of hazmat protocols; Managing evidence; Treating victims; Dealing with the “worries well”; and Cleanup.

VCS 514

Shiftwork: Circadian Survival – 20 min.
If your organization runs more than one shift, this program is for you! Circadian rhythms regulate the body’s internal clock and deviating from the “internal programming” can often be difficult for workers. Teach them how to adjust and minimize difficulties, especially safety-related concerns with this important video.

VCS 515

When faced with an emergency situation, the chances of survival increase a great deal with adequate training, preparation, and an emergency action plan. Make sure that your employees are prepared to handle any disaster – natural or otherwise. This video illustrates how to respond in several emergency situations and the importance of drills.

VCS 516

OSHA estimates that about 21 million employees are exposed to IAQ problems in the workplace. This special report will help employees understand what affects the quality of the air they breathe. You’ll lean ways of recognizing and measuring air contaminants and about the effects of contaminated indoor air. This video gives tips on how to improve indoor air quality.

VCS 517

Back Safety: Lift Well, Live Well – 14 min.
This video was developed to teach workers how to guard against injuries by understanding how their backs function and practicing safe lifting techniques.

VCS 518

One in 5.7 Million (ITS) 10 min.
Thought provoking video as Ken Woodward tells his story of being blinded in a hazardous chemical explosion at work. He talks about how losing his sight affected him and also how it affected his family.

VCS 519

Portable Fire Extinguishers (Spanish ) Coastal 14 min.

VCS 520

Eye Safety – Construction (NSC) 10 min.
Promotes the use of proper eye protection to prevent eye injuries on the job. Also, helpful hints about what to do when eye accidents occur.

VCS 521

Falls – Construction (NSC) 10 min.
Helps increase awareness of hazardous situations where falls can occur. Shows how to avoid accidents due to falls, and what to do if a fall occurs. Also, explains the proper use of ladders and scaffolds.
VCS 522  
**Flying & Falling Objects – Construction (NSC) 10 min.**
This program explains the importance of staying alert to possible dangers created by flying and falling objects. Promotes team work between employees for the safety of all.

VCS 523  
**Hand Tool Safety – Construction (NSC) 10 min.**
Shows employees the proper way to use hand and portable power tools. Choosing the right tool, avoiding accidents, using tools properly and carrying and storing tools, and safety tips.

VCS 524  
**Hazardous Chemical – Construction (NSC) 10 min.**
This program is designed to give employees the information necessary to protect them from on the job hazardous chemicals.

VCS 525  
**Overexertion – Construction (NSC) 10 min.**
This program shows the proper way to lift and carry. Contains convincing scenes that may help the viewer realize the importance of back care. Also, helpful tips for keeping the back strong and health.

VCS 526  
**Office, Retail & Public – Falls (Safety Shorts) 6 min.**
Falls are the second most common cause of injuries, and fatalities. Find out how trips and falls can be avoided with proper housekeeping, awareness and preventive measures.

VCS 527  
**Bloodborne Pathogens Overview – Spanish (Safety Shorts) 6 min.**
This video tells you what you need to know about the OSHA standard. It covers: plans, engineering and work controls, personal protective equipment, universal precautions, vaccinations, training, counseling, and recordkeeping.

VCS 528  
**Preventing Slips, Falls, and Lifting Injuries (Natl. Restaurant Assoc. Ed Foundation) 10 min.**
Service Industry – Demonstrates how to prevent slips, fall & lifting injuries in a kitchen & restaurant setting.

VCS 529  
**10 Minute Safety Trainer (E.I.) 10 min.**
Hotels/Lodging - Thirteen (13) vignettes on various safety issues including, Hazard Communication, Bloodborne Pathogens, Back Injury Prevention, Slips & Falls, Fire Safety &I Personal Protective Equipment

VCS 530  
**Electrical Pallet Jack Update (LI) 10 min.**
General Industry – Safe Operation, do’s and Don’ts.

VCS 531  
**Employee Safety Orientation (LI) 14 min.**
All Industry – Training in general hazards regarding proper clothing, machine guarding, accident reporting and much more.

VCS 532  
**Fire & Life Safety Systems (LWB) 9 min.**
Hotels/Lodging – Provides an overview of how the various elements of a hotel fire &I life safety system work together.

VCS 533  
**OSHA Inspection – Overcoming the Fear (Coastal) 24 min.**
All – Takes the view on a simulated inspection with a compliance officer, discusses all aspects of the inspection including citations’ & violations.

VCS 534  
**Hotel Safety – a Reality Check-In (Coastal) 29 min.**
Hotels/Lodging – A narrative story of a family on vacation at a hotel where the following subjects are discussed: Bloodborne Pathogens, Hazcom,fire Safety, Back Safety, Slips, Trips & Falls, Housekeeping Safety, Security Awareness, Kitchen Safety and Engineering Safety.
VCS 535
Landscape Maintenance Safety (Long Island) 17 min.
Landscape – train personnel to take responsibility for safety including proper attire and PPE, use & maintenance of mowers, string trimmer, chain saw, chippers, as well as chemicals & snakes.

VCS 536
Bloodborne Pathogens Overview (Safety Shorts) 5 min.
This video tells you hat you need to know about the OSHA standard. It covers: plans, engineering and work controls, precautions, vaccinations, training, counseling, and recordkeeping.

VCS 537
This video shows parents, grandparents, educators and others the importance of not smoking around children.

VCS 538
Report to Work: Your Safety Responsibility (LIP) 7:18 min.
This video provides basic safety information that can apply to any work place.

VCS 539
Report to Work: Your Safety Responsibility – (Spanish) (LIP) 7:18 min.
This video provides basic safety information that can apply to any work place.

VCS 540
Back Injury Prevention/Lifting Safety (LIP) 8 min.
This video explains how the back works and provides important information about taking care of your back and accepting personal responsibility for the care of your back. Provides information on safe lifting techniques.

VCS 541
Back Injury Prevention (Spanish) (LIP) 8 min.
This video explains how the back works and provides important information about taking care of your back and accepting personal responsibility for the care of your back. Provides information on safe lifting techniques.

VCS 542
Lockout/Tagout Safety Training (LIP) 15 min.
Information on LO/TO procedures which stresses the importance of having policies and procedures in place and following them.

VCS 543
Lockout/Tagout Safety Training (Spanish (LIP) 20 min.
Information on LO/TO procedures which stresses the importance of having policies and procedures in place and following them.

VCS 544
Safety Bite Accidents Investigation (LIP) 8 min.
This video gives information about the importance of investigating all incidents, not just the serious injury ones. It stresses the necessity of proper information and evidence gathering, showing how to do this correctly. Gives tips on investigating incidents and accidents.

VCS 545
Living Well America: Environmental Update (Am Medical TV) 18 min.
Environmental Update regarding Radon and the importance of everyone checking for radon.

VCS 546
Alcohol & Drugs (Personal Action) 13 min.
This video discusses skills for dealing with drugs and alcohol in three different areas, understanding, denial, and helping other.

VCS 547
The Other End of the Barrel (Drunk Busters of Am) 15 min.
The Other End of the Barrel recreates Shirley Lochowitz’s son’s shooting, the impact on the child and the family. Also discusses safe gun storage.
VCS 548

**Recordkeeping True to Form – 29 min.**
This video program provides an important overview of the changes for safety directors and managers, safety committee members, human resources managers or anyone responsible for safety and insurance paperwork.

VCS 549

**I Chose to Look the Other Way – 12 min.**
This video dramatically tells the story of an employee who failed to speak up when witnessing an unsafe act by a co-worker. Viewers will be motivated to speak up when they see a co-worker putting himself in an unsafe situation, even if they feel that person’s response may be negative.

VCS 550

**Skid Steers 2001 Safety 14 min.**
Excellent information on skid steer operation and safe handling.

VCS 551

**One Step From Death 11 min.**
This video was photographed at operating work zones. You see examples of good safety practices, as well as actual safety hazards and unsafe working conditions.

VCS 552

**Back: Strength and Fitness 12 min.**
Take steps to help yourself build a stronger, more flexible, more fit back, no matter what shape your are in now. Covers learning more about your back, building a fit back, dealing with acute back pain and coming back from back pain.

VCS 553

**High Blood Pressure 13 min.**
High blood pressure or hypertension affects one out of five adults. Learn what you can do to help prevent it, detect it and, if necessary treat it. Covers understanding hypertension, changing your lifestyle, and working with health care professionals.

VCS 554

**Preventing Burnout 14 min.**
Employees can develop personal skills and strategies to cope with and insulate themselves from job burnout and its causes. Discusses effectively handling demands, developing detached concern, building control, and preparing for the marathons of life.

VCS 555

**Stress Management 12 min.**
Once employees understand the process, they can develop a personalized stress prevention plan. Covers awareness, acceptance, coping and action.

VCS 556

**Time Management 16 min.**
Everyone has the same amount of time in a day. The secret of success is how you use it. Discusses understanding the four time types, set goals and priorities; plan your day around them, identify your time problems, and learn good time habits.

VCS 557

**Weight Management 11 min.**
Stop trying to “lose weight” and start focusing on lifelong weight management. Exercising moderately and regularly, making wise nutritional choices, recognizing the role of emotions and attitudes, and anticipating energy needs.

VCS 558

**Wellness: Skills for a Lifestyle Change 14 min.**
Wellness results from making many small changes in lifestyle – changes that can have a big effect on your performance, happiness and length of life. This video gives information on understanding health risks, leading a wellness lifestyle, overcoming barrier to success, deciding where to start and follow through, gaining support for change.

VCS 559

**Don’t Risk Your Child’s Life VI 21 min**
This video covers child safety seats and child passenger safety, and demonstrates child safety seat installation.
VCS 560

**Winter Walking 7 min.**
The Winter Walking video will help employees identify potential hazards and use techniques to avoid injury when entering or exiting a vehicle and while traversing steps, sidewalks and turns. Also shows how to avoid serious injury if you do fall.

VCS 561

**Hypothermia & Frostbite 13 min.**
This video provides good information how to recognize the signs and symptoms of hypothermia and frostbite, and what to do if they occur. It also provides information on dressing properly in cold weather.

VCS 562

**Flatbed Cargo Securement 15 min.**
Video covers securement requirements for flatbeds, lowboys and other specialized exposed-load trailers. It addresses the new commodity-specific standards and covers the concepts of minimum performance criteria and aggregate working load limits.

VCS 563

**Box Cutter/Utility Knife Safety 7 min.**
This new, attention grabbing video provides an overview of utility knife/box cutter safety. Proper use and handling of box cutter/utility knives. Using the correct knife for the job. Knife maintenance and inspection. Proper blade changing and disposal.

VCS 564

**Severe Weather Alert: Are You Prepared? 15 min.**
This video gives information on preparing for tornadoes and severe weather (lightning and thunder storms), at work, home and on the road.

VCS 565

**Toxic Mold 12 min.**
Toxic mold is a problem making headlines everywhere. This video takes the mystery out of this sensitive subject and informs the viewer exactly what toxic mold is and the hazards involved and some possible solutions.

VCS 566

**Safety Awareness: Real Accidents, Real Stories 14 min.**
This video really hits home with several interviews of real people who got injured on the job. These are real workers, not actors. The people talk about how they basically became complacent and ignored some safety guidelines and safety equipment that lead up to the accidents. They tell how the accident has changed their lives, how it effects their job, their personal lives and what their attitude is toward safety now.

VCS 567

**Wheel Loader Operating Techniques 23 min.**
This video brings together the real-world lessons learned in many types of operating situations. Wide variety of machine brands and working scenes, correct operations on hills and rough terrain, side hill work dangers and slip or tip recovery, the dynamics of rollover accidents and night operations.

VCS 568

**Wheel Loader Walk Around and Introduction 15 min.**
This video will remind experienced operators and train new operators on the importance of the daily walk around inspection, and what they really need to be looking for.

VCS 569

**Traveling Alone in America 35 min.**
An informative and powerful video docudrama that captures the fears and dangers that women face every day while traveling. Video demonstrates simple life saving strategies/tactics to recognize and prevent dangerous situations.

VCS 570

**Make Your Home a Safe Haven 10 min.**
This video alerts you to common safety hazards that could be present in your home and includes tips to help you eliminate them.

VCS 571

**Surveying Safety Highway - Work Zone Safety 10 min.**
Describes some of the important hazards surveyors face as they work in every phase of construction, from pre-con to post con, both inside and outside the work zone.
VCS 572

**Plant Site Safety - Highway Work zone Safety 10 min.**
This video covers some of the safety hazards in permanent and portable ACC, PCC bulk plant and crushing operations. It shows what to watch out for if you are a pedestrian on the ground, a crane operator, or a truck driver traveling between the plant and construction sites.

VCS 573

**Structures Safety Highway 12 min.**
This video covers some of the typical hazards around the construction of bridges and culvers, with emphasis on falling, falling objects, and crane hazards.

VCS 574

**Grading Safety – Highway Work Zone Safety 14 min.**
Video covers some of the safety hazards you will find on typical grading sites, from clearing and grubbing to final grading. Emphasis is on personal responsibility for safety and awareness of the hazards.

VCS 575 and DVD

**Safety: the Good fight 15 min.**
High-impact video that tells the tragic story of Patrick Hayes, a young man killed in an avoidable, on-the-job accident. Through interview, it covers how the death affected his family, how the accident occurred and how every employee can make the right decisions about his or her safety and the safety of co-workers, resulting in a safe workplace for all.

VCS 576

**Flagging: You’re The Director 17 min.**
Help your employees understand OSHA/FHA, requirements of MUTCD and what it takes to keep themselves, drivers and pedestrians safe. Make sure your flaggers are properly trained.

VCS 577

**Safety Is No Accident: A Video Guide to Chain Saw Safety Highlights 21 min.**
How to avoid kickback, proper use of safety tips, and importance of buddy system. Safe techniques for climbing, bucking and pruning. Personal safety equipment, demonstrations of chaps, goggles, ear plugs, hard hats, etc.

VCS 578

**Bloodborne Pathogens: Everyday Heroes, Everyday Risks 11 min.**
Practical information about bloodborne pathogens for non medical personnel.

VCS 579

**Occupational Dog bite Safety Video “2002” 20 min.**
This video is a must for any employee that comes in contact with dogs while working. Covers canine behavior, reading a dog, how to approach a yard safely, and much more.

VCS 580

**Fire Safety – Spanish 15 min.**
Fire prevention video identifies different types of fires and how to eliminate potential fire hazards, toxic, chemical and electrical fires. Shows types of extinguishers and how to use housekeeping methods to prevent fires. Covers building evacuations and first aid methods for smoke inhalation and radiant heat.

VCS 581

**Working Safety in Hot Environments – Spanish 15 min.**
Shows viewers how to prevent and respond to various heat-related problems by using prevention techniques; how to recognize the signs and symptoms of heat stress; and what first aid procedures to administer when assisting victims of specific heat-related illnesses.

DVD 582

**Construction Safety Essentials 23 min.**
This production will help reduce or even eliminate the risks involved on site. It covers essential such as housekeeping, working at height, excavating and public safety. It also examines subjects often taken for granted, such as working in the elements and manual handling.
**DVD 583**

**Winter Driving: When the rules Change 16 min.**
This DVD illustrates the importance of adjusting our driving techniques when winter rolls around. Also includes a powerful interview with a woman who was involved in a fatal wintertime crash – an event that changed her life forever.

**DVD 584**

**The Birthday Wish 5 min.**
This DVD will make employees think before taking short cuts in safety.

**DVD 585**

**ABC’s of Your Personal Fall Arrest System 15 min.**
Safety when working above the ground.

**DVD 586**

**Distracted Driving At What Cost 15 min.**
This DVD includes a two car crash that is investigated and shows how each driver was distracted leading up to the crash.

**DVD 587**

**Kids Do It….Naturally Child’s Play 10 min.**
This DVD shows proper lifting techniques using children who do it naturally.

**VCS 588**

**Self-Help Heimlich 5 min.**
This Safety Shorts video describes how to self-administer the Heimlich maneuver.

**VCS 589**

**A Lift For Safety 5 min.**
Overviews the proper procedures for personnel lift baskets.

**VCS 590**

**The Signal 5 min.**
This video explains the importance of knowing and understanding the standard hand signals for crane operation. Anticipating the crane’s next move is a step toward individual safety.

**VCS 591**

**Safety Programs 5 min.**
This video reminds us that both employers and employees share an equal responsibility for making sure safety programs work.

**VSC 592**

**Asbestosis 5 min.**
Breathing asbestos fibers can lead to a life-threatening condition know as asbestosis. The video looks at this disease and emphasizes the importance of wearing the proper protective gear.

**DVD 593**

**Heat Hazards 17 min.**
The program aims to increase people’s awareness of heat hazards in the workplace by identifying specific heat related hazards and examining a range of engineering and administrative controls, as well as individual behaviors, that can reduce the risk of heat related illness and injuries.

**DVD 594**

**ABC’s of Your Personal Fall Arrest System – Spanish 15 min.**
Safety when working above the ground.

**DVD 595**

**The Line of Fire – Spanish 13 min.**
This program discusses many workplace hazards and outlines general principles that can help employees prevent these hazards from causing serious injuries and deaths.
DVD 596

Avian Flu – What You Need to Know 13 min.
This program covers: How serious is the risk, how is the virus transmitted, symptoms of infection and how to avoid exposure and protecting families.

DVD 597

LOCKOUT / TAGOUT – Affected Employees – 23 min.
This program presents information to those employees who are not directly working with the lockout/tagout process. Your affected employees will learn: Lockout/Tagout definitions; Situations that require lockout/tagout procedures; How to recognize the various types of lockout devices; An overview of safe lockout/tagout procedures; Their role in the lockout/tagout process.

DVD 598

Bucket Trucks: Extending Your Safety English/Spanish  15 min.
This is a vital program that will help keep your bucket truck user safe. Pre-trip and pre-lift inspections, vehicle maintenance and proper fall protection are a few of the areas covered in this DVD.

VCS 599

A Bit About Backs: Prevention Strategies 14 min.
Learn practical methods for maintaining a healthy back.

VCS 600

Know Your ABC’s – Fire Extinguishers 5 min.
This video explains which type of fire extinguisher to use on each different type of fire.

VCS 601

Thermal burns 5 min.
This video is about the proper first aid procedures to follow in treating burns prior to EMT’s arriving on the scene.

VCS 602

Electrical Burns 5 min.
The biggest danger in treating victims of electrical burns is shock hazards to the rescuers’. This video covers this and all the basic precautions of initial treatment of electrical burns.

VCS 603

Hearing the Good Things in Life 4 min.
This video uses humor to make a point. Wearing hearing protection pays.

VCS 604

A Foot Closer to Safety 5 min.
This video covers the necessity for wearing proper foot protection. It highlights the basic types of safety shoes and the situations to use each design.

VCS 605

HazCom – An Overview 5 min.
This video gives a quick reference guide to Hazardous Communication requirements. It’s designed to be an introduction to Haz-Com requirements, labeling and material safety data sheets.

VCS 606

Murder on Your Hands 5 min
Spam Sade investigates and resolves hand injury increases at the Acme companies. To cut hand injuries he recommends, “Wear the proper glove.”
VCS 607

**Warehouse Safety  9 min.**
This video contains good information about forklift operation and forklift safety in the warehouse. Also has some general warehouse safety information.

VCS 609

**Backing Safely  12 min.**
This video offers practical safety information to help eliminate backing collisions: Tips to avoid backing, specific steps for a safe back, procedures for backing with a helper and procedures for backing with a trailer.

VSC 610

**Charging Up on Battery Safety  5 min.**
Batteries can be more dangerous than you think and should be treated with respect and in accordance with proper safety procedures presented in this video.

VCS 611

**Good Safety is Good Business  5 min.**
This video shows that safety is good business, both for the employers and employees. Safety holds down costs, keeps business more competitive and protects people and jobs.

VCS 612

**Housekeeping – General Work Space  5 min.**
This video covers the need to keep our work space clean and organized. Proper housekeeping is one of the first steps in maintaining efficient and safe working conditions.

VCS 613

**Personal Work Space  5 min.**
This video explains that safe work practices can be just as important in an office as in any other area of industry. It reviews good personal work space housekeeping habits.

VCS 615

**Beating a Blowout  5 min.**
This video explains how to handle your vehicle in case of a tire blowout.

VCS 616

**Where Are Your Hands?  4 min.**
This video tape reminds workers to ask themselves, “Where are my Hands”. Information on hand safety.

VCS 617

**Heads Up For Safety: Overhead Dangers  5 min.**
Be aware, stay awake, and keep looking up! The opportunity for an accident is everywhere. One of the least common places to expect one is from overhead. Reminds workers protect their heads with proper PPE, and to be aware of their surroundings.

VCS 618

**Car Jacks  5 min.**
This video overview the proper procedures for using a car jack safely.

VCS 619

**Chains and Safety  5 min.**
This video describes proper chain safety and maintenance, and cites helpful hints for avoiding accidents.

VCS 620

**Self Help for Back Pain  6 min.**
An understanding of what causes most back injuries and the application of a little common sense and a lot of caution go a long way toward prevention. Simple back exercises to be done on a regular schedule are demonstrated in this video.

VCS 621

**Hard Hats – Hard Heads  5 min.**
Video centers around first aid for head injuries. Head injuries that could be avoided by wearing a hard hat.
VCS 622

**Judge, Jury & Executioner  5 min.**

Video brings home the fact that the ultimate responsibility for safety lies with each individual. Daily choices about safety matters effect not only that day of our lives. A must see for general safety consciousness.

VCS 623

**Up in Smoke  4:49 min.**

Flammable liquids are a part of most work environments and it is up to the worker to take proper precautions for both usage and storage. This video serves to remind everybody to be responsible and demonstrates responsible procedures.

VCS 624

**Heat Can Kill  5 min.**

Heat strokes and heat exhaustion are ever present in hot environments. This video covers the signs of heat strokes or exhaustion and how to handle its victims.

VCS 625

**Handling the Heat  5:21 min.**

Heat exhaustion is a serious problem in many industries. This video offers recommendations for individual safeguards to eliminate or reduce the hazard. It demonstrates proper clothing for various hot environments and reminds the worker about the need for liquids and rest.

DVD 626

**Arc Flash Safety Awareness English/Spanish  18 min.**

Teach your workers how to stay safe while keeping their co-workers and the workplace safe as well with the information in this program drawn from NFPA 70E. This program covers the three hazards encountered by those who work with or near electricity – electrical shock, arc flash and arc blast.

DVD 627

**Ladder safety – 12 min.**

Falls represent the largest single cause of accidental death in the workplace. About 40% of these falls result in falling from one level to another. Many from ladders and scaffolds. Many of these falls are serious, but more importantly, many could have been avoided if safety procedures were followed.

This program looks at the selection and safe use of ladders in the workplace and also looks at the safety involved when using rolling scaffolds.

The following areas are covered:

- Step Ladders, Straight Ladders, Extension Ladders and Rolling Scaffolds
- General Maintenance
- Selecting the Right Ladder
- Safe Angle
- Lifting and Carrying of Ladders
- Erecting Ladders
- Securing of Ladders
- Safe Position of Ladders
- Working on Ladders

This program has been designed for general training for all personnel who use ladders.

DVD 628

**Substance Abuse in the Workplace  10 min.**

Shows how individual drug use could affect work conditions for everyone, warning signs of drug use, how employees could help, and the benefits of a drug-free environment.

DVD 629

**Ready Response: Sexual Harassment  15 min.**

Shows how to recognize and prevent sexual harassment and tells how to handle sexual harassment claims.

DVD 630

**Aerial Platform Operator Training**

Aerial Platform safety training information.
VCS 631

Cocaine: The Ticking Clock – 5 min.
Each year, drug abuse costs American business more than $100 billion. This video encourages workers to adopt a policy of zero
tolerance to cocaine in the work place.

VCS 632

Handgun Safety - 5 min.
Every year a huge number of Americans will die as a result of handgun accidents. This video describes a few simple but important
rules for handgun safety.

VCS 633

Who’s The Boss – 5 min.
In a work environment where safety and profit depend on clear thinking, drug use cannot be tolerated. This video reminds us not to let
drugs run our lives.

VCS 634

Just a Little Nip – 5 min.
This video reminds us to be aware and take responsibility for alcohol abuse in the workplace.

VCS 635

No More Mr. Mean Screen – 5 min.
This video discusses the ergonomics of working with computers.

VCS 636

The History of Asbestos 5 min.
Asbestos, one widely used, has been linked to a number if illnesses. This video outlines the historical uses of asbestos and overviews
its status in industry today.

VCS 637

Repetitive Strain Injuries 5 min.
Repetitive strain injuries are an ever increasing occupational hazard. This video demonstrates a few ways to prevent these injuries.

VCS 638

Forklift Safety  5 min.
One of industry’s most useful tools is the forklift and potentially one of the most dangerous. This video provides a checklist to ensure
forklift safety.

VCS 639

The welding torch can be one of the most dangerous tools on any job site. This video outlines the proper precautions to take when
using a welding torch.

VCS 640

A Matter of Degree – Part II – 5 min.
Welding torch safety is an all-consuming process. This video outlines the proper procedures for the safe assembly, operation and
storage of welding torch heads.

VCS 641

Cutting It Short – Part 1 - 5 min.
Mowing the yard can be dangerous if the rules of safety are neglected. This video parodies the TV classic Dragnet as a reminder of
always practice safety when using a power mower.

VCS 642

Cutting It Short – Part II - 5 min.
Riding lawn mowers can be dangerous, even deadly when safety is ignored. This video takes viewers on a journey through a Twilight
Zone parody to stress riding mower safety.
Lyme Disease – 5 in.
Lyme disease is a serious illness, transmitted through the bite of a tiny tick. This video shows how to recognize its symptoms and outlines how it can be prevented.

Diet Right – 5 min.
Obesity is a condition affecting a large number of adult Americans. This video examines the importance of managing your diet for a longer, healthier life.

Exercise Your Heart – 5 min.
Regular aerobic exercise can make a big difference in your quality of life. This video illustrates proper warm-up, dynamic and cool down procedures.

Protecting Against Aids in the Workplace – 5 min.
The deadly AIDS virus can be passed along from a worker who is injured and bleeding. This video suggested a few ways to safely administer first aid to a bleeding victim.

Falls – 5 min.
This video examines the causes of falls and lists a few ways they can be avoided.

Once Too Many – 5 min.
When entering a confined space, a few basic safety procedures will ensure a healthy exit. This video outlines the rules for entering a confined space.

Tag You're It -5 min.
Shutting down and locking out machinery prior to making repairs is an important safety procedure. This video emphasizes the necessity of Lock Out/Tag Out.

Finger injuries, even minor ones, can impair our ability to work productively. This video reminds us that, with proper gloves and a little safety awareness, finger injuries can be avoided.

Fueling A Machine – 5 min.
Although a simple procedure, refueling a machine can be dangerous. This video serves as a graphic reminder that creativity in the workplace is no substitute for safety.

Danger: Hazardous Duty - 5 min.
Hapless Hal learns a few important lessons about safety while working in loading docks and warehouses.

A Shocking Experience – 5 min.
Electrical hazards pose a danger at home as well as in the workplace. This video reviews proper safety precautions for working with electricity.

Indoor Air Pollution – 5 min.
Usually thought of as an outdoor problem, air pollution is also a common hazard indoors. This video explains the sources of indoor pollutants and lists a few steps for solving the problem.
VCS 655

**Lone Driver – 5 min.**
An open car window or door is often an invitation to crime. This video provides some basic guidelines to follow to ensure safety when driving alone.

VCS 656

**Home Safety: Past, Present and Future – 5 min.**
Each year many deaths occur in the home, mostly the result of falls, burns or accidental poisonings. This video reminds us to be aware of potential dangers during everyday activities.

VCS 657

**Protective Equipment – 5 min.**
Personal protective gear – hard hats, goggles, gloves and other equipment – does no good if it isn’t worn. This video emphasizes the importance of dressing for safety.

VCS 658

**A Shock to the System – 5 min.**
The shock that often accompanies a serious injury can be just as deadly as the injury itself. This video outlines the symptoms of shock and reviews the proper treatment.

VCS 659

**Destination Safety: Part II – 5 min.**
This is part two of a two part video explaining that safety is a state of mind. Uses the gum shoe detective for a look at home safety.

VCS 660

**The First Few Minutes – 5 min.**
When an office fire strikes, every second counts. This video emphasizes the importance of proper planning and knowledge of safety procedures in case of fire.

VCS 661

**Back/Lifting Safety (Safety Shorts) 5 min.**
Backaches are second only to colds and flu as a cause of lost work time in the U.S. One major cause of backaches in the white collar work force is improperly adjusted chairs. This film discusses office chair adjustment.

VCS 662

**The Heimlich Maneuver (Safety Shorts) 5 min.**
The Red Cross approved training in this video may possibly prevent a death by suffocation due to choking. The tape shows how to recognize the symptoms of choking and how to perform the Heimlich Maneuver on the victim.

VCS 663

**Destination Safety – Part I (Safety Shorts) 5 min.**
This part one of a two part video explaining that safety is a state of mind. The information is presented by a 1940’s gum shoe detective.

VCS 664

**Worker’s Enemy Number One (Safety Shorts) 5 min.**
One fourth of all injuries on the job involve the back – pulled muscles, slipped discs, pinched nerves. This tape shows how to avoid these lifting problems through common sense approaches that can be adapted to almost any workplace.

VCS 665

**Dreams Into Nightmares – (Safety Shorts) 5 min.**
This video drives home the point that without considering Safety Planning and Safety Consciousness all of our dreams could turn into nightmares through one careless action.

VCS 666

**Watch Your Load (Safety Shorts) 5 min**
The load in your own vehicle may be a major hazard to driving safety. This tape cautions against haphazard loading and unrestrained cargo in every sort of vehicle, then demonstrates some proper loading and load securing techniques.
VCS 667  
**Stop The Bleeding (Safety Shorts) 5 min.**
No step in first aid treatment is more critical than stopping the bleeding. This tape explains why and gives demonstrations on various techniques recommended for stopping bleeding and warns against some common procedures such as tourniquets.

VCS 668  
**Slag Injuries to the Eye: It Can Happen to You (Safety Shorts) 5 min.**
Slag in the eye can be prevented with protective eyewear. If an injury does occur, however, it must be treated properly to avoid further damage.

VCS 669  
**Fighting the Strain – Ergonomics (Safety Shorts) 5 min.**
An introduction to the developing science of ergonomics and a demonstration of how simple awareness of need can lead to some “common sense” solutions to the physical strain of repetitious movements or extended periods of body positioning required by many tasks in the workplace.

VCS 670  
**Back Safety: Belt Use (Safety Watch) 7 min.  1995**
Provides basic information about back safety belts and their uses.

VCS 671  
**Protective Clothing (Safety Watch) 12 min. 1996**
Tape shows different levels of personal protective equipment with examples. Covers helmets, gloves, suites and boots. Explains different levels of protection and what is needed for each.

VCS 672  
**Ergonomic Tools (Safety Watch) 13 in.  1996**
Using “Tim the Tool Man” format covers different types of ergonomic hand tools.

VCS 673  
**Hazwoper: Role of the First Responder (Safety Watch) 9 min.  1996**
Information on Hazcom and what the First Responder must know and do when responding to an event.

VCS 674  
**Fire Prevention (Safety Watch) 14 min.  1995**
Using “Ace Ventura” format gives examples of good fire prevention policies.

VCS 675  
**Job Safety Analysis (Safety Watch) 17 min.  1996**
Using the “Hollywood Squares” format explains what job safety analysis is and how important it is to have job safety analysis sheets. Also tells you what information needs to be listed.

VCS 676  
**Lockout/Tagout: A Life is on The Line (Safety Watch) 6 min.  1996**
Good information on the importance of Lockout/Tagout for all energy sources.

VCS 677  
**Traffic Safety (Safety Watch) 8 min.  1996**
Good basic traffic safety and driving information.

VCS 678  
**Bicycle Safety Camp (tipp) approx 25 min.**
Works for all grade school kids, and is especially right for beginning bicyclists from 5 to 9 yrs. old

DVD 678  
**Contractor Safety: It’s Everybody’s Business (Coastal) 20 min. 2005 English/Spanish**
This helpful program informs employees about the hazards they face on worksites with multiple “bosses” and the steps they can take to reduce the risk of accidents.
DVD 679  
**Asbestos in Construction 26 min. (Coastal) 2004 English/Spanish**
Designed to help you comply with OSHA 1926.1101, this program gives construction workers and anyone who comes in contact with building materials a full understanding of how to deal with asbestos exposure.

DVD 680  
**HazCom for Construction 11 min. (Coastal) 2006 English/Spanish**
By understanding the Hazard Communication Standard (HazCom) outlined in this program, the dangers of working around chemicals can be effectively controlled.

DVD 681  
**Scaffolds: Safety at All Levels 16 min. (Coastal) 2005 English/Spanish**
Covers Preassembly inspection, Assembly, Safe work practices and Fall protection.

DVD 682  
**Trench Emergency 14 min. (Coastal) 2006 English/Spanish**
Covers shoring and shielding, examines an actual cave-in and preparing for the rescue team.

DVD 683  
**Construction Forklifts: Extending your Reach 14 min. (Coastal) 2005 English/Spanish**
Covers lifting principles, start-up and walk-around inspections, moving a load and safe work practices.

DVD 684  
**High-Impact Hand Safety 12 min. (Aurora)**

DVD 685  
**High-Impact Hand Safety – 18 min. Spanish (Aurora)**
Covers: Understanding and using guards, interlocks, selecting & using hazard-specific gloves, hand tools and avoiding hazards & accident-causing behavior, clothing, housekeeping, inattention, complacency, alcohol/drugs and short cuts.

DVD 686  
**What Would You Say 17 min. (Aurora)**
This DVD helps us learn to effectively communicate with our co-workers when we see them behaving unsafely. It focuses on easy to use communication techniques including: Be positive, show that you are concerned about their safety, explain the consequences of the hazard or unsafe behavior and be specific with your comments. Also helps us learn to respond in a positive ay if someone is pointing out our unsafe actions.

DVD 687  
**Static Electricity 13 min. (Aurora)**
This DVD aims to increase people’s awareness of static electricity and its potential to result in serious accidents and injuries. It is designed to provide people with a practical understanding of static electricity and how it can be controlled.

DVD 688  
**Eye Protection 19 min. (aurora)**
This DVD provides information on the essential facts and principles of eye safety in the workplace. It looks at the eye hazards that could exist in an average workplace, and how these hazards can be controlled to reduce the risk to individuals’ eyes.

DVD 689  
**Lifting it Right  24 min. (NSC)**
A guide to safe auto lifting.

DVD 690  
**Eye Protection – See the Whole Picture (Coastal) English/Spanish 20 min.**
This DVD covers the importance of proper eye protection with a detailed look at PPE eyewear and a discussion of how eye injuries can be avoided, as well as the emergency procedures to be followed if an accident occurs.
DVD 691

*The Life of Fire – English (Aurora) 14 min.*

This program discusses many workplace hazards and outlines general principles that can help employees prevent these hazards from causing serious injuries and deaths.

DVD 692

*Forklift Basics: Safe From the Start (Coastal) 22 min. English/Spanish*

Provide operators with the fundamental that will help them identify basic forklift structure and design, understand factors that affect balance and maneuverability and perform a comprehensive pre-lift inspection.

DVD 693

*MSDS: Read It Before You Need It (Coastal) 19 min English/Spanish*

This program helps your employees use and understand the MSDS to control chemical hazards in your facility.

DVD 694

*PPE: don’t Start Work Without It (Coastal) 13 min. English/Spanish*

Teach employees to wear the right PPE for each job and use it correctly. It focuses on the various forms of PPE and how they can be used to protect different parts of the body.

DVD 695

*Hearing Protection: Sounds Good To Me (Coastal) 14 min. English/Spanish*

How humans hear, the PPE equipment that is used to protect the ears, and the effect of noise on the ear are all covered in this program. Your workers will understand why proper hearing protection is of paramount importance to protect their ears from harmful noise.

DVD 696

*Confined Space Entry: Permit Required (Coastal) 21 min. English/Spanish*

Protect your workers from the dangers of working in a confined space and be sure you are in compliance with OSHA 1910.146; it reviews the details on how to prepare a confined space entry permit and the best way to train a confined space entry team.

DVD 697

*Warehouse Safety: It’s No Mystery (Coastal) 22 min. English/Spanish*

This program makes you aware of the most common hazards in warehouses and how to correct them.

DVD 699

*Welding Safety: Safe Work with Hotwork (Coastal) 18 in English/Spanish*

This program provides detail on pre-planning, personal safety, work area safety and equipment safety to prevent hotwork accidents.

DVD 700

*Powered Low-Lift Trucks (Walkie & Walkie/Rider Safety (Coastal) 17 min English/Spanish 2004*

This program review training for the powered low-lift trucks that are commonly known as walkies and walkie/riders. It helps transporter, pallet truck and platform truck drivers comply with the OSHA ruling (1910.178), which includes low-lift trucks.

DVD 701

*OSHA Recordkeeping: True to Form (Coastal) 31 min. English/Spanish 2004*

OSHA revised its recordkeeping system in 2004. This program provides an important overview of the changes for safety directors and supervisors, safety committee members, human resource managers and all others responsible for safety and insurance paperwork.

DVD 702

*Fire Extinguisher: Your PASS to Safety (Coastal) 9 min. English/Spanish 2004*

This program focuses on the types of fire extinguishers available and how to use them. It covers: classes of fire, extinguisher to use for Class A, B, C and D fires, PASS procedure for operating a fire extinguisher and when to call the fire department.

DVD 703

*Hexavalent Chromium Awareness (Coastal) 17 min. English/Spanish 2007*

OSHA has revised its standard concerning permissible exposure limits for HexChrom. Make sure your workplace is up to date and your workers are aware of the risks of exposure as well as the health hazards associated with HexChrom. Protect your workers from lung cancer, permanent eye damage and skin ulcerations with this new program. Covers: new regulations, exposure monitoring, respirator use, PPE, importance of proper housekeeping and recordkeeping.
DVD 704
**Ergonomics: Solving the Puzzle (Coastal) 15 min. English/Spanish 2007**
This program will help you create a safe working environment for your employees that will reduce injuries, worker’s compensation costs and lost workdays due to SDs. Covers: creating a successful ergonomics program, changing your workplace and reducing RMIs.

DVD 705
**Respiratory Protection: Another World (Coastal) 19 min. English/Spanish 2007**
Help workers avoid exposure to hazardous airborne substances and keep your facility in compliance with OSHA 1910.134. This DVD is full of information about respirator use and maintenance. Covers: OSHA’s respiratory protection standard, hazardous atmospheres, types of respirators and fit testing.

DVD 706
**Solvents (Safety Care) 7 min. English**
Solvents are used in every workplace to some extent or other. This program covers: an introduction to solvents, the physical characteristics of organic solvents, potential health issues associated with the use of solvents, management of solvents in the workplace and personal protective equipment.

DVD 707
**Careless Keystrokes Can Kill (IOSS) 14 min. English 2005**
Secretary of Defense makes a top secret visit to Bagdad, but due to careless e-mail chatter and electronic communication, his life is in danger. Learn how to protect your organization through operations security techniques utilized by the U.S. Military.

DVD 708
**Operation Safeguard: Hard Target (IOSS) 14 min. English 2004**
Dramatization of an Intelligence Officer with the U.S. Military recalling days of captivity in a foreign land. Lessons learned from careless security procedures and a lack of understanding in regards to the enemy’s technological ability in accessing governmental & private information.

DVD 709
**Operation Safeguard: The Assessment (IOSS) 54 min. English 2006**
Fictional depiction of a potential threat to the United States, and concerns of U.S. personnel living and working abroad. Technical and security operation weaknesses are identified and then rectified, in order to stop a terrorist attack on a U.S. aircraft carrier.

DVD 710
**Think Like the Wolf: Applying OPSEC to Military Operations (IOSS) 17 min. English 2003**
Evaluate your security operations just like your adversary would – *Think Like the Wolf*. DVD goes through the military’s 5 step operations security (OPSEC) method that you should utilize to protect your business.

DVD 711
**Applying OPSEC to Criminal Investigations (IOSS) 2001**
Utilizing the military’s 5 step method towards operations security (OPSEC) in civilian criminal investigations.

DVD 712
**An Introduction to OPSEC (IOSS) 2006**
Utilizing the military’s 5 step method towards operations security (OPSEC)

VCS 713
**OPSEC: The Art of Working Together (IOSS) 18 min.**
Dramatization of how primate business can utilize the military’s 5 step method of operations security (OPSEC) to protect their information and product knowledge from competitors.

DVD 714
**Child’s Play in The Office (SafetyCare) 2004 5 min.**
This program looks at the day to day lifting and carrying tasks that occur in most office environments, and uses children to demonstrate how best to avoid injuries. Childs Play in the Office delivers the powerful yet simple message that correct lifting and carrying techniques are essential if injury is to be avoided.
**DVD 715**

**Safety Essentials (SafetyCare) 15 min.**
This program has been produced to explain the “Safety Essentials” of workplace safety. It identifies what the essentials are, why it is important to keep them in mind, the reasons behind them, and how a good understanding of these “Safety Essentials” can help in preventing serious workplace accidents.

**VCS 716**

**Burns (SafetyCare) 18 min.**
A severe burn is not only life threatening but it can also have profound effects, not only on the victim, but also the victim’s family. This program examines the general principles of first aid treatment for burns victims.

**DVD 719**

**CPR Cardiopulmonary Resuscitation (Safetycare) 16 min.**
This DVD looks at the technique for performing CPR on adults, in accordance with the current resuscitation guidelines. Covers Basic life support procedure, how to conduct CPR on an adult casualty, how to deliver rescue breaths, how to deliver chest compressions, how to use a Automated External Defibrillator (AED), CPR with two rescuers and rescuer health and hygiene.

**DVD 720**

**Preventing Slips, Trips and Falls (Safetycare) 9 min.**
This program looks at all the key hazards associates with slips, trips and falls, including: good housekeeping practices, signposting and barricading, correct use of equipment and furniture, proper maintenance, appropriate footwear and correct use of step stools and stepladders.

**DVD 721**

**How to Use the Chlorine Institute Emergency Kit “B” for Chlorine Ton Containers 2006**
Covers what to do in a chlorine emergency where leaks occur on a chlorine ton container and the proper uses of tools and devices in the Emergency Kit B.

**DVD 722**

**Safe Operation of Overhead Cranes (Safetycare) 18 min.**
This program looks at the safe operation of overhead cranes and details the five major steps to ensure their safe use: Pre-operational checks, Operational checks, Planning the lift, Operational rule and Shutdown procedure.

**DVD 723**

**Safe Handling of Gases (Safetycare)**

**DVD 724**

**Managing Stress Before It Manages You (Briefings) 30 min.**
This DVD gives ways to identify and overcome the three major sources of workplace stress, reach an ideal balance between work life and home life, prevent workplace anxiety, battle stress using the A-T-T-A-C-K method, dramatically improve your focus and more.

**DVD 725**

**Solving People Problems On the Job (Briefings) 26 min.**
This DVD includes dozens of powerful ideas on how to handle conflict successfully. Applying the “Ten Guidelines for Affecting Behavior changes” to these concepts will give you and your staff the power to handle workplace conflict with ease.

**VCS 726**


**VCS 727**

**An Employee’s Guide to Working with Hazardous Materials – English (NSC) 15.36 min.**

**VCS 728**

**Office Ergonomics – (Cox Media) 18.5 min.**
Work station adjustments to prevent muscular skeletal stress
DVD 726
Crash Course: What to Know Before and After a Collision (BBB) 62 min. 2004
Crash Course is divided into 3 sections: Before the Collision, At the Scene, and After the Collision. Featuring interviews from national traffic safety experts, EMT’s, insurance specialists and attorneys. The program shows how to avoid the most common causes of collisions, provides information you must know at the scene of a collision and advises how to deal with the consequences of a collision.

DVD 727
Fatigue at Work (Safetycare) 11 min.
DVD covers a definition of fatigue, causes of fatigue, work-related and non work-related factors contributing to fatigue, the effects of fatigue, hazards and consequences, control of fatigue hazards and the role of the individual.

DVD 728
On The Road: The Lighter Side of Lifting (Aurora) 22 min.
This DVD effectively combines safety with reality in regard to lifting and presents information in a light and easy to understand format. The emphasis is on lifting better, instead of right or wrong. Learn how to effectively problem solve in a variety of lifting situations. This program is a great tool for any back injury prevention process.

DVD 729
Violence on the Job (NIOSH) 27 min. (2004)
DVD discusses practical measures for identifying risk factors for violence at work, and taking strategic action to keep employees safe.

DVD 730
Working with Stress (NIOSH) 17 min. (2002)
Describes workplace factors that can create or exacerbate worker stress, and suggests practical measures for reducing job-related stress through changes in work organization.

DVD 731
Disc # 1 - Respirators: Your TB Defense designed to educate health care workers on proper respiratory protection.
Disc # 2 - TB Respiratory Protection: Administrator’s Review takes you step-by-step through developing a respiratory protection program for tuberculosis.

DVD 732
Arc Flash Awareness (NIOSH)

DVD 733
Manual Handling (SafetyCare)
Manual handling includes lifting, holding, pushing, pulling, shifting and lowering. In fact, any form of human exertion could be included – with our without the use of mechanical aids. Program covers: Detailed description of manual handling, the problems and how injuries are caused, the types of injuries and steps to deal with manual handling.

DVD 734
OR Surgical Fire Training (HC PRO) 20 min. (2004)
Cutting-edge information and best practices on how to suppress different types of fires, conduct exercises to ensure continuous OR fire readiness, and incorporate OR fire safety methods into existing OR processes.

DVD 735
Cuts and Bleeding (Safetycare) 9 min. (2008)
Good First aid reminder and bloodborne pathogen, DVD, has good step by step instructions.
DVD 736

**The First Step (Aurora) 5 mins. (2009)**
This is the story about how one wrong step; one wrong action can change your life forever. This story will help your employees realize that the first step to no being injured, is knowing that you can be injured. Powerful and well done.

DVD 737

**Bad Things Happen (Warren Dist)**
This short DVD is about a high school senior, very good student, etc. She was involved in an accident at an intersection; she was not paying attention and ran a red light. The person she hit died.

DVD 738

**Safety Videos 2005-2009 (CSB) 2009**
This DVD by the U.S. Chemical Safety Board informs industry, workers, and the public about the causes of chemical accidents and recommended practices to prevent them.

DVD 739

**Accident Investigation (Aurora) 13 min. (2009)**
Shows employees steps that are taken in an Accident Investigation, and highlights how important it is for employees to fully cooperate with any inquiry. It also points out that while an investigation’s focus is to determine the cause of an accident, the overall goal is to prevent similar accidents from happening again. Areas covered in the program include:

* The goals of an accident investigation.
* Securing an accident scene.
* "Root-cause" analysis.
* The importance of investigative interviews.
* Assisting in an accident investigation.
* The importance of warning signs in accident * Reporting the "near misses".
* The role of policies, equipment and training on accident prevention.

DVD 740

**Dealing with Drug and Alcohol Abuse… for Employees – (Aurora) 19 minutes**
Discussues the various types of substance abuse that are found in the workplace, how they can affect an employee's work situation and what employees themselves can do to help keep their workplace drug and alcohol free. The videotape/DVD program includes information on:

* How substances are typically abused by employees.
* Alcohol and other depressants, and their effects.
* Stimulants, narcotics and hallucinogens, and their effects.
* How people get "hooked" on drugs and alcohol.
* Drug dependency.
* Alcohol and drug policies.
* Helping employees overcome substance abuse.

DVD 741

**Emergency Planning (Aurora) 14 minutes**
Comply with OSHA, SARA title III and state regulations by reviewing:

* Components of an Emergency Plan
* Involving outside agencies
* Crisis Management Team

DVD 742

**Fire Prevention & Safety (Aurora) 12 minutes**
Teach employees the importance of preventing and dealing with fire emergencies:

* Causes of industrial and office fires
* Fire fighting tools including extinguishers
* Prevention, including good housekeeping
* Early detection, escape plans
DVD 744

Heat Stress – (Aurora) 12 minutes
Working in hot environments with strenuous physical activity causes heat reactions in the body. Teach workers how to protect themselves:
* Heat stress and its dangers
* Heat regulation in the body
* Eating, drinking & dressing to manage heat

DVD 745

Lockout / Tagout: When Everyone Knows (Aurora) 17 minutes
This dramatic video will help you comply with 1910.147 by explaining critical lock-out/tag-out procedures. The program contains dramatic reenactments and wrong way/right way scenarios that clearly illustrate the importance of energy control and proper procedures.

DVD 746

Hand & Power Tools Safety (Aurora) 17 minutes
Hand and power tools are used every day in many types of business. They make our work easier and allow us to be more efficient. However, we often fail to see the hazards these tools present.

The training program "Hand and Power Tool Safety" shows how accidents can be significantly reduced by applying good general safety rules, and reviews what hazards are associated with the specific types of tools we use. Areas covered in the program include:
* Matching the tool to the job.
* The importance of "state of mind".
* Personal protective equipment.
* Good safety practices.
* Tool care and maintenance.

DVD 747

Safety Bob’s Construction Safety Orientation (Aurora) 21 minutes
With over 25 years of experience as a construction safety professional, Bob Synnett is dedicated to teaching new and inexperienced workers how to stay safe on the job. In this program, Bob stresses that construction work is dangerous and that each person is responsible for his or her own safety on the jobsite. He discusses a variety of safety issues that are vital in keeping construction workers from getting hurt on the job, including PPE, excavation & trenching safety, ladder & scaffolding safety, fall protection, electrical safety and the importance of a good safety attitude.

DVD 748

Needlestick Prevention (Aurora) 9 minutes
This program takes a comprehensive look at new regulations relating to needlestick prevention and examines techniques and engineering controls that, when utilized, can have a major impact on the reduction of these serious and possibly life-threatening injuries.

DVD 749

Elements of Back Care: Healthcare Version (Aurora) 16 minutes
This program will teach employees how to properly care for their backs and prevent injuries. Topics covered include:
* The basic function and design of the back.
* Body mechanics and movement.
* Various stretches and exercises.
* Proper techniques for patient movements and transfers.
BBP in Healthcare Facilities (Aurora) 27 minutes

Bloodborne diseases are a serious concern in the United States. "Hepatitis B" infects over 70,000 people annually, and has over one million "carriers" in the U.S. The HIV virus, which usually leads to AIDS, currently infects millions of people. Because of the increasing problems with these diseases, in 1991 OSHA passed a "Bloodborne Pathogens" regulation. Topics covered in this program include:

- Epidemiology and symptoms of bloodborne diseases
- Modes by which bloodborne disease is transmitted
- The Exposure Control Plan
- Recognition of exposure situations
- Practices to prevent exposure
- HBV vaccination
- Emergency procedures
- Signs and labels
- Selection and use of personal protective equipment

Bicycle and Pedestrian Safety Resource Guide (NSC)

Resource Guide and Laws Related to Pedestrian and Bicycle Safety (NHTSA)

Step to Safety with Asimo (NSC) 14 min.

Pedestrian Safety - Audience: Elementary / primary students; intended for ages 5-9. Covers stopping at curbs, looking left-right-left, crossing streets with parked cars, crossing at intersections, overview of traffic lights & signals, remember: always look yourself.

Reach Truck Safety (CLMI) 8.15 min.

Emergency Procedures (UPRR) 13.30

This video discusses procedures to be used in weather, medical, fire and evacuation in case of weather or bomb threats.

Fire Extinguisher Training and Use (The Training Network) 14:20

Basic overview on types of fires and the appropriate extinguishers to use for each.

What to do About Work Place Emergencies (The Training Network) 18:12

General information on what to do if natural, chemical, medical or fire emergencies develop. Basic safety planning, MSDS recordkeeping.

Winter Driving: When the Rules Change (Aurora Pictures) 15 minutes

This attention grabbing new 15-minute video dramatically illustrates the importance of adjusting our driving techniques when winter rolls around. Aurora's "famous" Larry character also appears in this video making one winter driving mistake after another; mistakes we can all learn from.

When the Rules Change also includes a powerful interview with a woman who was involved in fatal wintertime crash - an event that changed her life forever.

The video addresses:

- Vehicle preparation for winter
- Adjusting schedules for winter driving conditions
- Maintaining good visibility
- Winter driving techniques, including intersections, cornering, skid control, braking and slowing down
- Winter survival supplies and techniques
This winter driving safety video program was developed with a group of international experts. The film covers types of winter driving hazards with footage in real winter conditions around the country. Informs the viewer on recognizing hazards and avoiding accidents. This is an excellent film for those having to drive in winter conditions.

Emmy award winner Loretta Swit hosts this presentation of two highly requested NIOSH programs. Respirators: Your TB Defense is designed to educate health care workers on proper respiratory protection. TB Respiratory Protection: Administrator's Review takes you step-by-step through developing a respiratory protection program for tuberculosis.

“BINGE” – Hammered, Wasted, Plastered, Drunk (NET) 30 Minutes (2010)
It’s how binge drinkers end up after night of partying. And young adults who binge drink are now more likely to fight and get into automobile accidents. In “Binge” travel to a roadside memorial that marks the spot where a teenager died in a drunk driving accident. Though other teens involved in the accident were grief-stricken, losing a friend wasn’t enough to change the binge drinking behaviors of all of them.

In urban communities and rural areas, binge drinking at large parties and complaints from neighbors in college towns keep law enforcement officers busy. Follow young adults drinking too much, too fast. Hear from law enforcement, university officials and bar owners trying to change their lives before it’s too late.

“Chain Saw Safety, Maintenance, & Operation” (STIHL 2006) 63 Minutes
With STIHL’s new Chain Saw Safety, Maintenance and Operation video, you can benefit from supplementary, professional training. Whether a novice or experienced chain saw user, this video can benefit you in operating your chain saw. This award-winning one-hour instructional video is broken into four segments - safe operating procedures, personal protective equipment, preventive maintenance and proper cutting techniques.

“Cut-Off Machine Safety, Maintenance and Operation” (STIHL – 2007) 45 Minutes

“This new training video is not only for the new user, but also for the seasoned veteran.“ “The DVD is designed to help train users of all handheld cut-off machines to properly operate the equipment in a safe manner.”


“Distracted Driving: At What Cost? (Aurora Pictures – 2011) 9 min
There’s a lot of talk about this issue but most of us don’t realize how often we’re distracted while driving. A new study shows that up to 50% of crashes involve some sort of driver distraction. This new video helps us become aware of this increasingly dangerous behavior.

The video includes a two car crash that is investigated and shows how each driver was distracted leading up to the crash. It also includes an interview with a woman who was severely injured in a crash caused by a distracting cell phone conversation. Her parents also talk about how their entire family’s lives were changed by the crash.
Another Smash Hit portrays the dangers and probable consequence of Texting on cell phones while driving and in other situations. Using dramatic reenactments, scientific evidence and expert testimony from leaders in the field of Distracted Driving Awareness, this Educational Video is suitable for all audiences with emphasis on younger drivers.

The National Safety Council estimates that at least one million crashes—28% of the total—are caused each year by using cell phones and texting while driving. If you text and drive, a serious accident is inevitable. Twenty-nine states currently have laws in place regarding texting and driving.

Controlling Hazardous energy Sources Refresher (Aurora Pictures 2011) 8 min.

Every form of energy can be highly dangerous unless treated with respect and controlled properly. Understanding and controlling these hazardous energy sources in the workplace is critical to remaining safe while performing our many tasks each day. This program shows viewers the procedures they must follow to safely control hazardous energy sources when installing or servicing workplace equipment. Use for initial training when time is tight or for refresher training when needed.

Fall Protection in Construction Environments (Aurora Pictures 2011) – 12 min.

Falls are the second leading cause of death each year in the United States (after traffic accidents)! Over 10,000 people are killed every year as a result of falls...and 200,000 to 300,000 people are disabled. Eight-five percent of all falls that occur on the job result in "lost work time."

This video training program provides the information employees need to work safely when they are "off the ground", and assist in satisfying the major training requirements in the OSHA Standard on Fall Protection. Topics covered include:

- The consequences of falls in the workplace, Hazardous work environments,
- The safety "mindset”.
- Designing fall hazards out of the workplace.
- Proper housekeeping techniques.
- Protective measures.
- Protective equipment
- and more

Fire Prevention & Safety (Aurora Pictures 2011) – 12 min.

Teach employees the importance of preventing and dealing with fire emergencies:

- Causes of industrial and office fires
- Fire fighting tools including extinguishers
- Prevention, including good housekeeping
- Early detection, escape plans

Hazard Communication Training for Employees Refresher (Aurora Pictures 2011) – 11 min.

This program explains how employees can work safely with chemicals by understanding the key elements of your organization's Hazard Communication Program. In our jobs, we may work with chemicals that are hazardous, but we don’t have to place ourselves in danger. When armed with proper training and access to a chemical’s hazard information, each of us has the ability to work with or handle these chemicals in a safe manner. By following the Hazard Communication Program, reading chemical labels and Material Safety Data Sheets and following the safe work practices listed, workers create a successful formula for chemical safety. Topics include hazardous chemicals, routes of entry, chemical manufacturer labels, NFPA and HMIS labels, Material Safety Data Sheets and the Written Hazard Communication Program.
DVD 773
“Lockout/Tagout Training for Employees Refresher” (Aurora Pictures 2011) – 11 min.

Being around energy is a part of our daily lives and an important part of our workplace operations. High pressure steam, electricity, hydraulic and pneumatic systems, even the force of gravity are common forms of energy used to power our machines and processes. While energy is obviously useful, it can also be dangerous. Understanding how to properly control hazardous energy is one of the keys to workplace safety. This program reviews the procedures used to control this energy, commonly known as lockout/tagout. Topics include authorized, affected & other employees, energy control procedures and special lockout situations.

DVD 774

This video is designed to show the proper way to work with and operate a scissor lift. It covers several factors such as safe use and operation, maneuvering hazards, working near electricity, and body harnesses.

DVD 775
Forklift Safety for Experienced Operators – Refresher (Aurora Pictures) 12 Min.

Safe operation begins before the operator ever starts to drive the lift truck. It begins with the operator’s mental state of mind. Aimed at experienced operators, this program communicates the importance of operating a forklift in a professional and safe manner and creates an awareness and respect to the potential hazards they may encounter. It establishes that the forklift operator is responsible for their safety and the safety of the people around them. The program uses the analogy and dramatic footage of the Air Force Thunderbirds to capture the audience’s attention and convey this message. Forklift Safety – the Experienced Operator will motivate your drivers to use the operating skills and techniques they have been taught to prevent accidents and injuries.

DVD 776
Fall Factors: Preventing Slips, Trips & Fall Refresher – (Aurora Pictures) 12 Min.

Slips, trips and falls result in more than 15 million workplace injuries each year; and unfortunately, injuries related to falls are the second leading cause of on-the-job fatalities. Falls are also the third leading cause of disability among employees. The good news is that these mishaps can be prevented. By understanding how “fall factors” such as balance, gravity, friction and momentum contribute to these incidents, we can take preventative measures to prevent falls. That’s the purpose of this program--to prevent fall-related incidents by providing viewers with an understanding of the factors involved in every fall as well as the common hazards and unsafe actions that make a fall much more likely. Also reviewed are the techniques and safe work practices that we can use to control the factors that contribute to slip, trips and falls.

DVD 777
Safety Leadership for Everyone Refresher – (Aurora Pictures) 11 min.

Often the only difference between a world-class safety operation and a program struggling to move beyond regulatory compliance is the courage and willingness to put safety leadership into action. In this video, safety professional Tom Harvey discusses the traits that make a good safety leader. Several true-to-life situations in the workplace are used to illustrate his points. Stressed in the program is the fact that all of us can be safety leaders no matter what job or title we hold. Topics include connecting safety messages with actions, setting examples, why safety prizes often don’t work, recognizing safe actions of co-workers and employee-powered safety.
Dealing with Drug & Alcohol Abuse for Managers – (Aurora Pictures) 19 min.

Substance abuse is a huge, worldwide problem. In the United States alone there are over 50 million binge drinkers, 17 million illegal drug users and almost 15 million people who abuse prescription medications. Most substance abusers have jobs. In fact, it is estimated that one out of every ten workers has a substance abuse problem. An employee with an alcohol or drug problem can decrease productivity, create a hostile work environment and damage a company's good name. Worst of all, the actions of a worker who is "under the influence" can completely undermine a company's efforts to keep people safe.

The second in a two-part series on dealing with drug and alcohol abuse in the workplace, the training program "Dealing with Drug and Alcohol Abuse... for Managers and Supervisors" discusses the various forms of substance abuse that are typically found in the workplace, how managers and supervisors can detect substance abuse problems, and what they should... and shouldn't... do if they discover a worker with a substance abuse problem. The videotape/DVD program includes information on:

* How substance abuse can affect a workplace.
* Laws and regulations related to substance abuse.
* How to help create an alcohol and drug-free workplace.
* The role of education and testing in preventing substance abuse.
* Recognizing on-the-job substance abuse.
* How to handle substance abuse situations.

Tornadoes:  Be Prepared – (Aurora Pictures) 15 min.

Help employees become prepared for the uncontrollable power of tornadoes. This program helps employees understand the importance of taking lifesaving precautions and following proper procedures, including tornado alerts, safe versus unsafe locations, following your company's emergency plan, and safety in vehicles and at home.

Severe Weather Alert - (Aurora Pictures) 12 min.

Would you know what to do if a severe weather event occurred in your area? Severe weather can happen anywhere at any time. You must be prepared, because you often have to respond with little or no notice. This program offers some facts; tips and warnings that can help you survive serious weather emergencies. Topics include severe weather watches and warnings, hazards posed by thunderstorms, flooding and moving water, being prepared for tornadoes, emergency response plans and precautions to take once a storm has passed.

ORIENTATION 2000 TRAINING PROGRAM: "Long Version" (National Safety Compliance) 45 min

This is the most comprehensive Safety Orientation program ever produced. Contains a large number of topics, including Employee Safety Responsibility, PPE, Bloodborne Pathogens, Safe Lifting, Sanitation and Personal Hygiene, Electrical Safety, Machines/Equipment, Ergonomics and much more. Includes test and score key

ORIENTATION 2000 TRAINING PROGRAM: "Short Version" (National Safety Compliance) 16 min

This is the most comprehensive Safety Orientation program ever produced. Contains a large number of topics, including Employee Safety Responsibility, PPE, Bloodborne Pathogens, Safe Lifting, Sanitation and Personal Hygiene, Electrical Safety, Machines/Equipment, Ergonomics and much more. Includes test and score key.
HAZCOM & THE GLOBAL HARMONIZING SYSTEM: EMPLOYEE TRAINING REFRESHER
(Aurora Pictures) 14 min.

Upcoming changes in OSHA’s Hazard Communication Standard will bring the regulation more in line with international standards with the implementation of the Global Harmonizing System. Implementing the Global Harmonizing System, or GHS, helps ensure improved quality and consistency in the classification and labeling of all chemicals, which in turn improves an employee’s ability to quickly understand critical safety information. This program is designed to help employees understand the three key elements of the GHS: Hazard Classification, container labeling and Safety Data Sheets. Topics include the written Hazard Communication plan, physical and health hazard classes, pictograms, signal words and other information found on GHS container labels and Safety Data Sheets.

THE SAFE USE OF LADDERS (Safetycare) 14 min.

Falls represent the largest single cause of accidental death in the workplace. About 40% of these falls result in falling from one level to another, many from ladders. Many of these falls are serious, but more importantly, many could have been avoided if safety procedures were followed.

- The following areas are covered:
- Step Ladders, Straight Ladders and Extension Ladders
- General Maintenance
- Selecting the Right Ladder – Safe Angle
- Lifting and Carrying of Ladders
- Erecting Ladders
- Securing of Ladders
- Safe Positioning of Ladders
- Working on Ladders

This program has been designed for general training for all personnel who use ladders.

WORKING SAFELY IN COLD WEATHER (Wumbus Corp.) 15 min.

Working safely in cold weather requires more than just the right clothing. This presentation provides viewers with detailed information on how to safely work in cold weather conditions. It will explain how the systems of the body differ in cold conditions, how to spot frostbite and other cold-related illness, as well as how to properly dress and work in the cold months. Prevention is emphasized as viewers are shown signs of distress to look for in themselves or their coworkers and how to safely handle such situations with essential winter safety tips.
Snow removal vehicles make the roads safe for others, an important job during the cold weather months. With so much at stake, snow removal vehicle operators must take responsibility by keeping track of their own safety out on the road. This snow plow video will educate operators on achieving safety before, during and after a run. Information covered includes safe vehicle operation, pre-trip inspection, minimizing driving and winter road hazards and how to handle severe weather hazards. Importance is placed on general awareness, preparation and respect for the other drivers on the road. You would be hard pressed to find a snow plow video that does a better job highlighting every aspect of snow plow safety.

This Safety Preparedness DVD is designed to help administrators deal with these challenges by utilizing the most up to date research and first hand experiences. You will find inspiring interviews with school superintendents and community officials that will help raise important questions about how to better prepare your school for any hazard you may face. Includes:

- Terrorist Drill
- Natural Catastrophe
- Nuclear, Biological, & Chemical
- Other Safety Preparedness Issues
- Case Example: School Shooter

Power Point presentations and sample forms for Safety Committee Meeting.

Learn how to install a safety program at home just like the safety specialists at work. There are five parts to this DVD: Overview, Elementary aged children, Preschool kids and babysitters, Teenagers and talking with your spouse.

Keeping your employees safe and free of injury should always be a top priority, but you may often feel overwhelmed with the number of safety issues that need to be addressed. This training program addresses your concerns as you begin the process of establishing a safety committee. It also answers the questions your committee members may have about their role and responsibility in the safety process. Includes additional training sessions designed to provide specific training for safety committee members.