

*Stay Home!*



*Don't Dress Up!*



# SOIREE

SAFETY • OUTREACH • INVESTING • IN • RESOURCES • FOR • ESSENTIAL • EDUCATION

*You are cordially invited to*

**SOIREE** in the Comfort of **Your Home!**

**NOT** at Embassy Suites...

On October 2, 2009,  
please **DO NOT** dress up,  
hire a sitter, or leave your cozy surroundings!

Please **DO** stay at home in support of  
National Safety Council Greater Omaha Chapter's  
FIRST (Fall Intervention:  
Reaching Seniors Together) Program.

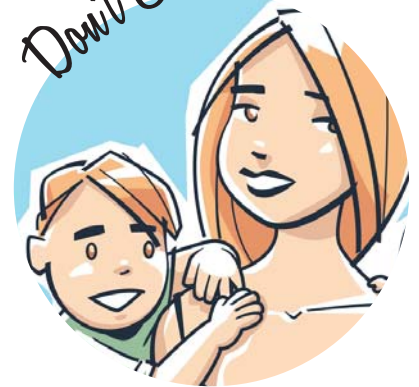
Please use enclosed card to make a  
donation to this worthy cause.

Save the date for Soiree 2010!  
Friday, October 1, 2010!



**Greater Omaha Chapter**  
*a private non-profit,  
non-governmental 501(c)(3) organization*

*Don't Get a Sitter!*



*Drop the Enclosed Card in the Mail, then Relax!*



Thanks For Your Support!



With your contribution of \$100 or more receive a coupon for a movie rental and a bag of popcorn for that perfect night at home!



Greater Omaha Chapter



I /We will support the National Safety Council and the FIRST Program by staying at home and making the following contribution:

- \$150 - I'm not coming!
- \$300 - We're not coming!
- \$1,500 - I will ask all my neighbors and friends not to come!
- \$3,000 - No one I know is coming!
- I can't make it but would like to contribute to FIRST \$ \_\_\_\_\_ (any amount appreciated)

Total number of people not attending \_\_\_\_\_ Total enclosed \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email: \_\_\_\_\_

Credit Card:  Visa  MasterCard  American Express  Discover Expiration Date: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_

Name as it Appears on Card: \_\_\_\_\_

Cardholder's Signature: \_\_\_\_\_



Greater Omaha Chapter



Your gift will provide...

- **Support** for the continuing development of the Older Adult Fall Prevention Collaboration, over 70 organizations striving to reduce falls among the 74,000 plus older adults in the greater Omaha area.
- **Scholarships** for Omaha area trainers in Movement Improvement Tai Chi. Tai Chi is proven to reduce falls among seniors by nearly 50%.
- **Trainer Development** for "Matter of Balance", a program to reduce the fear of falling and improve activity levels for community-dwelling older adults.
- **Distribution** of "Simple Changes to Keep You Safe Wherever You Live," a home safety DVD.
- **Programs for Seniors** in Medication Management and distribution of the "Medication Management Helps Prevent Falls! How-to Guide and Medication Tracker."
- **Distribution** of Fall Prevention Tool Kits.

11620 M Circle  
Omaha, NE 68137  
402-896-0454

www.SafeNebraska.org

Request your free Home Safety and Modifications DVD and/or Fall Prevention Tool Kit with balance self test, medication tracker, home safety checklist, loaner resources, and access to other resources on the internet.

Call today, 402-896-0454.



Greater Omaha Chapter

National Safety Council, Greater Chapter  
11620 M Circle  
Omaha, NE 68137

*Enjoy at Home!*



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